

# Rinchen Terzod

Ven Yangthang Rinpoche Orgyen Dorje Den, Dec 2010 – Feb 2011

# Short Description of Empowerments Days 1 - 4

# Day 1

1 December 2010

#### The Preparatory Empowerment for the Peaceful Mandala of Kagyed Deshek Dupa

Terton: Nyangral Nyima Ozer

The presentation known as 'Deshek Dupa' of the peaceful mandala of the Eight Great Herukas (Kagyed)

# Day 2

2 December 2010

# The Peaceful Mandala of Kagyed Deshek Dupa

Terton: Nyangral Nyima Ozer

The presentation known as 'Deshek Dupa' of the peaceful mandala of the Eight Great Herukas (Kagyed)

## The Wrathful Mandala of Kagyed Deshek Dupa

Terton: Nyangral Nyima Ozer

The presentation known as 'Deshek Dupa' of the wrathful mandala of the Eight Great Herukas (Kagyed)

#### **Minling Dorsem**

Terton: Minling Terchen

The practice of Vajrasattva (Dorsem) in the Mindroling tradition

#### **Karling Zhitro**

Terton: Karma Lingpa

The Peaceful and Wrathful (Zhitro) Mandala as revealed by Karma Lingpa

# Day 3

3 December 2010

# **Karling Zhitro Torma Empowerment**

Terton: Karma Lingpa

The concise empowerment using only the torma (tor wang) of the Peaceful and Wrathful (Zhitro) Mandala as revealed by Karma Lingpa



# Orgyen Dorje Den

#### **Droltig Zhitro**

Terton: Trengpo Sherab Ozer

The tradition of the Peaceful and Wrathful (Zhitro) Mandala known as 'Droltig', revealed by Trengpo

Sherab Ozer

# Deling Zhitro, also known as Kadu Zhitro

Terton: Pema Dechen Lingpa

The tradition of the Peaceful and Wrathful (Zhitro) Mandala known as 'Kadu' -- this practice is also referred to as 'Deling Zhitro' in reference to the treasure revealer, Dechen Lingpa. (Brief reading transmission included)

# The Five Cycles of Druptob Tuktig

Terton: Jamyang Khyentse

The tradition of five practices called 'Druptob Tuktig' revealed and re-revealed by the tertons Thangtong Gyalpo, Pema Do Ngak Osel Lingpa, and Jamyang Khyentse

## The five practices are:

- 1. The lama in the peaceful aspect as Guru Rinpoche
- 2. The lama in the wrathful aspect as Guru Dragpo
- 3. The yidam in the peaceful aspect as Avalokiteshvara (Chenrezig)
- 4. The yidam in the wrathful aspect as Hayagriva (Tamdrin)
- 5. The dakini Vajravarahi (Dorje Phagmo)

# Day 4

4 December 2010

#### The Peaceful Mandala of the Kama Tradition of Chogyur Lingpa

Terton: Chogyur Lingpa

The Peaceful Mandala from the Magical Manifestation Matrix cycle in the Kama Tradition revealed by Chogyur Lingpa

#### The Wrathful Mandala of the Kama Tradition of Chogyur Lingpa

Terton: Chogyur Lingpa

The Wrathful Mandala from the Magical Manifestation Matrix cycle in the Kama Tradition revealed by Chogyur Lingpa

#### **Emptying the Hells Zhitro**

Terton: Chogyur Lingpa

The tradition of the Peaceful and Wrathful (Zhitro) Mandala known as 'Emptying the Hells' (Narak Dong Truk)

#### The Longevity Empowerment of the Zhitro

Terton: Chogyur Lingpa

The Longevity Empowerment connected with the Peaceful and Wrathful (Zhitro) Mandala from the Magical Manifestation Matrix cycle revealed by Chogyur Lingpa



# **Demchok Sangye Nyamjor**

Terton: Chogyur Lingpa

The Heruka Mandala of the tradition called 'The Union With All Buddhas' (Sangye Nyamjor)

## Sangye Lama's Condensed Essence of the 3 Roots

Terton: Jamyang Khyentse

The Condensed Essence of the 3 Roots (Tsa Sum Dril Drup) Mandala revealed by the first terton, Sangye Lama

## The Karmapas' Condensed Essence of the 3 Roots

Terton: Karmapa Rangjung Dorje

The Condensed Essence of the 3 Roots (Tsa Sum Dril Drup) Mandala revealed and later edited by incarnations of the Karmapa