



SPRING/SUMMER 2025

ADULT & YOUTH CLASSES

REGISTRATION OPENS MARCH 13TH, 9:00AM

YOUTH & ADULT AQUATICS.....P. 49



YOUR
SAINT PAUL | YOUR
COMMUNITY ED

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CLASSES MAKING A SPLASH!
Buddha Bowl P. 14
Zumba®..... P. 28
Day Camps..... P. 60

DIVE INTO SUMMER FUN!

That's Community Ed!

You have a place in Community Ed.

Our Mission Statement

Community Education seeks to improve the quality of life by providing lifelong learning opportunities for all members of the community. Lifelong learning is based on the belief that people are learners at every age and are entitled to pursue educational opportunities that are meaningful to them.



Early Childhood Family Education

ECFE provides education in child development and parent/child relationships, which sets the stage for children's school success.



Discovery Club

An out-of-school time Child Care program in a safe, fun, nurturing environment that supports children's learning and development.



Youth Enrichment

Offering a full menu of classes to help keep youth engaged and learning throughout the year, including camps, classes, aquatics, driver's ed and gymnastics.



Flipside

An afterschool program for Middle School youth focused on strengthening sense of belonging, and peer and adult relationships to create a positive connection to school.



Freedom School Express

An After School Leadership Program featuring culturally responsive lessons, books, and enriching group activities that empower scholars.



Adult Enrichment

Learn new skills or enhance current ones! Categories include: Arts, Music, Adults with Disabilities, Technology, Wellness, Culinary, 55+ Driver Education and more!



Adult Basic Ed

Free classes for adults! Learn to speak, read and write in English; take GED, job training and college readiness classes. Classes have flexible times, in-person and online.

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Saint Paul Public Schools Community Education will not hold classes:

May 26, June 19, July 4, and
after 6:00pm August 12th.

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Program Offices

Community Programs: 651-767-8179

- Adult and Youth Enrichment • Adults with Disabilities
- Aquatics • Driver Education • Flipside • Gymnastics

Discovery Club
651-632-3793

ECFE
651-793-5410

Freedom School
651-387-0869

Hubbs Center
651-290-4822

- Adult Basic Education • GED

2024-25 School Year Calendar

March 2025						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2025						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2025						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	
12	13	14	15	16	17	
19	20	21	22	23	24	
26	27	28	29	30	31	

June 2025						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2025						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August 2025						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

No School All Grades (PreK-12)

No School PreK-5

Important Dates

MARCH

- 7 **No School**, Elementary Conference Preparations Secondary Professional Development PreK-12
- 28 **No School**, Parent-teacher conferences End of Quarter 3 PreK-5
- 31 **No School**, Eid al-Fitr PreK-12

APRIL

- 1-4 **No School**, Spring Break PreK-12
- 18 **No School**, Teacher Professional Development PreK-12

MAY

- 26 **No School**, Memorial Day PreK-12

JUNE

- 10 **Last Day of School** End of Quarter 4 PreK-12
- 19 **District Holiday**, Juneteenth

JULY

- 4 **District Holiday**, Independence Day

ARTS & MUSIC

Supply lists (if applicable) are included in the online course description and in the class confirmation email.

ART AT HIGHLAND PARK MIDDLE SCHOOL

Art at Highland Park Middle School is a premier December art fair in the metro and provides juried and youth artists a market for their original artworks at an accessible community facility. This well-attended holiday event gives visitors an opportunity to meet and to purchase from local artists.

YOUTH ART FAIR

9:30AM - 1:30PM

Youth Artist applications will be available in late August.
Contact Pahoua2.Xiong@spps.org for more info.



SAT., DECEMBER 6, 2025
9:30AM - 4:30PM
HIGHLAND PARK
MIDDLE SCHOOL
975 SNELLING AVE. S.

More info: artistscircle.org

Questions: commed@spps.org

BEGINNING BASKETRY

Weave reeds into a basket for you, or to gift to a friend! Reeds are provided. Other supplies will need to be brought to class-view full list online.

M. B. Hummel

3025SA
Wed May 14
2 Sessions

Harding HS
6:00-8:00PM
\$56



FLAT REED BASKETRY WORKSHOP

Weave reeds into your very own basket! Reeds are provided. Other supplies will need to be brought to class-view full list online.

M. B. Hummel

3024SuA
Tue-Wed-Thu Jul 15
3 Sessions

1780 West 7th
9:00AM-3:30PM
\$159

INTRODUCTION TO CROP ART

Learn, directly from a Blue Ribbon winner, how to design and create a crop art piece for entry in the MN State Fair! Hear the history of crop art and rules for submission. Receive step-by-step guidance using a template. All supplies included, seeds, too!

M. Shore

3170SA
Sat May 31
1 Session

Global Arts Plus Upper
9:30-11:30AM
\$59

CROP ART COLLABORATION (ADULT + CHILD)

One adult and one child ages 10-15. Register under the child's name. Work with your favorite young artist to create a crop art piece while learning the history of crop art. Using a template, get step-by-step guidance to make your own piece. Walk away with the skills and knowledge to submit your own crop art at the Minnesota State Fair. All supplies included.

M. Shore

3171SA
Sat June 7
1 Session

Global Arts Plus Upper
9:30-11:30AM
\$75 Adult/Child pair



NEW HENNA WORKSHOP

Discover the beauty and tradition of organic and authentic henna art! Explore the history and cultural significance of henna, learn to mix organic henna, apply your own beautiful floral and patterned designs, and take home your own henna cone! All materials provided.

S. Avula

3021SA
Wed May 21
1 Session

Global Arts Plus Upper
6:00-8:00PM
\$50



NATURAL MELT & POUR SOAP

Make three handcrafted goat milk bar soaps, learning basic color and fragrance techniques. All essential oils and most colorants are foraged by the instructor; items that cannot be foraged are purchased from a local Dakota medicine shop. The instructor only uses what is available and in season. All supplies are included.

T. Villegas

3010SA
Thu Apr 17
1 Session

1780 West 7th
6:00-9:00PM
\$63

3010SuA
Thu Jun 26
1 Session

1780 West 7th
6:00-9:00PM
\$63

3010SB
Thu May 15
1 Session

1780 West 7th
6:00-9:00PM
\$63

3010SuB
Thu Jul 24
1 Session

1780 West 7th
6:00-9:00PM
\$63

ZENTANGLE ART

Combine meditation and drawing with Zentangle! This drawing method uses structured, repeating patterns to create one-of-a-kind art. No drawing experience is necessary. All supplies included.

L. Treichel

3135SA
Mon Apr 14
2 Sessions

Central HS
6:30-8:00PM
\$48

3135SB
Tue Apr 22
2 Sessions

1780 West 7th
6:30-8:00PM
\$48

NEW ZENTANGLE ART 2.0

Level up to 8 new tangles to explore, as well as a project. This drawing method uses structured, repeating patterns to create one-of-a-kind art. No drawing experience is necessary. All supplies included.

L. Treichel

3136SA
Mon Apr 28
2 Sessions

Central HS
6:30-8:00PM
\$48



NEW PLASTER RELIEF ART

Craft stunning three-dimensional designs by sculpting and carving clay molds to fill with plaster. Whether you're drawn to abstract textures or intricate patterns, tools and techniques will bring your vision to life. Perfect for beginners and experienced creators alike. Leave with a unique plaster masterpiece to display. All materials provided.

A. Gaseitsiwe

3281SuA
Mon Jun 30
1 Session

1780 West 7th
6:00-8:30PM
\$57

BASICS OF HAND LETTERING

Learn the fundamentals of hand lettering, skills to make lettering easier, and create a fully hand lettered poster through a step-by-step tutorial. The finished piece will be on an 8"x10" sheet of paper. All supplies are included.

D. Christopherson

3001SA
Thu Jun 26
1 Session

1780 W 7th
6:00-8:00PM
\$33



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YOUR
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ARTS & MUSIC



LADY'S SLIPPER FLOWER WORKSHOP

Come fold, cut, and crease paper to create our Minnesota State Flower! This large, showy pink flower will not fade under your careful, creative care. All supplies included.

A. Gaseitsiwe

3285SuA
Mon Jun 23
1 Session

1780 West 7th
6:30-8:30PM
\$47



INTRO TO JUNK JOURNALING

Junk journaling uses both personal and recycled materials to mark memories. Learn pamphlet construction, binding, paper selection, and creative techniques like adding pockets or tuck spots. Great for anyone interested in creative journaling. Supplies provided for the first class. Items from home can be brought on weeks 2 and 3.

C. Shyne

3063SuA
Mon Jun 23
3 Sessions

Global Arts Plus Upper
6:00-8:00PM
\$44

NEW JUNK JOURNALING-UNLEASHED!

Take your Junk Journaling to the next level! Craft unique journals using creative materials like old books and fabric, explore bookbinding basics, and add fun elements like pockets. Participants are encouraged to bring materials from home such as personal items and memorabilia to use in layouts.

C. Shyne

3064SA
Mon Apr 7
3 Sessions

Global Arts Plus Upper
6:00-8:00PM
\$44

A CARD FOR EVERY OCCASION

Create cards including; birthday, sympathy, get well, and thinking of you. Card makers are welcome to bring their preferred adhesive. All supplies included. View the online class listing for examples of what we'll make!

J. Kielblock

3296SA
Thu May 8
1 Session

1780 West 7th
6:00-8:00PM
\$25

3296SuA
Thu Jul 24
1 Session

1780 West 7th
6:00-8:00PM
\$25

GREETING CARD MAKING

Create greeting cards using various coloring techniques, different folds, die cutting, and embossing. Paper crafters are welcome to bring their preferred adhesive to use. All supplies included. View the online class listing for examples of what we will make.

J. Kielblock

3297SA
Tue Apr 15
1 Session

1780 West 7th
6:00-8:00PM
\$25

3297SuA
Tue Aug 19
1 Session

1780 West 7th
6:00-8:00PM
\$25

PAPER BOOK MAKING WORKSHOP

A workshop is a great way to learn the craft of paper books; making lots of different shapes and types. You'll be delighted at what you can produce from paper. Bring scissors, ruler, pencil, and small cutting mat (if you have one).

M. B. Hummel

3011SuA
Tue/Wed Jul 8
2 Sessions

1780 West 7th
9:00AM-3:30PM
\$117

PAPER QUILLING

Roll, loop, curl, and twist strips of paper into different shapes and decorative designs to decorate greeting cards, journals and books or make your own unique paper quilling art. This class has a supply list to purchase. View full list online.

R. Curran

3091SA
Thu May 15
3 Sessions

1780 West 7th
6:30-8:30PM
\$45



TEXTILES

BEGINNER SEWING CLASS

And sew it begins! Learn the basics of sewing and create something using hand- and sewing-machine techniques. Project options include: lanyard wallet, purse, snack bag, bookmark and more. Supplies are included.

N. Rivas

3005SA	1780 West 7th
Thu Apr 24	4:30-7:30PM
1 Session	\$103
3005SB	1780 West 7th
Thu May 8	4:30-7:30PM
1 Session	\$103
3005SuA	1780 West 7th
Thu Aug 21	4:30-7:30PM
1 Session	\$103

SEWING FOR THE TERRIFIED

For those completely new to sewing. Learn how to use your machine, useful tools, seams, and finishes, and complete a small book bag project. You must bring your own sewing machine and pedal in good working order to the first session. View the full supply list online.

C. Kahn

3699SuA	Stitch Masters Sewing School
Sat Jul 12	10:00AM-12:00PM
5 Sessions	\$205

SEWING WITH KNITS

Explore fabrics like cotton jersey, sweater knits, and spandex blends. Master seam types, stretch stitches, elastic, and edge finishes. Gain tips, tricks, and practice with provided fabric samples. Bring your sewing machine/ pedal to the first class, along with your favorite tools.

C. Kahn

3699SuA	Stitch Masters Sewing School
Mon Apr 28	6:00-8:00PM
4 Sessions	\$205

**NEW SIT AND SEW PAJ NTAUB (HMONG TEXTILE ART)**

Learn the rich culture and history of the Hmong Paj Ntaub (pa' N'dau) and start a cross stitch kit to bring home. All supplies included.

Hmong Museum

3149SuA	1780 West 7th
Thu Jun 26	6:00-9:00PM
1 Session	\$47

NEW SIMPLE CLOTHING ALTERATIONS

Master tricky clothing alterations, tackle hemming pants, adjusting sleeves, shortening straps, and fixing fit issues. From jeans to sleeveless tops, use your sewing machine to make store-bought clothes fit like a dream. Perfect for all skill levels! Bring your sewing machine and pedal to the first class along with your favorite tools.

C. Kahn

3088SA	Stitch Masters Sewing School
Mon Apr 7	6:00-8:00PM
3 Sessions	\$197

NEW SEWING OPEN STUDIO

Stuck on your personal sewing project and need some professional help? Bring your own sewing project and get professional coaching and advice! Work on fitting, techniques, or pattern challenges. Bring your project, list of questions, your own sewing machine/ pedal, and tools to work on your project.

C. Kahn

3698SuA	Stitch Masters Sewing School
Thu Jul 17	4:00-7:00PM
1 Session	\$53

NEW UNDERSTANDING FABRIC

Buying fabric can be confusing, especially online. Discuss words like "hand" and "drape", and the difference between silk and satin in this brief introduction to fibers, weave structures, performance attributes, and buying strategies. A collection of swatches will be made for you to refer to in the future.

C. Kahn

3289SA	Stitch Masters Sewing School
Tue Jun 10	7:00-9:00PM
4 Session	\$205

MACRAMÉ PROJECTS: LET'S GET KNOTTY

Once a fixture of every 1970s home, macramé is making a colossal comeback on the contemporary art scene! Learn a variety of knot-tying techniques to create your own unique plant or wall hanger- see class topics below and register for the project you're interested in. All supplies included.

Caponi Art Park

PLANT HANGER

3140SA	Global Arts Plus Upper
Wed Jun 4	6:00-8:30PM
1 Session	\$54

WALL HANGER

3141SA	Como Park HS
Tue Apr 22	6:00-8:30PM
1 Session	\$54

**We offer sliding-fee pricing**

We encourage participants to choose the price that they are able to pay. This model helps our programs be financially sustainable and more equitable, offering greater accessibility for our community members.

ARTS & MUSIC



NEW WOOLY BIRDS

Knit, felt, and embellish a woolly bird to look like a robin, a cardinal, or a chickadee. Knit your feathered friend using worsted weight yarn, and be introduced to simple needle felting techniques to embellish your bird and make it your own. Previous experience with double knitting point needles required. This class has a supply list to purchase. View full supply list online.

M. Mayhew

3033SA
Mon Apr 14
2 Sessions

1780 West 7th
6:30-8:30PM
\$49

BEGINNING KNITTING 101

Knit and purl your way to textiles, perfect for Minnesota's changing weather. Bring a pair of size 7 knitting needles and a skein of worsted weight yarn (no dark colors).

M. B. Hummel

3058SA
Wed Apr 16
3 Sessions

Harding HS
6:00-8:00PM
\$57

PAINTING & PRINTMAKING

NEW ALEXANDER OIL PAINTING

Paint like Bill Alexander, the original "Happy Painter" on PBS! Learn Bill's famous wet-on-wet method on a 16" by 20" canvas that students take home. All materials provided. This class is taught by an Alexander Certified instructor. View online listing of the canvas we will paint.

K. Klein

LARGO

3156SA
Mon May 12
1 Session

1780 West 7th
6:00-9:00PM
\$59

MAJESTIC WILDERNESS

3156SB
Mon May 19
1 Session

1780 West 7th
6:00-9:00PM
\$59

MONTANA DE ORO

3156SuA
Mon Jul 21
1 Session

1780 West 7th
6:00-9:00PM
\$59

SWEET DREAMS

3156SuB
Mon Aug 11
1 Session

1780 West 7th
6:00-9:00PM
\$59

PLAYING WITH WATERCOLOR

Watercolor painting is easier than you think! Focus on smaller paintings for use as cards or small framed paintings. Different techniques and paintings each season. This class has a supply list to purchase, view full list online.

C. Spohn

3142SA
Mon Apr 7
4 Sessions

1780 West 7th
7:00-9:00PM
\$72

SEEING RED: WATERCOLOR PAINTING

Paint two 7"x15" watercolor paintings focusing on red flowers. Similar techniques and processes allow the paintings to be displayed as a duo. Step-by-step instruction helps beginner and experienced painters complete successful paintings. This class has a supply list to purchase, view full list online.

C. Spohn

3120SA
Tue Apr 8
4 Sessions

1780 West 7th
7:00-9:00PM
\$72



NEW WATERCOLOR WITH COFFEE

Did you know you can drink your coffee and paint with it too? Design and paint two unique watercolor cards using coffee. Learn a variety of basic to intermediate watercolor techniques and designs. Step-by-step instruction, all supplies, and a complimentary coffee drink included. No prior experience needed!

E. Gagnon

3006SA
Sun Jun 1
1 Session

Backstory Coffee - Saint Paul
1:00-3:00PM
\$45

INTRO TO WATERCOLOR FLORALS

Paint two 7"x15" watercolor paintings, one with coneflowers and one with delphiniums. Use similar techniques and processes to create flowers with a background uniting them for displaying together. Step-by-step instruction for beginners or experienced painters. This class has a supply list to purchase. View full list online.

C. Spohn

3147SA
Tue Apr 8
4 Sessions

1780 West 7th
4:30-6:30PM
\$72



MANDALA ROCK ART

Keep calm and relax by learning the art of mandala rocks. Design dotted mandala rocks together! Learn the history and meaning behind mandala art and apply that knowledge to create special painted rocks to take home or share with others! Supplies included.

Caponi Art Park

3199Sub	1780 West 7th
Tue Jul 8	6:00-7:30PM
1 Session	\$35

MANDALA ROCK ART (ADULT+CHILD)

One adult and one child ages 5-15. Register under the name of the child attending. Design dotted mandala rocks together! Learn about the art form and create special painted rocks to take home or share with others! Supplies are included.

Caponi Art Park

3199SAB	Como Park HS
Tue Apr 8	6:00-7:30PM
1 Session	\$51 Adult/Child pair

3199SA	Como Park HS
Tue May 13	6:00-7:30PM
1 Session	\$51 Adult/Child pair

3199SuA	1780 West 7th
Tue Jun 24	6:00-7:30PM
1 Session	\$51 Adult/Child pair

LINOCUT RELIEF PRINTING

Uncover your true artistic abilities through linocuts! Learn how to carve images into a linoleum block, and use it to make a series of prints, with each print varying just slightly in appearance. All supplies included.

Caponi Art Park

3204SA	Como Park HS
Tue Apr 29	6:00-8:00PM
1 Session	\$44

3204SuA	1780 West 7th
Thu Jul 10	6:00-8:00PM
1 Session	\$44



NEW GELLI PLATE PRINTMAKING

Gelli prints are a fresh twist on monoprinting. Learn about nontraditional printmaking, and create a series of unique prints from gelatin plates combining natural materials, stencils and paint. Experiment with layers and explore natural shapes and textures. All supplies included.

Caponi Art Park

3215SA	Como Park HS
Tue May 6	6:00-7:30PM
1 Session	\$44

NEW PRINTMAKING SERIES

Explore the world of printmaking in this beginner-friendly, hands-on series! Explore 3 techniques in 3 weeks. Carve and print with linoleum blocks, layer patterns using screen printing, and experiment with playful textures and colors on gelli plates. All materials provided.

A. Gaseitsiwe

3280SA	1780 West 7th
Mon May 5	6:30-8:30PM
3 Sessions	\$165

NEW TERRACOTTA POT PAINTING

Flower pot painting classes are a blooming good time! From beginners eager to explore their artistic side to seasoned painters looking for a vibrant new project, our 'Blooms in color' theme will plant the seeds of creativity. Leave with one 8" terracotta pot. All materials included.

S. Avula

3009SA	1780 West 7th
Tue May 27	5:30-7:30PM
1 Session	\$45

POINTILLISM PAINTING (ADULT + CHILD)

One adult and one child ages 5-15. Register under the name of the child attending. Capture the feeling of an old Marvel comic book or a Lichtenstein painting, using only dots to compose your picture. With Q-tips and a variety of paint colors, produce a painting any budding comic artist would enjoy! All supplies included.

Caponi Art Park

3214SA	Como Park HS
Tue Apr 15	6:00-7:30PM
1 Session	\$51 Adult/Child pair

ARTS & MUSIC

CERAMIC, GLASS, METAL, & WOOD

BEGINNING AND INTERMEDIATE POTTERY & WHEELWORK

Receive expert instruction in throwing pieces using an electric wheel. Clay and glazes will be used. All supplies included. Hand building is also covered at Harding High School.

Please note: All work must be done at class during designated class hours. No class May 26 and Jul. 3.

A. Huot-Link

3002SC	Central HS
Mon Apr 7	6:00-8:30PM
8 Sessions	\$225

M. Johnson

3002SA	Central HS
Wed Apr 9	6:30-9:00PM
8 Sessions	\$225

3002SuA	Central HS
Tue Jul 8	5:30-8:30PM
5 Sessions	\$169

T. Cook

3002SB	Harding HS
Wed Apr 9	6:00-8:30PM
8 Sessions	\$225

J. Jones

3002SD	1780 West 7th
Thu Apr 10	6:30-9:00PM
8 Sessions	\$225

3002SuD	1780 West 7th
Thu Jun 26	6:00-8:30PM
8 Sessions	\$225

NEW A TASTE OF BLACKSMITHING

Ages 18 and up. Hammer in hand, iron heated in the coal forge, anvil at the ready, strike up a new skill in blacksmithing. Spend the day creating a hand-forged project to take home; S-hook or a drive hook. No previous experience necessary. Bring basic safety equipment to class- see full list online.

The Guild of Metalsmiths

3104SA	MN School of Horseshoeing
Sat May 3	9:00AM-4:00PM
1 Session	\$73

NEW POLYMER CLAY DRAGONFLY

Create a dragonfly with polymer clay to hang on a wall or stick in a plant. Using the magic of layering colored clay. All supplies, including instructions for baking your project in your oven at home, provided.

Clay Squared

3299SuA	Clay Squared Gallery
Sat Jul 12	2:00-4:00PM
1 Session	\$43

NEW WROUGHT IRON TWISTS

Ages 18 and up. Iron forging- with a twist! Spend the day discovering the art of blacksmithing and create hand-forged twisted fire pokers. No previous experience necessary. Participants bring basic safety equipment to class- see full list online.

The Guild of Metalsmiths

3105SuA	MN School of Horseshoeing
Sat Jul 12	9:00AM-4:00PM
1 Session	\$89

BLACKSMITH FUNDAMENTALS: BOTTLE OPENERS

Ages 18 and up. Begin building your blacksmith skills by forging your own bottle opener! Bottle openers are quick to make and can incorporate all the basic blacksmithing processes into one compact project. End class with a celebratory bottle-opening to try out your new tool (that means a beer or soda is included!).

Chicago Avenue Fire Arts Center

3075SuA	Chicago Avenue Fire Arts
Sun Jun 22	1:00-6:00PM
1 Session	\$90

NEW BOROSILICATE GLASS: LITTLE CRITTERS

Light a torch, melt borosilicate glass, and sculpt with color to create your own adorable 3-D glass critter in a beginner-friendly environment! Your critter will need time to cool properly so you'll need to pick up your glass pal two days later. Supplies included.

Chicago Avenue Fire Arts Center

3121SA	Chicago Avenue Fire Arts
Sun Apr 13	2:00-6:00PM
1 Session	\$80

3121SB	Chicago Avenue Fire Arts
Sun Jun 8	2:00-6:00PM
1 Session	\$80

BEGINNER POLYMER EARRINGS

Design and create your own pair of earrings from polymer clay! Learn the basics of polymer clay, including color mixing, creating textures, and assembling earrings in this beginner class. Supplies are provided.

E. Gagnon

3154SA	1780 West 7th
Tue Apr 8	5:00-8:00PM
1 Session	\$37

3154SB	1780 West 7th
Mon May 12	5:00-8:00PM
1 Session	\$37

NEW ADVANCED POLYMER EARRINGS

Ready to up your earring game? Craft 1-2 pairs of earrings using polymer clay while exploring advanced techniques such as marbling, layering, and 3-D design. All supplies and instructions are provided. Students should have completed the beginner course.

E. Gagnon

3292SA	1780 West 7th
Tue Apr 22	5:00-8:30PM
1 Session	\$45

3292SB	1780 West 7th
Tue May 20	5:00-8:30PM
1 Session	\$45

NEW POLYMER CLAY GNOMES (ADULT + CHILD)

One adult and one child ages 5-15. Register under the name of the child attending. Is your garden or plant looking for a little friend? Build a funny little gnome with magical flowers to cover their hat! Take your creation home and bake it in your own oven to harden the clay. All supplies included.

Clay Squared

3279SA	Clay Squared Gallery
Sat Apr 26	10:00AM-12:00PM
1 Session	\$55 Adult/Child pair

WOOD-BURNING ART

Using wood-burning tools, decorate a set of coasters for a favorite friend or yourself. Create art or learn to label your favorite wooden decorations. Beginner burner techniques, wood choices, and stain or paint applications are covered throughout the course. Burners and wood are supplied. No class Apr. 17.

R. Curran

3133SA	1780 West 7th
Thu Apr 10	6:30-8:30PM
3 Sessions	\$47

3133SuA	Global Arts Plus Upper
Wed Jul 9	6:30-8:30PM
3 Sessions	\$47

STAINED GLASS PROJECT SHOP: FLOWER SUNCATCHER

Discover how to read a stained glass pattern, cut glass, assemble and solder components, and patina and seal your own handmade stained glass flower suncatcher! Patterns will be provided, and you can choose between three different styles of flowers. No prior experience necessary. All supplies included.

Chicago Avenue Fire Arts Center

3115SA	Chicago Avenue Fire Arts
Sun May 11	2:00-6:00PM
1 Session	\$75

FLAMEWORK FUNDAMENTALS: ITALIAN GLASS BEADS

Get acquainted with working a torch and Italian soft glass. Learn safety protocol, tool and equipment use, and beginner framework techniques. Build confidence exploring glass manipulation, shaping techniques and surface decoration. Leave class with 4-6 beads.

Chicago Avenue Fire Arts Center

3055SA	Chicago Avenue Fire Arts
Sun Apr 6	2:00-6:00PM
1 Session	\$80

3055SB	Chicago Avenue Fire Arts
Sun Jun 15	2:00-6:00PM
1 Session	\$80



FUSED GLASS FUN

Design a fused glass nightlight, candle holder, small dish, pair of coasters, or a suncatcher/hanging piece. One project per person, chosen at class. Materials, tools, and kiln firings are included. Finished artwork will be ready for pick up 1-2 weeks later.

J. Geiger

3114SA	Harding HS
Wed Apr 30	6:00-7:30PM
1 Session	\$45

MUSIC & DRAMA

BEGINNING & INTERMEDIATE BANJO OR GUITAR LESSONS: AGES 12 TO ADULT

Beginner and intermediate players are welcome. Participants must bring their own banjo or acoustic, electric, or bass guitar. These are individual half-hour lessons.

P. Storms

3940S	1780 West 7th
Tue Apr 8	5:00-9:00PM
8 Sessions	\$176

3940Su	1780 West 7th/Central HS
Tue Jun 24	5:00-8:00PM
7 Sessions	\$154

3940S	Global Arts Plus Upper
Wed Apr 9	6:00-9:00PM
8 Sessions	\$176

3940Su	Global Arts Plus Upper
Wed Jun 25	5:30-8:30PM
8 Sessions	\$176

GUITAR AND UKULELE: INDIVIDUAL LESSONS, AGES 6 TO ADULT

Youth and Adult beginners welcome. Pick a melody, strum a chord, and perform popular and classical guitar or ukulele music. Play acoustic guitar or ukulele as a beginning or progressing student. Participants must bring their own guitar or ukulele. These are individual half-hour lessons. No class May 26.

P. Dougherty

3659S	1780 West 7th
Mon Apr 7	3:05-5:50PM
8 Sessions	\$176

3659S	1780 West 7th
Tue Apr 8	3:05-5:50PM
8 Sessions	\$176

3659S	1780 West 7th
Thu Apr 10	3:05-5:50PM
8 Sessions	\$176

ACTING FOR BEGINNERS

For new and beginning actors. Explore the basic tenets of acting, character exploration, and scene study. Walk away with the skills to dive into your next role!

Lex-Ham Community Theatre

3500SA	Central HS
Mon Apr 21	6:00-8:00PM
4 Sessions	\$49

HAND DRUMMING GROUP

Drumming is a way to tell stories, create rhythms, and bond with others. Discover infectious rhythms from around the world and immerse yourself in authentic techniques and exercises, including traditional and contemporary songs. Bring a hand drum if you have one, or drums are available during class. All experience levels are welcome. No class May 26.

