### Introduction

# IMAGE-BASED MULTI-FRUIT RECOGNITION AND NUTRITIONAL FACTS ESTIMATION FOR HEALTH MANAGEMENT

**Problem Definition:** Considering recent advancements and the spread of awareness on the impact the foods we consume have on us, more people have focused on personally improving their wellbeing by regulating and tracking what they eat. From quantities to nutrition benefits and allergen information. The importance of incorporating fruits into our diets is now well-documented as fruits provide nutrients like vitamins, minerals, iron, and calcium that help fight against and prevent several health conditions (Volpe 2019). Consuming fruits can lower the risk of chronic diseases like diabetes, hypertension, dementia and heart disease (Boeing et al. 2012). The need to monitor food consumption and eat more fruits is important to prevent these diseases and can also help people suffering from any of these conditions manage their diet better.

Traditional methods of monitoring food consumption like journaling and manually tracking/keeping records of each food eaten and figuring out what fruit to eat with information about their nutritional value have proven tedious and highly ineffective. People find it difficult to maintain these habits in as little as a couple of days from when they start (Sahoo et al. 2019). This has birthed the emergence of tools to automate this process. Computer vision techniques (specifically deep learning methods) are the backbone of this development as they aid the accurate recognition and classification of objects in an image. A typical use case is the capturing of the image of food, or a combination of fruits and an application recognizes and classifies the image's content, provides nutritional content and even portion estimates. These tools outperform the manual approach and have yielded effective results and steady user adoption.

## **Aims and Objectives**

This project aims to classify images of fruits in an image and then provide nutritional facts and health benefits/downsides related to the classified fruits. This is a multi-label classification problem as the fruits in the images are not mutually exclusive (i.e. more than one fruit can be found in an image). This problem is novel as we did not come across any single open source solution with this exact use case. Most solutions were centered around scene classifications (Mountains, beach, sunset etc.) or text classifications (document tagging, sentiment analysis).

The following objectives were identified:

**Data Collection:** Creating the dataset containing fruit images and collecting their corresponding nutritional facts and health information.

**Data Prepping** Perform data quality checks, split the data into train and validation sets for model training and performance evaluation.

**Model Training/Selection/Performance Evaluation:** Train different neural networks to compare and evaluate their performance on the test data to decide the best suited model. (During model evaluation and inference, validation accuracy would be the metric used to decide how good the model is)

**Evaluation of findings:** After the model has been built, we would record our findings, limitations and recommendations while evaluating the extent to which the problem has been solved.

## **Data Acquisition**

After searching through numerous fruits image datasets to solve this multi-label classification problem, we eventually had to create our dataset. Most datasets available were designed for binary and multi-class problems where the intended classification output per image was one fruit.

For this project, we used images of multiple fruits in an image. There were also some images that had just one fruit in them.

We purchased fruits of 12 different varieties and took a total of 407 images with a white backdrop. We ensured randomness when mixing the fruits for the images captured. The fruits used were banana, orange, apple, pear, kiwi, grape, blueberry, strawberry, raspberry, red grapes, green grapes and lemon.

These images had a JPEG compression, sRGB color representation and 2268 x 2269 pixel dimensions. They were taken using a Samsung Galaxy A50 mobile phone.

We archived all folders (images, labels and health info) for this project and uploaded on google drive and used the gdown library to bring them into Colab.

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#For natural sorting in python (I used this to sort my file path outputs for getting image files)

!pip install natsort

Importing all libraries required for data exploration, visualisation, model building, training and evaluation

## #Standard library imports

```
import numpy as np
import pandas as pd
import matplotlib.pyplot as plt
import os
import math
import PIL
from PIL import Image
from pathlib import Path
from tqdm import tqdm, trange
```

```
import torch
import torchvision
from torchvision import datasets, transforms
from torchvision.io import read_image
import torch.nn as nn
import torch.optim as optim
from torch.utils.data import Dataset, DataLoader
import torchvision.models as models
```

from natsort import natsorted

```
#Using pandas to read in label and health data files
train_data = pd.read_csv('/content/fruits/train_labels.csv')
test_data = pd.read_csv('/content/fruits/test_labels.csv')
#nutrition_data = pd.read_csv('/content/fruits/NutFruits.csv',
engine='python', encoding = "ISO-8859-1")
```

A preview of how we labelled each image in the train and test datasets and their respective sizes.

- 1 presence of fruit in the image
- 0 Absence of fruit in the image

#Image file name and corresponding label representation
print(train\_data.shape, test\_data.shape)
train\_data.head()

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	strawberry	raspberry	red grape	green_grape	lemon
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banana = '''Bananas are a healthy source of fiber, potassium, vitamin
B6, vitamin C, and various antioxidants and phytonutrients.

1 medium-sized banana(100g) contains: Calories: 89, Water: 75%,
Protein: 1.1 grams, Carbs: 22.8 grams, Sugar: 12.2 grams, Fiber: 2.6
grams, Fat: 0.3 grams

Bananas are a rich source of carbohydrate.

Bananas are a good source of several vitamins and minerals, especially potassium, vitamin B6, and vitamin C

Bananas are a good source of potassium. A diet high in potassium can lower blood pressure in people with elevated levels and benefits heart health.

Bananas are high in potassium, a mineral that promotes heart health and normal blood pressure. One medium-sized banana contains around 0.4 grams of this mineral.

people with diabetes should avoid eating a lot of well-ripened bananas. It's always best to monitor blood sugar levels carefully after consuming high amounts of of sugar and carbs.

If not consumed in moderation, is a risk factor for constipation.'''

orange = '''For 1 orange (140 grams): Calories: 66, Water: 86% by
weight, Protein: 1.3 grams, Carbs: 14.8 grams, Sugar: 12 grams, Fiber:
2.8 grams, Fat: 0.2 grams,

Vitamin C: 92% of the Daily Value (DV)

Folate: 9% of the DV Calcium: 5% of the DV Potassium: 5% of the DV

Oranges are a good source of fiber

Consuming vitamin-C-rich foods may help prevent anemia, a condition that occurs when your body lacks adequate amounts of the mineral iron. Put simply, this bright citrus fruit is an excellent addition to a healthy diet.''

apple = '''Medium-sized apple (100 grams): Calories: 52, Water: 86%,
Protein: 0.3 grams, Carbs: 13.8 grams, Sugar: 10.4 grams, Fiber: 2.4
grams, Fat: 0.2 grams

Blood cholesterol and heart disease

Blood sugar control and type 2 diabetes

Many test-tube and animal studies suggest that apple phytonutrients can protect against cancers of the lungs and colon

Apples are healthy, tasty, and among the most popular fruits in the world.

Although they are not particularly rich in vitamins and minerals, they're a good source of fibers and antioxidants.

Apples may have several benefits, including improved heart health and a lower risk of cancer and diabetes. They may also aid weight loss. If you want to eat healthy, apples are an excellent choice.'''

pear = '''A medium-sized pear (178 grams) provides the following
nutrients: Calories: 101, Protein: 1 gram, Carbs: 27 grams, Fiber: 6
grams, Vitamin C: 12% of the Daily Value (DV)

Vitamin K: 6% of DV Potassium: 4% of the DV

Copper: 16% of DV

Pears are a powerhouse fruit, packing fiber, vitamins, and beneficial plant compounds.

These nutrients are thought to fight inflammation, promote gut and heart health, protect against certain diseases, and even aid weight loss.

