

# MT Nebo Half Marathon

## Age Group Results

September 10, 2011

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*Results By Race Management Systems, Inc.*

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### Half Marathon

#### Female 19 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>
1	Melanie Loveland		835	0	36	1:44:36.5
2	Amy Cuddeback		833	0	71	1:58:10.4
3	Brooke Rosenlof	Salt Lake City UT	753	16	73	1:58:16.9
4	Samantha Chipman	Payson UT	554	11	80	2:01:42.3
5	Ashlie Christensen	Payson UT	560	19	104	2:10:36.4

#### Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>
1	Rachelle Wardle	Payson UT	808	25	3	1:22:06.3
2	Shari Evers	Lehi UT	590	29	5	1:27:37.6
3	Courtney Jarrell	Lehi UT	657	20	6	1:29:00.0
4	Angie McCoy	Payson UT	708	29	8	1:30:40.0
5	Natalie Quilter	Taylorsville UT	740	29	20	1:37:48.4
6	Jennifer Burtenshaw	Saratoga Springs U	546	29	23	1:38:10.4
7	Sasha Spencer	Springville UT	832	22	27	1:39:21.2
8	Summerisa Bell		831	23	35	1:43:49.6
9	Jessica Aina	Salt Lake City UT	504	26	41	1:46:01.8
10	Kaydee Ivers	Santaquin UT	650	29	42	1:46:52.3
11	Andrea Fisher	Brigham City UT	595	27	43	1:47:01.7
12	Andrea Blackett	Nephi UT	527	28	45	1:47:07.0
13	Trisha Wood	Tooele UT	821	25	48	1:48:45.6
14	Lori Bikhazi	Albuquerque NM	524	26	57	1:52:12.5
15	Mandie Disbrow	Pleasant Grove UT	581	28	61	1:55:15.7
16	Kellie Post	Sandy UT	737	29	62	1:56:00.0
17	Emily Johnson	Payson UT	661	23	78	2:01:24.6
18	Kara Scovil	Pocatello ID	758	29	91	2:04:54.9
19	Kaulene Bomsta	Provo UT	528	24	92	2:04:55.4
20	Marci Parker	Spanish Fork UT	727	29	95	2:06:38.5
21	Melissa Strautins	Salt Lake City UT	784	27	99	2:06:45.7
22	Lisa Tynan	Salt Lake City UT	802	27	100	2:08:01.1
23	Rebecca Mader	Salt Lake City UT	697	25	101	2:08:02.4
24	Jennifer Henderson	West Jordan UT	635	29	107	2:15:37.8
25	Rebecca Plante	Provo UT	735	23	110	2:17:00.6
26	Celeste Christensen	Payson UT	562	29	113	2:17:49.7
27	Yolanda Lopez	Midvale UT	690	24	120	2:22:08.1
28	Chrystee Davenport	Slc UT	574	28	121	2:22:22.3
29	Kristen Macgregor	Lehi UT	695	29	123	2:24:33.8
30	Heather Rowley	Mapleton UT	755	29	128	2:28:56.0
31	Kat Irving	South Jordan UT	648	23	133	2:33:30.8
32	Kathy Hodgson	Payson UT	639	26	134	2:34:18.0
33	Vanessa Christensen	Tooele UT	559	25	135	2:35:20.4
34	Cami Mayhew	Morgan UT	707	23	137	2:35:36.2
35	Tiffany Burch	Payson UT	543	20	140	2:36:43.4
36	Ashley Becar	Eagle Mountain UT	520	28	143	2:40:04.8
37	Kayla Walker	Spanish Fork UT	805	27	147	2:48:52.7

#### Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>
1	Danielle Johnson	Orem UT	664	30	1	1:16:31.5
2	Martie Tamashiro	Lehi UT	786	34	4	1:25:59.4
3	Kim Harris	Santaquin UT	626	31	9	1:30:41.4
4	Laurel Spencer	Payson UT	772	39	10	1:30:42.4
5	Heather Bean	Lindon UT	519	34	11	1:31:05.3
6	Liz Laudie	Lehi UT	681	34	12	1:32:00.0
7	Becky Lebaron	North Salt Lake UT	683	35	13	1:33:15.9
8	Emily Benson	Santaquin UT	523	33	14	1:33:30.1
9	Jessica Golding	Payson UT	611	31	15	1:33:46.6
10	Heather Whytock	Bluffdale UT	813	33	16	1:34:07.0
11	Nikki Whitehead	Spanish Fork UT	812	35	17	1:35:18.8
12	Bonnie Bradley	Cloverglen Dr. CO	531	30	18	1:35:28.0
13	Tara James	Provo UT	655	33	21	1:37:54.1
14	Amy Schofield	Provo UT	756	38	22	1:37:54.6
15	Andy Shipley	Santaquin UT	764	34	24	1:38:16.3
16	Becky Flinders	Lehi UT	598	30	25	1:38:57.7
17	Deborah Carter	Spring Lake UT	551	37	29	1:41:52.5
18	Tessa Langholf	Springville UT	680	30	33	1:42:54.6
19	Cindy Koenig	Orem UT	672	31	37	1:44:48.2
20	Raylene Custer	Lehi UT	572	34	40	1:45:35.3
21	Jenny Wilde	Nephi UT	816	31	44	1:47:06.9
22	Nadeane Paskett	Cedar Hills UT	729	36	46	1:47:43.6
23	Jenny Graham	Salem UT	615	35	47	1:48:11.4
24	Kelli Brownlee	Saratoga Springs U	540	32	50	1:49:28.0
25	Abby Hansen	Lehi UT	623	30	53	1:51:03.6
26	Wendy Graham	Ogden UT	614	36	56	1:52:05.3
27	Katie Custer	Lehi UT	571	33	59	1:54:31.5
28	Amy Barney	Riverton UT	514	35	60	1:55:08.8
29	Melissa Shimanek	Cedar Hills UT	763	38	63	1:56:00.9
30	Kris Ewert	Saratoga Springs U	591	36	65	1:56:34.4
31	James Petersen	Lehi UT	732	35	66	1:56:48.2
32	Kiera Haddock	Orem UT	620	32	67	1:56:48.6
33	Shannon Erickson	Woodland Hills UT	589	38	68	1:57:00.7
34	Kathryn Isom	Provo UT	649	33	69	1:57:34.3
35	Sonia Briggs	West Valley City U	533	39	70	1:58:08.3
36	Kristy Lee	Saratoga Springs U	686	39	72	1:58:14.3
37	Jessica Jindra	Provo UT	659	33	74	1:58:35.0
38	Jeannette Black	Eagle Mountain UT	526	35	79	2:01:38.0
39	Nanette Chertudi	Lehi UT	553	35	83	2:02:08.4
40	Aimee Woolsey	Riverdale UT	823	36	84	2:02:08.7
41	Melissa Stratton	Provo UT	783	39	85	2:02:54.4
42	Kim Aagard	Murray UT	501	38	87	2:03:52.8
43	Roxanne Squire	Ephraim UT	776	38	88	2:04:05.9
44	Carina Lauritzen	American Fork UT	682	30	90	2:04:39.5
45	Crystal Mendenhall	Orem UT	709	31	93	2:06:02.9
46	Teresa Dyreng	Murray UT	584	31	97	2:06:41.3
47	Angela Chamberlain	Orem UT	552	36	98	2:06:43.7
48	Jennifer Kelley	Clinton UT	667	39	102	2:10:25.8
49	Lindsay Hunt	Saratoga Springs U	644	30	103	2:10:33.2
50	L. Nicole Porray	Springville UT	736	31	105	2:14:00.7
51	Lauren Loveless	Payson UT	691	32	106	2:14:31.4
52	Rachelle Fjord	Riverton UT	596	35	108	2:15:45.0
53	Annie Hedberg	Farmington UT	632	36	109	2:15:59.6
54	Cheryl Freeman	Santaquin UT	602	39	111	2:17:34.9
55	Randi Zacherson	Magna UT	827	31	112	2:17:41.1
56	Cathrina Wray	American Fork UT	824	32	114	2:18:49.3
57	Shelby Arrington	American Fork UT	509	33	115	2:18:54.5
58	Aunalia Rasmussen	Lehi UT	744	33	116	2:19:20.1
59	Julie Quilter	West Jordan UT	741	32	122	2:22:35.2
60	Holly Spraker	Salt Lake City UT	774	33	127	2:28:38.9
61	Jessica Craw	Portland OR	567	32	129	2:29:17.7
62	Tara (Tia) Chipman	Payson UT	555	34	131	2:31:29.9
63	Tricia Thomas	Spanish Fork UT	795	34	136	2:35:20.4
64	Kimberly Heiner	Salt Lake City UT	633	32	141	2:36:51.8
65	Allison Woidka	Spanish Fork UT	820	37	144	2:40:32.2
66	Emily Monroe	Spanish Fork UT	713	35	145	2:40:51.2
67	Michelle Fowler	West Valley UT	601	34	149	2:52:53.4
68	Kathie Ellsworth	Alpine UT	587	35	151	3:04:58.7
69	Melissa Jensen	Saratoga Springs U	658	31	154	3:18:52.2