B. Draper

3062SA	Central HS
Mon Apr 7	6:00-7:00PM
8 Sessions	\$89

= New Class

= Online Class

= Daytime Class

ARTS & MUSIC

PIANO: INDIVIDUAL LESSONS, AGES 6 TO ADULT

Youth or adult beginners are welcome. Learn or review the basics of reading notes, rhythm, technique and harmony. Students need access to a piano or keyboard to practice. These are individual half-hour lessons. No class May 24 and 26.

S. Lochner

3960SS **1780 West 7th**
Mon Apr 7 **4:00-8:00PM**
8 Sessions **\$176**

3960SS **1780 West 7th**
Tue Apr 8 **4:00-8:00PM**
8 Sessions **\$176**

3960SuS **1780 West 7th**
Mon Jun 23 **4:00-8:00PM**
8 Sessions **\$176**

3960SuS **1780 West 7th**
Tue Jun 24 **4:00-8:00PM**
8 Sessions **\$176**

M. Romstad

3960Su **Global Arts Plus Upper**
Mon Jun 23 **7:00-9:00PM**
8 Sessions **\$176**

3960Su **Global Arts Plus Upper**
Wed Jun 25 **7:00-9:00PM**
8 Sessions **\$176**

1780 West 7th
4:00-8:00PM
\$176

PIANO: INDIVIDUAL LESSONS- GRADES 1-12

Grades 1-12. Youth Beginners Welcome. Learn basic piano skills, including note reading, simple rhythms, primary chords and elementary technique. These are individual half-hour lessons.

E. Barnard

1101SA **Horace Mann School**
Thu Apr 10 **2:15-5:45PM**
8 Sessions **\$176**

1101SB **EXPO Elementary**
Wed Apr 9 **2:15-5:45PM**
8 Sessions **\$176**

PIANO LESSONS - ONLINE COURSE, AGES 6 TO ADULT

Ages 6 and up. Adult beginners welcome! Learn or review the basics of reading notes, rhythm, technique and harmony. These are individual half-hour lessons. Before your first online lesson, your instructor will contact you to discuss your current skill level and goals, as well as compositions or curriculum books you may need. Students need access to a piano or keyboard for lessons and practicing. See your class confirmation email for more information on accessing your online class. No class May 26.

M. Hawkinson

3961SA **Online Course**
Mon Apr 7 **3:10-4:50PM**
8 Sessions **\$176**

CULINARY

NEW CHAI TWO WAYS: MASALA & LEMONGRASS

Prepare two types of soul warming Indian Chai beverages. Brew Masala Chai with black tea, aromatic spices like cardamom, cloves and ginger simmered with milk and sugar. Lemongrass Chai is a refreshing herbal infusion brewed from ginger and lemongrass, known for its citrusy flavor and aroma.

R. Balchandani

6860SA **1780 West 7th**
Mon Apr 7 **6:00-8:30PM**
1 Session **\$55**

COFFEE BREWING BASICS

Want to brew better coffee? Discover three primary variables that affect coffee brewing quality, no matter what way you brew. Brew and taste coffee together and compare results.

E. Meister

6818SA **Humboldt Secondary**
Sat Apr 12 **9:30-11:30AM**
1 Session **\$37**

COFFEE BREWING WORKSHOP: HANDS-ON

Curious about coffee-brewing methods? A professional barista and coffee educator will walk you through a variety of brewing methods, and offer guided practice time for you to try each one!

E. Meister

6835SA **Humboldt Secondary**
Sat Apr 19 **9:30-11:30AM**
1 Session **\$43**

6835SB **Humboldt Secondary**
Sat May 3 **9:30-11:30AM**
1 Session **\$43**

DECODING COFFEE FLAVORS: A TASTING CLASS

Taste a variety of brewed coffees to compare roast levels, countries of origin, and even coffee processing. Tasting up to nine different coffees, learn what you like and how to shop for your new favorite brew!

E. Meister

6819SA **Humboldt Secondary**
Sat Apr 26 **9:30-11:00AM**
1 Session **\$43**

6819SB **Humboldt Secondary**
Sat May 10 **9:30-11:00AM**
1 Session **\$43**

CREAMY HUMMUS & NAAN BREAD

Impress your guests with delicious and simple recipes that elevate any gathering! Master the art of quick and easy charcuterie dips like smokey sweet potato hummus and cowboy candy spread, paired perfectly with homemade naan bread. We'll cook together and create mouthwatering delights in no time!

C. White

6821SuA Mon Jun 30 1 Session	1780 West 7th 6:00-8:00PM \$55
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NEW DIP INTO DELICIOUS: 4 FUN SNACK-TIME DIPS

Take your dipping game to the next level! Create a creamy white bean dip, bold buffalo chicken dip, zesty guacamole, and a sweet-and-spicy fruit dip. Perfect for parties or snack time!

C. White

6874SuA Thu Jul 31 1 Session	1780 West 7th 6:00-8:00PM \$55
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FRESH VEGETARIAN SPRING ROLLS

Spring rolls are light and bright and naturally gluten-free! Stuff your own rice paper spring rolls with rice noodles, assorted fresh herbs and vegetables. It's the perfect snack at any time!

J. Toliver

6563SA Wed May 28 1 Session	Harding HS 6:30-8:00pm \$61
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HOMEMADE SAMOSAS AND EGG ROLLS

Restaurant-quality egg rolls and samosas can be made right in your own kitchen! Jammed with flavors from around the world, they offer a quick way to incorporate leftovers into something new and fun to eat. Make a variety of egg rolls, samosas and dipping sauces.

M. Selam

3416SA Wed Apr 23 1 Session	Harding HS 6:00-8:30PM \$61
3416SuA Thu Jul 10 1 Session	1780 West 7th 6:00-8:30PM \$61

HOMEMADE EGG ROLLS AND SAMOSAS (ADULT + CHILD)

One adult and one child, ages 5-15. Register under the child's name. Eggrolls and samosas are flavorful appetizers you can make with your family for years to come! Make a variety of egg rolls, samosas and dipping sauces with your favorite cooking kiddo.

M. Selam

1225SuA Thu Aug 7 1 Session	1780 West 7th 6:00-8:30PM \$75 Adult/Child pair
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MUST-HAVE MOMOS

Once you taste momos, you know there is no going back! Make unique Himalayan dumplings, either vegetarian or with meat, and spread the joy of your new talent with friends and family. Also, learn to make the famous "momo sauce" like a pro-Himalayan cook.

I. Rajak

3439SuA Mon Aug 11 1 Session	1780 West 7th 6:00-8:00PM \$55
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MUST-HAVE MOMOS (ADULT + CHILD)

One adult and one child, ages 5-15. Register under the child's name. Hang out with your favorite kiddo and learn how to make mouth-watering momos and amazing sauces! Momos are savory Nepali dumplings, rich with Himalayan flavor and easy enough for the whole family to make!

I. Rajak

3423SuA Thu Aug 14 1 Session	1780 West 7th 6:00-8:00PM \$75 Adult/Child pair
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MANDU (STEAMED KOREAN DUMPLINGS)

Prepare delicious savory, steamed, filled dumplings served with a dipping sauce. Commonly served for the holidays, these Korean dumplings will be made with ground pork and tofu. The pork can be left out for a vegetarian-friendly option.

J. Toliver

6849SA Wed Jun 4 1 Session	Harding HS 6:30-8:00PM \$61
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CULINARY

NEW DINNER ROLLS, FLATBREADS & QUICK PERFECT PAIRINGS

Whip up soft, buttery dinner rolls and versatile flatbreads in no time! Pair with a sweet and a savory condiment that will take your bread to the next level. Perfect for any meal or gathering!

C. White

6870SA Mon Apr 28 1 Session	1780 West 7th 6:00-8:30PM \$55
6870SB Mon Aug 4 1 Session	1780 West 7th 6:00-8:30PM \$55

NEW CHOP LIKE A PRO: KNIFE SKILLS & VEGGIE PREP

Sharpen your knives and your skills as we slice, chop, dice, and julienne our way to vibrant, delicious meal prep ideas! We'll have several types of veggies to chop and pack those veggies for your future meal prep. Also receive menu ideas and sample recipes along with dip samples. Bring your favorite cooking knife to class.

C. White

6873SA Thu Jul 17 1 Session	1780 West 7th 6:00-8:00PM \$55
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MEAL PLANNING FOR ONE

Meal plan for yourself to eat what you want with no waste and very few meals from the freezer. Explore kitchen equipment needs and portion sizing, and bring home delicious recipes and creative ideas. Please note this is a lecture-style course only with no cooking.

M. B. Hummel

6803SA Wed Apr 9 1 Session	Harding HS 6:00-8:00PM \$21
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AIR FRYER VEGGIES: FROM ASPARAGUS TO ZUCCHINI

Air fryers cook vegetables quickly with healthy and delicious results! Learn air-fryer basics with recipes using in-season local and/or commonly available vegetables, including lemon pepper broccoli, miso sesame kale chips, and roasted sweet potatoes.

K. Madaus

3496SA Tue Apr 22 1 Session	Online Course 6:30-8:00PM \$31
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NEW BREAKFAST CLUB (ADULT + CHILD)

One adult and one child, ages 5-15. Register under the name of the child attending. Start off a day of celebration with a delicious breakfast made from scratch! Craft fluffy oatmeal flapjacks, whip up rich creamy butter, and create your own luscious syrup. Create a morning filled with flavor, love, and homemade goodness!

C. White

6871SA Sat May 17 1 Session	Humboldt Secondary 9:00-11:00AM \$75 Adult/Child pair
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AUTHENTIC CHICKEN BIRYANI

This highly aromatic, mouth-watering staple dish is perhaps the most comforting meal of Indian cuisine. Packed with fragrant basmati rice and organic juicy tender chicken pieces, it's the perfect one-pot dinner recipe your whole family will love!

J. Balchandani

6826SuA Tue Jul 1 1 Session	1780 West 7th 6:00-8:30PM \$55
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BUDDHA BOWL

Buddha bowls are traditionally one-dish meals consisting of grain, colorful vegetables, protein, and various sauces and garnishes. Come make a tofu version with a sweet Asian marinade and spicy sriracha mayo on top! Take home tips to adapt your future bowls to any dietary restriction or preference.

J. Toliver

6551SA Wed May 14 1 Session	Harding HS 6:30-8:00PM \$61
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CARIBBEAN VEGETARIAN DINNER

Caribbean cuisine has been affected by geography, history, and culture. Prepare a vegetarian meal featuring virgin piña colada, gallo pinto (rice and beans), tostones (fried plantain chips), sautéed vegetables, and flan for dessert. Learn a bit of Spanish along the way!

B. Lotterman

6804SA Thu Apr 10 1 Session	1780 West 7th 6:00-8:00PM \$55
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NEW CHOLE (CHICKPEA CURRY)

Chole is a robust and hearty dish made with chickpeas cooked in a spiced tangy tamarind gravy of tomatoes, onions, and aromatic Indian spices. Bursting with bold flavors, it's best enjoyed with steamed rice.

R. Balchandani

6862SA Mon May 5 1 Session	1780 West 7th 6:00-8:30PM \$55
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NEW DAL MAKHANI

This luscious Punjabi lentil dish made with whole black lentils and kidney beans is slow cooked with creamy butter and aromatic spices. Known for its creamy texture and rich flavors, it's a must have comfort food!

R. Balchandani

6863SA Mon May 19 1 Session	1780 West 7th 6:00-8:30PM \$55
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NEW DOENJANG JJIGAE

Learn how to make this delicious popular Korean stew using fermented soybean paste. It's loaded with vegetable flavors you have never experienced anywhere else. It's great for the gut, good for the skin, and will blow your mind with flavor!

J. Toliver

6857SA Wed Apr 9 1 Session	Harding HS 6:30-8:00PM \$61
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EASY ETHIOPIAN/ERITREAN COOKING

Ethiopian food is light, healthy and flavorful, ranging from very spicy to very mild. It can be addictive, both in cooking it as much as eating it. Discover new cooking techniques, exotic spices, and ways to pair them with ingredients like beans, lentils, vegetables and meat sautéed with flavored butter, ghee and healthy oils.

M. Selam

3408SA Tue May 6 1 Session	1780 West 7th 6:00-8:30PM \$61
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INDIAN STYLE CHICKEN CURRY

Create a finger-licking chicken curry with juicy chicken, cooked with freshly ground spices, mustard oil, and coconut milk, creating a rich and aromatic delight! Chicken will come pre-marinated, but we'll do everything else in class and you'll leave with all the recipes!

J. Balchandani

6836SuA
Tue Jun 24
1 Session

1780 West 7th
6:00-8:30PM
\$55

NEW FALAFEL WITH TZATZIKI

This Mediterranean vegetarian favorite is made of ground chickpeas, herbs and spices, typically served as a street food in a sandwich or on salad and topped with a creamy cucumber dill tzatziki sauce. Don't have a food processor, that's okay. Learn how to make it without any equipment!

J. Toliver

6858SA
Wed May 7
1 Session

Harding HS
6:30-8:00PM
\$61

NEW HMONG HERB-RUBBED BAKED CHICKEN WITH PURPLE STICKY RICE & KUA TXOB

Learn how to make a paste with Hmong herbs like green onions, ginger, lemongrass, cilantro, and lime. We'll use it as a rub on baked chicken and serve it with steamed purple sticky rice and a spicy traditional Thai pepper dipping sauce!

B. Vang

6866SA
Thu May 22
1 Session

1780 West 7th
6:00-8:00PM
\$55

NEW HMONG HERB SALAD WITH COCONUT-LIME VINAIGRETTE & PURPLE STICKY RICE

Using spring ingredients, learn Chef Blong's version of his traditional Hmong herb salad and pair it with steamed purple sticky rice. Wash it down with a refreshing Lemonade-Basil Soda.

B. Vang

6865SA
Thu Apr 24
1 Session

1780 West 7th
6:00-8:00PM
\$55

NEW WHISK, STIR & SAVOR: ROASTED GARLIC POTATO LEEK SOUP & VINAIGRETTE WITH HOMEMADE MAYO

What does this potato soup and vinaigrette have in common? Mayonnaise! Make a silky homemade mayonnaise from scratch, then transform it into a creamy roasted garlic and leek potato soup. Finish with a vibrant green salad topped with a tangy, handcrafted vinaigrette.

C. White

6872SuA
Mon Jun 23
1 Session

1780 West 7th
6:00-8:00PM
\$55

PALAK PANEER

This spinach-based curry originates from Punjab, India. Cooked with soft paneer cubes and spices, it offers a delightful texture and flavor and is typically served with white rice. Easy to cook, this vegetarian dish is both nutritious and delicious!

J. Balchandani

6854SuA
Tue Jul 15
1 Session

1780 West 7th
6:00-8:30PM
\$55

JAPCHAE

Japchae is a healthy, flavorful, Korean noodle dish that is naturally gluten free and can be served hot or cold. Create using sweet potato noodles, aka glass noodles, and an assortment of vegetables in a delicious sesame sauce.

J. Toliver

6848SA
Wed Apr 30
1 Session

Harding HS
6:30-8:00PM
\$61

KIMBAP

Kimbap Korean sushi is packed with flavor and super healthy. Prep and create this sushi variation made with rice wrapped in seaweed, filled with a variety of fresh vegetables and pickled radish and finished in sesame oil and sesame seeds.

J. Toliver

6846SA
Wed Apr 16
1 Session

Harding HS
6:30-8:00PM
\$61

NEW MUTTER PANEER

Recreate this popular North Indian dish featuring tender green peas and soft Paneer cubes simmered in a rich, mildly spiced onion tomato based gravy. This vegetarian delight is creamy and flavorful and pairs beautifully with Naan or white rice.

R. Balchandani

6861SA
Mon Apr 21
1 Session

1780 West 7th
6:00-8:30PM
\$55



We offer a sliding fee pricing model.

We encourage participants to choose the price that they are able to pay. This structure helps our programs be financially sustainable and more equitable.

CULINARY

NEPALESE STYLE CHICKEN CURRY

Explore the foundations of curry and enhance your ability to replicate it at home! We'll cover basic spice palates and prepare a Nepali-style chicken curry. Learn the "secret" to making the curry of your dreams.

I. Rajak

3424SuA 1780 West 7th
Mon Jul 14 6:00-8:00PM
1 Session \$55

NEPALESE STYLE VEGAN CURRY

Flavorful curry loaded with nutrition is a perfect way to immerse yourself in a culinary experience. Using pantry staple food and aromatic spices, learn to make this wholesome vegan recipe. Spoon it over hot steaming basmati rice and you may just feel like you're in the Himalayas.

I. Rajak

3487SuA 1780 West 7th
Mon Jul 21 6:00-8:00PM
1 Session \$55

NEW SHRIMP COCONUT CURRY

Goan prawn curry or shrimp curry is an authentic recipe from the coastal state of Goa in India. Simmer shrimp in a delicious curry made with coconut milk, aromatic spices, and curry leaves. It pairs perfectly with steamed basmati rice.

J. Balchandani

6868SuA 1780 West 7th
Tue Jul 8 6:00-8:30PM
1 Session \$55

PAD THAI

Indulge in this popular Chicken Pad Thai cooking class, whose name means "Thai stir-fry." Build an authentic Pad Thai sauce with a diverse flavor profile of sweet, salty, sour and spicy. Perfect for entertaining, wow your family and friends at your next dinner party with your new-found signature dish!

M. Selam

6500SA 1780 West 7th
Tue Apr 15 6:00-8:30PM
1 Session \$61

NEW PHOTASTIC

Discover the art of making pho in a crockpot using fresh ingredients including green onions, cilantro, basil, onions, bean sprouts, ginger, beef meatballs, and thinly sliced beef. Toast spices and explore the key components that give pho its signature flavor. Making pho is easier than it looks—get ready for a PHOtastic experience!

B. Vang

6867SA 1780 West 7th
Thu May 29 6:00-8:00PM
1 Session \$55

NEW YELLOW TOOR DAL

Discover a simply nutritious light lentil Dal preparation made with split pigeon peas, tempered with oil, mustard seeds, curry leaves, cumin, and aromatic spices. This homey dish is a staple in Indian households, served with rice or roti for a wholesome meal.

R. Balchandani

6864SA 1780 West 7th
Mon Jun 2 6:00-8:30PM
1 Session \$55

DESSERTS

NEW GOLDEN SOUTHERN BUTTERMILK PIE

Referred to as the Southern Crème Brûlée, explore this luscious, tangy buttermilk pie's southern roots as we make the filling and the flaky, buttery crust completely from scratch.

C. White

6869SA 1780 West 7th
Mon Apr 14 6:00-8:00PM
1 Session \$55



CAKE POPS (ADULT + CHILD)

One adult and one child, ages 5-15. Register under the name of the child attending. Mix vibrant colors and flavors to create unique treats! Perfect project for sparking creativity and making sweet memories.

C. White

6828SA Humboldt Secondary
Sat May 31 9:00-11:00AM
1 Session \$75 Adult/Child pair

BAKLAVA

Baklava is an easy-to-make traditional pastry dessert known for its sweet, rich flavor and flaky texture. Prepare flavorful baklava to take home and bake yourself. Hands-on class with samples provided.

M. Selam

3944SA 1780 West 7th
Tue Jun 3 6:00-8:30PM
1 Session \$61

BASIC CAKE DECORATING

Become your own cake boss by learning the basics of cake decoration! Try out skills in shell borders, writing and more. Decorate an 8-inch cake to take home.

D. Hirte

3380SA Harding HS
Wed May 21 6:30-8:30PM
1 Session \$55

UNICORN CAKE (ADULT + CHILD)

One adult and one child, ages 6-15. Register under the child's name. Use 6-inch cakes, buttercream frosting, and several decorating tips to create a magical unicorn cake to take home.

D. Hirte

3413SuA	1780 West 7th
Mon Jul 28	6:00-8:00PM
1 Session	\$89 Adult/Child pair

THE BEST BISCOTTI EVER

Beginner-friendly biscotti-making teaches you to create this classic Italian treat from scratch. Perfect the simple steps to achieve the ultimate crunch. Leave with your freshly baked biscotti and the confidence to make them again at home!

L. Severson

6856SA	1780 West 7th
Tue May 13	5:30-8:30PM
1 Session	\$55

**SPECTACULAR CREATIONS:
CUPCAKE DECORATING**

Practice creating your own spectacular decorations for cupcakes! Make a pair of high-heel cupcakes, buttercream hydrangeas, sunflowers and more. Learn some basic techniques that work on larger cakes too. Decorate cupcakes in class to take home.

D. Hirte

3031SuA	1780 West 7th
Mon Aug 18	6:30-8:30PM
1 Session	\$55

SPRING COOKIES

Discover tips and tricks for decorating cute spring themed cookies with Royal Icing. Pipe, flood, and embellish the most delicious cookies and wow your friends and family. Cookies, icing, and recipes included. Cookies will be baked and icing mixed prior to class so you can concentrate on gorgeous designs.

K. Hemmingsen

3300SA	Humboldt Secondary
Sat Apr 12	9:30-11:30AM
1 Session	\$55

SPRINGTIME TRUFFLES

Amaze loved ones with beautiful chocolate truffles you made yourself! Try with aged-flavored balsamic vinegars and the flavors of raspberry, strawberry, blackberry, and black cherry. Take home 24 truffles in a box provided.

D. Hirte

3946SA	1780 West 7th
Thu May 8	6:30-8:30PM
1 Session	\$55

**COOKIE MONSTERS
(ADULT + CHILD)**

One adult and one child, ages 5-15. Register under the child's name. Create and take home six delicious cookie varieties. Activities, including cookie painting, will happen during baking time. Bring a take home container.

L. Severson

3340SA	1780 West 7th
Tue Apr 29	5:30-8:30PM
1 Session	\$70 Adult/Child pair

3340SB	1780 West 7th
Thu Jun 5	5:30-8:30PM
1 Session	\$70 Adult/Child pair

There's always something to do

Fun

The **Sprockets Programs Map** is a one-stop-shop to help you find youth serving organizations that offer everything from arts and academics to science, sports and leadership programs throughout Saint Paul.

www.SprocketsSaintPaul.org

Connect with us  





CHOOSING A CAREER IN THE TRADES

Thinking about a career change or trying to figure out your future? Many opportunities exist in the trades. Hear about different trades, including the schooling and skills needed, as well as expectations, insurance, work cycles, and more.

2708SA
Wed May 21
1 Session

Harding HS
6:00-8:00PM
\$15

PERSONAL PLANNING

NEW ECONOMIC UPDATES

News about the economy can dominate the media, but should it influence the decisions you make regarding your financial strategy? Get Thrivent's perspective on the economy to help you invest with greater confidence.

K. Schwartz

2952SA
Tue May 13
1 Session

Como Park HS
6:30-8:30PM
\$13

GETTING TO KNOW VA BENEFITS

Receive important information on the State and Federal VA Benefits that apply to veterans and their family members. Learn what benefits exist, who is eligible and who to contact for assistance with the VA claims process.

A. Fleming

2854SuA
Thu Jul 10
1 Session

1780 West 7th
10:30-11:30AM
\$15

FINANCIAL FOUNDATIONS: YOUR BLUEPRINT TO THRIVE

Explore how certain money moves can help you set goals and accomplish them. Understand how to build a stable financial future and withstand financial setbacks. Learn about tools to pay debts, manage expenses and save money.

K. Schwartz

2953SA
Tue May 27
1 Session

Como Park HS
6:30-7:30PM
\$13

PRINCIPLES OF SOUND INVESTING

Every investor must start somewhere. We'll cover investment basics including U.S. markets, volatility and risk and building a foundation, and types of investments including stocks, bonds, mutual funds and exchange traded funds, as well as the importance of asset allocation and diversification.

C. Surges

2823SA
Thu May 15
1 Session

1780 West 7th
6:30-7:45PM
\$15

WILLS AND TRUSTS

Increase your understanding of wills and trusts and the pros and cons for both. Topics will also include protecting your assets from federal estate tax, probate and procedures dealing with courts, power of attorney and health care declaration (living will).

C. Stanton

2875SA
Wed May 7
1 Session

Harding HS
6:00-8:00PM
\$29

2875SuA
Thu Jul 10
1 Session

1780 West 7th
6:00-8:00PM
\$29

UNDERSTANDING SOCIAL SECURITY

Gain a clearer picture of Social Security and discover ways to maximize your benefit amounts.

R. Antkowiak

2807SA
Thu May 29
1 Session

1780 West 7th
10:30-11:45AM
\$15

YOUR WILL AND ESTATE PLANNING CONSIDERATIONS

Gain a working understanding of Minnesota law regarding wills and information about the role of a will in your overall estate planning. Learn considerations for planning a will and receive tools and information for preparing your own valid simple will. If married, spouses are encouraged to enroll.

P. Schinzing

2950SA
Tue Apr 22
2 Sessions

Como Park HS
6:30-8:00PM
\$59

YOUR HEALTH CARE DIRECTIVES: LEGAL PERSPECTIVE

Learn about health care directives and how to convey your wishes when you are unable to communicate for yourself. Discuss practical considerations in choosing your health care agent(s), and get information and materials to assist you in drafting your directive.

P. Schinzing

2935SA
Tue May 27
1 Session

1780 West 7th
6:30-8:00PM
\$31



**YOUR
SAINT PAUL
YOUR
COMMUNITY ED**

commed.spps.org/survey

TECHNOLOGY

COMPUTER 101

Get a grasp of the basics of all things computer, from the keyboard to the internet to emailing. Build your computer skills in this three-session course. No experience necessary.

M. Hogan

2704SA	1780 West 7th
Wed May 28	12:30-2:30PM
3 Sessions	\$49

TECH-SAVVY SURVIVAL

In today's technology driven world, being tech-savvy is longer optional—it's essential! Learn the critical tech skills needed for life, while growing your knowledge and confidence to navigate digital landscape with ease.

N. Welsh

2650SA	Online Course
Mon Jun 23	12:00-1:00PM
1 Session	\$25

TECH SKILLS FOR EVERYDAY LIFE

Discover how to use the different technology applications that are becoming more commonplace. Whether it's signing up for the in-store apps for savings or scanning a QR code for a menu in a restaurant, we'll help you gain those skills. Bring your smartphone to class.

M. Hogan

2850SA	1780 West 7th
Wed May 14	12:30-2:30PM
1 Session	\$37

AN INTRODUCTION TO AI (ARTIFICIAL INTELLIGENCE)

What is AI and what AI programs are available to use? Experiment with simple AI tools and see what the buzz is about. Please bring your own laptop to the class.

T. Parkinson

2861SA	1780 West 7th
Thu Apr 17	6:00-8:00PM
1 Session	\$25

PHOTO EDITING & ORGANIZATION

Learn best practices for photo organization: storage, including cloud & physical locations; file organization; and photo-editing options. Bring a phone, computer, or tablet to class with some photos loaded.

M. Hogan

2858SA	1780 West 7th
Mon Jun 2	5:30-7:30PM
1 Session	\$37

PRACTICAL CHATGPT TRAINING FOR EVERYONE

Curious about the Artificial Intelligence powered ChatGPT? Understand how it works and why it's taking the world by storm. Explore practical everyday uses in both the workforce and at home, ensuring you stay in the loop when ChatGPT is mentioned in conversations and on the news.

N. Welsh

2651SA	Online Course
Tue Aug 5	12:00-1:00PM
1 Session	\$25

MICROSOFT EXCEL INSTRUCTION WITH M. HOGAN

INTRODUCTION TO EXCEL

Microsoft Excel is a spreadsheet program that helps format, organize and calculate data. Learn how to create and navigate spreadsheets, charts, basic formulas and functions, and Excel Theory. Keyboard and mouse skills required.

2714SA	1780 West 7th
Mon Apr 7	5:30-7:30PM
1 Session	\$37

INTERMEDIATE EXCEL

Expand your basic knowledge of Microsoft Excel with an exploration of data manipulation (sort, filter, fill, text functions, join and split data) and formulas and functions (absolute vs. relative cell references, 3-D cell references). Prerequisite: Introduction to Excel or equivalent skills.

2670SA	1780 West 7th
Mon Apr 14	5:30-7:30PM
1 Session	\$37

ADVANCED EXCEL

Discover advanced tips and tricks that can increase your productivity and get your specific questions answered. Topics include: conditional formatting, data manipulation, custom lists, conditional formulas and functions, use of the formula/function library, and more. Prerequisite: Intermediate Excel or equivalent skills.

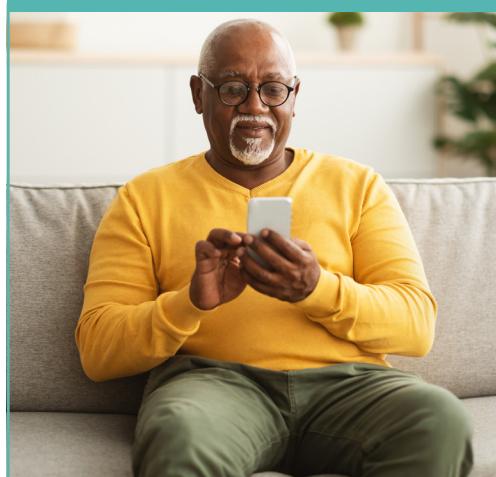
2635SA	1780 West 7th
Mon May 5	5:30-7:30PM
1 Session	\$37

MICROSOFT EXCEL: PIVOT TABLES AND GRAPHS

Discover how to make large amounts of data user-friendly! Pivot Tables can help you summarize substantial amounts of data and manipulate the information to create tables and charts for easy visual understanding. Prerequisite: A strong working knowledge of Excel.