Just be sure to eat the peel, as it harbors many of this fruit's nutrients.'''

kiwi = '''A 3.5 ounce (100-gram) serving of green kiwi: Calories: 64,

Carbs: 14 grams, Fiber: 3 grams, Fat: 0.44 grams, Protein: 1 gram

Vitamin C: 83% of the Daily Value (DV)

Vitamin E: 9% of the DV Vitamin K: 34% of the DV Folate: 7% of the DV

Kiwis are a small fruit with a satisfyingly sweet taste and an impressive nutrient profile.

Not only are they packed with nutrients, like vitamins C and E, but studies show they may also benefit the health of your heart and digestive system and help you boost your intake of protective plant compounds.

Kiwis are also easy to use in the kitchen and you can enjoy them in both sweet and savory recipes.'''

grape = '''Here are some of the major nutrients found in half of a
medium-sized grapefruit: Calories: 52, Carbs: 13 grams, Protein: 1
gram, Fiber: 2 grams

Vitamin C: 64% of the recommended dietary intake (RDI)

Vitamin A: 28% of the RDI

It may reduce the risk of kidney stones

Grapefruit has hydration benefits

It's easy to add to your diet

Grapefruit has weight loss benefits'''

blueberry = '''A 3.5-ounce (100-gram) serving of raw blueberries has:

Calories: 57, Water: 84%, Protein: 0.7 grams, Carbs: 14.5 grams,

Sugar: 10 grams Fiber: 2.4 grams Fat: 0.3 grams

Good for brain and heart health

Blueberries Reduce DNA Damage, Which May Help Protect Against Aging and Cancer

Blueberries Protect Cholesterol in Your Blood From Becoming Damaged

Blueberries May Lower Blood Pressure

Blueberries May Help Prevent Heart Disease

Anthocyanins in Blueberries May Have Anti-Diabetes Effects'''

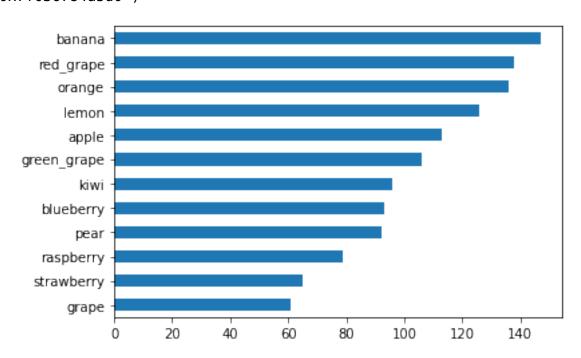
strawberry = '''Strawberries mainly consist of water (91%) and carbohydrates (7.7%). They contain only minor amounts of fat (0.3%) and protein (0.7%).

The nutrients in 3.5 ounces (100 grams) of raw strawberries are: Calories: 32, Water: 91%, Protein: 0.7 grams, Carbs: 7.7 grams Sugar: 4.9 grams Fiber: 2 grams Fat: 0.3 grams Good for heart health Blood Sugar regulation Cancer prevention The health benefits include reduced cholesterol, blood pressure, inflammation, and oxidative stress. Furthermore, these berries may help prevent big spikes in both blood sugar and insulin levels.''' raspberry = '''One cup (123 grams) of red raspberries contains: Calories: 64, Carbs: 14.7 grams, Fiber: 8 grams, Protein: 1.5 grams, Fat: 0.8 grams Vitamin C: 54% of the Reference Daily Intake (RDI), Manganese: 41% of the RDI, Vitamin K: 12% of the RDI, Vitamin E: 5% of the RDI B vitamins: 4-6% of the RDI, Iron: 5% of the RDI, Magnesium: 7% of the RDI Phosphorus: 4% of the RDI Potassium: 5% of the RDI Copper: 6% of the RDI May Have Cancer-Fighting Properties High Fiber and Tannin Content May Benefit Blood Sugar Control Improve Arthritis Aid weight loss Combat aging Raspberries are low in calories but high in fiber, vitamins, minerals and antioxidants. They may protect against diabetes, cancer, obesity, arthritis and other conditions and may even provide anti-aging effects. Raspberries are easy to add to your diet and make a tasty addition to breakfast, lunch, dinner or dessert.''' red grape = '''Grapes are high in several important nutrients. Just 1 cup (151 grams) of red or green grapes provides: Calories: 104, Carbs: 27 grams, Protein: 1 gram, Fat: 0.2 grams, Fiber: 1.4 grams, Copper: 21% of the daily value (DV) Vitamin K: 18% of the DV, Thiamine (vitamin B1): 9% of the DV, Riboflavin (vitamin B2): 8% of the DV, Vitamin B6: 8% of the DV Potassium: 6% of the DV, Vitamin C: 5% of the DV, Manganese: 5% of the DV, Vitamin E: 2% of the DV May have anticancer effects Reduce Cholesterol Aid heart health May protect against diabetes and lower blood sugar levels''' green grape = '''Grapes are high in several important nutrients. Just

1 cup (151 grams) of red or green grapes provides: Calories: 104

```
Carbs: 27 grams, Protein: 1 gram, Fat: 0.2 grams, Fiber: 1.4 grams,
Copper: 21% of the daily value (DV)
Vitamin K: 18% of the DV, Thiamine (vitamin B1): 9% of the DV,
Riboflavin (vitamin B2): 8% of the DV, Vitamin B6: 8% of the DV
Potassium: 6% of the DV, Vitamin C: 5% of the DV, Manganese: 5% of the
DV, Vitamin E: 2% of the DV
May improve memory, attention, and mood
May support bone health
May benefit skin and hair health
May have anti-obesity effects
May relieve constipation
Grapes offer several important nutrients and powerful plant compounds
that benefit your health.
Antioxidants like resveratrol provide most of grapes' benefits,
including their anti-inflammatory, anti-diabetes, and anticancer
properties.'''
lemon = '''Lemons contain very little fat and protein. They consist
mainly of carbs (10%) and water (88-89%).
A medium lemon provides only about 20 calories.
The nutrients in 1/2 cup (100 grams) of raw, peeled lemon are:
Calories: 29, Water: 89%, Protein: 1.1 grams
Carbs: 9.3 grams, Sugar: 2.5 grams, Fiber: 2.8 grams, Fat: 0.3 grams
Anemia prevention
Improve Heary Health
Lemons are a refreshing fruit usually not eaten whole but rather as a
garnish or flavoring.
They are an excellent source of vitamin C. soluble fibers, and plant
compounds — all of which can provide health benefits.'''
nutrition = {
   "banana": banana,
   "orange": orange,
   "apple": apple,
   "pear": pear,
   "kiwi": kiwi,
   "grape": grape,
   "blueberry": blueberry,
   "strawberry": strawberry,
   "raspberry": raspberry,
   "red grape": red grape,
   "green grape": green_grape,
   "lemon": lemon
   }
The distribution of each fruit across the images in the training dataset
#Train images distribution
train columns = train data.columns.tolist()[1:]
```

```
train data[train_columns].sum().sort_values(ascending=False),
train_data[train_columns].sum().sort_values().plot(kind="barh")
(banana
                 147
 red grape
                138
 orange
                136
 lemon
                 126
 apple
                 113
                 106
 green_grape
 kiwi
                  96
 blueberry
                  93
                  92
 pear
 raspberry
                  79
 strawberry
                  65
 grape
                  61
 dtype: int64, <matplotlib.axes. subplots.AxesSubplot at
0x7f036784a5d0>)
```