**Female 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>
1	Julie Crossley	Pleasant Grove UT	569	42	2	1:19:37.5
2	Carrie Nelson	Lindon UT	719	48	7	1:29:21.7
3	Cindy Healey	American Fork UT	630	43	19	1:37:33.5
4	Mariam Gunderson	Spanish Fork UT	618	43	26	1:39:04.0
5	Samantha Holmgren	Salem UT	641	40	28	1:39:40.0
6	Jennifer Harrison	Erda UT	627	48	30	1:42:09.2
7	Melinda Kerns	South Ogden UT	668	47	31	1:42:30.1
8	Laura Sensenstein	Ogden UT	759	49	32	1:42:41.0
9	Mele Garfield	Springville UT	606	49	38	1:45:11.1
10	Jennalee Long	Spanish Fork UT	689	47	49	1:49:05.3
11	Kim Robins	NSL UT	748	45	52	1:50:26.1
12	Heather Barker	Santaquin UT	513	40	55	1:51:55.8
13	Karrie Middaugh	Tooele UT	710	46	58	1:52:42.3
14	Elizabeth Whitehead	Provo UT	811	41	64	1:56:16.4
15	Vicky Lucius	Layton UT	693	48	75	1:58:57.7
16	Mimi Jackson	Sandy UT	652	47	76	1:59:23.6
17	Marci Shaver-adams	Woodland Hills UT	761	42	77	2:01:02.3
18	Kristin Malm	Alpine UT	698	42	81	2:01:48.8
19	Kari Skinner	Salem UT	766	42	82	2:01:52.4
20	Sheree Torgerson	Goshen UT	797	45	86	2:02:56.8
21	Becky Rodeback	Alpine UT	751	49	96	2:06:40.3
22	Stephanie Pritchard	Grand Junction CO	739	41	130	2:29:24.0
23	Carolyn Haggin	Sandy UT	621	40	138	2:35:54.6
24	Kim Brown	Eagle Mountain UT	538	41	142	2:39:35.5
25	Deann Mayhew	Morgan UT	706	47	150	3:01:46.5
26	Julie Day	Alpine UT	579	43	152	3:04:59.0

**Female 50 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>
1	Carol Winter	South Jordan UT	819	54	34	1:43:06.9
2	Sharon Broeking	Salt Lake City UT	536	53	39	1:45:20.2
3	Sheila Christian	Highland UT	564	51	51	1:50:00.2
4	Janet Barton	Sandy UT	515	51	54	1:51:22.8
5	Carol Bell	American Fork UT	522	58	89	2:04:10.9
6	Melba Rasmussen	Nephi UT	743	53	94	2:06:16.8
7	Priska Bruhin	Langnau A. A. UT	542	54	118	2:20:36.4
8	Deborah Wilson	West Jordan UT	817	53	124	2:25:05.8
9	Jill Naylor	Kaysville UT	718	50	126	2:27:35.2
10	Eileen Wyckhuyse	Elk Ridge UT	825	55	132	2:31:57.2
11	Joyce Christensen	Payson UT	558	52	146	2:47:40.6
12	Danae Friel	Orem UT	603	55	148	2:48:55.8
13	Ange Taylor	West Jordan UT	790	50	153	3:09:29.3