2614SA	1780 West 7th
Mon May 12	5:30-7:30PM
1 Session	\$37

SMART DEVICE INSTRUCTION WITH M. HOGAN

**KNOW YOUR SMARTPHONE/TABLET - INDIVIDUAL INSTRUCTION**

Receive one-on-one instruction and learn how to get the most from your smartphone or tablet! You'll have 45 minutes of private instruction time to ask questions and increase your smartphone/tablet skills! All levels are welcome. El instructor habla español con fluidez; los hispanohablantes son bienvenidos.

2615SA Wed May 7 1 Session	1780 West 7th 12:30-1:15PM \$51	2615SuD Mon Aug 4 1 Session	1780 West 7th 4:30-5:15PM \$51
2615SB Wed May 7 1 Session	1780 West 7th 1:30-2:15PM \$51	2615SuE Mon Aug 4 1 Session	1780 West 7th 5:30-6:15PM \$51
2615SC Wed May 7 1 Session	1780 West 7th 2:30-3:15PM \$51	2615SuF Mon Aug 4 1 Session	1780 West 7th 6:30-7:15PM \$51

KNOW YOUR SMARTPHONE

What makes a smartphone "smart" and how do I get the most out of it? What apps are useful and how do I install them? How do I adjust my settings? Get simple answers to these questions and more. Bring your smartphone to class.

2645SA Wed Apr 9 1 Session	Wheelock Early Education 1:00-3:00PM \$37
2645SuA Mon Jul 7 1 Session	1780 West 7th 5:30-7:30PM \$37

SMARTPHONE 2

Can you power on and off, receive calls and send text messages, but want to do more? Learn to download and use applications, surf the internet, text pictures, send email and more. Prerequisite: Know Your Smartphone or equivalent skills. Bring your smartphone to class.

2616SA Wed Apr 16 1 Session	Wheelock Early Education 1:00-3:00PM \$37
2616SuA Mon Jul 14 1 Session	1780 West 7th 5:30-7:30PM \$37 \$42

SMARTPHONE 3

For those who have taken Know Your Smartphone and Smartphone 2 classes or have equivalent skills, do a deeper dive into email settings, file/storage management, how the device can interact with a computer and more. Bring your smartphone to class.

2612SA Wed Apr 23 1 Session	Wheelock Early Education 1:00-3:00PM \$37
2612SuA Mon Jul 21 1 Session	1780 West 7th 5:30-7:30PM \$37

SMARTPHONE 4

For those who have taken Smartphone 3 or have equivalent skills, discover additional uses for texting, organizing/managing photos, file organization, calendar and account management on your phone. Get more information on how to transfer files from your phone, whether using the cloud or a computer. Bring your smartphone to class.

2636SA Wed Apr 30 1 Session	Wheelock Early Education 1:00-3:00PM \$37
2636SuA Mon Jul 28 1 Session	1780 West 7th 5:30-7:30PM \$37

SMARTPHONE FOR TRAVEL

Get the most use out of your smartphone when traveling! Discover apps useful to travelers, and what you should consider to keep your phone secure. Bring your phone to class fully charged.

2646SA Wed May 21 1 Session	1780 West 7th 12:30-2:30PM \$37
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SMARTPHONE PHOTOS FOR BEGINNERS

Discover techniques for picture taking, editing, re-coloring, captioning, and more with your smartphone. Learn how to share that photo via text, email, or a social media platform and save it to the cloud for later use, or have it printed. Bring your smartphone to class.

2851SA Mon May 19 1 Session	1780 West 7th 5:30-7:30PM \$37
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**Register early!**

Our classes need a minimum enrollment to run. We cancel low-enrollment classes 3-5 business days out. So don't wait - register early!

**I'm on a waitlist...now what?**

If a class you want is full, we will do our best to help you find an alternative or add you to a waitlist. If a space opens, we will let you know. If it doesn't work out, we always have more classes, so please try again next season!

BUSINESS

ONLINE COURSES WITH J. SIMONS – ZOOM

FINANCING YOUR BUSINESS

Launching and building your business takes money. Discover sources of funding available for both start-ups and established small businesses. Review loans, credit cards, investors, grants and crowd-sourcing, as well as how personal credit and credit repair impact being funded.

2826SA **Online Course**
Tue Jun 3 **6:00-8:00PM**
1 Session **\$28**

DREAM BIG, START SMALL: LAUNCHING A HOME BUSINESS

Doing business from home can be a smart, economic move. Learn about your community's business-in-home regulations and tax advantages, strategies to get you out of your PJs and into a schedule, and separating family and business even in small spaces.

2827SA **Online Course**
Tue May 27 **6:00-8:00PM**
1 Session **\$28**

SELLING ONLINE 101

Learn about selling on online marketplaces like eBay, Facebook Marketplace, Poshmark, and Amazon. While each selling site varies, there are common elements to effectively list your items so that they sell. Discuss pricing, packaging, and shipping basics, as well as how to find merchandise to sell.

2846SA **Online Course**
Tue Apr 29 **6:00-8:00PM**
1 Session **\$28**

START AN ONLINE BUSINESS

Whether you're dreaming, dabbling, or dead serious, discover the basic elements of starting and running an online business. Topics include types of web-based sales; where, how, and what to sell; getting paid; shipping/fulfillment; staying local vs going national, managing time; profitability; legalities, and more.

2642SA **Online Course**
Tue May 6 **6:00-8:00PM**
1 Session **\$28**

SIDE HUSTLE SUCCESS IN THE GIG ECONOMY

Discover the basics of today's gig economy and how to create your own successful side hustle. We'll look at opportunities in both service and project gigs, how to market yourself, recordkeeping/tax considerations, and how to avoid some of the most common pitfalls.

2831SA **Online Course**
Tue May 13 **6:00-8:00PM**
1 Session **\$28**

WRITING A BUSINESS PLAN

Capture your business vision on paper, whether it's a part-time gig or to build your empire. Learn how to write your plan from title page to financial projections, plan structure, sorting ideas, staying motivated, and finishing. Good for start-ups as well as existing business expansion.

2822SA **Online Course**
Tue May 20 **6:00-8:00PM**
1 Session **\$28**

COMMUNITY ENGAGEMENT

NEW HISTORY & ORGANIZING TACTICS OF THE LABOR MOVEMENT: THE AMERICAN REVOLUTION TO WORLD WAR II

Hear about the historical development of the Labor Movement during the years of the American Revolution through WWII, including what workers thought and how they lived. Explore the impacts on American politics, economics, and society as a whole.

C. Starkey, P. Rachleff

4717SuA East Side Freedom Library
Mon Jun 2 6:30-8:00PM
4 Sessions \$10

NEW HISTORY & ORGANIZING TACTICS OF THE LABOR MOVEMENT: POST-WORLD WAR TO PRESENT

Explore the Labor Movement from post World Wars to the present, looking at declines and its consequences on the quality of life for working people. As new generations are breathing new life into the Labor Movement, what can they and we, learn from history to have an impact on the present and build a better future?

C. Starkey, P. Rachleff

4726SuA East Side Freedom Library
Mon Jun 30 6:30-8:00PM
4 Sessions \$10

NEW DANISH CULTURE 101

Learn the history, cultural and social evolution of Danish society over centuries and into the modern society it is today. Explore the fabric of its unique social, education and health systems, and the cultural and philosophical roots behind it. Discuss Denmark and its territory's roles on the world stage, its strategic position, and the expanding reliance on sustainable resources.

N. Billund

4409SA
Thu Apr 24
1 Session

1780 West 7th
6:30-8:30PM
\$23



NALOXONE (NARCAN) TRAINING

Learn how to recognize an opioid overdose, what naloxone/Narcan is and how it works, and how to properly administer naloxone to someone experiencing an overdose. Also, discuss Steve's Law, Minnesota's Good Samaritan and Naloxone laws and more.

Hope Network

4712SA
Tue May 20
1 Session

Como Park HS
6:30-7:30PM
\$10

NEW NAMI: OBTAINING EMPLOYMENT WHILE LIVING WITH A MENTAL ILLNESS

Designed for individuals living with a mental illness who are interested in gaining and keeping employment. Employment can be an important part of recovery for those living with a mental illness. Learn how to find employment, discuss and disclose mental health conditions in the workplace, request accommodations, and what benefits and supportive employment resources are available.

National Alliance on Mental Illness (NAMI) Minnesota

4725SA
Tue May 20
1 Session

1780 West 7th
6:30-8:00PM
FREE



JUDAISM ON ONE FOOT

Increase your understanding of Judaism and the Jewish people through topics including peoplehood, religious practices, ethical principles, values, holidays, connection to the land of Israel, the Hebrew language and demographics. You'll have an opportunity to interact.

Jewish Community Relations Council of Minnesota and the Dakotas

4718SA
Thu May 1
1 Session

Online Course
7:00-8:30PM
\$10

CIVIC ENGAGEMENT 101

Interested in being involved in the political process but have never participated before? This nonpartisan class outlines how you can have a voice in the process and help make change. Learn the basics of the local and state legislative processes and how to participate in the upcoming elections.

League of Women Voters of Saint Paul

4691SA
Tue May 6
1 Session

1780 West 7th
6:00-8:00PM
\$10

WHAT YOU ALWAYS WANTED TO KNOW ABOUT ISLAM & MUSLIMS

Gain a better understanding of what Islam teaches and what Muslims practice. The class will introduce basic terminology, demographics and differences between religion and culture. Learn about the beliefs and practices of Muslims as well as religious celebrations. All questions answered.

Islamic Resource Group

4680SA
Thu Jun 5
1 Session

1780 West 7th
7:00-8:30PM
\$10



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COMMUNITY ENGAGEMENT

TRAUMA DECODED: TOOLS FOR RESILIENCE

Discover what trauma is, how it impacts your brain and body, and why it matters. We'll equip you with practical tools and strategies to manage and stabilize trauma symptoms. Don't miss this chance to reclaim your mental and emotional well-being with actionable insights.

A. Ruzynski

4727SA 1780 West 7th
Tue May 13 6:30-8:30PM
1 Session \$10

MODERN PARENTING UNPLUGGED: SAFETY, TOOLS, AND TRUST

Parenting in today's digital age comes with unique challenges. Learn how to protect your children online, communicate effectively, and navigate the fine line between trauma and drama. Gain access to conversation templates, electronic contracts, and must-have resources to foster a safer and more connected family.

A. Ruzynski

4728SA 1780 West 7th
Mon Jun 2 6:30-8:30PM
1 Session \$10

PLEASE SEE THE TOUR INFORMATION BOX ON PAGE 43 THAT APPLY TO THE TOURS BELOW.

RONDO'S PAST, PRESENT, AND FUTURE

Discover the vibrant and resilient past, present and future of the Rondo neighborhood! Join Rondo native and RCODE Director Marvin R. Anderson for a presentation with a Q&A, and a tour of the Rondo Commemorative Plaza. Feel free to bring lunch from home to enjoy at the Rondo Center Community Gardens.

M. Anderson

4723SuA Rondo Center of Diverse Expression
Sat Jul 26 10:00AM-12:00PM
1 Session \$25

HMONG MUSEUM AND HMONG VILLAGE TOUR

Join a private tour of the Hmong Museum's exhibits for a guided immersive experience at the center of Hmong commerce! Learn about the Hmong migration and its culture. Make sure you visit the flea market and food court to round out your morning!

Hmong Museum

4787SA Hmong Village
Sat May 31 9:00AM-12:00PM
1 Session \$27

HMONG-LED ARTISTS MURAL BUS TOUR

Join local Hmong artists for a tour of murals around the Twin Cities. Listen to the inspirations and motivations behind these stunning community-building works of art.

K. L. Thao, C. Vang, X. Reiter

4724SA Southwest HS, MPLS
Sat Apr 5 3:00-6:00PM
1 Session \$69

RONDO BUS TOUR PART 1: RONDO HISTORY BEFORE I-94

Join historian Frank M. White on a journey through the early years of Saint Paul's Rondo neighborhood and learn how it was a haven for people of color and immigrants. Hear about the neighborhood's immigrant namesake, who faced discrimination due to his wife's mixed white and indigenous heritage, as well as how French Canadian, German, Russian, Irish, and Jewish families followed in the late 19th century and called Rondo home.

F. White

4713SA Hallie Q Brown Community Center
Sat May 3 10:00AM-1:00PM
1 Session \$39

RONDO BUS TOUR PART 2: A CELEBRATION OF ART, HISTORY, & CULTURE

Step back in time and explore the vibrant history and cultural richness of Rondo, Saint Paul's historic African American neighborhood. Led by Dr. Artika R. Tyner (award-winning author, civil rights attorney, and Rondo native), take a journey through the heart of Rondo and learn about its history as a bustling community filled with thriving businesses, arts, culture, and close-knit families.

Dr. A. Tyner

4714SA Hallie Q Brown Community Center
Sat May 17 10:00AM-1:00PM
1 Session \$59



We offer a sliding fee pricing

model for program pricing. We encourage participants to choose the price that they are able to pay. This structure helps our programs be financially sustainable and more equitable.



BEGINNER PICKLEBALL

For those new or relatively new to pickleball and doubles pickleball. Review the rules, practice techniques, and learn about position and strategy. Bring a paddle if you have one, or extra paddles are available to use during class. Registration is first come, first served. Please note: Each offering is a one-hour group course within the timeframes below.

L. Barth

5770S	Global Arts Plus Upper
Wed Apr 16	6:00-9:00PM
4 Sessions	\$51

5770S	Global Arts Plus Upper
Wed May 14	6:00-9:00PM
4 Sessions	\$51

J. Swick

5770Su	Global Arts Plus Upper
Wed Jul 9	6:00-7:00PM
4 Sessions	\$51

PICKLEBALL LEVEL 2

For players familiar with basic pickleball rules, scoring, and rotation. Ideal for "beginner plus" and intermediate players. Focus on skills like drives, blocks, lobs, smashes, dinks, and drops, with playtime to practice. Bring your own paddle or use one provided. Registration is first come, first served. Please note: Each offering is a one-hour group course within the timeframes below.

J. Swick

5772S	Global Arts Plus Upper
Mon Apr 14	6:00-9:00PM
4 Sessions	\$51

5772Su	Global Arts Plus Upper
Wed Jul 9	7:00-9:00PM
4 Sessions	\$51

PICKLEBALL DRILL & PLAY

Sharpen specific pickleball skills and techniques in two-hour intensives designed for beginners and intermediate players who already know the rules of the game, how to rotate, and how scoring works. See sections below for the specific skill covered. Bring a paddle if you have one, or extra paddles are available to use during class. Registration is first come, first served.

J. Swick

BACKHAND

5781SA	Global Arts Plus Upper
Mon May 12	6:30-8:30PM
1 Session	\$35

BEATING BANGERS (BLOCKS, RESETS AND COUNTERS)

5784SA	Global Arts Plus Upper
Mon Jun 2	6:30-8:30PM
1 Session	\$35

DINKING, 3RD SHOT DROP

5780SA	Global Arts Plus Upper
Mon May 19	6:30-8:30PM
1 Session	\$35

5780SuA	Global Arts Plus Upper
Wed Aug 6	6:30-8:30PM
1 Session	\$35

SERVE & RETURN

5778SuA	Global Arts Plus Upper
Wed Jun 25	6:30-8:30PM
1 Session	\$35

SPIN

5783SuA	Global Arts Plus Upper
Wed Jul 2	6:30-8:30PM
1 Session	\$35

POSITIONING STRATEGIES

5781SuA	Global Arts Plus Upper
Wed Aug 13	6:30-8:30PM
1 Session	\$35

ALL AROUND FITNESS

All Around Fitness focuses on exercise techniques for older adults, but is open to all. Includes strength training, cardiovascular conditioning, balance and flexibility. Work at your own pace and receive personal attention from a trained instructor. This class has an online option. Joining information will be in your class confirmation notes. No class Jul. 3 and Aug. 12.

J. Campbell

5150SA	Battle Creek Rec Center
Tue/Thu Apr 8	9:30-10:30AM
18 Sessions	\$73

5150SB	Online Course
Tue/Thu Apr 8	9:30-10:30AM
18 Sessions	\$73

5150SuA	Battle Creek Rec Center
Tue/Thu Jun 24	9:30-10:30AM
14 Sessions	\$57

5150SuB	Online Course
Tue/Thu Jun 24	9:30-10:30AM
14 Sessions	\$57



BEGINNER CRICKET

Cricket is a beloved, international sport growing in popularity throughout the United States, and played with a ball and a flat bat, called a stick or willow. Get an introduction to the basic rules, skills, and techniques needed to play this competitive sport! All equipment provided.

J. Balchandani

5664SA	Highland Park Elementary
Thu Apr 10	7:00-8:00PM
4 Sessions	\$46

5664SB	Global Arts Plus Upper
Sat Apr 12	9:00-10:00AM
4 Sessions	\$46

FITNESS & DANCE

BEGINNING PILATES-BASED MAT EXERCISE

Condition and tone your body with Pilates! Controlled mat exercises create strength, stability and suppleness in the spine while improving abdominal and back strength, posture and balance. Pilates provides stress reduction while enhancing injury prevention. Bring a yoga mat.

J. Dregni

5690SA	Highland Park Elementary	Global Arts Plus Upper
Thu Apr 10	6:00-6:55PM	6:30-8:00PM
5 Sessions	\$55	\$80
5690SB	Highland Park Elementary	Global Arts Plus Upper
Thu May 15	6:00-6:55PM	9:00-10:30AM
4 Sessions	\$44	\$80
5691SA	Online Course	Global Arts Plus Upper
Tue Apr 8	6:00-7:00PM	6:30-8:00PM
6 Sessions	\$66	\$80

HATHA YOGA: IYENGAR YOGA ALL LEVELS

For all students at any level looking to explore Iyengar yoga. Bring two blankets, a yoga mat and belt. Wear loose clothing and please keep perfume/scented lotion usage to a minimum. No class May 24.

J. Laine

5876SA	Global Arts Plus Upper	Online Course
Sat Apr 12	8:15-9:30AM	5:00-6:30PM
7 Sessions	\$77	\$99

T'AI CHI CH'UAN

T'ai Chi Ch'uan offers significant health benefits, including low-impact exercise, relaxation, stress-management, flexibility, serenity and balance. Each class consists of three segments: standing Chi Kung, floor seated Chi Kung, and the practice of T'ai Chi forms. Bring a mat. No class May 24 and 26.

Laughing Waters, T'ai Chi Club

5660SA	Global Arts Plus Upper	Global Arts Plus Upper
Mon Apr 7	6:30-8:00PM	9:00-10:30AM
8 Sessions	\$80	\$80
5660SB	Global Arts Plus Upper	Global Arts Plus Upper
Sat Apr 12	6:30-8:00PM	6:30-8:00PM
8 Sessions	\$80	\$80
5660SuA	Global Arts Plus Upper	Global Arts Plus Upper
Mon Jun 23	6:30-8:00PM	6:30-8:00PM
8 Sessions	\$80	\$80

T'AI CHI CHIH FOR LIFE

T'ai Chi Chih is a series of slow movements that form a moving meditation. The movements work to circulate chi (energy) throughout the body for health and well-being. Benefits can include stress reduction, improved balance, a better immune system and increased calmness. Wear comfortable layered clothing. No class May 26.

E. Hanson-Florin

5665SA	Online Course
Mon Apr 7	5:30-6:30PM
8 Sessions	\$65



Pay at Registration

Payment for your class is due when you register. Your spot in class will not be reserved until it is paid for in full.

INTERMEDIATE GENTLE HATHA YOGA: IYENGAR YOGA LEVEL II/III

Explore introductory poses in greater depth and focus on breathing practices. Students taking this course should have six months of prior experience with Iyengar yoga. Bring three blankets, a yoga mat, a belt, and a chair. See your class confirmation email for more information on joining meetings.

J. Laine

5879SA	Online Course	5879SuA	Online Course
Tue Apr 8	5:00-6:30PM	Tue Jul 8	5:00-6:30PM
9 Sessions	\$99	6 Sessions	\$67

YOGA: FAIRY GOATS

Beginner-friendly and suitable for people with or without previous yoga experience. Have a genuine yoga experience while magical fairy-winged goats roam around you! The last 15-minutes of class will include cuddle-time, perfect for photos and goat-friendly poses. Includes a delicious coffee drink upon class completion. Class is outside on grass.

Hayloft

5990SuA	Backstory Coffee Roasters - Saint Paul
Sat Jun 28	10:00-11:00AM
1 Session	\$51
5990SuB	Backstory Coffee Roasters - Saint Paul
Sat Jun 28	11:00AM-12:00PM
1 Session	\$51



INTERMEDIATE HATHA YOGA: IYENGAR YOGA LEVEL II/III

For students who have completed Beginning and Advanced Beginning Yoga classes and are looking to continue challenging their yoga practice. New poses will be explored. Students will need to have their own props: a yoga mat, belt, and three blankets.

J. Laine

5877SB Wed Apr 9 9 Sessions	Global Arts Plus Upper 6:00-7:30PM \$99	5877SA Tue Apr 8 9 Sessions	Online Course 6:30-8:00PM \$99	5877SuB Tue Jul 8 6 Sessions	Online Course 6:30-8:00PM \$67
5877SuA Wed Jul 9 6 Sessions	Global Arts Plus Upper 6:00-7:30PM \$67				

DANCE

BEGINNER LATIN DANCING (ADULT + CHILD)

One adult and one child ages 8-15. Register under the name of the child attending. Share special moments dancing together! Learn beginner-friendly salsa, bachata, and more while dancing to lively music. Bond, build confidence, and create joyful memories through movement and rhythm. Perfect for all skill levels.

N. Menendez

3673SA Thu Apr 10 4 Sessions	Highland Park Elementary 6:00-7:00PM \$78 Adult/Child pair
3673SB Thu May 8 4 Sessions	Highland Park Elementary 6:00-7:00PM \$78 Adult/Child pair
3673SuA Mon Jun 23 4 Sessions	Global Arts Plus Upper 6:00-7:00PM \$78 Adult/Child pair

BEGINNING BACHATA DANCING

Bachata is danced around the world, originating in the Dominican Republic. Focusing on Bachata Moderna, learn simple steps while moving your hips to the music. Start with footwork combos and arm work, then go deeper into body movement.

N. Menendez

3672SA Thu Apr 10 8 Sessions	Highland Park Elementary 8:00-9:00PM \$90
3672SuA Mon Jun 23 8 Sessions	Global Arts Plus Upper 8:00-9:00PM \$90

BEGINNING SALSA DANCING

Salsa is a fusion of music and dance from around the world. Get comfortable on the dance floor, showing off your arm styling and footwork combos of quick/slow steps. Go deeper into body movement and finish with musicality! Discover ways Salsa is danced, while focusing on Salsa en línea (Salsa LA) style.

N. Menendez

3671SA Thu Apr 10 8 Sessions	Highland Park Elementary 7:00-8:00PM \$90
3671SuA Mon Jun 23 8 Sessions	Global Arts Plus Upper 7:00-8:00PM \$90

FOXTROT AND SWING DANCING

Put a spring in your step and learn the basics of American Foxtrot and East Coast Swing! These two joyful ballroom dances are perfect for social occasions or dancing at home with your partner. This class requires participants to bring a partner. Partners register individually. No class May 6.

J. Moes

3876SA Tue Apr 8 6 Sessions	Highland Park Elementary 7:00-8:00PM \$66
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INTRODUCTION TO OULA®

Designed for participants new to Oula®, but all levels are welcome! Whether it is your first class or thousandth, every Oula® class empowers participants to challenge their bodies and process their emotions through music, movement, and community connection. Classes are one epic hour of sweat, joy, and total inspiration!

R. Muller

5353SA Wed Apr 9 9 Sessions	Central HS 6:30-7:30PM \$72
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OULA®

Oula® merges high-intensity cardio with easy-to-follow choreography, mindfulness practices, and a culture of inclusivity, all to an energetic pop soundtrack. Classes are one epic hour of sweat, joy, and total inspiration! No class May 24.

N. Cassavant

5350SA Sat Apr 12 8 Sessions	Global Arts Plus Upper 9:45-10:45AM \$64
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FITNESS & DANCE



MUSICAL THEATER TAP

"Shall We Dance"? Explore fun Broadway favorites through tap because, "You've Got To Be Carefully Taught"! The instructor has over 25 years experience choreographing HS and Community Theater, which means you don't need much at all!

Keane Sense of Rhythm

3581SA	Keane Sense of Rhythm
Fri Apr 11	11:15AM-12:15PM
6 Sessions	\$81

TAPPY HOUR 1

Build brainpower, bone mass and balance while exploring the art and culture of American tap dance. This is a low-impact dance class offered in partnership with Keane Sense of Rhythm (KSR). Tap shoes are fun, but optional.

Keane Sense of Rhythm

3578SA	Keane Sense of Rhythm
Tue Apr 8	7:30-8:30PM
8 Sessions	\$67

TAP DANCE FOR WELLNESS

Designed for older adults, but all are welcome in this low-impact version of our dance class. Build brainpower, bone mass and balance, while exploring the art and culture of American tap dance. Tap shoes are fun but optional.

Keane Sense of Rhythm

3755SA	Keane Sense of Rhythm
Thu Apr 10	12:30-1:30PM
5 Sessions	\$67

3755SuA	Keane Sense of Rhythm
Thu Jul 10	12:30-1:30PM
5 Sessions	\$67

LABLAST®

LaBlast® Fitness is a partner-free dance fitness workout. Great for the absolute beginner to the experienced dancer. Move through a diverse mix of famous ballroom dances set to your favorite music; from pop and rock to hip-hop and country. Experience the full array of dance styles like Jive, Foxtrot, Viennese Waltz, Lindy Hop and more. No class May 6.

J. Moes

3750SA	Highland Park Elementary
Tue Apr 8	6:00-7:00PM
8 Sessions	\$88

ZUMBA®

Get ready to dance, sweat, and have fun! This high-energy class with upbeat music is the ultimate full-body workout. Zumba® helps you burn calories, improve coordination, and boost your mood while feeling like you're at a dance party! Perfect for all fitness levels. No class May 6.

K. Edwards

3981SA	Highland Park Elementary
Tue Apr 8	7:00-8:00PM
8 Sessions	\$64



Sorry, no same-day registration

We cannot accommodate same-day registrations. Registration and payment must be received at least 24 hours before the start of class.



We offer sliding-fee pricing

We encourage participants to choose the price that they are able to pay. This model helps our programs be financially sustainable and more equitable, offering greater accessibility for our community members.



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YOUR
SAINT PAUL
YOUR
COMMUNITY ED



ST. PAUL BALLET ADULT CLASSES

655 Fairview Ave. N., 55104
More details and dress code information
at www.spballet.org.

Office at **651-767-8179**.

BALLET 1: FUNDAMENTALS

For the dancer with no ballet experience! Learn basic steps, class etiquette, direction of movement and more. Dancers can progress to Ballet Fundamentals 2 after completing this course. Ages 18 and up.

St. Paul Ballet

3510SA St. Paul Ballet Fairview Studio
Mon/Wed Apr 7 6:00-7:15PM
16 Sessions \$160

BALLET 2: FUNDAMENTALS

For the dancer who has completed Ballet Fundamentals 1 or who is returning after enjoying ballet as a child. Ages 18 and up.

St. Paul Ballet

3511SA St. Paul Ballet Fairview Studio
Mon Apr 7 7:15-8:30PM
8 Sessions \$88

3511SB St. Paul Ballet Fairview Studio
Wed Apr 9 7:15-8:30PM
8 Sessions \$88

BALLET 3: ELEMENTARY

For the dancer who enjoyed ballet as a child or has had six months or more of classical ballet classes. Ages 18 and up.

St. Paul Ballet

3512SA St. Paul Ballet Fairview Studio
Wed Apr 9 7:30-8:45PM
8 Sessions \$88

3512SB St. Paul Ballet Fairview Studio
Sat Apr 12 10:30AM-11:45AM
8 Sessions \$88

BALLET 4: INTERMEDIATE

For the dancer with a minimum of one year of classical ballet experience in the recent past. Ages 18 and up.

St. Paul Ballet

3514SA St. Paul Ballet Fairview Studio
Mon Apr 7 7:15-8:45PM
8 Sessions \$88

3514SB St. Paul Ballet Fairview Studio
Sat Apr 12 9:00-10:30AM
8 Sessions \$88

ADULT LIFELONG BALLET

A gentle ballet class for dancers who are continuing a practice of ballet training for exercise and enjoyment! At least one year of classical ballet experience required. Recommended ages 40+.