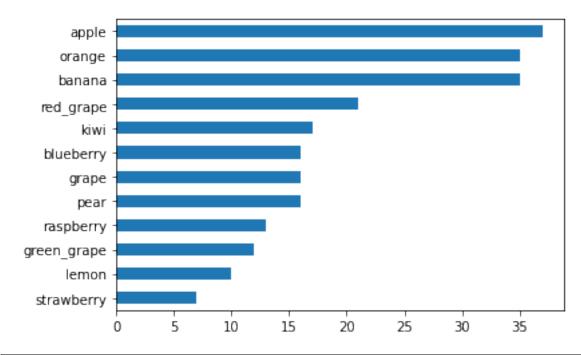
The distribution of each fruit across the images in the validation dataset

```
#Test images
```

```
test_columns = test_data.columns.tolist()[1:]
test_data[test_columns].sum().sort_values(ascending=False),test_data[t
est_columns].sum().sort_values().plot(kind="barh")
(apple 37
```

banana	35
orange	35
red_grape	21
kiwi	17
pear	16

```
grape 16
blueberry 16
raspberry 13
green_grape 12
lemon 10
strawberry 7
dtype: int64, <matplotlib.axes._subplots.AxesSubplot at
0x7f036777ca50>)
```



### **Models**

#### **Convolutional Neural Network Model**

Convolutional Neural Networks (CNN) are a supervised machine learning technique based on deep learning and are widely used for image classification due to their ability to handle non-linear relationships between an image attribute and its class (Murphy 2016). Supervised learning involves classifying (predicting) or identifying the class of a given input data based on previous examples. In the image classification pipeline, an image and its corresponding label are passed into a neural network and the network identifies specific attributes of that image and in turn associates it with the labelled class.

CNNs consist of a collection of convolutions, pooling and connected layers that perform feature extraction and then classification. The convolution layer scans through an array of image pixels (1 pixel at a time) using a predefined number of filters and preserves the correlation between these pixels to observe and learn the image's features. The outcome of this process creates a feature map. In the pooling layer, the feature map's size is reduced

using averaging or maximum techniques to reduce the parameters of the feature map and improve the processing time of the network. In the last layer, the class of the image is stored, and a mathematical representation of the image attribute is what is used for subsequent classifications.

Our proposed problem solver implements a Convolutional Neural Network to perform feature abstraction on an image of multiple fruits and classify that image as containing multiple fruit classes. Our approach is shown in the figure below:

### Our next steps involved:

- 1. Loading the dataset and structuring it for training the neural network
- 2. Defining the Convolution Neural Network (CNN)
- 3. Defining a loss function
- 4. Training the model on the training data
- 5. Testing the model on the test data
- 6. Using a pretrained model on the training data
- 7. Testing the model
- 8. Comparing the perfomance of both models

## **Data Processing & Preparation**

We created functions and a custom dataset class to prepare our train and test data for the CNN model.

```
def get image files(path):
  ''' returns images in the specified path '''
  x = [f for f in Path(path).iterdir()]
  image_list = [Path(p) for p in natsorted([str(p) for p in x])]
  return image list
class CustomFruitsDataset(Dataset):
  '''Creating a custom dataset class that takes in the image
directory, labels file and transforms the images to tensors as a
default'''
  def __init__(self, image_dir, labels csv,
transform=transforms.ToTensor()):
    super().__init__()
    self.csv = pd.read_csv(labels_csv)
    self.x = image dir
    self.y = self.csv.drop(['id'], axis=1)
    self.transform = transform
  def __len__(self):
```

```
return the size of the dataset''
return len(self.y)

def __getitem__(self, ix):
    '''this class method would return and image tensor and its
corresponding label'''
    fn = self.x[ix]
    im = PIL.Image.open(fn)
    im = self.transform(im).float()
    label = torch.from_numpy(self.y.iloc[ix].values).float()
    return im, label
```

At this point, we specify where the images and labels are stored then call the **get\_image\_files function** to get the images in each directory.

```
#Directories of the train and test images
train_dir = '/content/fruits/train/'
test_dir = '/content/fruits/test/'

#Directories of the trainand test image labels
train_labels = '/content/fruits/train_labels.csv'
test_labels = '/content/fruits/test_labels.csv'

#calling the get_image_files function to collect all images in these
directories
train_files = get_image_files(train_dir)
test_files = get_image_files(test_dir)
```

Using augmentation techniques (Pytorch 2022a), we doubled our dataset by applying transforms and then concatenating the original dataset with the transformed dataset.

#### Transforms applied on the original training dataset:

- torchvision.transforms.ReSize((256,256)) Resizes the input image to the specified size (256 width, 256 height).
- torchvision.transforms.ToTensor() Converts the given PIL Image to tensor.
- torchvision.transforms.Normalize(mean, std) This is done to normalize a tensor image with its mean and standard deviation (which are calculated by getting the mean and standard deviation across each channel).

#### Transforms applied on the training dataset used to add data:

- torchvision.transforms.ReSize((256,256))
- torchvision.transforms.RandomHorizontalFlip(p=0.9) Horizontally flip the given image randomly with a given probability. 0.9 in this case maeans the image would get flipped 9 out of 10 times.
- torchvision.transforms.RandomAdjustSharpness(sharpness\_factor=2) This adjusts the sharpness of the image

- torchvision.transforms.ColorJitter(brightness=(0.8, 1.5), contrast=(0.8,1.5)) Randomly changes the brightness and contrast of an image within the specified range.
- torchvision.transforms.RandomPerspective(distortion\_scale=0.4, p=0.3, fill=(255,255,255)) This performs a random perspective transformation of the given image with a given probability.
- torchvision.transforms.ToTensor()
- torchvision.transforms.Normalize(mean, std)

#### Transforms applied on the original test dataset:

- torchvision.transforms.ReSize((256,256))
- torchvision.transforms.CenterCrop((224,224)) Crops the given image at the center using the specified dimensions.
- torchvision.transforms.ToTensor()
- torchvision.transforms.Normalize(mean, std)

#### Calculating the mean and standard deviation of each channel in the images:

```
X = []
for i in tqdm(range(len(train data))):
    path = train dir + train data['id'][i]
    img = Image.open(path).resize((256,256))
    img = np.array(img)
    imq = imq/255
    X.append(img)
X = np.asarray(X)
mean = np.mean(X, axis=(0,1,2))
std = np.std(X, axis=(0,1,2))
X_{norm} = (X - np.mean(X)) / np.std(X)
X norm.mean(), X_norm.std(), mean, std
100%| 325/325 [01:01<00:00, 5.31it/s]
(-6.786964153075832e-15,
 1.000000000000001,
 array([0.57948554, 0.52986705, 0.47784213]),
 array([0.19533188, 0.22711439, 0.25292398]))
mean = [0.57948554, 0.52986705, 0.47784213]
std = [0.19533188, 0.22711439, 0.25292398]
norms = (mean, std)
#creating custom transforms on the train and test images
train transform = transforms.Compose([transforms.Resize((256,256)),
```

```
transforms.ToTensor(),
                                      transforms.Normalize(*norms)])
train transform 1 = transforms.Compose([transforms.Resize((256,256)),
transforms.RandomHorizontalFlip(p=0.8),
transforms.RandomAdjustSharpness(sharpness factor=2, p=0.8),
transforms.ColorJitter(brightness=(0.8, 1.5), contrast=(0.8, 1.5)),
transforms.RandomPerspective(distortion scale=0.4, p=0.3,
fill=(255,255,255)),
                                        transforms.ToTensor(),
                                        transforms.Normalize(*norms)])
test transform = transforms.Compose([transforms.Resize((256,256)),
                                     transforms.ToTensor(),
                                     transforms.Normalize(*norms)])
#calling the custom dataset class to create our train and test
datasets with their labels and tranformations applied
#Train
train dataset = CustomFruitsDataset(train files, train labels,
train transform)
train dataset 1 = CustomFruitsDataset(train files, train labels,
train transform 1)
#Test
test dataset = CustomFruitsDataset(test files, test labels,
test transform)
#Concatenating both training datasets
add train dataset = torch.utils.data.ConcatDataset([train dataset,
train dataset 1])
# The size of the train and test dataload
print('Training set has {} instances'.format(len(add train dataset)))
print('Test set has {} instances'.format(len(test dataset)))
Training set has 650 instances
Test set has 82 instances
```