**Female 60 and over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>
1	Nancy Sorensen	Salt Lake City UT	769	68	117	2:20:22.6
2	Marcia King	Santaquin UT	670	62	119	2:21:16.0
3	Susan Atkinson	SCOTTSDALE AZ	511	65	125	2:26:28.9
4	Mary Lamoreaux	Sandy UT	678	64	139	2:35:57.3

**Male 19 and under**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>
1	Taylor Howe	Salt Lake City UT	828	0	10	1:27:05.1
2	Kevin Burch	PAYSON UT	544	15	14	1:28:10.8
3	Unknown Partic. 343		343		26	1:34:06.1
4	Unknown Partic. 342		342		28	1:34:35.6
5	Kellon Izatt	Nephi UT	651	18	42	1:41:26.8
6	Unknown Partic. 337		337		63	1:49:16.3
7	Ethan Adams	Woodland Hills UT	502	15	76	2:00:17.5

8	Peter Gilchrist		836	0	89	2:10:19.9
9	Unknown Partic. 338		338		93	2:17:17.3
10	Unknown Partic. 340		340		98	2:22:57.3
11	Andrew Hendershot	Santaquin UT	830	19	99	2:24:28.3

**Male 20 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>
1	Travis Wardle	Logan UT	809	23	13	1:27:14.4
2	Eric Newren	American Fork UT	834	28	15	1:29:03.2
3	Todd Stewart	Bountiful UT	780	29	16	1:30:08.5
4	Joe Fail	Lehi UT	592	29	23	1:32:24.9
5	Jordan Boyle	Santaquin UT	530	29	24	1:33:27.3
6	Jason Faull	Salt Lake City UT	593	27	25	1:33:32.6
7	Jake Mann	Lehi UT	699	27	33	1:35:48.4
8	Sam Spencer	Springville UT	771	23	39	1:41:04.3
9	Chris Gambling	Santaquin UT	605	27	44	1:41:50.0
10	Carson Richins	Pleasant Grove UT	746	25	45	1:42:34.8
11	Nick MacKay	Orem UT	696	27	47	1:42:39.2
12	Tyler Walker	Lindon UT	806	24	48	1:42:52.8
13	Logan Day	AMERICAN FORK UT	578	27	52	1:44:25.2
14	Michael Stischak	Salt Lake City UT	781	28	59	1:47:38.6
15	Bradley Marshall	Lindon UT	704	27	67	1:51:07.9
16	Seth Burch	Payson UT	545	21	69	1:54:02.9
17	James Schwartz	West Jordan UT	757	28	74	1:58:20.5
18	David Trotter	Centerville UT	798	26	78	2:02:26.8
19	Karli Carter	Payson UT	550	27	80	2:04:45.5
20	Ronald Christensen	Payson UT	563	25	83	2:08:01.9
21	Andres Hermosillo	Salt Lake City UT	637	27	84	2:08:01.9
22	Christopher Hunt	Saratoga Springs U	643	29	86	2:10:07.3
23	Ben Deppe	Saratoga Springs U	580	26	87	2:10:10.1
24	Montana Thompson	Provo UT	796	22	92	2:17:01.1

**Male 30 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>
1	Dan Varga	Lehi UT	829	39	1	1:10:19.5
2	Andy Browning	Woods Cross UT	539	39	6	1:22:02.1
3	Ty Hansen	Lehi UT	625	30	7	1:23:27.2
4	Kelly Whytock	Bluffdale UT	814	38	12	1:27:13.1
5	Patrick Baum	Draper UT	517	39	17	1:30:35.3
6	Travis Twelves	West Valley City U	801	35	19	1:31:10.9
7	Jason Raff	Eagle Mountain UT	742	37	27	1:34:21.7
8	Darin Loertscher	Orem UT	688	34	29	1:35:05.3
9	Brian Lucas	Fruitland UT	692	39	30	1:35:14.4
10	Sean Mills	Salt Lake City UT	712	31	34	1:36:30.0
11	James Fowler	West Valley City U	599	36	37	1:37:02.0
12	David Anderson	Riverton UT	508	38	40	1:41:04.4
13	Eric Goeller	West Valley UT	610	39	49	1:42:58.6
14	Jared Havens	Lehi UT	629	32	50	1:43:12.9
15	Justin Fleming	Cottonwood Heights	597	32	55	1:45:38.8
16	Christopher Carr	Draper UT	548	36	57	1:46:02.8
17	Richard Holland	Clearfield UT	640	37	61	1:48:12.8
18	Steven Haddock	Orem UT	619	37	73	1:56:37.1
19	Thomas Pounds	Spanish Fork UT	738	37	77	2:02:09.2
20	Derek Sorensen	Saratoga Springs U	767	31	79	2:03:27.2
21	Jarin Broadbent	Santaquin UT	535	35	82	2:06:06.6
22	Chris Shirley	Sandy UT	765	35	96	2:20:44.3
23	David Davenport	SLC UT	575	32	97	2:22:02.2
24	Jeff Perlman	Salt Lake City UT	731	32	100	2:28:00.0