St. Paul Ballet

3513SA St. Paul Ballet Fairview Studio
Tue Apr 8 9:45-11:00AM
8 Sessions \$88

3513SB St. Paul Ballet Fairview Studio
Thu Apr 10 9:45-11:00AM
8 Sessions \$88

BOOMER BALLET 2

A progression from Boomer Ballet 1, designed specifically for the 55+ age group, and based on the Royal Academy of Dance's "Silver Swans" program. Whether you're an experienced dancer, have briefly dabbled, or are a complete novice, we welcome all older learners of any ability.

St. Paul Ballet

3519SA St. Paul Ballet Fairview Studio
Tue Apr 8 12:00-1:00PM
8 Sessions \$88

BOOMER BALLET 1

Specifically for the 55+ age group and based on the Royal Academy of Dance's "Silver Swans" program. Whether you're an experienced dancer, have briefly dabbled, or are a complete novice, we welcome any ability.

St. Paul Ballet

3518SA St. Paul Ballet Fairview Studio
Tue Apr 8 10:00-11:00AM
8 Sessions \$88

3518SB St. Paul Ballet Fairview Studio
Tue Apr 8 11:00AM-12:00PM
8 Sessions \$88

3518SC St. Paul Ballet Fairview Studio
Thu Apr 10 11:00AM-12:00PM
8 Sessions \$88

3518SD St. Paul Ballet Fairview Studio
Thu Apr 10 12:00-1:00PM
8 Sessions \$88



Pay at Registration

Payment for your class is due when you register. Your spot in class will not be reserved until it is paid for in full.

LANGUAGE & WRITING

AMERICAN SIGN LANGUAGE 1

Explore ASL as a visual language and learn how to sign basic words and phrases. We'll cover the ASL American Manual Alphabet and numbers, how to make proper signs, along with word order and how to form sentences. Various lessons on ASL grammar and activities will grow your everyday vocabulary.

T. Sulander

4370SA Tue Apr 8 8 Sessions	Online Course 5:00-6:25PM \$77
4370SB Wed Apr 9 8 Sessions	Online Course 6:30-8:00PM \$77
4370SuA Mon Jun 23 8 Sessions	Online Course 5:00-6:25PM \$77

AMERICAN SIGN LANGUAGE 3.5

This class is focused solely on sharpening expressive and receptive signing skills. No core vocab or lessons are taught, instead each class will cycle through themes where students will have the opportunity to review previous vocab and add more of their own on an individual basis.

T. Sulander

4392SA Tue Apr 8 8 Sessions	Online Course 6:30-8:00PM \$77
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AMERICAN SIGN LANGUAGE 1.5

For those comfortable with the ASL American Alphabet, signing numbers, and basic facial expressions. Focus on developing vocabulary, and refining your ability to put words into sentence structures, further exploring ASL grammar, and a discussion about what makes ASL its own distinct language as opposed to English-based signing systems.

T. Sulander

4390SA Wed Apr 9 8 Sessions	Online Course 5:00-6:25PM \$77
4390SuA Mon Jun 23 8 Sessions	Online Course 6:30-8:00PM \$77

AMERICAN SIGN LANGUAGE 2

Explore the concept of classifying instead of signing, examining specific handshapes. Focus on incorporating time and duration into your sentences, and how to talk in the past and future tenses. Additional vocabulary and grammar/cultural topics will be covered throughout. No class May 26.

T. Sulander

4372SA Mon Apr 7 8 Sessions	Online Course 5:00-6:25PM \$77
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AMERICAN SIGN LANGUAGE 2.5

Prerequisite: Basic understanding of time, tense, and classifiers. Expand your vocabulary with deeper dives into grammatical concepts within ASL. We'll wrap up with a look at the historical path ASL has taken to become the language it is today. No class May 26.

T. Sulander

4391SA Mon Apr 7 8 Sessions	Online Course 6:30-8:00PM \$77
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DANISH 1

This beginning level class focuses on learning the pronunciation of the alphabet and basic, useful words. Learn and practice everyday sentences for basic conversations in social situations, shopping, as visitors in restaurants, and general traveling.

N. Billund

4410SA Tue May 6 5 Sessions	1780 West 7th 6:30-8:30PM \$67
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GERMAN 1

Designed for people with no previous German experience. Learn the basics of listening, speaking, reading, and writing German. Discuss greetings, family, friends, shopping, and food while exploring the culture, people, and language of the German-speaking world! You will need to purchase the text, *Linie 1 A1.1*.

M. Hidy

4411SA Wed Apr 9 7 Sessions	Online Course 6:00-7:30PM \$77
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We offer sliding-fee pricing

We encourage participants to choose the price that they are able to pay. This model helps our programs be financially sustainable and more equitable, offering greater accessibility for our community members.



I'm on a waitlist...now what?

If a class you want is full, we will do our best to help you find an alternative or add you to a waitlist. If a space opens, we will let you know. If it doesn't work out, we always have more classes, so please try again next season!

FRENCH 1

Gain skills in the basics of French, preparing you to have natural conversations in French. Focus will be on present and future tenses. No class May 26.

C. Holmes

4000SA Online Course
Mon Apr 7 6:00-7:25PM
8 Sessions \$77

4000SuA Online Course
Mon Jun 23 6:00-7:25PM
8 Sessions \$77

FRENCH 2

Intended for students who have completed French 1 or equivalent. Further develop proficiency in communicating in French. Review and learn new vocabulary, develop grammar structures, and focus on oral expression. No class May 26.

C. Holmes

4002SA Online Course
Mon Apr 7 7:30-9:00PM
8 Sessions \$77

4002SuA Online Course
Mon Jun 23 7:30-9:00PM
8 Sessions \$77

FRENCH 3

Master the art of the French language in this fun immersion experience! Focus on more complex sentence structure and work towards fluency, building confidence in your conversational skills along the way. No class Aug. 12.

C. Holmes

4005SA Online Course
Tue Apr 8 6:00-7:25PM
8 Sessions \$77

4005SuA Online Course
Tue Jun 24 6:00-7:25PM
8 Sessions \$77

FRENCH CONVERSATION

Vous aimez parler Français? This intermediate class is conducted entirely in French and will include a variety of fun discussion topics such as music, food, film, literature, and current events each week. At least two years of French experience is recommended. Venez nombreux! Laissez les bons temps rouler! No class Aug 12.

C. Holmes

4003SA Online Course
Tue Apr 8 7:30-9:00PM
8 Sessions \$77

JAPANESE 1

Learn basic conversation and expressions while discovering Japanese culture. No class Aug. 12.

T. Shimano

4340SA Online Course
Tue Apr 8 6:00-7:25PM
8 Sessions \$77

4340SuA Online Course
Tue Jun 24 6:00-7:25PM
8 Sessions \$77

JAPANESE 2

Continue your studies of the Japanese language, concentrating on the use of verbs. Knowledge of the Japanese scripts hiragana and katakana is helpful but not required. No class Aug. 12.

T. Shimano

4341SA Online Course
Tue Apr 8 7:30-9:00PM
8 Sessions \$77

4341SuA Online Course
Tue Jun 24 7:30-9:00PM
8 Sessions \$77

JAPANESE 3

Ideal for students who have completed Japanese 2, this class further develops your vocabulary and conversational skills. No class Jul. 3.

T. Shimano

4342SA Online Course
Thu Apr 10 6:00-7:25PM
8 Sessions \$77

4342SuA Online Course
Thu Jun 26 6:00-7:25PM
8 Sessions \$77

JAPANESE CONVERSATION

Focus on conversational Japanese and Japanese culture during free-form discussion. Students must know some hiragana and katakana to read and write. Required Japanese 3 or equivalent. No class Jul. 3.

T. Shimano

4343SA Online Course
Thu Apr 10 7:30-9:00PM
8 Sessions \$77

4343SuA Online Course
Thu Jun 26 7:30-9:00PM
8 Sessions \$77



= New Class



= Online Class



= Daytime Class

LANGUAGE & WRITING

SPANISH 1

¡Hola! Designed for those taking Spanish for the first time or for those who simply need a refresher. Class covers basic conversation and the 100 most commonly used regular verbs. Fee includes a Spanish booklet. No class Aug. 12.

S. Rios

4360SA Tue Apr 8 8 Sessions	Como Park HS 6:00-7:25PM \$77	4360SuA Tue Jun 24 8 Sessions	1780 West 7th 6:00-7:25PM \$77
4360SB Wed Apr 9 8 Sessions	Central HS 6:00-7:25PM \$77	4360SuB Wed Jun 25 8 Sessions	Global Arts Plus Upper 6:00-7:25PM \$77

SPANISH 2

For students who have completed Spanish 1.5 or have a good handle on the simple verb tenses. Focus on compound perfect tenses, the conjugation of verbs, and the writing of sentences. Fee includes a Spanish booklet.

S. Rios

4365SA Wed Apr 9 8 Sessions	Central HS 7:30-9:00PM \$77	4365SA Wed Apr 9 8 Sessions	Central HS 7:30-9:00PM \$77
4364SuA Wed Jun 25 8 Sessions	Global Arts Plus Upper 7:30-9:00PM \$77		

SPANISH 3

Immerse yourself in the Spanish language in this intensive class intended for students with the equivalent of at least four years of high school Spanish, some college Spanish, or time spent in a Spanish-speaking country. Taught entirely in Spanish to increase fluency, refine your conversational skills, and review grammar. Fee includes a Spanish booklet.

S. Rios

4365SA Wed Apr 9 8 Sessions	Central HS 7:30-9:00PM \$77
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SPANISH 1.5

A continuation of Spanish 1, this is designed for those who have had HS or some college-level Spanish and want to work on sentence writing and conversation. Learn grammatical rules and conjugation of 100 regular and irregular verbs. Fee includes a Spanish booklet. No class Aug. 12.

S. Rios

4361SA Tue Apr 8 8 Sessions	Como Park HS 7:30-9:00PM \$77
4361SuA Tue Jun 24 8 Sessions	1780 West 7th 7:30-9:00PM \$77

SPANISH CONVERSATION

Best for people who have a basic understanding of the Spanish language and want to refresh or enhance their conversation skills. Highly interactive and discussion based. Content changes each session, so whether you're taking this class for the first time or returning, all are welcome!

B. Lotterman

4386SA Tue Apr 15 5 Sessions	Como Park HS 6:45-8:00PM \$53
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WRITING & POETRY

EXPLORING THE ART OF PERSONAL WRITING

Writing is an important, accessible art form, and the awareness that comes with it expands the creative process. Explore various writing genres, from journals to letters, memoir to poetry, and essay to fiction, to help discover your distinctive voice and style. Bring a journal, your favorite pen, and your imagination.

P. Blau

4400SA Mon Apr 14 5 Sessions	Global Arts Plus Upper 7:00-8:30PM \$57
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AN INVITATION TO WRITE

We are all creative and have a story to tell, but where do we begin? Motivate the writer in you, and discover your own writing voice and style. Great for beginning writers and those who want to restart the practice of writing. Bring your journal and favorite pen!

P. Blau

4405SuA Mon Jun 23 1 Session	Global Arts Plus Upper 7:00-8:30PM \$25
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POETRY FOR BELONGING

Feeling accepted and at home with oneself, others, and the environment can greatly affect one's well being. Poetry can explore and deepen this sense of belonging. Class time will be split between group reflection on selected poems and writing your own poetry.

A. Tuttle

4408SA Mon Apr 21 5 Sessions	Central HS 6:30-7:30PM \$39
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WORDS IN THE WOODS

Read and reflect on poems inspired by the wonderful outdoors, while on a guided walk through the woods. After both group and individual time to wander, discover what words the woods inspire you to write.

A. Tuttle

4406SA Sat May 17 1 Session	Crosby Farm Regional Park 10:00-11:30AM \$21
4406SuA Sat Aug 2 1 Session	Crosby Farm Regional Park 10:00-11:30AM \$21



Take virtual tours through the solar system and beyond at our public events!

ONE WORLD, ONE SKY: BIG BIRD'S ADVENTURE!

Join Big Bird and Elmo on a trip to the moon with their friend Hu Hu Zhu! Learn about our night sky and where to find planets, constellations, and other unique astronomical events!! This program is for younger audiences.

CP30	Como Elementary
Sat Mar 15	9:30-10:15AM
1 Session	\$6/person
Children 3 and under are Free	
CP31	Como Elementary
Sat Mar 15	10:30-11:15AM
1 Session	\$6/person
Children 3 and under are Free	

SOLAR SYSTEM TOUR FEATURING MARS!

Enjoy a tour of the Solar System with special attention to Mars. See images of Martian landscapes, hear about recent discoveries, and learn about upcoming research on the red planet. This includes the film *Mars: The Ultimate Voyage*. This program is for general audiences.

CP32	Como Elementary
Sat Mar 15	11:30AM-12:30PM
1 Session	\$8/person
Children 3 and under are Free	

NASA SPACE MISSIONS

Take a thrilling journey through the cosmos exploring incredible, publicly funded space missions. From Mars rovers to distant probes, see how space exploration can push the boundaries of human knowledge and discovery! This program is for general audiences.

CP33	Como Elementary
Tue Apr 15	6:00-6:50PM
1 Session	\$8/person
Children 3 and under are Free	
CP34	Como Elementary
Tue Apr 15	7:00-8:00PM
1 Session	\$8/person
Children 3 and under are Free	

STAR PARTY!

The Como Planetarium is 50 years old! Celebrate this birthday with a free community star party. See some of the original equipment, view a classic planetarium film, and celebrate the continuation of unique science education in Saint Paul. This event includes activities for all ages, telescopes, and the Planetarium of course! This free event will happen rain or shine.

CP50	Como Elementary
Thu Apr 17	6:30-8:30PM
1 Session	FREE

CONSTELLATIONS: PATTERNS AND MYSTERIES

Have you wondered why your zodiac sign might not match the stars? This science-based journey through the night sky will explore Greco-Roman constellations. Learn the fascinating reasons behind the mix-up and rediscover the stars! This program is for general audiences.

CP35	Como Elementary
Tue May 13	6:00-6:50PM
1 Session	\$8/person
Children 3 and under are Free	

CP36	Como Elementary
Tue May 13	7:00-8:00PM
1 Session	\$8/person
Children 3 and under are Free	

PLANET FEATURE: VENUS

How close do you want to get to the hottest planet in the Solar System? Explore the challenges of studying Venus and what we can learn from this rocky planet full of extremes! This program includes a planetarium film and is designed for general audiences.

CP37	Como Elementary
Tue Jun 3	6:00-6:50PM
1 Session	\$8/person
Children 3 and under are Free	

CP38	Como Elementary
Tue Jun 3	7:00-8:00PM
1 Session	\$8/person
Children 3 and under are Free	

Check the website for details and the latest updates.
spps.org/planetarium

FIND US ON
FACEBOOK!



= New Class



= Online Class



= Daytime Class

HOME MAINTENANCE

BASIC ELECTRICAL

Explore how electricity works in your home and learn to do simple repairs yourself. Discuss safety procedures when working with and around electricity. Learn about the different types of wire and circuit breakers, light switches and wall receptacles and how to replace them. Understand the tools needed, testing devices and their uses, and how to test circuits.

P. Schwartz

6805SuA Wed Jul 16 1 Session	Global Arts Plus Upper 6:00-8:30PM \$29
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TOILET INSTALLATION AND REPAIR

Do basic home toilet repairs yourself! Topics include: toilet removal, installation and repairs, the different types of sewer pipes used and maintenance. Learn the tools and strategies you'll need to do the job.

P. Schwartz

6300SuA Wed Jul 9 1 Session	Global Arts Plus Upper 6:00-8:30PM \$29
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ELECTRICAL CIRCUITS

Learn to do basic home electrical wiring repairs. Explore the different types of wire and circuit breakers, light switches and wall receptacles and how to replace them; and wire three different types of circuits and learn how to test them.

P. Schwartz

6200SuA Mon Jun 23 2 Sessions	1780 West 7th 6:00-9:00PM \$41
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6200SuB Wed Jul 23 2 Sessions	Global Arts Plus Upper 6:00-9:00PM \$41
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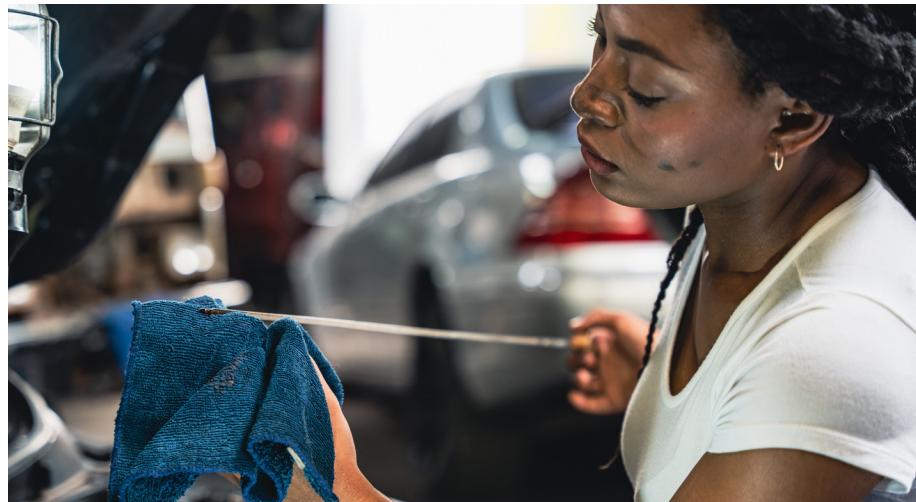
BASIC FAUCET AND SINK MAINTENANCE

Stop your money from going down the drain – fix that leaking faucet yourself! Emphasis on sinks, faucets and tubular drainage, as well as what tools you need to do the job right. The class includes some hands-on opportunities.

P. Schwartz

6303SuA Wed Jun 25 1 Session	Global Arts Plus Upper 6:00-8:30PM \$29
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VEHICLE MAINTENANCE



ROUTINE/PREVENTATIVE VEHICLE MAINTENANCE

Keep your vehicle running in tip top shape. Become skilled in how to check your vehicle fluids, when parts are good or bad, and what you're seeing when you look under the hood.

N. Martin

6205SA Wed Apr 9 1 Session

Harding HS 6:00-8:00PM \$51

6205SB Wed May 7 1 Session

Harding HS 6:00-8:00PM \$51

CHANGING YOUR OIL

Save time and money by changing your own oil! Learn about types of oil and oil filters, and how to change the oil on your own vehicle (and others too!).

N. Martin

6203SA Wed Apr 16 1 Session	Harding HS 6:00-8:00PM \$51
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CHANGING VEHICLE BRAKES

Discover how to change disc brakes on your vehicle. Receive information on brake pad material, what to use, and directions on how to change brakes on your car.

N. Martin

6204SA Wed Apr 30 1 Session	Harding HS 6:00-8:00PM \$51
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GARDENING

 ADVANCED VEGETABLE GARDENING

Designed for gardeners who have experience growing vegetables. Dig into some of the advanced techniques to take your vegetable garden to the next level by improving your growing conditions, extending the growing season, and increasing your total harvest.

Ramsey County Master Gardeners

6068SA	Online Course 6:30-8:00PM	1780 West 7th
Wed Apr 23		6:00-8:30PM
1 Session	\$18	\$25

 PLANTING FOR POLLINATORS

Pollinators are critical to a healthy environment and many native species are in jeopardy. Learn what you can do at home to create healthy habitats for native bees and butterflies.

Ramsey County Master Gardeners

6081SuA	Online Course 6:30-8:00PM	1780 West 7th
Wed Jun 25		6:00-8:30PM
1 Session	\$18	\$25

 HERB GARDENING

Herbs pack a lot of flavor that help improve the taste of food. It's thyme you got to know them better! Learn about herbs commonly used in cooking and how you can grow and use them year-round!

Ramsey County Master Gardeners

6032SA	Online Course 6:30-8:00PM	1780 West 7th
Wed May 21		6:00-8:30PM
1 Session	\$18	\$25

 NEW FOOD SAVING: PICKLING GIARDINIERA

Save, store, and preserve seasonal fruits and vegetables to enjoy the best flavors and highest nutrition for as long as possible. Relish this hands-on experience pickling your own jar of pickles and learn the methods to preserving foods using vinegar and salt.

Ramsey County Master Gardeners

6089SuA	1780 West 7th	1780 West 7th
Tue Jul 22		6:00-8:30PM
1 Session	\$25	\$25

 NATIVE PLANT GARDENING

Identify native plant species and get ideas for using these plants in your landscape, plus information on how to design, install and maintain a native plant garden.

Ramsey County Master Gardeners

6372SuA	Online Course 6:30-8:00PM	1780 West 7th
Wed Jul 23		6:00-8:30PM
1 Session	\$18	\$18

 NEW FOOD SAVING: SAUERKRAUT FERMENTATION

Discover fermentation as a way to preserve foods using friendly microbes and time. Save, store, and preserve seasonal fruits and vegetables to enjoy the best flavors and highest nutrition for as long as possible. Leave with a jar of sauerkraut you've made yourself!

Ramsey County Master Gardeners

6090SuA	1780 West 7th	1780 West 7th
Thu Aug 21		6:00-8:30PM
1 Session	\$25	\$25

 FALL INTO WINTER

Learn how to put your garden to bed for the season with information on caring for gardens and landscapes between September and February.

Ramsey County Master Gardeners

6000SuA	Online Course 6:30-8:00PM	1780 West 7th
Wed Aug 27		6:00-8:30PM
1 Session	\$18	\$18

PROPAGATING SUCCULENTS

Dive into the delightful world of succulents by learning how to make more! Even if you lack a green thumb, you can learn to successfully propagate succulents and keep them healthy. Starter plant and materials included.

M. O'Brien

6210SuA	1780 West 7th	1780 West 7th
Tue Jul 1		6:00-8:30PM
1 Session	\$45	\$45

HOME DECOR

 ROOM RENEW: INTERIOR DESIGN WORKSHOP

Renew a room or your entire home through steps which can be used time and time again. Gain the skills to draw a basic space plan, put pieces in place, and deep clean. We'll create an inspiration board and discuss finding quality furnishings while learning styles and color psychology.

R. Levi

6213SA	Humboldt Secondary	1780 West 7th
Sat Apr 26		6:30-8:00PM
2 Sessions	\$47	\$47

6213SuA	1780 West 7th	1780 West 7th
Thu Jul 10		6:30-8:00PM
2 Sessions	\$47	\$47

 LIVING WITH ART

Hear an overview of how to purchase and acquire original art for your home or office. Explore different art mediums; buying from galleries, auctions, and sales; how to purchase or commission an artist for an original piece; and framing, displaying, storing, and caring for art once owned.

B. Whitehead

6214SA	Humboldt Secondary	1780 West 7th
Sat May 10		9:30-11:30AM
1 Session	\$26	\$26



Register early!

Our classes need a minimum enrollment to run. We cancel low-enrollment classes 3-5 business days out. So don't wait - register early!

FREE CLASSES FOR ADULTS

LEARN AT HUBBS

LEARN AT HOME



ENGLISH • GED
MATH • JOB TRAINING
COLLEGE PREP



Hubbs Center was voted Minnesota's Best Adult Learning Program in 2022, 2023, and 2024 by Star Tribune Readers' Choice.

ESPAÑOL

CLASES GRATUITAS

DE INGLÉS PARA ADULTOS!

Tiene que venir a uno de nuestros lugares para inscribirse antes de que usted pueda asistir a las clases. La inscripción toma dos a tres horas.

Las horas de inscripciones (no se necesita cita):

- Lunes y Miércoles: Hubbs Center
- Martes y Jueves: Hub@Harding

Para más información para clases en Hubbs Center y otros sitios,

Llame a 651-290-4822
Text 651-560-6425

ENGLISH

FREE CLASSES FOR ADULTS

We offer in-person and online classes in the morning, afternoon and evening.

Classes include English language, GED, job training, college readiness, and more.

For more information about classes at the Hubbs Center or our other sites, call 651-290-4822.

SOOMAALI

FASALADA DADKA WAAEYN

WAA LACAQ LA AAN

Baro sida loogu hadlo, loo akhriyo loona qoro luuqadda Ingiiska. Faslalada Waxaa la qalaa subaxdii, duhurkii iyo makhrubkii. Wuxa kale oojira Fasala shahaado dugsiga sare, iyo fasalo diyaarin shaqo iye Jaamacad.

- Isniin ama Arbacada: Hubbs Center
- Talaado ama Khamiis: Hub@Harding

Wixii faahfaahin dheeraad ah oo ku saabsan galaasyada Hubbs Center ama kuwa kale oo lamidka ah faldalan nagala soo xiriir

Taleefanka 651-290-4822

Text 651-560-6425

ကဲညီကျို့

တုမေလိကလိကိုလာဝါကျို့ လာပူနိုတုဗိုလ်ပုံအကိုင်

တုမေလိကတိဖော်လို့ကိုလာဝါကျို့
ပထိနိုင်းတို့ကလိုကိုမြန်မာရိုးဟော်
ပထိနိုင်းတို့အား GED
မှတ်အတမ္မာစီတို့ကိုလိုက်တော်၊ တုမေလိကလိုက်တော်၊
မြန်မာရိုးအတိုင်းတို့ကလိုက်တော်၊ မြန်မာရိုးအတိုင်းတို့ကလိုက်တော်၊

မြန်မာရိုး & မြန်မာရို့
ခံနှုန်း-တာဆိတာနှုန်းတို့
& ခံနှုန်း-ယန်နှုန်း

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& ခံနှုန်း-ယန်နှုန်း
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HMOOB

QHIA NTAVV ASKIV PUB DAWB

RAU COV LAUS!

Kawm hais lus, nyeem, thiab sau ntawv Askiv.

Muaj kawm sawv ntxov, tav su, thiab tsaus ntuj.

Peb tseem muaj qhia nej kawm kom tau neej daim GED, thiab qhia npaj nej koj nej txawm mus nrhia tau haujlmw ua thiab npaj nej mus kawm College ntxiv thiab.

- Monday thiab Wednesday: Hubbs Center
- Tuesday thiab Thursday: Hub@Harding

Xav paub ntxiv txog cov hoob kawm nyob Hubbs Center thiab lwm qhov chaw,

hu rau 651-290-4822
Text 651-560-6425

Call 651.290.4822
Text 651.560.6425
or visit
hubbs.spps.org



HUBBS CENTER
Adult Basic Education
SPPS COMMUNITY EDUCATION

AMERICAN HEART ASSOCIATION | CPR/AED | FIRST AID

AMERICAN HEART ASSOCIATION ADULT AND PEDIATRIC CPR/AED

Gain the knowledge and skills necessary to recognize and provide basic care for breathing and cardiac emergencies until advanced medical personnel arrive. This nationally recognized American Heart Association course certifies individuals in CPR/AED for adults, children and infants, and is valid for two years.

HeartCert CPR

5512SA Mon May 5 1 Session	Central HS 6:00-8:30PM \$83
5512SuA Mon Jun 23 1 Session	Global Arts Plus Upper 6:00-8:30PM \$83

AMERICAN HEART ASSOCIATION FIRST AID

First Aid covers any emergency that does not require the use of CPR. Topics covered in this American Heart Association course include recognition and treatment of heart attacks, strokes, diabetic emergencies and allergic reactions, as well as first aid treatments for wounds, fractures, burns and other common injuries.

HeartCert CPR

5515SA Wed May 7 1 Session	Central HS 6:00-9:00PM \$83
5515SuA Wed Jun 25 1 Session	Global Arts Plus Upper 6:00-9:00PM \$83

BREAKING THROUGH:
WHAT'S HOLDING YOU BACK?

Ever feel stuck, like life isn't quite working out the way you want it? Join 'Breaking Through' and explore the unseen barriers holding you back. Uncover, understand, and breakdown these barriers with easy simple steps so you can start turning things around.

V. Petit

5164SA Wed Apr 16 1 Session	Online Course 5:30-6:30PM \$35
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DECISION FATIGUE: LESS OVERWHELM, BETTER RESULTS

Does decision-making leave you stressed and tired? Learn how beating decision fatigue can help you feel more relaxed and confident in your smarter decisions!

V. Petit

5163SA Tue Jun 3 1 Session	1780 West 7th 5:30-6:30PM \$35
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DECLUTTER YOUR MIND

Stop wasting energy on worries beyond your control! Learn to identify and eliminate these draining worries by developing awareness of what you can influence and what you cannot. Break the cycle of feeling overwhelmed.

V. Petit

5235SA Mon May 5 1 Session	Online Course 5:30-6:30PM \$35
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DEVELOPING INTUITION

Everyone is born with the natural ability to access intuition. Reconnect with your inner voice, learn how to tell the difference between intuition and wishful thinking, and how to read your body's intuitive signals. Discover easy, practical steps that can be used in making everyday decisions.