We created functions to normalize and return samples of images in the train and test datasets

```
def inverse normalize(tensor, mean = mean, std =std):
  '''Returns the inverse of a normalized tensor'''
  for t, m, s in zip(tensor, mean, std):
    t.mul (s).add (m)
  return tensor
def showim(imq):
  '''Takes in an image tensor from the dataset and displays'''
  plt.imshow(inverse normalize(img).permute(1, 2, 0))
  plt.show()
We also created functions to return the real life labels (fruit names) of an image and also
their corresponding nutritional facts and health tips
classes = list(train data.columns[1:])
def hot2label(tensorlabel):
  '''Returns the real labels of the encoded tensor label '''
  lab = []
  for i in range(len(tensorlabel)):
    if tensorlabel[i] == 1: lab.append(classes[i])
  return lab
def showim label(input):
  '''Returns an image and its real label'''
  im = plt.imshow(inverse normalize(input[0]).permute(1, 2, 0))
  lab = hot2label(input[1])
  return im, lab
def infer usecase(output):
  '''Returns the label and nutrition/health information of a predicted
output'''
  label, nutri = [], []
  for i in range(len(output)):
    if output[i] == 1: label.append(classes[i])
  for i in range(len(label)):
    if label[i] in classes:
      nutri.append(nutrition[label[i]])
  return label, nutri
```

Using the pytorch dataloader class (torch.utils.data.DataLoader), we set the number of training examples the model would use in one iteration and shuffled the training set to allow the model generalise better in the learning phase

```
batch_size = 32
train_loader = DataLoader(add_train_dataset, batch_size=batch_size,
shuffle=True, num_workers=2)
validation_loader = DataLoader(test_dataset, batch_size=batch_size,
shuffle=False, num_workers=2)
```

## **Data Visualization**

Visualising a random batch of images in the training dataset

```
# random training images
train_batch = iter(train_loader)
images, labels = train_batch.next()

# show images
plt.figure(figsize=(20,14))
showim(torchvision.utils.make_grid(images))
```



```
# random testing images
test_batch = iter(validation_loader)
images, labels = test_batch.next()

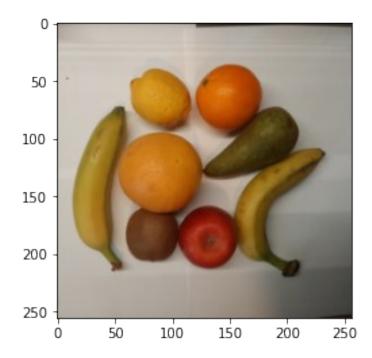
# show images
plt.figure(figsize=(20,14))
showim(torchvision.utils.make grid(images))
```



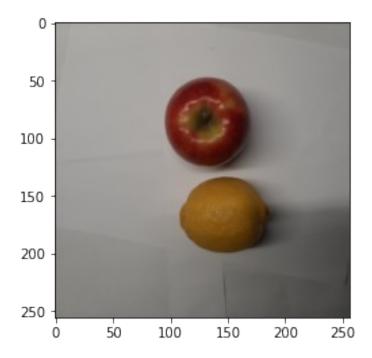
Image and Labels of sample train and test images

```
#Train
showim_label(train_dataset[0])

(<matplotlib.image.AxesImage at 0x7f036187c890>,
  ['banana', 'orange', 'apple', 'pear', 'kiwi', 'grape', 'lemon'])
```



#Test
showim\_label(test\_dataset[2])
(<matplotlib.image.AxesImage at 0x7f03617ecc10>, ['apple', 'lemon'])



## **Convolution Neural Network (CNN)**

Our CNN is structured with the following 16 layers:

```
Conv - MaxPool - LeakyReLU - Linear - Linear - Sigmoid
```

A sigmoid activation function is used in our network to handle the non mutually exclusive nature of the multi-label fruit classification problem.

#### Network

```
nn.LeakyReLU(),
                nn.MaxPool2d(2),
                nn.Conv2d(in channels=256, out channels=512,
kernel size=3),
                nn.LeakyReLU(),
                nn.MaxPool2d(2)
        self.Linear1 = nn.Linear(512 * 14 * 14, 1024)
        self.Linear2 = nn.Linear(1024, 256)
        self.Linear3 = nn.Linear(256, 12)
        self.sigmoid = nn.Sigmoid()
    def forward(self, x):
        x = self.conv stack(x)
        x = nn.Flatten(x)
        x = self.Linear1(x)
        x = self.Linear2(x)
        x = self.Linear3(x)
        return self.sigmoid(x)
```

#### Model Initialisation

Since we are going to be using the free GPU provided by Colab for computation, we initialised a variable to store the cuda gpu provided and initialised and set our model to the device

```
# setting device based on what runtime is used
device = torch.device('cuda' if torch.cuda.is_available() else 'cpu')
#Model initialization to GPU
model = FruitClassifier().to(device)
```

#### **Hyperparameters**

We defined the hyperparameters our model would be optimized with:

A learning rate of 0.001 which is the default for the Adam optimizer was used and this proved to be the best value after training the model for maximum validation accuracy.

The learning rate determines the learning speed (how much the models parameters get updated after each epoch) of the model during training. (Pytorch 2022b)

The BCELoss function which calculates the binary cross entropy between the predicted probabilities (numbers between 0 and 1) and the one hot encoded label was used as our network makes use of a sigmoid in its last layer. Lastly, the Adam optimizer algorithm was used to modify the attributes of our network during training (Pytorch 2022b). It proved to be the best in reducing the model's overall loss and improving its accuracy over time.

```
learning_rate = 0.001
lossfunc = nn.BCELoss()
optimizer = torch.optim.Adam(model.parameters(), lr=learning_rate)
```

#### Multi-label Accuracy Function

To calulate the accuracy of our model's prediction, we created a function to round the predicted sigmoid outputs at a default threshold of 0.5 and compare the accuracy with the original encoded label.

```
#Sample of accuracy in action
tens1 = torch.tensor([1,0,1,1,0,1,0,1,0,0,0]) #sample label after
rounding the sigmoid output
tens2 = torch.tensor([1,0,1,1,0,1,0,1,1,1,0,0]) #original encoded
fruit label
# Note: Only one incorrect prediction at index position 9
x = tens1.eq(tens2)
print(x)
print(x.sum())
print(x.sum()/len(tens2))
tensor([ True, True, True, True, True, True, True, True, True,
False,
               Truel)
         True,
tensor(11)
tensor(0.9167)
def accuracy(original, predicted):
torch.round(predicted).eq(original).sum().numpy()/len(original)
```

#### **Training/Optimization and Validation Function**

We created a function to perform both training and validation based on the phase argument passed when calling the function.