**Male 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>
1	David Taylor	Mapleton UT	788	43	2	1:11:17.9
2	Ronnie Andersen	Payson UT	505	48	4	1:18:53.5
3	Bruce Bean	Lindon UT	518	41	18	1:30:55.0

4	John Tucker	Lindon UT	800	45	20	1:31:35.3
5	John Miller	Draper UT	711	41	21	1:32:05.1
6	Kris Lundell	South Jordan UT	694	47	22	1:32:24.7
7	Joseph Shimanek	Cedar Hills UT	762	41	35	1:36:43.1
8	Brian Robins	NSL UT	749	48	38	1:39:10.8
9	Jerry Kou	Herriman UT	675	48	41	1:41:09.3
10	Evan Harrison	Erda UT	628	49	43	1:41:44.4
11	Brad Davies	Orem UT	576	44	46	1:42:35.1
12	Michael Cunningham	Santaquin UT	570	49	56	1:45:43.8
13	Keith Grover	Provo UT	617	42	58	1:46:08.4
14	Scott Paskett	Cedar Hills UT	728	40	60	1:47:41.9
15	Todd Huff	Spanish Fork UT	642	45	62	1:48:16.4
16	Tracey Lee	Saratoga Springs U	685	40	64	1:49:32.0
17	Tom Gleason	Cedar Hills UT	608	46	65	1:49:49.2
18	Brian Johnson	Springville UT	663	46	66	1:50:18.0
19	Craig Stevenson	Payson UT	779	45	68	1:52:31.4
20	Kirk Thomas	Bountiful UT	794	42	71	1:54:39.9
21	Kevin Davis	Alpine UT	577	49	72	1:55:27.5
22	Beckie Hermansen	Ephraim UT	636	41	90	2:12:33.8
23	Daymon Stephens	Fairfield UT	778	40	91	2:15:56.6
24	Steven Vawdrey	American Fork UT	804	44	94	2:19:05.9
25	Brent Boulter	Alpine UT	529	45	95	2:19:06.6
26	Bret Chipman	Payson UT	556	43	101	2:31:28.8

**Male 50 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>
1	Dan Kerns	South Ogden UT	669	53	3	1:17:53.4
2	Scott Nelson	Lindon UT	721	51	5	1:21:00.0
3	David Crawford	Draper UT	568	51	8	1:23:42.8
4	Keith Barton	Sandy UT	516	54	9	1:23:50.1
5	Marino Bruhin	Langnau A. A. UT	541	55	11	1:27:09.0
6	Bryan Johnson	Orem UT	662	54	31	1:35:23.3
7	Rick Sensenstein	Ogden UT	760	53	32	1:35:30.0
8	James Fowler	American Fork UT	600	56	36	1:36:57.2
9	Dan Hansen	Payson UT	622	51	54	1:45:36.6
10	Clint Friel	Orem UT	604	55	70	1:54:17.3
11	Ron Mayhew	Morgan UT	705	50	75	1:59:04.4
12	Delynn Rodeback	Alpine UT	750	57	81	2:05:11.1
13	Lon Hendershot	Santaquin UT	634	52	85	2:09:42.3

**Male 60 and over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>
1	David Broadbent	Santaquin UT	534	63	51	1:43:52.8
2	Ricahrd Jordan	Richfield UT	665	61	53	1:44:57.5
3	James Atkinson	Scottsdale AZ	510	67	88	2:10:17.0

\*Overall place within gender.

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