V. Juster

5598SuA Tue Jul 29 1 Session	Online Course 6:30-8:00PM \$35
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INFUSING FUN: BRING PLAYFULNESS BACK

Explore which areas of your life are craving playfulness. Rediscover the art of joy, one playful step at a time. Experience enhanced well-being and relationships, increased positivity, and a revived sense of fulfillment.

V. Petit

5165SuA Wed Aug 13 1 Session	Global Arts Plus Upper 6:00-7:30PM \$35
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NEW BUILD STRONGER BONES:
EDUCATION, MOVEMENT,
STRENGTH

Whether you've been diagnosed with osteopenia or osteoporosis, or simply want to take a proactive approach to prevent bone loss, you'll leave this interactive class with the knowledge and tools to take control of your bone health.

H. Strom

5002SuA Wed Aug 6 1 Session	Global Arts Plus Upper 6:30-8:00PM \$35
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NEW EMPOWERED THROUGH PERIMENOPAUSE AND MENOPAUSE: YOUR PATH TO THRIVING HEALTH

Embrace this transformative stage of life with confidence! Designed for women in their 30s, 40s, 50s and beyond, who want to learn about the physical and emotional changes that come with perimenopause and menopause. Uncover key insights to optimizing your wellbeing including: hormonal fluctuations, bone health, pelvic floor function, brain health and more.

H. Strom

5001SA Wed Apr 9 1 Session	Global Arts Plus Upper 6:30-8:00PM \$35
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HEALTH & WELLNESS

POSTURE & OSTEOPOROSIS: BUILDING BETTER BONES

Discover simple techniques to improve posture and stand straighter instantly. Learn core exercises to help flatten your upper back, un-round your shoulders, and flatten your midsection. Discuss the risk of osteoporosis and related injuries and how to regain bone mass, as well as foods that help and harm your bones. Wear loose, comfortable clothing.

J. Novak

5532SA	Online Course
Mon May 19	6:00-7:30PM
1 Session	\$35

PELVIC FLOOR 101

Attain a deep understanding of the pelvic floor muscles. Identify, activate, and properly coordinate these muscles through guided exercises and techniques. Leave with the knowledge and tools to address common pelvic floor issues, helping you to feel more confident and in control of your body.

A. Lopez

5000SA	Humboldt Secondary
Sat Apr 12	9:30-11:30AM
1 Session	\$33

INTRO TO KI AIKIDO - WORKSHOP

Ki Aikido is a modern Japanese martial art that emphasizes peaceful resolution of conflict. Ki Development trains unity of mind and body through relaxation, breathing, and movement exercises that promote your natural ability to respond to stress and conflict. Practice body-mind exercises such as falling safely, to train physical and mental focus, connection, and stability for daily life.

K. Welge, MN Ki Society

5601SuA	Minnesota Ki Aikido
Mon Aug 4	6:00-8:00PM
1 Session	\$29

INTRO TO MEDITATION

Try meditation from the comfort of home. Experience a relaxing body scan meditation; a calming and easy way to experience letting stress and tension go. Plan to log on a few minutes early.

V. Juster

5596SA Tue Apr 29 1 Session	Online Course 6:30-7:00PM \$5	5596SuB Tue Jul 15 1 Session	Online Course 6:30-7:00PM \$5
5596SB Tue May 20 1 Session	Online Course 6:30-7:00PM \$5	5596SuC Tue Aug 12 1 Session	Online Course 6:30-7:00PM \$5
5596SuA Tue Jun 24 1 Session	Online Course 6:30-7:00PM \$5		

TASTE OF THE TREES (1 HOUR SHINRIN YOKU)

Experience an hour-long class introducing the gentle Japanese practice of shinrin-yoku, or "forest bathing," in one of St. Paul's lovely urban parks. Engage your senses and accept the invitation to connect with yourself, the land, and the community.

Natural Awareness

5656SA Fri Apr 25 1 Session	Crosby Farm Regional Park 6:00-7:00PM \$17
5656SB Sun May 11 1 Session	Crosby Farm Regional Park 10:00-11:00AM \$17
5656SuA Fri Jul 18 1 Session	Como Outdoor Woodland Classroom 6:00-7:00PM \$17
5656SuB Sat Aug 2 1 Session	North Mississippi Regional Park 1:00-2:00PM \$17

ACUPRESSURE TO RELIEVE MIGRAINE

Discover acupressure, a technique that stimulates energy flow through key body points to relieve migraines, headaches, nausea, and vertigo. Learn how to massage specific points for natural, side-effect-free relief and improved well-being.

J. Novak

5167SA Wed Jun 4 1 Session	Online Course 6:00-7:30PM \$35
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WALKING WITH THE WOODS: GUIDED FOREST BATHING

Awaken your senses and connect deeply to nature around and within you. Experience a guided, meditative walk based on the Japanese practice of shinrin-yoku, or "forest bathing" in one of St. Paul's lovely urban parks. Walks occur rain or shine; dress for the weather.

Natural Awareness

5594SA Thu May 15 1 Session	Hidden Falls Regional Park 6:00-8:00PM \$31
5594SuA Sat Aug 9 1 Session	Como Outdoor Woodland Classroom 9:00-11:00AM \$31
5594SuB Sat Jun 28 1 Session	Fort Snelling State Park 2:00-4:00PM \$31

FACE YOGA

Strengthen and tone your facial muscles with simple exercises that reduce lines, lift and firm, improve circulation, and rejuvenate your face. Benefits include a smoother neckline, fuller cheeks, reduced puffiness, and improved lymph flow. Bring a teaspoon and your favorite moisturizer for this class!

J. Novak

5634SA Mon May 12 1 Session	Online Course 6:00-7:30PM \$35
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**Be sure to check
the website**

Classes can be added throughout the season. Be sure to check the website for the most current offerings.



DUNGEONS AND DRAGONS ADVENTURE

Perfect for experienced players and newcomers alike! Let our Professional Game Master take you on a *Dungeons and Dragons* journey, designed to be completed in a single play session. Adventure sessions are the perfect opportunity to familiarize yourself with the world of D&D and try out new character ideas!

Badwolf Adventure Studios

4662SB	1780 West 7th
Thu May 29	6:30-8:30PM
1 Session	\$31
4662SuA	1780 West 7th
Thu Aug 14	6:30-8:30PM
1 Session	\$31

LEARN-TO-PLAY DUNGEONS AND DRAGONS

Learn everything you need to enjoy tabletop gaming & 5th Edition *Dungeons and Dragons*. This beginner-friendly adventure experience includes character creation, and basic rules. You need nothing to play. Simply show up and we'll take care of the rest!

Badwolf Adventure Studios

4662SA	1780 West 7th
Mon Apr 21	6:30-8:30PM
1 Session	\$31
4662SuB	Global Arts Plus Upper
Mon Jun 30	6:30-8:30PM
1 Session	\$31

DUNGEONS AND DRAGONS ADVENTURE (ADULT+CHILD)

One adult and one child, ages 10-15. Register under the child's name. Take a *Dungeons and Dragons* journey together led by a Professional Game Master. Familiarize yourself with the world of D&D and try out new character ideas in a single-play session.

Badwolf Adventure Studios

4662SC	Humboldt Secondary
Sat May 17	9:30-11:30AM
1 Session	\$59 Adult/Child pair
4662SuC	1780 West 7th
Thu Jul 24	6:30-8:30PM
1 Session	\$59 Adult/Child pair

LEARN-TO-PLAY DUNGEONS AND DRAGONS (ADULT + CHILD)

One adult and one child, ages 10-15. Register under the child's name. Learn the ins and outs of this classic tabletop role-playing game together! Create a character and enjoy a short segment of gameplay. Math, team-building, and critical thinking skills are highlighted throughout the session.

Badwolf Adventure Studios

4662SD	Humboldt Secondary
Sat Apr 12	9:30-11:30AM
1 Session	\$59 Adult/Child pair
4662SuD	Global Arts Plus Upper
Mon Jun 23	6:30-8:30PM
1 Session	\$59 Adult/Child pair

EASY TAROT

Have you dabbled with tarot cards but never really found the best method for learning how to read them? Discover everything from how to read patterns in the deck, tarot spreads, proper card handling, and how to intuitively connect with the cards. No prior experience necessary.

C. Parkinson

4645SA	Humboldt Secondary
Sat May 3	9:30-11:30AM
1 Session	\$22

INTERMEDIATE TAROT PRACTICE GROUP - THE MAJOR ARCANA

Explore symbolism of the tarot cards, different ways to deepen your understanding of the tarot, including meditation and journaling, and how to use the tarot in readings for self and others. Perfect for those who took the Easy Tarot class or who have a basic understanding and some experience with tarot.

C. Parkinson

4646SA	Humboldt Secondary
Sat May 17	9:30-11:30AM
1 Session	\$22



= New Class



= Online Class



= Daytime Class

SPECIAL TOPICS



💡 FAMILY PUZZLE COMPETITION!

Assemble a group of 4 for a morning of fun at Community Education's First Annual Family Jigsaw Puzzle Competition! Teams must have at least one member over 18 years of age and at least one member under 18 years of age. Registration price includes all 4 team members. The first team to successfully complete their 500-piece puzzle and have it approved by the judges will win the competition. Prizes will be awarded to the 1st, 2nd and 3rd place teams.

C. Schreiner Smith

6603SA
Sat Apr 26
1 Session

Washington Tech
9:00AM-12:00PM
\$56

GAMES THAT GO BUMP IN THE NIGHT

These aren't your standard board and card games! Each week play a different game filled with mystery, thrills, and strategy. Games include Letters From White Chapel, Last Friday, Cavendish and more! Be ready for terrifying twists and turns as you develop the dark art of deduction and strategy, and excitement to share new games with friends.

D. Underbakke

4669SA
May 6
3 Sessions

Como Park HS
6:00-8:00PM
\$32

SPEED JIGSAW PUZZLING FOR FUN AND COMPETITION!

Try speed puzzling techniques, different styles of puzzles, and even practice working as a team with others who love puzzles. Receive resources to find more places to puzzle for fun or competition. Each class includes time to practice puzzle assembly skills.

C. Schreiner Smith

4661SA
Wed Apr 9
3 Sessions

Global Arts Plus Upper
6:30-8:30PM
\$33

💡 WILDLIFE TRACK AND SIGN

Through the ancient science of tracking, identify footprints and other signs left by animals on the landscape, and come to understand details of their lives. Discover how to identify common local species, as well as ways to practice and connect with other trackers to improve your skills. Class is outdoors.

K. Welge

4660SA
Sat Apr 19
1 Session

Carl W. Kroening Nature Center
9:00AM-12:00PM
\$31

4660SuA
Sat Jun 28
1 Session

Fort Snelling State Park
9:00AM-12:00PM
\$31

4660SB
Sun May 4
1 Session

Carl W. Kroening Nature Center
9:00AM-12:00PM
\$31

4660SuB
Sat Aug 2
1 Session

Carl W. Kroening Nature Center
9:00AM-12:00PM
\$31

AMERICAN MAHJONG FOR BEGINNERS

Catch on to American Mahjong! Learn the tiles, understand the basics, ask questions, and get plenty of practice! Leave class with a love of "Mahj" and the skills to play!

M. Boss

4668SA
Sat May 31
2 Sessions

Humboldt Secondary
9:00AM-12:00PM
\$37

4668SuA
Mon Jul 7
2 Sessions

1780 W 7th
5:30-8:30PM
\$37



Sorry, no same-day registration

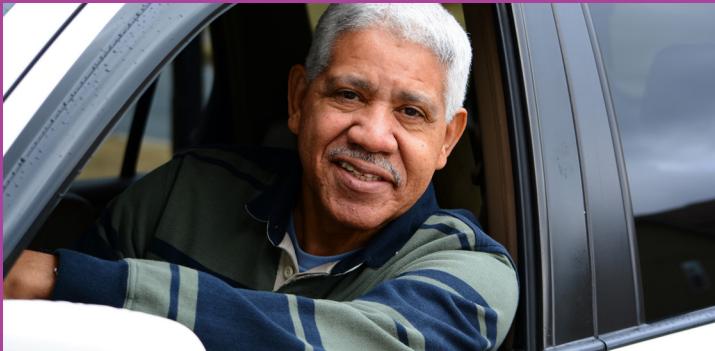
We cannot accommodate same-day registrations. Registration and payment must be received at least 24 hours before the start of class.



We offer sliding-fee pricing

We encourage participants to choose the price that they are able to pay. This model helps our programs be financially sustainable and more equitable, offering greater accessibility for our community members.

55+ DISCOUNT DRIVING



55+ DRIVER DISCOUNT PROGRAM

For motorists 55 years of age and older. Explore changes in traffic laws and traffic safety, the latest vehicle technology, and easy-to-use defensive driving and accident-prevention tips. Completion of these courses will produce approximately a 10% decrease in your car insurance.

All classes are taught by the Precision Driving Center of Minnesota.

⌚ 5626SB Wed May 7 1 Session	Wheelock Early Education 10:00AM-2:00PM \$24	5626SA Thu Apr 10 1 Session	1780 West 7th 4:30-8:30PM \$24	5626SE Thu May 1 1 Session	1780 West 7th 4:30-8:30PM \$24
⌚ 5626SC Fri May 16 1 Session	Rondo Community Library 12:00-4:00PM \$24	⌚ 5626SF Sat Apr 19 1 Session	Humboldt Secondary 8:00AM-12:00PM \$24	⌚ 5626SG Mon Jun 2 1 Session	Hallie Q Brown Community Center 12:00-4:00PM \$24
⌚ 5626SD Wed May 21 1 Session	Sun Ray Library 12:00-4:00PM \$24				

**WE'RE
HIRING!**

**discovery
club**

SPPS Community Education



St. Paul Schools is in search of quality staff for part-time work in our Discovery Club child care program.

- Competitive hourly pay starting at \$18/hour
- Eligibility for stipend through the Great Start Compensation Grant offered by the Department of Human Services
- Part-time shifts available between 1:30-5:30pm
- Monday - Friday Only. No weekends.

LEARN MORE AND APPLY

SPPS.ORG/DISCOVERYCLUB



ADULTS WITH DISABILITIES



The Adults with Disabilities Program offers a variety of activities for adults with developmental disabilities where participants can explore interests, interact with peers, learn new skills and have fun! Join us for events that include bingo, cooking, crafts, karaoke, field trips, and more added throughout the year. For a full listing of current activities visit commed.spps.org/ce_awd or call 651-767-8179 for more information.

Please note:

- All classes have a FREE option. See online listings or mention when registering.
- Preregistration is required for all activities.
- Participants who require one-on-one personal attention for physical and/or behavioral issues, or medication administration, must be supervised by a caregiver.
- If a behavioral incident occurs, a caregiver may be required to accompany the participant to all future activities.

AWD25: BINGO FUN!

B-I-N-G-O spells F-U-N! On the prize table you will find a variety of treats and gifts!

AwD25_Apr9	1780 West 7th
Wed Apr 9	6:30-8:30PM
1 Session	\$8

AWD25: COOKING: CHICKEN SHAWARMA RICE BOWL

Shawarma is a popular street food in the Middle East. Our version combines marinated chicken, herbs and spices, rice and a cucumber salad, all topped off with a yogurt sauce.

AwD25_Apr16	1780 West 7th
Wed Apr 16	6:30-8:30PM
1 Session	\$8

AWD25: CRAFT: EARTH DAY BIRD SEED ORNAMENTS

Our fine feathered bird friends will be so happy when our birdseed ornaments are finished! Take yours home and hang them outside, so you can watch the birds enjoy their treats.

AwD25_Apr23	1780 West 7th
Wed Apr 23	6:30-8:30PM
1 Session	\$8

AWD25: POPCORN AND A MOVIE

Join your friends for a relaxing evening watching movies. Drinks and popcorn provided. We'll have a couple of movie choices and vote on what to watch!

AwD25_Apr30	1780 West 7th
Wed Apr 30	6:30-8:30PM
1 Session	\$8

AWD25: PROM!

Dress your best, because we are going to prom! We'll meet at 1780 and take a bus to Apple Valley, where we'll dance the night away with friends from around the metro area!

AwD25_May9	Valley MS
Fri May 9	6:00-9:30PM
1 Session	\$10

AWD25: COOKING: LOC LAC CAMBODIAN BEEF

Loc Lac, which is also called Shaking Beef, was originally a Vietnamese staple. Over time, the recipe spread to Cambodia, where it is so popular that it is often considered to be their national dish. We'll make our Loc Lac with steak and vegetables and serve it with a lime dipping sauce and rice.

AwD25_May14	1780 West 7th
Wed May 14	6:30-8:30PM
1 Session	\$8

AWD25: DODGE NATURE CENTER FARM TOUR

Meet us at Dodge Nature Center for a fun farm tour. We'll meet all kinds of animals and learn about their behavior and care. After the farm tour, you are free to walk the trails, if you would like. Caregivers/Adult friends must register as well, so we have a full count of all people attending. You will need your own transportation.

AWD25_May21	Dodge Nature Center
Wed May 21	5:30-7:30PM
1 Session	\$8

AWD25: SAINT PAUL SAINTS GAME

Game day! Watch the Saint Paul Saints baseball team take on the Louisville Bats. Each participant is allowed only one accompanying caregiver/friend. Caregivers/friends must register as well. We will only have tickets for people registered in this session. There will be food trucks and a super fireworks show after the game!

AWD25_Jun28	CHS Field
Sat Jun 28	5:15-10:00PM
1 Session	\$10

More opportunities will be added for summer. Check our website for new offerings!

ACTIVITY RATING SYSTEM

The Activity Rating is an approximate guide to help participants judge the activity level of a tour. If you're unsure if a program is right for you, please call the Community Education Office at **651-767-8179**.

- 1** Boarding transportation and entering buildings.
- 2** Walking short distances, some standing.
- 3** Walking moderate distances with some steps and/or stairs and standing.
- 4** Extensive walking, stairs and standing.
- 5** High-impact physical activities.

FROG WALK

Enjoy an evening stroll around Belwin's Bulrush Slough while listening for the spring calls of our native frogs and maybe a Timberdoodle too! (Spring Peepers, Wood Frogs, Chorus Frogs) Dress for the weather.

Belwin Conservancy

Tour Activity Rating: 3	
6075SA	Belwin Conservancy - Education Site
Mon May 5	7:30-9:00PM
1 Session	\$31

MINNESOTA MUSHROOMS

Have a "cap"-tivating time learning about Minnesota's most common mushrooms! Leave with the knowledge to find and identify mushrooms on your own, including some choice edibles, as well as the best practices for foraging.

Belwin Conservancy

Tour Activity Rating: 4	
6075SuA	Belwin Conservancy - Education Site
Sat Jun 21	3:00-4:30PM
1 Session	\$31

6075SuB	Belwin Conservancy - Education Site
Sat Aug 9	3:00-4:30PM
1 Session	\$31

BISON AT BELWIN

Bison are the largest grazing mammal in the United States and key to a healthy prairie. Learn why a bison herd exists, the benefits bison bring to a prairie, see bison artifacts, walk on the prairie, and get an up-close look at these amazing animals from the custom-made bison buggy.

Belwin Conservancy

Tour Activity Rating: 3	
8079SuA	Belwin Conservancy - Bison Observation Deck
Wed Jun 25	5:30-7:30PM
1 Session	\$59

RICE CREEK PADDLING TRIP

Enjoy a leisurely paddle down the beautiful Rice Creek. The route is on very slow moving water through two lakes and their connecting creeks. No experience necessary and all equipment is included.

Anoka County

Tour Activity Rating: 4	
8060SuF	Rice Creek Chain of Lakes Preserve
Sat Jul 19	1:00-4:00PM
1 Session	\$31

INTRO TO FAT TIRE BIKING

See how much fun fat-tire bikes can be! Fat tire bikes are stable, easy to ride, and can be used on a wide variety of surfaces including snow, sand, and trails. This introductory-level class is for participants with little fat-tire bike riding experience. Bring a helmet if you own one, or one will be provided.

Anoka County

Tour Activity Rating: 4	
8060SuE	Rice Creek Chain of Lakes Preserve
Tue Jul 15	6:00-8:00PM
1 Session	\$31

INTRODUCTION TO KAYAKING

Explore the sport of kayaking and receive instruction on basic strokes, kayaking safety, and boat/equipment selection. Most of our time will be spent out on the water, paddling and getting comfortable in the boats. No experience is necessary, and all equipment is included.

Anoka County

Tour Activity Rating: 3	
8060SuC	Rice Creek Chain of Lakes Preserve
Tue Jul 1	6:00-8:00PM
1 Session	\$31
8060SuD	Rice Creek Chain of Lakes Preserve
Wed Aug 20	6:00-8:00PM
1 Session	\$31

INTRODUCTION TO STAND UP PADDLE BOARDING

Paddle boarding is a great way to get some exercise while out on the water - it's easier than you think! Receive instruction, get answers to your questions, and spend most of the class out on paddle boards. No experience is necessary, and all equipment is included.

Anoka County

Tour Activity Rating: 4	
8060SuA	Rice Creek Chain of Lakes Preserve
Wed Jun 18	5:30-7:00PM
1 Session	\$31
8060SuAA	Rice Creek Chain of Lakes Preserve
Wed Jun 18	7:00-8:30PM
1 Session	\$31
8060SuB	Rice Creek Chain of Lakes Preserve
Thu Jul 17	5:30-7:00PM
1 Session	\$31
8060SuBB	Rice Creek Chain of Lakes Preserve
Thu Jul 17	7:00-8:30PM
1 Session	\$31



= New Class



= Online Class



= Daytime Class

WALKING TOURS

BIRDING HIKE

Bird watching is an easy way to get outdoors while learning about impeccably beautiful animals at the same time. An experienced bird guide will identify the birds we see and hear, as well as talk about where to hike. Binoculars are available for use. No experience is necessary.

Anoka County

Tour Activity Rating: 4

8000SA	Rice Creek Chain of Lakes Preserve	9:00-11:00AM	
Wed Apr 30			\$15
1 Session			
8000SB	Rice Creek Chain of Lakes Preserve	9:00-11:00AM	
Mon May 12			\$15
1 Session			

CEMETERY WALKING TOUR

Join the legendary Cemetery Walking Tour, visiting different cemeteries each day. Discover the history of early Saint Paul and the men and women who made it happen. Transportation between locations is on your own.

M. B. Hummel

Tour Activity Rating: 4

8001SA	Calvary Cemetery	9:30-11:30AM	
Sat May 10			\$39
3 Sessions			
8001SuA	Calvary Cemetery	5:30-7:30PM	
Tue Jun 10			\$39
3 Sessions			

CHEROKEE PARK AND PATH WALKING TOUR

Explore the West Side's Cherokee Park, learning about the land and history of the park. See the Mississippi River from various lookout points. Bring binoculars to observe the birds!

T. Parkinson

Tour Activity Rating: 4

8064SA	Cherokee Regional Park	10:00AM-12:00PM	
Sat May 3			\$20

DISTRICT DEL SOL TOUR

Walk the West Side's District Del Sol, including Cesar Chavez Avenue, Wellstone Center, and El Burrito Mercado. Murals, art and rich aromas galore! Learn about the waves of immigrants who shaped the community. Stay for an optional lunch at El Burrito Mercado. Tour covers approximately 2.5 miles. Lunch purchases are on your own.

B. Lotterman

Tour Activity Rating: 3

8026SA	Wellstone Center	10:00AM-1:00PM	
Sun Jun 8			\$20

F. SCOTT FITZGERALD'S SUMMIT HILL TOUR

Within just a few square miles in Saint Paul's Summit Hill neighborhood, F. Scott Fitzgerald met people and experienced things that would shape his life and career as a writer. Stroll this historic neighborhood while hearing tales of how he spent his formative years.

K. Johnson

Tour Activity Rating: 4

8020SA	25 North Dale Street	1:00-3:00PM	
Sun Apr 27			\$23
1 Session			
8020SuA	25 North Dale Street	6:00-8:00PM	
Wed Jul 30			\$23
1 Session			

MINNEHAHA FALLS TOUR

Experience the John H. Stevens House, Longfellow Gardens, and the Minnehaha Falls Pergola Garden, where the majestic waterfall creates a breathtaking backdrop. Discover the Song of Hiawatha Garden's poetic allure and walk down to the falls themselves. Walking distance 2 miles with steps.

T. Parkinson

Tour Activity Rating: 4

8080SA	Minnehaha Depot	10:00AM-12:00PM	
Sat Apr 12			\$20

HMONG MUSEUM AND HMONG VILLAGE TOUR

Join a private tour of the Hmong Museum's exhibits for a guided immersive experience at the center of Hmong commerce! Learn about the Hmong migration and its culture. Make sure you visit the flea market and food court to round out your morning!

Hmong Museum

Tour Activity Rating: 2

4787SA	Hmong Village	9:00AM-12:00PM	
Sat May 31			\$27

IRVINE PARK TOUR

Before Summit Avenue, Irvine Park was the preferred address for prominent Saint Paulites. This residential oasis, just west of downtown, showcases a sampling of Victorian era architecture and park design. Learn about the homes and the people who lived there.

K. Johnson

Tour Activity Rating: 4

8021SA	Irvine Park	1:00-3:00PM	
Sun Jun 8			\$23
1 Session			
8021SuA	Irvine Park	6:00-8:00PM	
Wed Jul 16			\$23
1 Session			

LOWERTOWN TOUR: SAINT PAUL'S HUMBLE BEGINNINGS

Early Saint Paul was formed in Lowertown on the banks of the Mississippi. Hear about Lowertown's evolution from whiskey stop to steam whistles to today's hotspot (old Pig's Eye would be amazed at the transformation!). Tour covers approximately 2 miles with limited places to sit.

K. Johnson

Tour Activity Rating: 4

8117SuA	Saint Paul Union Depot	1:00-3:00PM	
Sun Jun 22			\$23

MEMORIALS AND MONUMENTS: MINNESOTA STATE CAPITOL GROUNDS WALKING TOUR

Visit the Cass Gilbert State Capitol grounds; a mall of memorials, sculptures, carved walkways and hidden treasures. Hear stories not told in books, but brought to life through art with bronze, woven metal trellises, spiraling pyramids, paving stones and hammered steel. This tour is of the grounds only; we will not be going inside the Capitol.

K. Johnson

Tour Activity Rating: 4	
8076SA	MN State Capitol Building
Sun May 18	1:00-3:00PM
1 Session	\$23
8076SB	MN State Capitol Building
Wed May 28	6:00-8:00PM
1 Session	\$23

SAINT PAUL'S HOLLYWOOD HISTORY

Explore iconic downtown Saint Paul locations used in movies throughout the years .Visit spots featured in *A Prairie Home Companion*, *Mighty Ducks*, *Jingle All the Way*, and *Wilson*, while learning about the history of cinema in Minnesota.

T. Parkinson

Tour Activity Rating: 4	
8056SuA	Landmark Plaza
Sat Jun 14	10:00AM-12:00PM
1 Session	\$20

SECRETS OF UNION DEPOT

Union Depot was the dream of railroad baron James J. Hill and a major construction project in Saint Paul's history. Hear how railroads literally shaped the city and the fiery past that led to the depot's creation. Includes visits to some areas not open to the public.

CynCity Tours

Tour Activity Rating: 3	
8081SA	Union Depot
Tue May 13	5:30-7:00PM
1 Session	\$27
8081SuA	Union Depot
Tue July 22	5:30-7:00PM
1 Session	\$27

NEW MENDOTA WALKING TOUR

Unearth Minnesota history while trekking through the city of Mendota. Learn about the geological history of the land, the abundant wildlife, and the various people who have called it home. Take in sites including St. Peter's Catholic Church, the Sibley Historic Site, and the main street buildings of Mendota.

T. Parkinson

Tour Activity Rating: 4	
8136SuA 1374	Sibley Memorial HWY Parking Lot
Sat Jul 19	10:00AM-12:00PM
1 Session	\$20

MURALS OF THE SAINT ANTHONY PARK NEIGHBORHOOD

From illustrating culture to sparking community dialogue, murals tell the story of a place in a uniquely colorful way! Discover the murals of the Saint Anthony Park neighborhood of Saint Paul. Learn about the artists, the 'why' of the murals, and public art initiatives in the community.

L. Johnson

Tour Activity Rating: 4	
8141SA	Wycliff Neighborhood
Sun May 18	1:00-3:00PM
1 Session	\$20
8141SuA	Wycliff Neighborhood
Sun Aug 17	3:00-5:00PM
1 Session	\$20

SAINTS AND SINNERS: THE PROHIBITION ERA IN ST. PAUL

Imagine a time when the Saintly city wasn't always so saintly. Stroll through downtown and discuss the local impact of Prohibition, when Saint Paul was a hot spot for bootleggers and familiar landmarks took on a new life. Learn about Saint Paul's beer history, and today's boom in craft beer.