The number of epochs, model to train, the dataloader to iterate over and phase (training or validation) are the arguments that must be passed

- In the training phase, the model iterates over the training data loader and optimizes its paramters after each epoch.
- In the validation phase, the model iterates over the test data loader and calculates the accuracy (using our defined accuracy function) to test and improve the model.

The total loss and accuracy values are also appended to a list to evluate the model after each epoch.

```
def fit model(epochs, model, dataloader, phase = 'training'):
    print(f'Epoch: {epochs}')
    if phase == 'training':
        model.train()
    if phase == 'validation':
        model.eval()
    running loss = []
    running acc = []
    count = 0
    for i, (images, labels) in tqdm(enumerate(dataloader)):
        images = images.to(device)
        labels = labels.to(device)
        if phase == 'training':
            optimizer.zero grad()
        outputs = model(images)
        acc = []
        for i, d in enumerate(outputs, 0):
            acc = accuracy(torch.Tensor.cpu(labels[i]),
torch.Tensor.cpu(d))
            acc .append(acc)
        loss = lossfunc(outputs, labels)
        running loss.append(loss.item())
        running acc.append(np.asarray(acc ).mean())
        count += 1
        if phase == 'training':
            loss.backward()
            optimizer.step()
    total_batch_loss = np.asarray(running_loss).mean()
    total batch acc = np.asarray(running acc).mean()
```

```
print(f'{phase} loss is {total_batch_loss}')
print(f'{phase} accuracy is {total_batch_acc}')
return total batch loss, total batch acc
```

#### **Training/Optimization and Validation Loop**

We trained the model and iterate over the train and test dataloaders 30 times (30 epochs) to optimize and evaluate the model's performance.

```
trn_losses, val_losses = [], []
trn acc, val acc = [], []
for i in tqdm(range(1, 17)):
    trn l, trn a = fit model(i, model, train loader, phase=
'training')
    val_l, val_a = fit_model(i, model, validation loader, phase =
'validation')
    trn_losses.append(trn_l); trn_acc.append(trn_a)
    val losses.append(val l); val acc.append(val a)
                | 0/16 [00:00<?, ?it/s]
   0%|
Epoch: 1
0it [00:00, ?it/s]
training loss is 0.9728738041151137
training accuracy is 0.6252728174603176
Epoch: 1
0it [00:00, ?it/s]
validation loss is 0.5495814482371012
validation accuracy is 0.753472222222223
Epoch: 2
0it [00:00, ?it/s]
training loss is 0.5628293809436616
training accuracy is 0.7083581349206349
Epoch: 2
0it [00:00, ?it/s]
```

validation loss is 0.5208395520846049 validation accuracy is 0.7521219135802469 Epoch: 3

0it [00:00, ?it/s]

training loss is 0.5173663596312205 training accuracy is 0.7412946428571429 Epoch: 3

0it [00:00, ?it/s]

validation loss is 0.5387102961540222 validation accuracy is 0.7280092592592592 Epoch: 4

0it [00:00, ?it/s]

training loss is 0.46981150053796317 training accuracy is 0.7702628968253968 Epoch: 4

0it [00:00, ?it/s]

validation loss is 0.5732183555761973 validation accuracy is 0.6890432098765432 Epoch: 5

0it [00:00, ?it/s]

training loss is 0.4549384145509629 training accuracy is 0.7826884920634921 Epoch: 5

0it [00:00, ?it/s]

validation loss is 0.5149082541465759 validation accuracy is 0.746045524691358 Epoch: 6

training loss is 0.43102637784821646 training accuracy is 0.8023809523809524 Epoch: 6

0it [00:00, ?it/s]

validation loss is 0.5498907069365183 validation accuracy is 0.7371720679012346 Epoch: 7

0it [00:00, ?it/s]

training loss is 0.40393988433338346 training accuracy is 0.8136904761904761 Epoch: 7

0it [00:00, ?it/s]

0it [00:00, ?it/s]

training loss is 0.3723619963441576 training accuracy is 0.8315972222222223 Epoch: 8

0it [00:00, ?it/s]

validation loss is 0.5686827600002289 validation accuracy is 0.7324459876543209 Epoch: 9

0it [00:00, ?it/s]

training loss is 0.3379897759074256 training accuracy is 0.8457589285714284 Epoch: 9

validation loss is 0.4863107005755107 validation accuracy is 0.7797067901234568 Epoch: 10

0it [00:00, ?it/s]

training loss is 0.3374171895640237 training accuracy is 0.84895833333333335 Epoch: 10

0it [00:00, ?it/s]

validation loss is 0.5077957312266032 validation accuracy is 0.7613811728395062 Epoch: 11

0it [00:00, ?it/s]

training loss is 0.29215349895613535 training accuracy is 0.8756200396825397 Epoch: 11

0it [00:00, ?it/s]

validation loss is 0.578181525071462 validation accuracy is 0.7615740740740741 Epoch: 12

0it [00:00, ?it/s]

training loss is 0.26092683701288133 training accuracy is 0.8901041666666666 Epoch: 12

0it [00:00, ?it/s]

validation loss is 0.6349702974160513 validation accuracy is 0.757908950617284 Epoch: 13

training loss is 0.24974605086303892 training accuracy is 0.8943204365079366 Epoch: 13

0it [00:00, ?it/s]

validation loss is 0.6480429967244467 validation accuracy is 0.7558834876543209 Epoch: 14

0it [00:00, ?it/s]

training loss is 0.22748019865580968 training accuracy is 0.9060267857142856 Epoch: 14

0it [00:00, ?it/s]

validation loss is 0.7738472819328308 validation accuracy is 0.7519290123456791 Epoch: 15

0it [00:00, ?it/s]

training loss is 0.21693907323337736 training accuracy is 0.9132688492063492 Epoch: 15

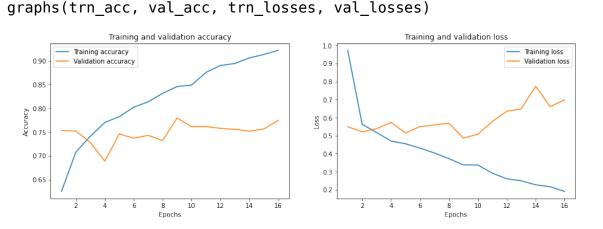
0it [00:00, ?it/s]

validation loss is 0.6607548793156942 validation accuracy is 0.7566550925925926 Epoch: 16

0it [00:00, ?it/s]

training loss is 0.19064689392135256 training accuracy is 0.9219494047619049 Epoch: 16

```
Visualising Model Accuracy and Loss
def graphs(train accuracy, validation accuracy, train losses,
validation losses):
  # Plot the training/validation accuracy
  plt.figure(figsize=(15, 10))
  plt.subplot(2, 2, 1)
  plt.plot(range(1,17), train accuracy, label = 'Training accuracy')
  plt.plot(range(1,17), validation accuracy, label = 'Validation
accuracy')
  plt.title('Training and validation accuracy')
  plt.xlabel('Epochs')
  plt.ylabel('Accuracy')
  plt.legend()
  plt.subplot(2, 2, 2)
  # Plot the training/validation accuracy
  plt.plot(range(1,17), train losses, label = 'Training loss')
  plt.plot(range(1,17), validation_losses, label = 'Validation loss')
  plt.title('Training and validation loss')
  plt.xlabel('Epochs')
  plt.vlabel('Loss')
  plt.legend()
  plt.show()
```



