

JBMI—Some Screenshots

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Update Nutrition I

JBMI

File

Update Nutrition

Update Weight

Update Fitness

History

Add foods you've eaten

Earlier Today Later

Breakfast 1 Servings [] Add

Lunch 1 Servings [] Add

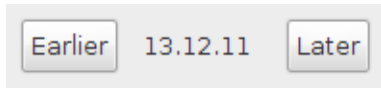
Dinner 1 Servings [] Add

Snacks 0 Servings [] Add

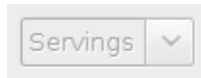
Food	Meal	Number of Servings Eaten
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Screenshot: On the first tab, users may add food they have eaten today.

Update Nutrition II



Screenshot: Pressing the 'Earlier' button, users may add food they have eaten in the past.



Screenshot: The panel is prepared to let users specify how much they have eaten in other units than servings. For example 'pieces' or 'litres'.

Add foods you've eaten Earlier 13.12.11 Later

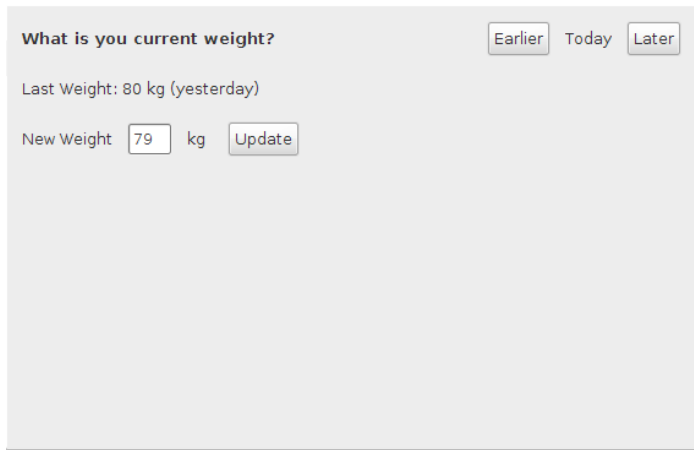
Breakfast	<input type="text" value="1"/>	Servings ▼	<input type="text" value="Sample Food 1"/>	▼	<input type="button" value="Add"/>
Lunch	<input type="text" value="1"/>	Servings ▼	<input type="text"/>	▼	<input type="button" value="Add"/>
Dinner	<input type="text" value="2"/>	Servings ▼	<input type="text" value="Sample Food 2"/>	▼	<input type="button" value="Add"/>
Snacks	<input type="text" value="0"/>	Servings ▼	<input type="text"/>	▼	<input type="button" value="Add"/>

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Food	Meal	Number of Servings Eaten
Sample Food 1	Breakfast	1
Sample Food 2	Dinner	2

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Update Weight



What is your current weight? Earlier Today Later

Last Weight: 80 kg (yesterday)

New Weight kg Update

Screenshot: The panel to update the users' weight works just like that. However, instead of a table, only the newest weight is shown in the upper part of the panel.

Update Fitness

What did you do today? Earlier Today Later

Select an Activity Sample Fitness Two ▼

Number of Reps/Sets, if applicable 7

Timeframe Minutes

2

How intense was your workout? Light Moderate Intense

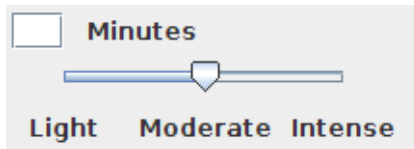
Add

Activity	Timeframe in Minutes	Reps/Sets
Sample Fitness One	15	0

What About That Number Above the Slider?

The number above the slider that lets users specify the intensity of their training efforts seems to be a **bug** in the Swing implementation of GTK+.

The number disappears using another of Swing's themes.



Screenshot: The 'Metal' theme. Correct, but ugly.

Yes, that's all.