K. Johnson

Tour Activity Rating: 4	
8028SA	Science Museum of Minnesota - Plaza
Sun Jun 1	1:00-3:00PM
1 Session	\$23
8028SuA	Science Museum of Minnesota - Plaza
Sun Jul 13	1:00-3:00PM
1 Session	\$23

NEW GANGSTERLAND II- THE NEXT CHAPTER

Hear exciting stories about public enemies who wreaked havoc in the Grand Avenue neighborhood! See where John Dillinger had a shootout with the FBI, where the Karpis-Barker gang kidnapped banker Ed Bremer and much more! *Summer cocktail tasting at The Lex following the tour. Must be 21 or older to attend.

CynCity Tours

Tour Activity Rating: 3	
8499SuA	1096 Grand Ave
Sun Jun 29	3:00-4:30PM
1 Session	\$27

SAVOR & STROLL: A CULINARY TOUR OF DOWNTOWN HUDSON

Explore Hudson's thriving food scene! Enjoy tastings at six popular destinations, learn about the town's rich history, stroll along the banks of the scenic St. Croix River, and experience what makes Hudson one of the most memorable small towns in America. Tours end on a sweet note with samples at Knoke's Chocolates & Nuts.

Hudson Food Walk

Tour Activity Rating: 4	
8073SA	Phipps Center for the Arts
Fri Apr 25	1:30-4:30PM
1 Session	\$57
8073SB	Phipps Center for the Arts
Fri May 16	1:30-4:30PM
1 Session	\$57

UNIVERSITY OF MINNESOTA SAINT PAUL CAMPUS TOUR

Enjoy a guided stroll through the Saint Paul campus and hear about the architecture, public art, and research fields that make this campus unique. Finish up at the Student Union to sample sweet corn ice cream! Ice cream purchases are on your own.

B. Lotterman

Tour Activity Rating: 4	
8049SA	Commonwealth Parking Lot
Sat Jun 7	10:00AM-12:00PM
1 Session	\$20

BUS & TROLLEY TOURS

NEW THE WOMEN OF GANGSTERLAND: TROLLEY TOUR

Take an entertaining tour that proves crime in the Saint Paul gangster era wasn't just for men. Shine a spotlight on the women including: Edna Murray (the Kissing Bandit of the Karpis/Barker Gang), Nina Clifford, Katherine Kelly (wife of Machine Gun Kelly), Ma Barker and more. And we'll celebrate a few women on the right side of the law, too!

CynCity Tours

Tour Activity Rating: 1

8055SuA	704 Minnehaha Ave E
Thu Jun 12	6:00-8:00PM
1 Session	\$47

RONDO BUS TOUR PART 1: RONDO HISTORY BEFORE I-94

Join historian Frank M. White on a journey through the early years of Saint Paul's Rondo neighborhood and learn how it was a haven for people of color and immigrants. Hear about the neighborhood's immigrant namesake, who faced discrimination due to his wife's mixed white and indigenous heritage, as well as how French Canadian, German, Russian, Irish, and Jewish families followed in the late 19th century and called Rondo home.

F. White

Tour Activity Rating: 1

4713SA	Hallie Q Brown Community Center
Sat May 3	10:00AM-1:00PM
1 Session	\$39

RONDO BUS TOUR PART 2: A CELEBRATION OF ART, HISTORY, & CULTURE

Step back in time and explore the vibrant history and cultural richness of Rondo, Saint Paul's historic African American neighborhood. Led by Dr. Artika R. Tyner (award-winning author, civil rights attorney, and Rondo native), take a journey through the heart of Rondo and learn about its history as a bustling community filled with thriving businesses, arts, culture, and close-knit families.

Dr. A. Tyner

Tour Activity Rating: 1

4714SA	Hallie Q Brown Community Center
Sat May 17	10:00AM-1:00PM
1 Session	\$59

NEW HMONG-LED ARTISTS MURAL BUS TOUR

Join local Hmong artists for a tour of murals around the Twin Cities. Listen to the inspirations and motivations behind these stunning community-building works of art.

K. L. Thao, C. Vang, X. Reiter

Tour Activity Rating: 1

4724SA	Southwest HS, MPLS
Sat Apr 5	3:00-6:00PM
1 Session	\$69

BASEBALL AND THAT AIN'T ALL! TROLLEY TOUR

Put on your favorite sports jersey while you explore the quirky side of Minnesota sports history stories: find out what sports were invented in Minnesota, meet some unique athlete characters, find out what architect Cass Gilbert and writer F. Scott Fitzgerald had to do with sports and much more! Play some sports trivia along the way!

CynCity Tours

Tour Activity Rating: 1

8027SA	704 Minnehaha Ave E
Thu May 8	6:00-8:00PM
1 Session	\$47

EXTENDED TOUR SHOWCASE

Mark your calendars to join St. Paul Community Education for this free opportunity to learn more about the upcoming 2025 tour opportunities with our local partner. Call for additional info: 651-767-8179.

8006SA	1780 West 7th
Wed May 14	10:00-11:00AM
1 Session	FREE

**Be sure to check
the website**

Classes can be added throughout the season. Be sure to check the website for the most current offerings.



We offer a sliding-scale model for program pricing. We encourage participants to choose the price that they are able to pay. This structure helps our programs to be financially sustainable and more equitable.

Registration and class options available online.



spps.org/driveder



THE BASICS

Get ready to hit the road with SPPS Community Education!

This comprehensive course taught by highly trained licensed classroom instructors, includes 30 hours of state-required classroom instruction and 6 hours of hands-on behind-the-wheel (BTW) lessons. Students must be 15 years old by the first day of class and attend all 30 hours of classroom instruction consecutively, to best prepare students for the written permit test.

Upon completing the classroom portion, students will receive their Blue Card and have 18 months to get their driver's permit and complete the behind-the-wheel training. To get your license, you'll need to:

- hold your permit for at least 6 months,
- complete 6 hours of behind-the-wheel (BTW) training,
- log 40-50 hours of supervised driving,
- and be 16 years old before you can take the road test.

Refunds, minus a \$100 cancellation fee, will be issued upon request for course cancellation. Refunds will not be issued if requested less than three business days prior to the class start date.

For more information about the licensing process and a full list of program procedures visit spps.org/teendriver.

FEE: \$450

PAYMENT PLANS:

1) Full payment at time of registration

2) \$225 at time of registration and remaining \$225 payment will automatically be charged to your credit card on the 6th scheduled day of the student's Driver Education Course.

A sliding scale option is also available for families in need.

DRIVER EDUCATION IN-PERSON + BEHIND THE WHEEL

D. Zeitchick

2500SDA Highland Park Sr. High
Mon-Thu April 7 3:30-6:30PM
10 Sessions \$450



Sorry, no same-day registration

We cannot accommodate same-day registrations. Registration and payment must be received at least 24 hours before the start of class.



= New Class



= Online Class



= Daytime Class

DRIVER EDUCATION

DRIVER EDUCATION - ONLINE CLASS + BEHIND THE WHEEL

This class offers an interactive online class experience facilitated by licensed Driver Education Instructors. Participants will engage in classroom discussions, breakout sessions and guest speaker activities. This class is being offered using the Google Meet online platform. Before registering, make sure your device meets the minimum requirements; view minimum requirements by clicking [here](#). MN State Law requires instructors to be able to see you and hear you during the entire online class session. Students should be in a quiet location free from distraction and noise. Make sure your device has both a camera and microphone. 1-2 business days before your class, you will receive an email with your online meeting information. Please see your "Class Confirmation" email for more information on joining meetings.

D. Esposito, K. Johnson

2518SDA
Mon-Thu May 5
10 Sessions

Online Course
6:00-9:00PM
\$450

D. Esposito, K. Johnson, L. Eden

2518SuDA
Mon-Fri Jun 30
10 Sessions
No class July 3 and 4

Online Course
5:00-8:00PM
\$450

D. Esposito, K. Johnson, L. Eden

2518SuDB
Mon-Fri Jul 14
10 Sessions

Online Course
8:30-11:30AM
\$450

DRIVER EDUCATION - ONLINE CLASS ONLY

This classroom only course offers an interactive online class experience facilitated by licensed Driver Education Instructors. This class does NOT include behind-the-wheel lessons. Upon successful completion, students will receive a Letter of Completion. Refunds, minus a \$25 cancellation fee, will be issued upon request for course cancellation. Refunds will not be issued if requested less than three business days prior to the class start date.

L. Eden, D. Esposito, K. Johnson

2517SuDA
Mon-Fri Jun 11
10 Sessions
No class Jun 19 and 26

Online Course
8:30-11:30AM
\$75

2517SuDB
Mon-Fri Jul 28
10 Sessions

Online Course
8:30-11:30AM
\$75

PARENT/GUARDIAN TEEN DRIVER SAFETY AWARENESS CLASS

This 90-minute class for the parents/guardians of teen drivers is designed to increase parental awareness and involvement with teen driving issues in order to further reduce teen involved traffic crashes, injuries, and fatalities and to explain the Minnesota graduated driver licensing process. Completion of this course allows the parent/guardian and teen driver to complete 40-hours of supervised driving instead of 50-hours. A certificate of completion will be issued to the parent/guardian at the end of the class that will need to be submitted to the driver exam staff at the time of the student's road test. The certificate is valid for one teen; for subsequent teens who complete a driver education program, another parent class is required.

J. McCann

2525SuDA
Tue Jun 8
1 Session

Online Course
5:30-7:00PM
FREE



IMPORTANT: Parents/guardians/participants must complete and sign the Emergency Contact Form and Waiver on the first day of class.

Registration and class options available online.



spps.org/aquatics

More information at website: spps.org/aquatics

- Detailed class times and descriptions
- What to bring to lessons
- Policies and tips

- If students are registered for an inappropriate class level, they will be moved to the appropriate class if space is available.
- Make-up classes/refunds are not available when students are unable to attend their scheduled class.
- Due to pool closings beyond our control, canceled classes may not be rescheduled or refunded.
- Children, 7 years and older, must use gender-appropriate locker rooms.
- Please come prepared to swim and free of lotions and other body and hair products.

YOUTH AQUATICS

WATER BABIES

Children 6 months to 2 years old with a parent in the water will be introduced to movements in the water. If child is not potty trained, child must wear plastic pants or swim diapers in the pool. No disposable diapers allowed.

2000SA Como Park Elementary
Tue Apr 8 5:30-5:55PM
7 Sessions \$77

2000SB Como Park Elementary
Sat Apr 12 9:00-9:25AM
7 Sessions \$77

2000SC Como Park Elementary
Sat Apr 12 10:00-10:25AM
7 Sessions \$77

2000SuA Como Park Elementary
Tue Jun 17 5:30-5:55PM
7 Sessions \$77

2000SuB Como Park Elementary
Sat Jun 21 9:00-9:25AM
7 Sessions \$77

2000SuC Como Park Elementary
Sat Jun 21 10:00-10:25AM
7 Sessions \$77

2000SuD Como Park Elementary
Mon-Thu Jun 30 9:00-9:25AM
8 Sessions \$88

2000SuE Como Park Elementary
Mon-Thu July 28 9:00-9:25AM
8 Sessions \$88

TINY TOTS

For children ages 2-4 with a parent in the water. Learn water adjustment skills and have fun in the water. If child is not potty trained, child must wear plastic pants or swim diapers in the pool. No disposable diapers allowed.

2001SA Como Park Elementary
Tue Apr 8 6:00-6:25PM
7 Sessions \$77

2001SB Como Park Elementary
Sat Apr 12 9:30-9:55AM
7 Sessions \$77

2001SC Como Park Elementary
Sat Apr 12 10:30-10:55AM
7 Sessions \$77

2001SuA Como Park Elementary
Tue Jun 17 6:00-6:25PM
7 Sessions \$77

2001SuB Como Park Elementary
Sat Jun 21 9:30-9:55AM
7 Sessions \$77

2001SuC Como Park Elementary
Sat Jun 21 10:30-10:55AM
7 Sessions \$77

2001SuD Como Park Elementary
Mon-Thu Jun 30 9:30-9:55AM
8 Sessions \$88

2001SuE Como Park Elementary
Mon-Thu July 28 9:30-9:55AM
8 Sessions \$88

WADERS

For children ages 4-5 (must be at least 4 years old by start of class). Learn beginning swimming skills and have fun in the water. Children will participate without a parent in the water.

2003SA Como Park Elementary
Tue Apr 8 7:00-7:25PM
7 Sessions \$77

2003SuA Como Park Elementary
Tue Jun 17 7:00-7:25PM
7 Sessions \$77

2003SuB Como Park Elementary
Mon-Thu Jun 30 10:30-10:55AM
8 Sessions \$88

2003SuC Como Park Elementary
Mon-Thu July 28 10:30-10:55AM
8 Sessions \$88

WADERS WITH PARENTS

For children ages 4-5 with little pool experience to prepare them for Waders (without parents).

2002SA Como Park Elementary
Tue Apr 8 6:30-6:55PM
7 Sessions \$77

2002SuA Como Park Elementary
Tue Jun 17 6:30-6:55PM
7 Sessions \$77

2002SuB Como Park Elementary
Mon-Thu Jun 30 10:00-10:25AM
8 Sessions \$88

2002SuC Como Park Elementary
Mon-Thu July 28 10:00-10:25AM
8 Sessions \$88

AQUATICS

LEVEL 1

For children 5-10 years old. Gain confidence in the water and work on floating, gliding, kicking, and learn the basics of front crawl, back crawl, and elementary backstroke. No class Jun. 19.

2004SA	Como Park Elementary
Sat Apr 12	11:00-11:50AM
7 Sessions	\$84
2004SuA	Como Park Elementary
Mon Jun 16	6:30-7:20PM
7 Sessions	\$84
2004SuB	Como Park Elementary
Sat Jun 21	11:00-11:50AM
7 Sessions	\$84
2004SuC	Como Park Elementary
Mon-Thu Jun 16	10:00-10:50AM
7 Sessions	\$84
2004SuD	Como Park Elementary
Mon-Thu July 14	11:00-11:50AM
8 Sessions	\$96
2004SuE	Como Park Elementary
Mon-Thu July 30	11:00-11:50AM
8 Sessions	\$96

LEVEL 1: FEARFUL SWIMMER

For children 5-10 years old who have anxiety or are fearful of the water. Gain confidence in the water and work on floating, gliding, kicking, and learn the basics of front crawl, back crawl, and elementary back stroke. Swimmers will be supported and assisted by the instructor for most skills. No class Jun. 19.

2105SA	Como Park Elementary
Wed Apr 9	5:30-6:20PM
7 Sessions	\$84
2105SuA	Como Park Elementary
Mon Jun 16	5:30-6:20PM
7 Sessions	\$84
2105SuB	Como Park Elementary
Wed Jun 18	5:30-6:20PM
7 Sessions	\$84
2105SuC	Como Park Elementary
Mon-Thu Jun 16	9:00-9:50AM
7 Sessions	\$84
2105SuD	Como Park Elementary
Mon-Thu Jun 16	9:00-9:50AM
8 Sessions	\$96



LEVEL 2

For children 5-10 years old and have completed Level 1 or have equivalent skills. Swimmers must be comfortable in the water and will work on floating, gliding, front crawl, back crawl, and elementary backstroke. No class Jun. 19.

2005SA	Como Park Elementary
Wed Apr 9	6:30-7:20PM
7 Sessions	\$84
2005SuA	Como Park Elementary
Mon Jun 16	7:30-8:20PM
7 Sessions	\$84
2005SuB	Como Park Elementary
Wed Jun 18	6:30-7:20PM
7 Sessions	\$84
2005SuC	Como Park Elementary
Mon-Thu Jun 16	11:00-11:50AM
7 Sessions	\$84
2005SuD	Como Park Elementary
Mon-Thu July 14	11:00-11:50AM
8 Sessions	\$96
2005SuE	Como Park Elementary
Mon-Thu July 28	11:00-11:50AM
8 Sessions	\$96

LEVEL 3

For children 5-11 years old and have completed Level 2 or have equivalent skills. Swimmers must be able to swim front and back crawl independently and will work to increase the distance and technique of those strokes. Other skills include elementary backstroke, scissors kick, dolphin kick, glides, and jumps into deeper water. No class Jun. 19.

2006SA	Central HS
Thu Apr 10	5:30-6:20PM
7 Sessions	\$84
2006SB	Central HS
Thu Apr 10	6:30-7:20PM
7 Sessions	\$84
2006SuB	Como Park HS
Thu Jun 12	6:00-6:50PM
7 Sessions	\$84

LEVEL 4

For children 6-14 years old and have completed Level 3 or have equivalent skills. Class will take place entirely in deep water. Swimmers must be able to swim front crawl (with rotary breathing), back crawl, and elementary backstroke and be comfortable swimming in deep water. Swimmers will further develop front and back crawl and elementary backstroke and will be introduced to diving, sidestroke and breaststroke. No class Jun. 19.

2007SA	Central HS
Thu Apr 10	7:30-8:20PM
7 Sessions	\$84
2007SuA	Como Park HS
Thu Jun 12	7:00-8:00PM
7 Sessions	\$84



**Be sure to check
the website**

Classes can be added throughout the season. Be sure to check the website for the most current offerings.

ADULT AQUATICS

PI-YO-CHI

Develop strength, range of motion, balance, and relaxation by combining the core strengthening exercises of Pilates, the lengthening and balancing poses of yoga and the flowing movements of Tai Chi. The warm water provides neutral support, ease of movement, variable resistance, and balanced postural alignment making the class accessible to all fitness levels.

2206SA	Como Elementary
Tue Apr 8	7:30-8:20PM
7 Sessions	\$85
2206SB	Como Elementary
Wed Apr 9	7:30-8:20PM
7 Sessions	\$85
2206SuA	Como Elementary
Tue Jun 17	7:30-8:20PM
7 Sessions	\$85
2206SuB	Como Elementary
Wed Jun 18	7:30-8:20PM
7 Sessions	\$85

BEGINNING SYNCHRONIZED SWIMMING

Participants must have swimming skills equivalent to American Red Cross Level 3. Swimmers will learn the basics of synchronized swimming which include dance and acrobatic movements on the surface and underwater and perform a basic routine at a show and possibly attend competitions. Swimmers must come with suit under clothes (will be able to change after class during cold weather). No class Apr. 1, 5 and May 3.

2021SA	Humboldt Secondary/Johnson Senior High School
Tue Mar 25	5:30-6:30PM
Sat Mar 29	8:00-9:30AM
18 Sessions	\$238

WATER WORKOUT

Tone up your body and improve cardiovascular fitness while having fun exercising in the water to music. Toning will be emphasized. Ladder entry/exit only.

2200SA	Washington Tech Magnet	2200SuB	Como Park HS
Tue Apr 8	6:30-7:20PM	Thu Jun 12	7:00-7:50PM
7 Sessions	\$85	7 Sessions	\$85
2200SB	Washington Tech Magnet	2200SuC	Como Park HS
Tue Apr 8	7:30-8:20PM	Sat Jun 21	10:00-10:50AM
7 Sessions	\$85	7 Sessions	\$85
2200SuA	Como Park HS	2200SuD	Como Park HS
Thu Jun 12	6:00-6:50PM	Sat Jun 21	11:00-11:50AM
7 Sessions	\$85	7 Sessions	\$85



WE'RE HIRING!
Swim Instructors
& Lifeguards

Swim Instructor

Instruct youth swim lessons, parent and child lessons, and adult instructional lessons. Training available.

Swim Instructor starting wage: \$18/hr.

Minimum Qualifications:

Current certification in the following:

- American Red Cross Water Safety Instructor or similar certification

Current certification in the following is preferred:

- American Red Cross Lifeguarding/First Aid/CPR/AED

Lifeguard

Ensure the safety of patrons by preventing and responding to emergencies. Training available.

Lifeguard starting wage: \$19/hr.

Minimum Qualifications:

Current certification in the following:

- American Red Cross Lifeguarding/First Aid/CPR/AED

For more information and to apply, visit commed.spps.org or call 651-767-8179.



= New Class



= Online Class



= Daytime Class

GYMNASICS

REGISTRATION FOR GYMNASTICS BEGINS MARCH 13.

We offer a sliding fee pricing model for program pricing. We encourage participants to choose the price that they are able to pay. This structure helps our programs be financially sustainable and more equitable.

GYMNASTICS PROGRESSION CHART

BEGINNING GYMNASTICS CLASSES: START HERE!

- **Tumble Together:** 18 months-4 years with adult: 30 minutes
- **Tumble Transitions:** 3-4 years with adult at first: 30 minutes
- **Tumble Bees:** ages 3-4 years without adult: 40 minutes
- **Beginner 1:** ages 5-14 years: 50 minutes-1 hour
- **Beginner 2:** ages 5-14 years, minimum 2 sessions prior experience required; coach approval: 1 hour
- **Rings, Pommel Horse & More!:** anyone 5-14 years: Rings, Pommel Horse, High Bar, Parallel Bars
- **Accessible Gymnastics:** ages 6-10, participants with developmental disabilities; adult companion welcome: 30 minutes

*Most gymnasts spend multiple sessions at each level before advancing.

*If participant has experience, contact commed@spps.org to arrange a skills evaluation.

INTERMEDIATE GYMNASTICS CLASSES: MUST HAVE COACH APPROVAL TO REGISTER

- **Intermediate:** one step up from a Beginning level; not focused on competition: 1 hour
- **Advanced:** two steps up from a Beginning level; not focused on competition: 1 hour
- **Power Tumbling:** Intermediate level gymnastics or higher is required: 30 minutes

ADVANCED GYMNASTICS CLASSES: MUST HAVE COACH APPROVAL TO REGISTER

- **Junior Flips:** focused on gaining competitive skills: 1.25 hours-1.5 hours
- **Flips:** advanced skill levels: 1.5 hours
- **Flips 2:** a minimum of 1 full year of Flips, coach approval: 1.5 hours

GYMNASTICS TEAMS: COACH APPROVAL AND TRYOUTS

- **Leaping Lilies:** non-competitive pre-team; increased financial commitment, including partial uniform: 2 hours x 2 days per week
- **Silver Sharks, Blue Flames, Blue Diamonds:** competitive teams; increased financial commitment, including uniform, association and meet fees: 2-3 hours, 2-3 times per week, depending on level

Additional sections or locations may be added. Please visit stpaul.ce.eleyo.com for an up-to-date listing of gymnastics offerings.

TUMBLE BEES

Ages 3-4. Learn basic gymnastic skills, body awareness, group activities, problem solving, following directions and gymnastic vocabulary. Child must be toilet trained and comfortable without a parent in the room.
No classes after 4:00pm Jun. 23, 24, 30 Jul. 1, 2 and Aug. 12.

Central HS • 8 Sessions • \$88

202SuB • Thu Jun 26 • 9:00-9:45AM

202SuD • Mon Jun 16 • 5:45-6:30PM

Central HS • 9 Sessions • \$99

202SuA • Tue Jun 17 • 10:15-11:00AM

202SuC • Tue Jun 17 • 4:00-4:45PM

202SuE • Wed Jun 18 • 5:15-6:00PM

TUMBLE TRANSITIONS

Ages 3-4. Learn basic gymnastic skills, body awareness, group activities, problem solving, following directions and gymnastic vocabulary. Child must be toilet trained and comfortable without a parent in the room. The parent/guardian will be in the class with the child for the first 5-10 minutes, including the stretching portion. Parents will then leave the gym and child will continue. The purpose of this class is to help tentative children transition to being in class without the parent.
No classes after 4:00pm Jun. 23, 30 and Jul. 2.

Central HS • 8 Sessions • \$72

262SuA • Mon Jun 16 • 5:05-5:35PM

262SuB • Wed Jun 18 • 4:30-5:00PM

TUMBLE TOGETHER

Ages 18 months-4 and one adult per child. Explore gymnastics together and develop balancing, jumping, rolling, climbing and hanging skills. Class starts with a group activity, followed by tumbler/adult pairs rotating through equipment stations. Learn gymnastics vocabulary and how to work safely in a gym. No classes after 4:00pm Jun. 23 and 30.

Central High School • 8 Sessions • \$72

201SuC • Thu Jun 26 • 4:00-4:30PM

201SuD • Thu Jun 26 • 4:35-5:05PM

201SuE • Mon Jun 16 • 4:30-5:00PM

Central High School • 9 Sessions • \$81

201SuE • Mon Jun 16 • 4:30-5:00PM

201SuA • Tue Jun 17 • 9:00-9:30AM

201SuB • Tue Jun 17 • 9:35-10:05AM

Additional sections or locations may be added. Please visit stpaul.ce.eleyo.com for an up-to-date listing of gymnastics offerings.

Our gymnastics program is safe, supportive, engaging and fun. In class, children gain flexibility, leadership, strength and coordination. Our instructors enjoy working with youth of all ages and abilities. We do end-of-session evaluations of students and inform families when children are ready to progress. Observation is limited to the last day of class, when possible.

More information can be found at spps.org/gymnastics.



BEGINNER I

Ages 5-14 with little or no previous gymnastic experience. Learn the basics of floor exercise, uneven bars, balance beam, vault and dance. No classes after 4:00pm Jun. 23, 30 and Jul. 2.

Central High School • 8 Sessions • \$96

203SuC • Thu Jun 26 • 10:00-11:00AM

203SuD • Thu Jun 26 • 5:15-6:15PM

203SuE • Mon Jun 16 • 6:40-7:30PM

203SuG • Wed Jun 18 • 6:10-7:00PM

Central High School • 9 Sessions • \$108

203SuE • Mon Jun 16 • 6:40-7:30PM

203SuA • Tue Jun 17 • 11:15AM-12:15PM

203SuG • Wed Jun 18 • 6:10-7:00PM

BEGINNER II

Ages 5-14 with a minimum of 2 sessions previous gymnastic experience, as well as coach approval required. Learn more of the basics of floor exercise, uneven bars, balance beam, vault and dance. No classes after 4:00pm Jun. 23, 24, 30 Jul. 1, 2 and Aug. 12.

Central High School • 9 Sessions • \$108

219SuD • Mon Jun 16 • 7:30-8:30PM

219SuA • Tue Jun 17 • 12:30-1:30PM

219SuB • Tue Jun 17 • 5:00-6:00PM

Central High School • 8 Sessions • \$96

219SuD • Mon Jun 16 • 7:30-8:30PM

Central High School • 7 Sessions • \$84

219SuB • Tue Jun 17 • 5:00-6:00PM

INTERMEDIATE

Ages 5-14. Coach approval required. This course was previously called Intermediate Beginners. No classes after 4:00pm Jul. 2.

Central High School • 8 Sessions • \$96

218SuB • Thu Jun 26 • 6:30-7:30PM

Central High School • 9 Sessions • \$108

218SuA • Tue Jun 17 • 11:15AM-12:15PM

218SuG • Wed Jun 18 • 5:45-6:45PM

ADVANCED

Ages 6-14. Coach approval required. No classes after 4:00pm Jul. 1, 2 and Aug. 12.

Central High School • 7 Sessions • \$84

204SuB • Tue Jun 17 • 6:15-7:15PM

Central High School • 8 Sessions • \$96

204SuA • Thu Jun 26 • 11:15AM-12:15PM

204SuC • Mon Jun 16 • 7:30-8:30PM

JUNIOR FLIPS

For gymnasts who are progressing at an advanced level. Coach approval required. No classes after 4:00pm Jun. 24, Jul. 1, 2 and Aug. 12.

Central High School • 7 Sessions • \$91

206SuA • Tue Jun 18 • 5:00-6:15PM

Central High School • 8 Sessions • \$96

206SuF • Wed Jun 18 • 4:30-5:30PM

FLIPS

For gymnasts who are progressing at an advanced level. Coach approval required. No classes after 4:00pm Jun. 24, Jul. 1, 2 and Aug. 12.

Central High School • 7 Sessions • \$98

207SuA • Tue Jun 17 • 6:00-7:30PM

Central High School • 8 Sessions • \$120

207SuC • Wed Jun 18 • 6:30-8:30PM

FLIPS II

For gymnasts who are progressing at an advanced level. Coach approval required. Participants must have attended at least one full year of Flips classes.

Central High School • 8 Sessions • \$120

205SuA • Thu Jun 26 • 5:15-7:15PM

POWER TUMBLING

Intermediate level gymnastics or higher is required. We will focus on shaping, conditioning, deep strength and power on the Tumble track, air mat and mini tramp.

Central High School • 8 Sessions • \$96

208SuA • Thu Jun 26 • 11:15AM-12:15PM

RINGS, POMMEL HORSE & MORE!

Youth ages 5-13 are welcome to explore and learn the basics for Rings, Pommel Horse, High Bar, and Parallel Bars!

Central High School • 8 Sessions • \$96

220SuA • Thu Jun 26 • 6:30-7:30PM

GYMNASICS



GYMNASICS MINI-CAMP

When registering, refer to the name of the camps. Participants in camps by skill level should register for the correct skill level camp. Participants in camps by age will be placed in a group that is appropriate for their skill level.