#### Inference

A function that generates a batch of images from the validation loader and displays the models label prediction of those images.

```
def infer(test_model, img):
   pred = []
   img = img.to(device)
```

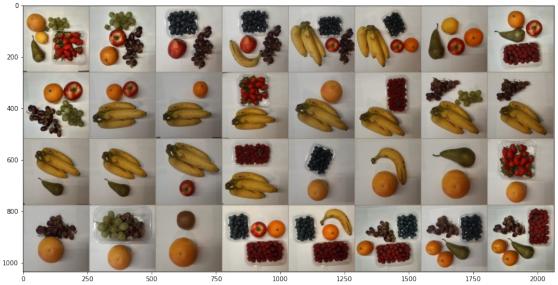
```
output = test_model(img)
output = output.round()

for i in output:
    pred.append(hot2label(i))

label_list = [l for l in pred]
    return label_list

#test_batch = iter(validation_loader)
#images, labels = test_batch.next()

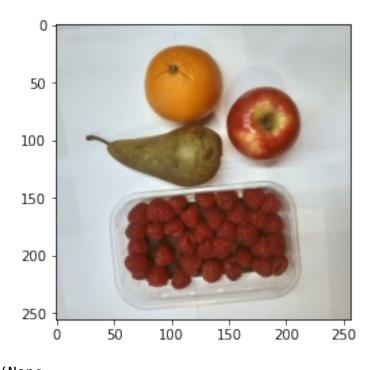
plt.figure(figsize=(15, 10))
inf_images, inf_labels = next(test_batch)
showim(torchvision.utils.make_grid(inf_images))
```



infer(test\_model = model, img=inf\_images)

[['orange', 'apple', 'kiwi', 'grape', 'green\_grape'],
 ['orange', 'red\_grape', 'green\_grape'],
 ['orange', 'apple', 'blueberry', 'strawberry'],
 ['apple', 'kiwi', 'blueberry', 'lemon'],
 ['banana', 'apple', 'kiwi', 'blueberry', 'lemon'],
 ['banana', 'orange', 'apple', 'kiwi', 'blueberry', 'lemon'],
 ['orange', 'grape', 'lemon'],
 ['pear', 'grape', 'lemon'],
 ['banana', 'apple', 'grape', 'lemon'],
 ['banana', 'kiwi', 'grape', 'lemon'],
 ['banana', 'kiwi', 'grape', 'lemon'],
 ['banana', 'kiwi', 'grape', 'lemon'],
 ['banana', 'lemon'],
 ['banana', 'lemon'],
 ['banana', 'lemon'],
 ['banana', 'lemon'],
 ['banana', 'lemon'],

```
'lemon'l,
 ['banana',
 ['banana',
              'kiwi'],
 ['banana'],
 ['banana',
              'kiwi'],
 ['banana',
              'lemon'],
 ['orange',
              'blueberry'],
 ['orange', 'grape', 'lemon'],
['orange', 'grape', 'lemon'],
 ['orange'],
 ['orange', 'red_grape', 'lemon'],
              'orange', 'apple', 'red_grape', 'green grape'],
 ['banana',
 ['orange', 'lemon'],
 ['orange', 'blueberry', 'strawberry', 'raspberry', 'lem
['orange', 'grape', 'blueberry', 'raspberry', 'lemon'],
              'blueberry', 'strawberry', 'raspberry', 'lemon'],
 ['orange', 'blueberry', 'raspberry', 'red_grape', 'lemon'], ['orange', 'blueberry', 'green_grape'],
 ['orange', 'kiwi', 'grape', 'raspberry', 'green_grape']]
Inference with Nutritional Facts and Health Tips
outputs = model(inf images.to(device))
showim(inf images[7]), infer usecase(outputs[7].round())
Clipping input data to the valid range for imshow with RGB data
([0..1] for floats or [0..255] for integers).
```



(None,
 (['pear', 'grape', 'strawberry'],
 ['A medium-sized pear (178 grams) provides the following nutrients:

Calories: 101, Protein: 1 gram, Carbs: 27 grams, Fiber: 6 grams, Vitamin C: 12% of the Daily Value (DV)\nVitamin K: 6% of DV\nPotassium: 4% of the DV\nCopper: 16% of DV\nPears are a powerhouse fruit, packing fiber, vitamins, and beneficial plant compounds.\nThese nutrients are thought to fight inflammation, promote gut and heart health, protect against certain diseases, and even aid weight loss.\nJust be sure to eat the peel, as it harbors many of this fruit's nutrients.',

'Here are some of the major nutrients found in half of a mediumsized grapefruit: Calories: 52, Carbs: 13 grams, Protein: 1 gram, Fiber: 2 grams\nVitamin C: 64% of the recommended dietary intake (RDI)\nVitamin A: 28% of the RDI\nIt may reduce the risk of kidney stones\nGrapefruit has hydration benefits\nIt's easy to add to your diet\nGrapefruit has weight loss benefits',

'Strawberries mainly consist of water (91%) and carbohydrates (7.7%). They contain only minor amounts of fat (0.3%) and protein (0.7%).\nThe nutrients in 3.5 ounces (100 grams) of raw strawberries are: Calories: 32, Water: 91%, Protein: 0.7 grams, Carbs: 7.7 grams\nSugar: 4.9 grams\nFiber: 2 grams\nFat: 0.3 grams\nGood for heart health\nBlood Sugar regulation\nCancer prevention\nThe health benefits include reduced cholesterol, blood pressure, inflammation, and oxidative stress.\nFurthermore, these berries may help prevent big spikes in both blood sugar and insulin levels.']))

# **Transfer Learning (MobileNetV2)**

By using transfer learning, we were able to use a model trained for a different task as a starting point for our classification task.

MobileNetV2 uses an inverted residual structure lightweight convolutions to filter features and reduces non-linearity which make it very fast. It has also proved to be a good model for object detection (Bogomasov and Conrad 2021)

We decided to use MobileNetV2 because it is a CNN designed to perform well on mobile devices (Pytorch Team 2022) (which is in line with the typical use case of our multi-label fruit classification). We modified its output layer by changing the number of output classes to 12 and including a sigmoid function.

Aplying the transforms again and normalizing with the required stats for MobileNet V2

```
train transform 1 = transforms.Compose([transforms.Resize((256,256)),
transforms.RandomHorizontalFlip(p=0.8),
transforms.RandomAdjustSharpness(sharpness factor=2, p=0.8),
transforms.ColorJitter(brightness=(0.8, 1.5), contrast=(0.8, 1.5)),
transforms.RandomPerspective(distortion_scale=0.4, p=0.3,
fill=(255,255,255)),
                                        transforms.ToTensor(),
transforms.Normalize(mean=[0.485, 0.456, 0.406], std=[0.229, 0.224,
0.2251)1)
test transform = transforms.Compose([transforms.Resize((256,256)),
                                     transforms.ToTensor(),
                                     transforms.Normalize(mean=[0.485,
0.456, 0.406], std=[0.229, 0.224, 0.225])])
#calling the custom dataset class to create our train and test
datasets with their labels and tranformations applied
#Train
train dataset = CustomFruitsDataset(train files, train labels,
train transform)
train dataset 1 = CustomFruitsDataset(train files, train labels,
train transform 1)
#Test
test dataset = CustomFruitsDataset(test files, test labels,
test transform)
#Concatenating both training datasets
add train dataset = torch.utils.data.ConcatDataset([train dataset,
train dataset 1])
Initialising the Data Loader for the Network
batch size = 32
train loader = DataLoader(add train dataset, batch size=batch size,
shuffle=True, num workers=2)
validation_loader = DataLoader(test_dataset, batch size=batch size,
shuffle=False, num workers=2)
```

Modifying the architecture to change output classes and apply sigmoid activation.

```
class MobNet(nn.Module):
    def init (self):
        super().__init__()
        self.mobilenet = models.mobilenet v2(pretrained=True)
        self.model fc =
nn.Sequential(*(list(self.mobilenet.children())[:-1]))
        self.sigmoid = nn.Sigmoid()
        self.newfc = nn.Sequential(
              nn.Linear(in_features=81920, out features=12,
bias=True))
    def forward(self, x):
        x = self.model fc(x)
        x = torch.flatten(x, 1)
        x = self.newfc(x)
        return self.sigmoid(x)
Setting Hyperparameters
mobnet = MobNet().to(device)
learning rate = 0.001
lossfunc = nn.BCELoss()
optimizer = torch.optim.Adam(mobnet.parameters(), lr=learning rate)
Downloading: "https://download.pytorch.org/models/mobilenet v2-
b0353104.pth" to /root/.cache/torch/hub/checkpoints/mobilenet_v2-
b0353104.pth
{"version major":2, "version minor":0, "model id": "d4a09195bcf4496dbb5f3
c18f7a159b2"}
Traing and Validation Loop
trn losses, val losses = [], []
trn acc, val acc = [], []
for i in tqdm(range(1, 17)):
    trn l, trn a = fit model(i, mobnet, train loader, phase=
'training')
    val l, val a = fit model(i, mobnet, validation loader, phase =
'validation')
    trn losses.append(trn l); trn acc.append(trn a)
    val losses.append(val l); val acc.append(val a)
                | 0/16 [00:00<?, ?it/s]
   0%|
Epoch: 1
0it [00:00, ?it/s]
```

training loss is 8.233334495907737 training accuracy is 0.6211061507936508 Epoch: 1

0it [00:00, ?it/s]

validation loss is 18.300854365030926 validation accuracy is 0.6919367283950617 Epoch: 2

0it [00:00, ?it/s]

training loss is 1.9851103112811135 training accuracy is 0.6776537698412698 Epoch: 2

0it [00:00, ?it/s]

validation loss is 1.0250114003817241 validation accuracy is 0.7195216049382717 Epoch: 3

0it [00:00, ?it/s]

training loss is 1.4961018562316895 training accuracy is 0.6943700396825397 Epoch: 3

0it [00:00, ?it/s]

validation loss is 3.138434092203776 validation accuracy is 0.6936728395061729 Epoch: 4

0it [00:00, ?it/s]

training loss is 1.9956953553926378 training accuracy is 0.7143849206349208 Epoch: 4

validation loss is 0.5456981857617696 validation accuracy is 0.7524112654320989 Epoch: 5

0it [00:00, ?it/s]

training loss is 1.177294066974095 training accuracy is 0.7208581349206349 Epoch: 5

0it [00:00, ?it/s]

validation loss is 0.585824598868688 validation accuracy is 0.7666859567901234 Epoch: 6

0it [00:00, ?it/s]

training loss is 1.7893009299323672 training accuracy is 0.7404265873015873 Epoch: 6

0it [00:00, ?it/s]

validation loss is 1.0414933562278748 validation accuracy is 0.7414158950617283 Epoch: 7

0it [00:00, ?it/s]

training loss is 1.9998827803702581 training accuracy is 0.7359623015873016 Epoch: 7

0it [00:00, ?it/s]

validation loss is 0.5296454429626465 validation accuracy is 0.7119984567901234 Epoch: 8

training loss is 1.6368820241519384 training accuracy is 0.7447420634920635 Epoch: 8

0it [00:00, ?it/s]

validation loss is 6.724072217941284 validation accuracy is 0.7110339506172839 Epoch: 9

0it [00:00, ?it/s]

training loss is 1.3695650469689142 training accuracy is 0.7563492063492062 Epoch: 9

0it [00:00, ?it/s]

validation loss is 0.6117790341377258 validation accuracy is 0.7645640432098766 Epoch: 10

0it [00:00, ?it/s]

training loss is 1.5088082637105669 training accuracy is 0.7601438492063493 Epoch: 10

0it [00:00, ?it/s]

validation loss is 4.817196846008301 validation accuracy is 0.75 Epoch: 11

0it [00:00, ?it/s]

training loss is 1.3236231250422341 training accuracy is 0.7692212301587302 Epoch: 11

validation loss is 0.641419529914856 validation accuracy is 0.7705439814814815 Epoch: 12

0it [00:00, ?it/s]

training loss is 1.59902746904464 training accuracy is 0.7686507936507936 Epoch: 12

0it [00:00, ?it/s]

validation loss is 5.010720411936442 validation accuracy is 0.749131944444445 Epoch: 13

0it [00:00, ?it/s]

training loss is 1.4517923139390492 training accuracy is 0.7718501984126983 Epoch: 13

0it [00:00, ?it/s]

0it [00:00, ?it/s]

training loss is 1.7073114599500383 training accuracy is 0.778968253968254 Epoch: 14

0it [00:00, ?it/s]

validation loss is 2.559630592664083 validation accuracy is 0.7255979938271605 Epoch: 15

training loss is 1.3472858837672643 training accuracy is 0.7947916666666667 Epoch: 15

0it [00:00, ?it/s]

validation loss is 4.938799937566121 validation accuracy is 0.7434413580246914 Epoch: 16

0it [00:00, ?it/s]

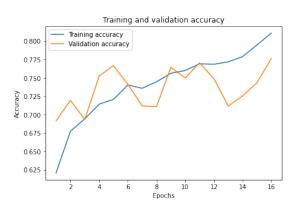
training loss is 1.3384866941542852 training accuracy is 0.8109623015873016 Epoch: 16

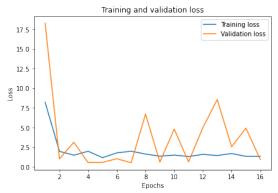
0it [00:00, ?it/s]

validation loss is 0.9511874914169312 validation accuracy is 0.7763310185185185

Loss and Accuracy graphs

graphs(trn\_acc, val\_acc, trn\_losses, val\_losses)



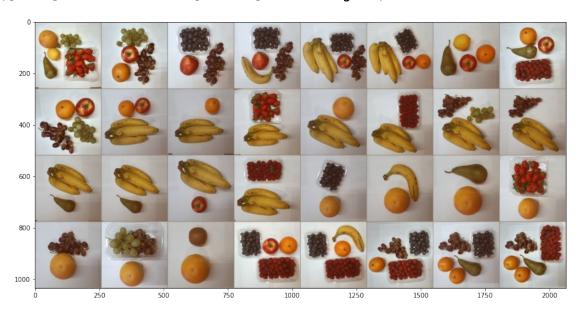


#### Inference

```
#test_batch = iter(validation_loader)
#images, labels = test_batch.next()
inf_images, inf_labels = next(test_batch)

plt.figure(figsize=(15, 10))
showim(torchvision.utils.make grid(inf images))
```