CAMPS BY SKILL LEVEL AT HIGHLAND PARK HIGH SCHOOL

3 Sessions • \$117

211SuH_Beginner I • Tue-Thu Aug 5 • 9:00AM-12:00PM
211SuL_Beginner I and II • Tue-Thu Aug 12 • 9:00AM-12:00PM

CAMPS BY AGE AT CENTRAL HIGH SCHOOL

3 Sessions • \$78

211SuA_Ages 5-8 • Wed-Fri Jun 11 • 9:00-11:00AM
211SuJ_Ages 5-8 • Mon-Wed Aug 18 • 9:00-11:00AM

3 Sessions • \$117

211SuB_Ages 9-13 years • Wed-Fri Jun 11 • 12:00-3:00PM
211SuK_Ages 9-13 years • Mon-Wed Aug 18 • 12:00-3:00PM



Scan me

YOUR
SAINT PAUL
YOUR
COMMUNITY ED

commed.spps.org/survey



Be sure to check the website

Classes can be added throughout the season. Be sure to check the website for the most current offerings.



Sorry, no same-day registration

We cannot accommodate same-day registrations. Registration and payment must be received at least 24 hours before the start of class.

YOUTH CLASSES

Sliding Fees: Our model for program pricing ensures that our high-quality enrichment classes are more accessible to our community members. We encourage participants to choose the price that they are able to pay. This structure helps our programs be financially sustainable and more equitable.

LOOKING FOR AFTERSCHOOL CLASSES?

Saint Paul Public Schools Community Education provides fee-based afterschool programming at the following elementary schools:

- Adams Spanish Immersion
- Horace Mann School
- Randolph Heights
- Capitol Hill
- Jie Ming Mandarin Immersion
- St. Anthony Park
- EXPO Elementary
- L'Etoile du Nord French Immersion

Our programs are safe, supportive, engaging and reflective, and include a wide variety of subjects, including foreign languages, dance, LEGO engineering, theatre, studio arts and much more.

Visit spps.org/commed for more details on classes and locations.



SPRING BREAK DAY CAMP: EPIC GAMERS

Non-school day. Grades K-5. Calling all Level Crushers! Put down your controller and get ready to design and play games IRL. Defeat fellow gamers in off-screen challenges, invent your own gamer worlds and use your imagination to bring them to life. Bring a bag lunch. Breakfast and snack provided.

Community Ed Staff

1002WA	Early Childhood Hub
Tue-Fri Apr 1	9:00AM-3:00PM
4 Sessions	\$165

CHAIN PULL ART

Grades 5-8. Join us for a one-of-a-kind class. Chain pull painting, also known as chain drag painting or fluid painting, is a contemporary art technique that involves pouring a mixture of paint and medium onto a canvas. The process involves mixing various colors of acrylic paints with a pouring medium. The resulting artwork is often vibrant, abstract, and full of unexpected texture and movement.

S. Avula

1019SA	1780 West 7th
Thu Jun 5	5:30-7:30PM
1 Session	\$41

MINI CAMP: MEGA MESS MAKING

Entering grades 1-5. Art can be a mega messy good time! Paint with plaster, tie-dye, make papier mache birds and fling paint like Jackson Pollock. Learn some art terms along the way. These are not projects to tackle at home- leave the mess with us. Bring a nut-free snack and drink.

Kidcreate Studio

1331SuA	Horace Mann School
Mon-Fri Jul 21	1:00-3:00PM
5 Sessions	\$176
1331SuB	L'Etoile du Nord Elem
Mon-Fri Jul 28	1:00-3:00PM
5 Sessions	\$176

MINI CAMP: PROJECT RUNWAY

Entering grades 4-8. Sweet summer projects! A très-chic skirt, tie-top blouse, headband and more. Make, showcase, and take home your projects. Learn hand- and machine-sewing techniques and methods for staying safe while using machines. End the week with a showcase for family and friends to see the projects in action.

Youth Enrichment League

1032SuA	1780 West 7th
Mon-Fri Aug 18	1:00-4:00PM
5 Sessions	\$263

1032SuB	1780 West 7th
Mon-Fri Aug 18	9:00AM-12:00PM
5 Sessions	\$263

MINI BOOKS & COLLAGE (ADULT + CHILD)

One adult and one child, grades 2-8. Register under the child's name. Join us for a joy-filled evening of hands-on making as an intergenerational duo! Construct foldable mini books and fill the pages with mixed media collages using found papers.

Now. Make. Art.

1724SA	1780 West 7th
Mon May 5	5:30-7:00PM
1 Session	\$70 per Adult/Child pair

PAINT ALONG GNOME

Grades 5-8. Interested in exploring your artistic side and learning new skills? Join our Acrylic Painting Class! Uncover tips and techniques to create fabulously whimsical gnomes. Whether you are the next Monet or have never picked up a paintbrush, learn fundamentals of acrylic painting, acrylic mediums, brushes, and techniques.

S. Avula

1023SA	1780 West 7th
Tue Jun 3	5:30-7:30PM
1 Session	\$41

GIRLS ARE POWERFUL: ESSENTIALS WORKSHOP

Grades 5-8. The Girls Are Powerful (GRP) Essentials workshop brings together girls of all races, cultures, and lived experiences to discover and embrace their identities, utilizing their power to positively impact themselves and their communities. All those who identify as girls are welcome.

Girls Are Powerful

1284SA	Highland Park Elementary
Tue May 13	6:00-8:00PM
4 Sessions	\$32

MINI CAMP: GARBAGE FRIENDS ART

Non-School Day. Grades 1-5. Let's turn "garbage" into art! Join us as we turn everyday materials into brand new puppets and companions of your creation. Critters, people, or mythical creatures— the only limit is your imagination! Use storytelling to bring your new friend to life.

Now. Make. Art.

1323SA	1780 West 7th
Fri Apr 18	12:00-2:00PM
1 Session	\$65

DRUMMING (ADULT + CHILD)

One adult and one child, grades K-5. Register under the child's name. Explore the sounds, beats, rhythms and drumming styles from all over the world. Play African drums and hand percussion, learning different playing techniques. Build your skills through group and solo drumming. Drums provided.

ComMUSICation

1293SA	1780 West 7th
Tue Apr 8	4:30-5:30PM
4 Sessions	\$92 per Adult/Child pair



Be sure to check the website

Classes can be added throughout the season. Be sure to check the website for the most current offerings.

YOUTH CLASSES

MONEY MANAGERS

Entering grades 4-6. Are you starting to earn your own money? Wondering how to manage the responsibilities that come with this financial freedom? Practice the basics of spending, saving, and giving back with the money you earn.

A. Grays

1913SuA	1780 West 7th
Tue Jun 17	12:45-2:45PM
1 Session	\$40



PAINT DATE: CAMP NIGHT (ADULT + CHILD)

One adult and one child, grades 1-5. Register under the child's name. Making art is more fun with company, so invite an awesome grown-up! Tips and tricks will help you and your partner create a cohesive painting of a wilderness campsite scene on canvas.

S. Avula

1013SA	1780 West 7th
Mon Jun 2	5:30-7:30PM
1 Session	\$86 per Adult/Child pair

WOODSY WHIMSY NATURAL ART

Grades 2-6. Are you obsessed with the outdoorsy and magical aesthetic of nature-based art? Get creative with us! Print with plants, design tiny fairy gardens, paint stones, and make moss art. Come away with totally charming and whimsical pieces.

M. Murphy

1820SA	Early Childhood Hub
Wed Apr 9	4:30-6:00PM
6 Sessions	\$71

THEATRE: HERO, VILLAINS & SIDEKICKS

Grades K-5. What makes a hero? What defines a villain? Unleash your acting skills and draw inspiration from your favorite heroes, villains, and sidekicks to craft an original story. Class culminates with a 15 minute performance. No class Apr. 26.

Locally Grown Theatre

1410SA	Humboldt Secondary
Sat Apr 12	9:00-10:00AM
4 Sessions	\$85

UNICORN ADVENTURES: A MAGICAL JOURNEY!

Grades K-2. Join us for a whimsical adventure into the enchanting world of unicorns! Let your imagination soar as we embark on a quest to find the mythical creature. Create dazzling rainbow artwork and sprinkle in some fairy magic along the way. Get ready for a fun-filled experience of movement, creativity, and endless wonder.

L. Paulson

1814SA	Global Arts Plus Upper
Sat May 17	8:00-10:00AM
1 Session	\$24

MINI CAMP: CARDBOARD CREATIONS

Non-School Day. Grades 1-5. Brainstorm and prototype to create cardboard solutions to problems - big and small - that are on your mind!

Now. Make. Art.

1716SA	1780 West 7th
Wed, Thu Apr 2	12:00-2:00PM
2 Sessions	\$65

SONGWRITING

Grades 4-8. Love to sing? Use your voice to connect with others and showcase who you are. Help choose songs to sing and even create your own! Build community through fun activities, and learn about your community through song.

ComMUSICation

1296SuA	1780 West 7th
Tue Jul 15	5:00-6:30PM
4 Sessions	\$65

UKULELE GROUP

Grades 3-5. Strum with us! Develop techniques like strumming, chords, plucking and more. Learn catchy tunes on this popular instrument that is heard in all types of music. Gain the tools to play tons of songs you love. Ukuleles available to borrow during class.

ComMUSICation

1283SA	1780 West 7th
Thu May 15	5:00-6:00PM
4 Sessions	\$41

GUITAR, UKULELE AND PIANO: INDIVIDUAL LESSONS

Ages 6 and up. Students meet with instructors for individual half-hour lessons. Various locations and times. See adult Arts & Music pages 11-12 for details.

T. SWIFT ERA ART

Non-School Day. Grades K-5. Experience the magic of Taylor Swift and her iconic Eras tour! Immerse yourself in creativity inspired by her music and style. From drawing to painting to sculpting, embark on an unforgettable artistic journey in this special tribute to Taylor Swift's enduring legacy. Bring a nut free snack and drink.

Kidcreate Studio

1340SA	1780 West 7th
Wed Thu Apr 2	9:00-11:00AM
2 Sessions	\$70

THEATRE: STONE SOUP

Grades 3-6. Step into the spotlight and experience the magic of creating a play! Journey through the entire production process—from auditions and rehearsals to a final performance of Stone Soup, a heartwarming tale about cooperation and generosity. Class culminates with a 10-minute performance.

Locally Grown Theatre

1402SA	Early Childhood Hub
Wed Apr 9	4:45-5:45PM
7 Sessions	\$116



I'm on a waitlist... now what?

If a class you want is full, we will do our best to help you find an alternative or add you to a waitlist. If a space opens, we will let you know. If it doesn't work out, we always have more classes, so please try again next season!



DUNGEONS AND DRAGONS

Learn how to play D&D, in a simplified way. Use problem solving, communication, and teamwork in this roleplaying tabletop game to solve puzzles, defeat monsters, and protect villagers from harm! Bring your heart, might, and mind to the Adventurers' Guild! Take home a set of dice and a character folder.

B. Walker

LIVING BLIGHT: AGES 7-11

1712SA Fri Apr 18 1 Session	1780 West 7th 9:00AM-12:00PM \$40
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SHADOW PLAGUE: AGES 7-11

1723SuA Wed Jun 25 4 Sessions	Global Arts Plus Upper 5:00-6:30PM \$81
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JOURNEY IN THE DARK: AGES 7-11

1723SuB Wed Jul 23 4 Sessions	Global Arts Plus Upper 5:00-6:30PM \$81
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POKÉMON MAYHEM

Master the rules of the Pokémon trading card game! Learn how to build basic and advanced decks and test them out in gameplay with fellow Pokémon fans. Earn prize coins to trade in for new Pokémon cards to take home.

B. Walker

GRADES K-5

1707SA Fri Apr 18 1 Session	1780 West 7th 1:00-4:00PM \$40
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ENTERING GRADES 2-6

1722SuA Mon Jun 23 4 Sessions	Global Arts Plus Upper 5:00-6:30PM \$81
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WHO ARE THE NATIVE PEOPLE? (ADULT + CHILD)

One adult and one child, grades K-2. Uncover the rich history, vibrant present, and inspiring future of Native American cultures through interactive activities, storytelling, and creative exploration. Perfect for curious minds and families eager to learn and connect.

D. Council

GRADES K-2

618SA Tue Apr 22 1 Session	Highland Park Elementary 6:00-7:00PM \$0 per Adult/Child pair
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GRADES 3-5

618SB Tue Apr 29 1 Session	Highland Park Elementary 6:00-8:00PM \$0 per Adult/Child pair
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DUNGEONS AND DRAGONS

Learn how to play D&D, in a simplified way. Use problem solving, communication, and teamwork in this roleplaying tabletop game to solve puzzles, defeat monsters, and protect villagers from harm! Bring your heart, might, and mind to the Adventurers' Guild! Take home a set of dice and a character folder.

B. Walker

LIVING BLIGHT: AGES 7-11

1712SA Fri Apr 18 1 Session	1780 West 7th 9:00AM-12:00PM \$40
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SHADOW PLAGUE: AGES 7-11

1723SuA Wed Jun 25 4 Sessions	Global Arts Plus Upper 5:00-6:30PM \$81
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JOURNEY IN THE DARK: AGES 7-11

1723SuB Wed Jul 23 4 Sessions	Global Arts Plus Upper 5:00-6:30PM \$81
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CREATURES OF THE NIGHT: AGES 11-15

1713SA Thu Apr 24 3 Sessions	Highland Park Elementary 6:00-8:00PM \$81
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TRIAL BY FIRE: AGES 11-15

1713SuA Thu Jul 17 3 Sessions	1780 West 7th 4:30-6:00PM \$60
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MAGIC FOREST: AGES 11-15

1713SuB Thu Aug 7 3 Sessions	1780 West 7th 4:30-6:00PM \$60
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POKÉMON MAYHEM (ADULT + CHILD)

One adult and one child, grades K-5. Register under the child's name. Master the rules of the Pokémon trading card game! Learn how to build basic and advanced decks and test them out in gameplay with fellow Pokémon fans. Earn prize coins to trade in for new Pokémon cards to take home.

B. Walker

1729SA Thu May 15 2 Sessions	Highland Park Elementary 6:00-7:00PM \$54 per Adult/Child pair
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1729SB Thu May 29 2 Sessions	Highland Park Elementary 6:00-7:00PM \$54 per Adult/Child pair
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LET'S TALK ABOUT BRUNO!

Grades K-2. Step into the magic of 'Encanto'! Discover your unique gift through theater games, music, and creative movement. Create artwork inspired by the movie's vibrant world. Let your creativity shine as we embrace what makes you extraordinary!

L. Paulson

1812SA Sat Apr 26 1 Session	Global Arts Plus Upper 8:00-10:00AM \$24
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MINI CAMP: SPANISH

Entering grades 1-5. ¡Vámonos! Learn Spanish vocabulary and verb conjugations through writing, reading, games and more.

Language Sprout

1611SuA Mon-Fri Jul 21 5 Sessions	L'Etoile du Nord Elem 1:00-3:30PM \$165
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YOUTH CLASSES



ACT PREP COURSE: IN-PERSON

Grades 10-12. Prepare for the ACT in a traditional classroom format with in-person instructors who present test-taking strategies, critical review, and time management for all testing areas of the ACT. Great for those who are uneasy about their test-taking skills or unsatisfied with previous ACT results. This course consists of four, three-hour classes that meet one day each week. All class materials provided.

Advantage Educational Programs

1997SA	Humboldt Secondary
Sat Apr 26	8:30-11:30AM
4 Sessions	\$180

ROYAL CHESS

Grades K-5. Develop the brain-bending strategies of a brilliant and complex game of chess! Learn openings, mid-game tactics, and advanced concepts from National and International Masters. No class May 26.

Twin Cities Chess Club

401SC	1780 West 7th
Mon Apr 7	5:00-6:00PM
8 Sessions	\$113

MINI CAMP: ROCKET BUILDER

Entering grades 1-5. Ever dreamed of launching a rocket into the sky? Discover how to build a real rocket with common materials that can be found in a recycling bin! Experiment with multiple design, building, and recovery techniques. This class is a blast!

CSGA Enrichment

1236SuA	Horace Mann School
Mon-Fri Jul 28	1:00-3:30PM
5 Sessions	\$160

1236SuB	L'Etoile du Nord Elem
Mon-Fri Aug 4	1:00-3:30PM
5 Sessions	\$160

ROBOTICS PROBLEM SOLVERS

Grades 3-5. Build your boldest bots! Discover basic robotics skills such as; programming, construction, testing, and design. Create robots to solve specific challenge problems that you generate together in class. Use scratch coding and Lego Spike Prime as your tools to conquer the robotics obstacles.

CSGA Enrichment

326SB	1780 West 7th
Tue Apr 8	5:00-6:00PM
8 Sessions	\$103

MOVEMENT



YOGA (ADULT + CHILD)

One adult and one child, ages 5-11. Register under the child's name. Come and join us on your mat! Adventure together through yoga movement and breathwork. Using sensory techniques and calming practices, learn stretching, self-regulation, and strengthening moves. Bring a yoga mat for each participant.

M. Nayeri

1977SA	Highland Park Elementary
Tue Apr 8	6:00-6:50PM
4 Sessions	\$58 per Adult/Child pair
1977SB	Highland Park Elementary

MINI CAMP: LIGHTSABER FENCING: THE 7 FORMS

Entering grades 2-6. Learn the sport of fencing -- with lightsabers! Discover the seven forms and how each is applied in the dueling ring and outside of it. Practice drills, play games, and compete in a tournament at the end of the camp!

B. Walker

1726SuA	Horace Mann School
Mon-Fri Jul 21	9:30AM-12:00PM
5 Sessions	\$124

JIU JITSU

Grades 2-5. Beginner friendly. Learn exciting moves while staying safe and respecting one another. Have fun, make friends, and become strong both in body and mind. Get ready for a thrilling adventure on the mats!

J. Thao

1054SA	Early Childhood Hub
Wed Apr 9	5:00-6:00PM
8 Sessions	\$68



Register early!

Our classes need a minimum enrollment to run. We cancel low-enrollment classes 3-5 business days out. So don't wait - register early!



Sorry, no same-day registration

We cannot accommodate same-day registrations. Registration and payment must be received at least 24 hours before the start of class.

YOUTH PICKLEBALL

Grades 1-3. This is your gateway to the country's fastest-growing paddle sport! Learn techniques, including groundstrokes, volleys, and serves, as well as the vital life skills of teamwork, sportsmanship, and respect. Journey into the world of pickleball excitement and come away with a newfound love of the game.

Skyhawks Sports Academy

1850SA	Early Childhood Hub
Wed Apr 9	5:10-6:10PM
4 Sessions	\$65

ALL ABILITIES DANCE: HIP-HOP

Grades K-5. For youth of all diverse abilities. Express yourself through movement in a supportive, community-minded environment. Find your voice and style through the lens of Hip Hop. Community Ed is not able to provide PCA level care or 1 on 1 assistance. If your dancer needs this type of care, caregivers are invited to join the class.

Young Dance

1201SA	Early Childhood Hub
Wed May 7	4:45-5:45PM
4 Sessions	\$68
1201SuA	Global Arts Plus Upper

Wed Jun 25	5:00-6:00PM
6 Sessions	\$87

ROCK CLIMBING: BEGINNER BOULDERING (ADULT + CHILD)

One adult and one child. Register under the child's name. Curious about rock climbing but don't know where to start? Bring your favorite adult and enjoy a day of bouldering! Bouldering is a type of indoor rock climbing that doesn't require any special harnesses or ropes.

Minneapolis Bouldering Project

GRADES 1-5

5197SA	Minneapolis Bouldering Project
Sun Apr 13	1:00-3:00PM
1 Session	\$41 per Adult/Child pair
5197SB	Minneapolis Bouldering Project
Sun May 4	1:00-3:00PM
1 Session	\$41 per Adult/Child pair
5197SuA	Minneapolis Bouldering Project
Sun Jun 22	1:00-3:00PM
1 Session	\$41 per Adult/Child pair

5197SuB	Minneapolis Bouldering Project
Sun Jul 13	1:00-3:00PM
1 Session	\$41 per Adult/Child pair

GRADES 6-8

5199SA	Minneapolis Bouldering Project
Sun Apr 27	1:00-3:00PM
1 Session	\$41 per Adult/Child pair
5199SuA	Minneapolis Bouldering Project

Sun Jul 20	1:00-3:00PM
1 Session	\$41 per Adult/Child pair

ROCK CLIMBING: BOULDERING 2.0 (ADULT + CHILD)

One adult and one child, grades 1-5. Register under the child's name. If you have some familiarity with rock climbing and bouldering or have taken a bouldering class before, this is the class for you. Bring your favorite grown-up and enjoy a day of bouldering! Take turns with your partner, testing out your skills and challenging each other!

Minneapolis Bouldering Project

5198SA	Minneapolis Bouldering Project
Sun May 18	1:00-3:00PM
1 Session	\$41 per Adult/Child pair
5198SuA	Minneapolis Bouldering Project

Sun Aug 17	1:00-3:00PM
1 Session	\$41 per Adult/Child pair

SAFETY

SAFEKIDS

Grades 4-6. Practice the basics of making safe choices at home, school, online, and in the community. Work with other kids to practice handling emergencies, advocating for yourself, reporting unsafe behaviors, and basic first aid. Start your SafeKids journal with lists of what you can do on your own, then take it home to finish with your family.

A. Grays

1911SA	1780 West 7th
Thu Apr 3	9:30-11:30AM
1 Session	\$40
1911SuA	1780 West 7th
Tue Jun 17	9:30-11:30AM
1 Session	\$40

BABY-SITTER'S TRAINING

Ages 11-14. The Safe Sitter® program prepares you to be safe when you're home alone or babysitting. Become the most sought-after babysitter in your neighborhood as you gain child-care techniques, including basic first aid, CPR, and how to call for help in an emergency. Bring a nut-free bag lunch.

A. Grays

1910SA	1780 West 7th
Wed Apr 2	9:30AM-2:30PM
1 Session	\$65
1910SB	1780 West 7th
Fri Apr 18	9:30AM-2:30PM
1 Session	\$65
1910SuA	1780 West 7th
Thu Jun 12	9:30AM-2:30PM
1 Session	\$65
1910SuB	1780 West 7th
Mon Jun 16	9:30AM-2:30PM
1 Session	\$65
1910SuC	1780 West 7th
Wed Jun 18	9:30AM-2:30PM
1 Session	\$65

YOUTH CLASSES

FULL-DAY SUMMER CAMPS

NEW DAY CAMP: CHANGEMAKERS

Entering grades 1-5. Ever wonder about how to make the world a better place? Gear up to work with new friends and plant seeds of change in your community! Discover how to break down big challenges into acts of service you can do every day.

Community Ed Staff

1112SuA	L'Etoile du Nord Elem
Mon-Fri Aug 11	9:00AM-4:00PM
5 Sessions	\$195 or Sliding Fee

NEW DAY CAMP: WIZARD OF OZ THEATRE

Entering grades 1-5. Follow the yellow brick road to the magical land of Oz, where Dorothy and her newfound friends embark on an unforgettable journey filled with courage, heart, and adventure! Audition, rehearse, and perform the show—every camper has a role. Camp concludes with a performance for family and friends. Bring a bag lunch.

Locally Grown Theatre

1189SuA	J.J. Hill
Mon-Fri Aug 18	9:00AM-4:00PM
5 Sessions	\$195 or Sliding Fee

NEW DAY CAMP: DOG MAN AND CAPTAIN UNDERPANTS: AN EPIC CAMPSCAPADE

Entering grades 1-5. Tra-la-la! Discover worlds where a kind police officer might lick you and principals are snapped into silly superheroes. Create your own villains, origin stories, flip-o-ramas, and comics. Play chomp-o-rama, make fart-a-tart, and work together to build a Turbo Toilet 2000. Ignite your creative superpowers and never forget..."It's not enough to just be good. We gotta do good! Even if things get scary!"

Community Ed Staff

1113SuA	Horace Mann School
Mon-Fri Aug 4	9:00AM-4:00PM
5 Sessions	\$195 or Sliding Fee

DAY CAMP: GALACTIC EXPLORERS

Entering grades 1-5. An out-of-this-world adventure! Explore the wonders of outer space, and use your imagination to make your own galactic discoveries. Design spaceships, launch rockets, and invent alien civilizations. Get lost in space with fellow explorers and have an astronomical blast!

Community Ed Staff

1065SuB	Horace Mann School
Mon-Fri Jul 14	9:00AM-4:00PM
5 Sessions	\$195 or Sliding Fee
1065SuA	L'Etoile du Nord Elem

NEW DAY CAMP: LAIR OF EVIL DUNGEONS AND DRAGONS

Entering grades 3-6. Learn how to play D&D, in a simplified way. Use problem-solving, communication, and teamwork in this roleplaying tabletop game to solve puzzles, defeat monsters, and protect villagers from harm. Bring your heart, might, and mind to the Adventurers' Guild – Lair of Evil campaign! Take home a set of dice and a character folder.

B. Walker

1712SuA	1780 West 7th
Mon-Wed Aug 18	9:00AM-2:00PM
3 Sessions	\$127 or Sliding Fee

DAY CAMP: MVPS IN TRAINING

Entering grades 1-5. Are you ready to experience the thrill of competition? Ready. Set. Go! Imagine the excitement of running onto the field as the crowd cheers you on. Can you feel the rush of running in for a touchdown? Making a break at the baseline? Hitting a home run? Join our team, and let's go for it! GOOOAL!!!

Community Ed Staff

1004SuA	L'Etoile du Nord Elem
Mon-Fri Jul 14	9:00AM-4:00PM
5 Sessions	\$195 or Sliding Fee

DAY CAMP: MESS MAKERS

Entering grades 1-5. Calling all mess-makers! Do you like things that ooze, goo, and go kaboom? Are you the messiest artist you know? Discover the art of mess and the science behind it.

Community Ed Staff

1239SuA	L'Etoile du Nord Elem
Mon-Fri Aug 4	9:00AM-4:00PM
5 Sessions	\$195 or Sliding Fee

1239SuB	Horace Mann School
Mon-Fri Jul 28	9:00AM-4:00PM
5 Sessions	\$195 or Sliding Fee

DAY CAMP: PLAYFUL PERFORMERS

Entering grades 1-5. Ready to run the show? Explore script writing, costume design, and stage production as you work together to put on a show-stopping performance at the end of the week. From curious beginners to seasoned performers—have a blast on stage with new friends.

Community Ed Staff

1245SuA	Horace Mann School
Mon-Fri Jul 21	9:00AM-4:00PM
5 Sessions	\$195 or Sliding Fee
1245SuB	L'Etoile du Nord Elem

Mon-Fri Jul 28	9:00AM-4:00PM
5 Sessions	\$195 or Sliding Fee

AMHARIC STORYTIME (ADULT + CHILD)

One adult and one child, ages 3-6. Register under the child's name. Explore Ethiopia's rich culture and language through Amharic storytelling, songs, and activities.

B. Bayissa

1111SA	Early Childhood Hub
Wed May 21	4:30-5:15PM
1 Session	\$0 per Adult/Child pair

NEW ☀ GERMAN MUSIC & STORYTIME (ADULT + CHILD)

One adult and one child, ages 2-4. Register under the child's name. Explore the world of German language and culture through fun songs, captivating stories, and creative play time! Discover the joy of connecting in a playful environment, while building a foundation for future language skills. Come sing, play, and explore the beauty of the German language!

B. Fretwell

1599SA	Wheelock Early Education
Fri Apr 25	10:15-11:00AM
6 Sessions	\$68 per Adult/Child pair

☀ BOOK & BAKE

Ages 3-5. If you loved our Book & Cook series then you are sure to love Book & Bake. Discover what happens if you *Give a Mouse a Cookie*, *Give a Moose a Muffin*, or *Give a Pig a Pancake* and then make food inspired by the books. Participants should be comfortable without their adult in the room.

A. Grays

1802SB	Global Arts Plus Upper
Sat Apr 19	9:00-10:00AM
4 Sessions	\$49

1802SA	Wheelock Early Education
Thu Apr 17	9:30-10:30AM
4 Sessions	\$49

GROOVY GRAVITY

Ages 3-5. Explore incline, speed, distance, and motion by rolling and sliding everyday objects. Engineer ramps of different heights, lengths, and materials. Use the scientific method to make guesses, test ideas, and see what happens! Participants should be comfortable without their adult in the room.

A. Gustafson

1194SA	Highland Park Elementary
Tue Apr 15	6:00-7:00PM
1 Session	\$37

☀ MINI CAMP: EXTREME ENGINEERS

Ages 4-5. Build a car with a launcher, a boat, a spinning top using gears, a doggie and much more. Build projects using LEGO® Duplo blocks and regular LEGO® bricks. Investigate the basic engineering concepts of gears, wheels and axles, and pulleys and levers. Use your creative thinking, teamwork and fun-having skills all at once! Participants should be comfortable without their adult in the room.

Youth Enrichment League

1129SuA	Horace Mann School
Mon-Fri Jul 28	10:00AM-12:00PM
5 Sessions	\$149

1129SuB	L'Etoile du Nord Elem
Mon-Fri Aug 4	10:00AM-12:00PM
5 Sessions	\$149

**Be sure to check the website**

Classes can be added throughout the season. Be sure to check the website for the most current offerings.