Clipping input data to the valid range for imshow with RGB data ([0..1] for floats or [0..255] for integers).



```
infer(test model = mobnet, img=inf images)
```

```
[['red_grape', 'lemon'],
 ['red grape'],
['orange', 'blueberry', 'red_grape'],
['banana', 'orange', 'apple', 'blueberry', 'red_grape'],
 ['blueberry', 'red grape', 'green grape'],
 ['banana', 'orange', 'apple', 'blueberry', 'red_grape', 'lemon'], ['banana', 'orange', 'apple', 'lemon'],
 ['strawberry'],
 ['banana', 'blueberry'],
['banana', 'grape'],
 ['banana'],
 [],
 ['banana', 'grape'],
 ['red grape'],
 ['raspberry'],
 [],
 ['banana'],
 ['banana'],
 ['banana'],
 ['banana', 'red_grape'],
['banana', 'orange', 'blueberry'],
['banana', 'orange'],
 [],
 ['banana'],
 [],
 ['blueberry'],
 ['blueberry', 'strawberry', 'raspberry'],
```

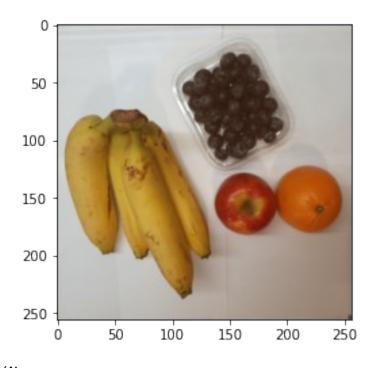
```
['blueberry', 'strawberry', 'raspberry'],
['orange', 'blueberry', 'strawberry', 'raspberry', 'red_grape'],
['orange', 'blueberry'],
['orange', 'kiwi', 'blueberry', 'red_grape']]

Inference with the nutrition facts and Health tips

outputs = mobnet(inf_images.to(device))

showim(inf_images[5]), infer_usecase(outputs[5].round())

Clipping input data to the valid range for imshow with RGB data
([0..1] for floats or [0..255] for integers).
```



(None,

(['banana', 'orange', 'apple', 'blueberry', 'red\_grape', 'lemon'], ['Bananas are a healthy source of fiber, potassium, vitamin B6, vitamin C, and various antioxidants and phytonutrients.\n1 medium-sized banana(100g) contains: Calories: 89, Water: 75%, Protein: 1.1 grams, Carbs: 22.8 grams, Sugar: 12.2 grams, Fiber: 2.6 grams, Fat: 0.3 grams\nBananas are a rich source of carbohydrate.\nBananas are a good source of several vitamins and minerals, especially potassium, vitamin B6, and vitamin C\nBananas are a good source of potassium. A diet high in potassium can lower blood pressure in people with elevated levels and benefits heart health.\nBananas are high in potassium, a mineral that promotes heart health and normal blood pressure. One medium-sized banana contains around 0.4 grams of this mineral.\npeople with diabetes should avoid eating a lot of well-ripened bananas. It's always best to monitor blood sugar levels carefully after consuming high amounts of of sugar and carbs.\nIf not

consumed in moderation, is a risk factor for constipation.',

'For 1 orange (140 grams): Calories: 66, Water: 86% by weight, Protein: 1.3 grams, Carbs: 14.8 grams, Sugar: 12 grams, Fiber: 2.8 grams, Fat: 0.2 grams,\nVitamin C: 92% of the Daily Value (DV)\nFolate: 9% of the DV\nCalcium: 5% of the DV\nPotassium: 5% of the DV\nOranges are a good source of fiber\nConsuming vitamin-C-rich foods may help prevent anemia, a condition that occurs when your body lacks adequate amounts of the mineral iron.\nPut simply, this bright citrus fruit is an excellent addition to a healthy diet.',

'Medium-sized apple (100 grams): Calories: 52, Water: 86%, Protein: 0.3 grams, Carbs: 13.8 grams, Sugar: 10.4 grams, Fiber: 2.4 grams, Fat: 0.2 grams\nBlood cholesterol and heart disease\nBlood sugar control and type 2 diabetes\nMany test-tube and animal studies suggest that apple phytonutrients can protect against cancers of the lungs and colon\nApples are healthy, tasty, and among the most popular fruits in the world.\nAlthough they are not particularly rich in vitamins and minerals, they're a good source of fibers and antioxidants.\nApples may have several benefits, including improved heart health and a lower risk of cancer and diabetes. They may also aid weight loss.\nIf you want to eat healthy, apples are an excellent choice.',

'A 3.5-ounce (100-gram) serving of raw blueberries has: Calories: 57, Water: 84%, Protein: 0.7 grams, Carbs: 14.5 grams, Sugar: 10 grams\nFiber: 2.4 grams\nFat: 0.3 grams\nGood for brain and heart health\nBlueberries Reduce DNA Damage, Which May Help Protect Against Aging and Cancer\nBlueberries Protect Cholesterol in Your Blood From Becoming Damaged\nBlueberries May Lower Blood Pressure\nBlueberries May Help Prevent Heart Disease\nAnthocyanins in Blueberries May Have Anti-Diabetes Effects',

'Grapes are high in several important nutrients. Just 1 cup (151 grams) of red or green grapes provides:\nCalories: 104, Carbs: 27 grams, Protein: 1 gram, Fat: 0.2 grams, Fiber: 1.4 grams, Copper: 21% of the daily value (DV)\nVitamin K: 18% of the DV, Thiamine (vitamin B1): 9% of the DV, Riboflavin (vitamin B2): 8% of the DV, Vitamin B6: 8% of the DV\nPotassium: 6% of the DV, Vitamin C: 5% of the DV, Manganese: 5% of the DV, Vitamin E: 2% of the DV\nMay have anticancer effects\nReduce Cholesterol\nAid heart health\nMay protect against diabetes and lower blood sugar levels',

'Lemons contain very little fat and protein. They consist mainly of carbs (10%) and water (88–89%).\nA medium lemon provides only about 20 calories.\nThe nutrients in 1/2 cup (100 grams) of raw, peeled lemon are: Calories: 29, Water: 89%, Protein: 1.1 grams\nCarbs: 9.3 grams, Sugar: 2.5 grams, Fiber: 2.8 grams, Fat: 0.3 grams\nAnemia prevention\nImprove Heary Health\nLemons are a refreshing fruit usually not eaten whole but rather as a garnish or flavoring.\nThey are an excellent source of vitamin C, soluble fibers, and plant compounds — all of which can provide health benefits.']))

## **Conclusion**

We successfully trained two deep learning Convolution Neural Network models on our multi-label image fruits dataset. Our custom architecture after 16 epochs produced 90% accuracy on the training data and 77% on the test data. We realised that with larger epochs the model starts to overfit seriously on the training data and gets worse at fitting the validation data.

For the pretrained MobilenetV2 model, after 16 epochs the training accuracy was 81% and 77% on the validation data. With more epochs, this model would also achieve a similar training accuracy score as the custom model and start to overfit on the validation data.

Even after augmentation to increase the training set and several parameter tunings, the best validation accuracy did not go more than 80%. The dataset being very small is the main reason for the model overfitting and the reason for the significant accuracy difference of the training and validation data. Both models can be improved by adding more data and training for longer epochs.

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