**I'm on a waitlist... now what?**

If a class you want is full, we will do our best to help you find an alternative or add you to a waitlist. If a space opens, we will let you know. If it doesn't work out, we always have more classes, so please try again next season!

YOUTH CLASSES

PRESCHOOL



CREATIVE MOVEMENT

Ages 3-5. Creative Movement offers a fun environment for children to explore, improvise, and express themselves through dance. Children develop gross and fine motor skills, as well as coordination, rhythm, teamwork, and listening skills. Participants should be comfortable without their adult in the room.

Young Dance

1160SA Wed Apr 23 6 Sessions	Early Childhood Hub 4:30-5:15PM \$87	1160SuA Mon Jun 23 6 Sessions	Global Arts Plus Upper 5:00-5:45PM \$87
1160SB Wed Apr 23 6 Sessions	Early Childhood Hub 5:15-6:00PM \$87	1160SuB Mon Jun 23 6 Sessions	Global Arts Plus Upper 5:45-6:30PM \$87

MESS MAKERS (ADULT + CHILD)

One adult and one child, ages 3-5. Calling all mess-makers! Do you like things that ooze, goo, and gloop? Are you the messiest artist you know? Join new friends to make epic messes together!

A. Gustafson

1194SD Tue May 6 1 Session	1780 West 7th 4:30-5:30PM \$37 per Adult/Child pair
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RIBBONS AND TWIRLS

Ages 3-5. Bust out your favorite dance moves and twirl the day away! Move your bodies with a whole lot of kid voice and choice. Build your own ribbon twirler to take home on the last day. Participants should be comfortable without their adult in the room.

A. Grays

1155SA Sat Apr 19 6 Sessions	Global Arts Plus Upper 10:15-11:00AM \$62
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RIBBONS AND TWIRLS: GRACIE'S CORNER

Ages 3-5. Wrap yourself in ribbon and dance like Gracie and friends! Move your bodies to all of your favorite Gracie's hits. Build your own ribbon twirler to take home on the last day. Participants should be comfortable without their adult in the room.

A. Grays

1155SB Sat Apr 19 6 Sessions	Global Arts Plus Upper 11:00-11:45AM \$62
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SINK OR FLOAT?

Ages 3-5. Experiment with water properties and density with household objects. Uncover the importance of size, weight, and shape in developing your hypotheses for floatability. Use your engineering skills to build your own stable mini boat to carry a load. Participants should be comfortable without their adult in the room.

A. Gustafson

1194SC Thu Apr 17 1 Session	Highland Park Elementary 6:00-7:00PM \$37
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SPROUTING GARDENERS

Ages 3-5. Gardening is an excellent way to explore the natural world. Through hands-on activities like planting, watering and harvesting, learn about plants, nature and responsibility. This fun and educational experience will help foster a lifelong love of the outdoors. Participants should be comfortable without their adult in the room.

A. Grays

1163SA Thu Apr 17 4 Sessions	Wheelock Early Education 10:45-11:30AM \$36
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SOCCERTOTS (ADULT + CHILD)

One adult and one child, ages 2-3. Register under the child's name. Introduce your little athlete to soccer with age-appropriate skill development and challenges. Practice motor skills, body control, and basic skills (dribbling, passing, shooting), and above all else, have fun together!

Skyhawks Sports Academy

1849SA Wed Apr 9 4 Sessions	Early Childhood Hub 4:30-5:00PM \$76 per Adult/Child pair
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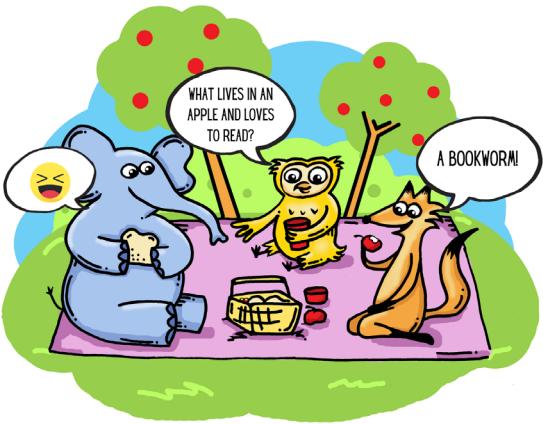
MINI CAMP: PRESCHOOL: SPANISH

Ages 3-5. ¡Vámonos! Learn Spanish vocabulary and verb conjugations through writing, reading, games and more. Participants should be comfortable without their adult in the room.

Language Sprout

1003SuA Mon-Fri Jul 21 5 Sessions	L'Etoile du Nord Elem 9:30AM-11:00PM \$165
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1003SuB Mon-Fri Aug 4 5 Sessions	Horace Mann School 9:30AM-11:00PM \$165
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SLIDING FEE OPTIONS AVAILABLE

REGISTER BY JUNE 2

Questions? Call: 651-767-8179

★ Make Learning Fun this Summer! ★

Entering K: \$36
Entering Grades 1-6: \$47

Keep academic skills sharp with a fun math and language arts program this summer.

Sign up to receive:

- A workbook with memorable CAHOOTS characters that inspire you to think creatively, take action and track your progress.
- Weekly responses from a Reflection Buddy via mail.
- A prize if you complete all the lessons!

spps.org/cahoots



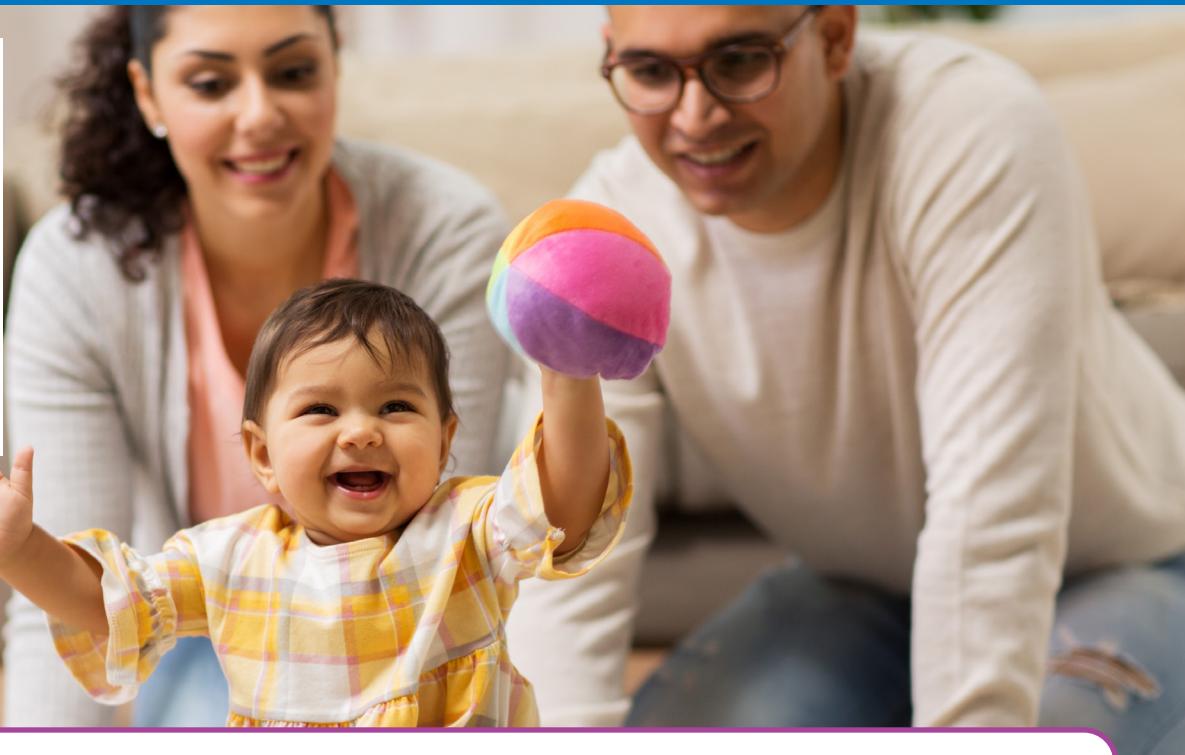
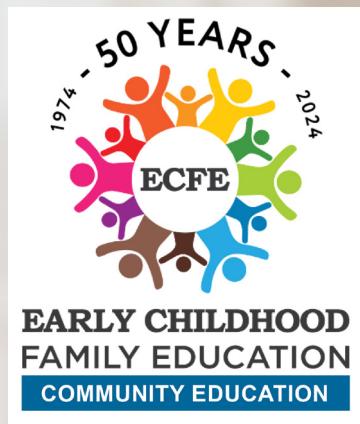
MORE TO EXPLORE!

spps.org/NaturePrek

Registration is now open for 3 and 4 year olds at St. Anthony Park Elementary School for full day and half day session Nature Discovery Pre-K Programming. We provide licensed teachers and curriculum that focuses on learning in a nature-based setting as well as bringing nature into the classroom. Extended care options are available through a close collaboration with Discovery Club, children can experience a full day of nature-based learning and play.



EARLY CHILDHOOD FAMILY EDUCATION



ECFE MISSION

The mission of ECFE is to empower families of young children, through education, to thrive where they live, play, and learn. ECFE provides education in child development and parent/child relationships, which sets the stage for children's school success.

WHAT YOU AND YOUR CHILD WILL GAIN FROM ECFE

- Information, new tools, and strategies to support healthy growth and development for both parents and children
- Enhanced family communication skills and co-parenting skills
- Strategies for balancing family life
- Children gain skills for school success, including development in literacy, mathematics, problem-solving, and social-emotional learning
- Opportunities to connect with other families and build relationships

WAYS TO PARTICIPATE

In-Person Classes

- Separating Classes
- Non-Separating Classes

Online Classes

Home Visits

ECFE provides home visits for families with children, ages birth to kindergarten. For parents, home visiting offers developmental information and referrals to community resources. For children, home visiting provides age-appropriate learning activities. To schedule a home visit, call **651-793-5410** or visit spps.org/ecfe.

WHAT HAPPENS IN ECFE?

ECFE provides learning for children, ages birth to kindergarten entrance, and their parents or caregivers. Children participate in age-appropriate children's activities taught by a licensed educator. Parents and caregivers meet with a licensed Parent Educator to receive information, tools, and strategies to support the healthy development of their children.

Que pasa en ECFE

ECFE proporciona aprendizaje para los niños, en las edades desde el nacimiento hasta el jardín de niños, y a sus padres o cuidadores.

Los niños participan en actividades apropiadas para su edad impartidas por un educador con licencia.

Los padres y cuidadores se reúnen con un educador de padres con licencia, y reciben información, herramientas y estrategias para apoyar el desarrollo saludable de sus hijos.

Si ustedes no pueden participar en una clase, llamen a Dora **612-306-2251** para una visita en casa.

Muaj Kawm Li Cas Hauv ECFE

ECFE muaj kev pab me nyuam kawm, hnub nyooq thaum mos txog rau tsib xyoos, thiab cov niam txiv los yog cov pab saib xyuas me nyuam. Me nyuam muaj kev kawm ua si qhia los ntawm tus xibfwb. Niam txiv muaj kev kawm los ntawm tus xibfwb
qhia txog kev pab me nyuam kev loj hlob thiab kev hais lus zoo, kev si haum xeeb tom vaj tom tsev.
Yog koj tuaj kawm tsis tau tom tsev kawm ntawv, hu tau tuaj rau **612-590-8035** teem caij tuaj pab me nyuam hauv tsev.

တိမန္ဒမေအသားလာ ECFE

ECFEဟုံ်တ်သိရှိလိုလိုသိရှိဆုံး၊သာနံပါ်အို့မျှုံ
တူယ်နံပါ်၊စီးပါ်သိရှိပိုပါးပျက်စွဲအိုးတေသနအနီးလို့
စီးပါ်ဆုံးမှလိန်တ်သိရှိလိုလိုအာန်လိုပါခြင်ပါးဘုံတ်
သိရှိလိုအိုးလာရှိနိုင်းလိုအုပ်သားတေသနလို့
ပိုပ်းပါးပျက်စွဲအိုးတေသနအနီးဘုံတ်သိရှိလိုအိုး
လာသရှိအိုးလိုအုပ်သား၊လာကနီးနှုံးဘုံတ်စွဲတ်
ကျိုး၊တ်သူတ်ဘုံး၊စီးတ်သူဗုံးပါန်ဟုံးလာကမာစာဖိုးသာ
ကို့ကိုထိုထိုထိုလာတ်မှလိုမာနီးအနီးလို့နဲ့နဲ့ထိုကို
လာနက်စ်များဘုံနှုံး၊ဝံသးစုကိုးပျောလိုလိုစိုး
ဖြော်ပေါ်စေရေးလာပကလ်အိုးသကိုးမာစာနေလာနဟံပါ်။

Waxyaabaha ay qabato ECFE?

ECFE waxay bixisaa waxbarashada carruurta, da'da dhalashada ilaa xanaanada (kindergarten), iyo waalidkooda ama daryeelayaashooda. Carruurta waxay ka qaybqaataan hawla carruurta ee da'da ku habboon ee uu barayo macalin shahaada ama shati haysta. Waalidiinta iyo daryeelayaashaba waxay la kulmaan macalinka Waalidka ee shahaadada haysta, waxa ayna helaan ama bartaan maclumaadka, qalabka, iyo xeeladaha lagu taageerayo horumarka caafimaadka leh ee carruurtooda. Haddii aadan kusoo soo biiri karin fasaladeena, wac lambarkan **-6512167640** si aad u ballansato in guriga lagugu soo booqdo.



EARLY CHILDHOOD FAMILY EDUCATION

ECFE PROGRAMS CURRENTLY AVAILABLE

	Belvidere	EC Hub Ladybugs	EC Hub Butterflies	Highland Park	Highwood Hills	Rondo	Wheelock Green Frog	Wheelock Yellow Duck
Monday Morning				Dads Class				
				Birth-K				
Monday Afternoon		Somali Families				Artful Parenting		
Monday Evening	Hispanic & Latinx Families 		American Indian Families 	Birth-K				
Tuesday Mornings			Birth-K	Birth-K	Hybrid Birth-K Drop-In			
Tuesday Afternoons						Hybrid Birth-K/ Drop-In		
Tuesday Evenings	Musical Me		Birth-K			African American Families 	Karen Families 	
Wednesday Mornings				Birth-K				New Baby
								Drop-In
Wednesday Afternoons				Hispanic & Latinx Families			Family Literacy (W/Th)	Birth-12 Mo.
Wednesday Evenings								
Thursday Mornings	Birth-2 Years		Birth-K	Drop-In				ECFE + ECSE
Thursday Afternoons	Birth-12 Mo.		New Baby				Family Literacy (W/Th)	
	Drop-In							
Thursday Evenings	Birth-K							
Friday Mornings	Birth-K	Birth-3 Years	Birth-K		Birth-K		Birth-K	

ECFE provides limited transportation to support families who cannot otherwise attend ECFE. Transportation boundaries are limited and are only for Saint Paul addresses. Check our website for more information.



Online class.



Limited care is available for siblings through age 9.



Early Childhood Screening

Su niño tiene tres años? ¡Es momento de hacer la evaluación!

Muaj peb xyoo lawd? Txog caij mus kuaj lawm!

Saddex jir ma kuu joogaa? Waa wakhtigii la baari lahaa!

သုတေသနပုဂ္ဂနယ်၊ သာနိုလ်မီ၊ တရာ့အကတိုင်းသုတေသန၊ ဘဏ်မြတ်သမ္မတီသုတေသန၊

Early Childhood Screening helps identify the health and developmental needs of young children before they enter kindergarten. The screening is required by Minnesota law for entrance into kindergarten in public schools. Screenings are free and available to children who are 3-5 years old. Priority is given to children who live in Saint Paul.

For more information:
spps.org/studentwellness
651-632-3746

Grades K-8 CDF Freedom Schools Summer Learning Programs 2025

June 24-August 1 | 8:45a.m. - 3:45p.m.
(No programs Friday, July 4)

**Capitol Hill Gifted and Talented Magnet
(Rondo Education Center)**

Program registration starts on March 14th.

**For registration, parent orientations
and other important dates visit:**

SPPS.ORG/CDF

Freedom Schools strengthens literacy skills through a research-based Integrated Reading Curriculum that features books, materials and projects that represent the heritages and experiences of our scholars. Essential features include Hero Elementary K-2; Science, Technology, Engineering, Arts, and Math instruction; Parent and Family Empowerment Events; Community Engagement; Pathways to Careers; Health and Wellness; Social Action; and Field Trips. Scholars see themselves in our high-quality Servant Leader Educators and community leader mentors/role models.



Scan me

Independent School District #625



Saint Paul
PUBLIC SCHOOLS

ADMINISTRATION

Dr. John Thein
Interim Superintendent
Jackie Turner
Chief of Administration & Operations
Anthony Walker
Director of Community Education

BOARD OF EDUCATION

Halla Henderson, Chair
Uriah Ward, Vice Chair
Erica Valliant, Clerk
Carlo Franco, Treasurer
Yusef Carrillo, Director
Chauntyll Allen, Director
Jim Vue, Director

COMMUNITY EDUCATION CITYWIDE ADVISORY COUNCIL (CWAC)

The Saint Paul Community Education Advisory Council meets four times annually. The purpose of the CWAC is to guide and assist the Community Education department in the fulfillment of the mission of providing quality lifelong learning opportunities for all residents.

Members provide valuable input from the community perspective on the evolution of activities, programs and services. We strive to build our council as diverse as our community in order to be representative of the entire School District.

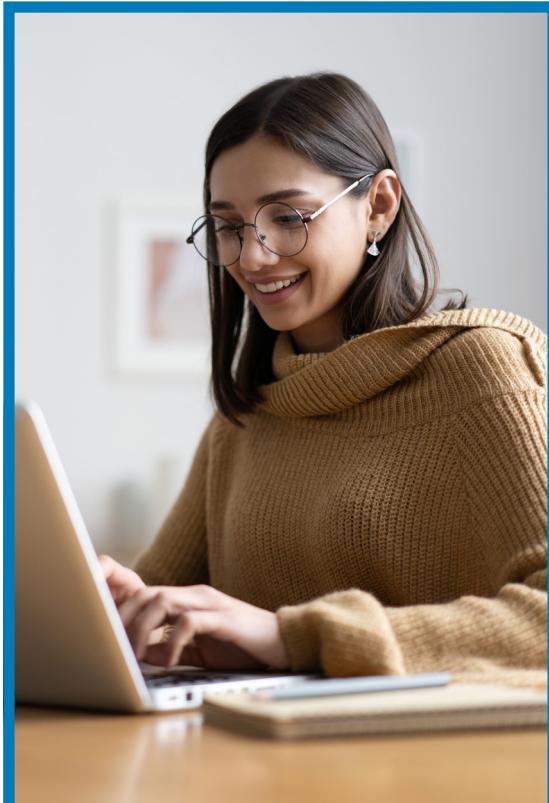
If you are interested in serving on our CWAC, please visit spps.org/CEboard.

SAINT PAUL PUBLIC SCHOOLS
spps.org • 651-767-8100

SAINT PAUL PUBLIC SCHOOLS COMMUNITY EDUCATION
commed.spps.org • 651-767-8179

Annual Notice to Students with Disabilities

Saint Paul Public Schools (SPPS) is committed to providing a Free and Appropriate Public Education (FAPE) for every student in the school district. It is the intent of SPPS to ensure that students who have a disability, within the definition of Section 504 of the Rehabilitation Act of 1973, are identified, evaluated and provided with reasonable and appropriate accommodations. For more information, please contact Saint Paul Public Schools at **651-603-4946**.



MEET OUR NEW PARTNER, ED2GO!

Ed2go offers a variety of online career training courses led by expert professionals in their respective fields from around the country! Programs are designed to provide the skills necessary to acquire professional-level positions. Examples include career training in C++ Programmer, Legal Terminology, Hotel Management, Engineering Technician, Medical Billing, Digital Arts and more.

careertraining.ed2go.com/spps

Ed2go also offers courses for personal enrichment that can be taken entirely online, in both instructor-led and self-paced formats. Examples include SAT/ACT/GRE Prep, Sign Language, Word Press Websites, Adobe Illustrator and more.

ed2go.com/spps

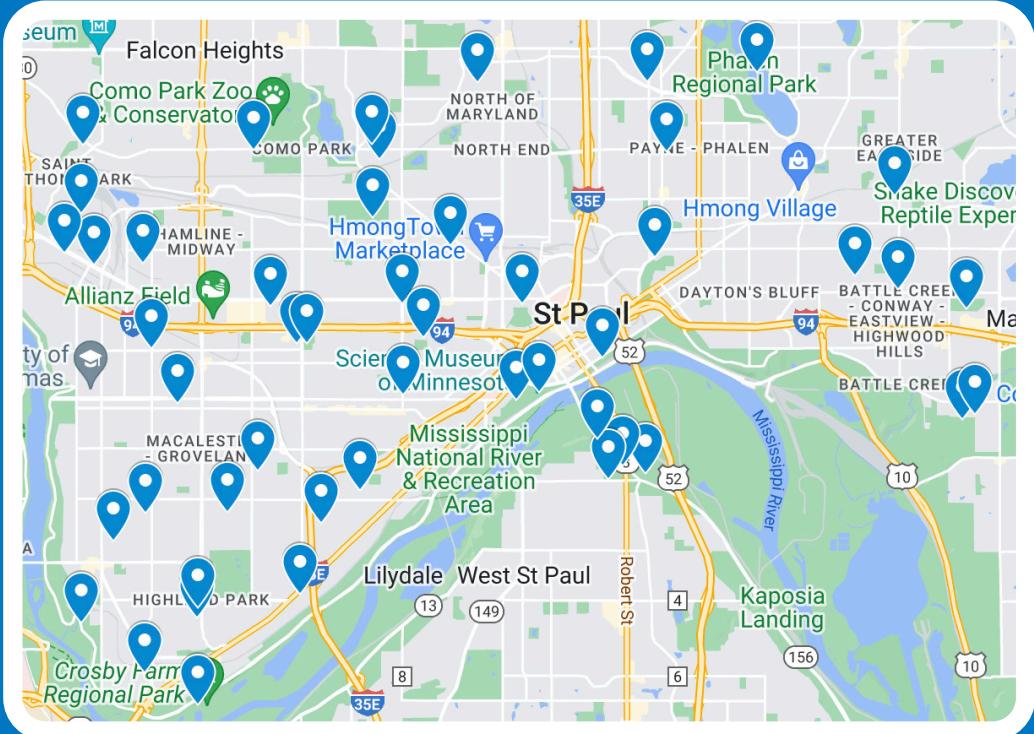
LOCATION ADDRESSES

Location addresses can be found online by scanning the QR code with your smartphone.



SCAN ABOVE

to view the full
Google Map of
Community Ed
Locations.



Full list of locations at: spps.org/communityedmap

ASSUMPTION OF RISK, SAFETY, & RESPONSIBILITY FOR CLASS CONTENT

There is an inherent risk of accident, harm, and injury in any class, program, trip, outing, or activity ("Activity"). It is the responsibility of the participant to be aware that there are assumed risks in participation in any Activity. Independent School District No. 625, Saint Paul Public Schools (the "District") assumes no responsibility for any harm, injury, or damages incurred during activities. Any changes in participants' current physical activity level should be done under the approval and direction of their physician and/or health care provider(s). By participating in any District Activity, the District may rely on the representation and warranty of the participant that the participant is sufficiently physically fit to participate and does not have any medical condition(s) that would prevent the participant's safe participation. If you require a reasonable accommodation to participate in an Activity, please refer to the Special Services section. Additionally, the opinions, presentations, and lectures of the instructor of a class are the instructor's own and do not represent the opinions or positions of the District. If you believe an instructor has violated District policy, then such violations must be reported as required by the applicable District policy.

REGISTRATION INFORMATION

**Saint Paul Public Schools
Community Education will
not hold classes:**

May 26, June 19, July 4, and
after 6:00pm August 12th.

Online

spps.org/commed

To create a new account: Click on 'Register' and then click on 'Sign In' on the top of the new page. Then click "Create one now."

By Phone

with Credit Card or ACH (Visa, MasterCard, Discover, Amex)

Call the Community Education Office at 651-767-8179, Monday-Thursday, 8:30am-4:30pm, and Friday, 8:30am-3:30pm.

Credit Card: Please have your credit card and expiration date ready.

Check/ACH: Please have the routing and account numbers from the bottom of your check ready. The routing number contains nine digits surrounded by I:

Refer to both the class title and course number when registering.

Please Note:

If you pay with a check/ACH, payment is processed and deducted from your checking or savings account immediately.

In Person

Visit the Community Education Office, Monday-Thursday, 8:30am-4:30pm, and Friday, 8:30am-3:30pm.

If paying in cash, exact amount only.

By Mail

**Community Education Administration Office
1780 West 7th Street
Saint Paul, MN 55116**

Complete a registration form and mail it with a check or credit card number (Visa, MasterCard, Discover, Amex) to the Community Education Office. If registering by mail, your place is confirmed when payment is processed (**make checks payable to ISD# 625**).

Please, no fax registrations.



Registration opens at 9:00am on March 13th.

Register early!

Our classes need a minimum enrollment to run. We cancel low-enrollment classes 3-5 business days out. So don't wait - register early!

Pay at Registration

Payment for your class is due when you register. Your spot in class will not be reserved until it is paid for in full.

Sorry, no same-day registration

We cannot accommodate same-day registrations. Registration and payment must be received at least 24 hours before the start of class.

I'm on a waitlist...now what?

If a class you want is full, we will do our best to help you find an alternative or add you to a waitlist. If a space opens, we will let you know. If it doesn't work out, we always have more classes, so please try again next season!

Cancellations

- Saint Paul Public Schools Community Education reserves the right to cancel classes due to lack of enrollment or emergencies.
- Make-up lessons or refunds are only available for classes postponed by the program. There are no refunds or make-ups for student absences.

Refunds

- To be issued a refund, you must cancel your registration a minimum of three business days prior to the class start date. You will receive a refund, minus a \$10 service charge.
- For classes and tours that have a published cancellation deadline, no refunds or credits will be issued after the specified dates.
- Full refunds or credits are issued if Community Education cancels a class or tour.

Closings Due to Weather

In case of bad weather, tune in to local media – broadcast, print, and online for information on school closures. Watch for communications or check the district's website at spps.org for the most current updates. Classes are not held when schools are closed due to the weather.

Disclaimers

Please see page 69 of this catalog for our Assumption of Risk, Safety, and Responsibility for Class Content Disclaimers.

Special Services

- If you need a reasonable accommodation to participate in a class or are planning to bring an aide, contact the Community Education Office at **651-767-8179** or commed@spps.org at least 3 business days in advance of the class start date.
- Service animals that fit the definition of Title II and Title III of the Americans with Disabilities Act are welcome. Leave other animals at home.
- Interpreters may be available upon request. Requests for interpreters must be made at least 3 business days prior to a class start date and are subject to availability. To request an interpreter please contact the Community Education Office at **651-767-8179** or commed@spps.org.

UCare

Eligible UCare members can use their Healthy Benefits+ Visa card allowance towards SPPS Community Education Classes. Register online or call **651-767-8179** to register by phone.

Need a Community Education Catalog?

Call **651-767-8179** or email commed@spps.org to get on the mailing list.

HOW TO USE THIS CATALOG



Registration Form



Participant Name: _____

Address: _____

City: _____ Zip: _____

Phone: _____ - _____ - _____ Cell: _____ - _____ - _____

E-mail: _____ Date of Birth: ____ / ____ / ____

Special Needs: _____

Emergency Contact:

Name: _____ Phone: _____

Youth only: _____

Guardian Name: _____

Grade: _____ School: _____

Payment:

[] Cash [] Check [] Visa [] MasterCard [] Discover [] Amex

Credit card# _____

Expiration Date: ____ / ____ Name: _____

Leave blank if same as registration.

Course#	Title	Begin Date	Time	Fee

Community Education
Administration Office
1780 West 7th Street
Saint Paul, MN 55116
651.767.8179

Full listing of classes
available online at
spps.org/commed



= New Class



= Online Class



= Daytime Class



**COMMUNITY
EDUCATION**
Saint Paul Public Schools

Community Education
Administration Office
1780 West 7th Street
Saint Paul, Minnesota 55116
651.767.8179
commed.spps.org

Nonprofit Org.
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Twin Cities, MN

Saint Paul
PUBLIC SCHOOLS

ECRWSS
Postal Customer



**YOUR
SAINT PAUL
YOUR
COMMUNITY ED**

HELP SHAPE OUR COMMUNITY EDUCATION PROGRAMS!

Your voice matters! We're conducting a survey to gather input on Community Education offerings in our community. Whether you're interested in classes, events, afterschool programming, early childhood programming, or adult basic education we want to know what you need!

Your feedback will help us create educational opportunities that truly benefit our community. It's quick and easy! Visit the link or scan the QR code to share your thoughts.

commed.spps.org/survey



Scan me