



# ***Rinchen Terzod***

Ven Yangthang Rinpoche  
Orgyen Dorje Den, Dec 2010 – Feb 2011

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## **Empowerments**

### **Short Description Days 1 – 23**

#### **Day 1**

1 December 2010

#### **The Peaceful Mandala of Kagyed Deshek Dupa Preparatory Empowerment**

Terton: Nyangral Nyima Ozer

*The presentation known as 'Deshek Dupa' of the peaceful mandala of the Eight Great Herukas (Kagyed)*

#### **Day 2**

2 December 2010

#### **The Peaceful Mandala of Kagyed Deshek Dupa**

Terton: Nyangral Nyima Ozer

*The presentation known as 'Deshek Dupa' of the peaceful mandala of the Eight Great Herukas (Kagyed)*

#### **The Wrathful Mandala of Kagyed Deshek Dupa**

Terton: Nyangral Nyima Ozer

*The presentation known as 'Deshek Dupa' of the wrathful mandala of the Eight Great Herukas (Kagyed)*

#### **Minling Dorsem**

Terton: Minling Terchen

*The practice of Vajrasattva (Dorsem) in the Mindroling tradition*

#### **Karling Zhitro**

Terton: Karma Lingpa

*The Peaceful and Wrathful (Zhitro) Mandala as revealed by Karma Lingpa*



## **Day 3**

3 December 2010

### **Karling Zhitro Torma Empowerment**

Terton: Karma Lingpa

*The concise empowerment using only the torma (tor wang) of the Peaceful and Wrathful (Zhitro) Mandala as revealed by Karma Lingpa*

### **Droltig Zhitro**

Terton: Trengpo Sherab Ozer

*The tradition of the Peaceful and Wrathful (Zhitro) Mandala known as 'Droltig', revealed by Trengpo Sherab Ozer*

### **Deling Zhitro, also known as Kadu Zhitro**

Terton: Pema Dechen Lingpa

*The tradition of the Peaceful and Wrathful (Zhitro) Mandala known as 'Kadu' -- this practice is also referred to as 'Deling Zhitro' in reference to the treasure revealer, Dechen Lingpa. (Brief reading transmission included)*

### **The Five Cycles of Druptob Tuktig**

Terton: Jamyang Khyentse

*The tradition of five practices called 'Druptob Tuktig' revealed and re-revealed by the tertons Thangtong Gyalpo, Pema Do Ngak Osel Lingpa, and Jamyang Khyentse*

*The five practices are:*

- 1. The lama in the peaceful aspect as Guru Rinpoche*
- 2. The lama in the wrathful aspect as Guru Dragpo*
- 3. The yidam in the peaceful aspect as Avalokiteshvara (Chenrezig)*
- 4. The yidam in the wrathful aspect as Hayagriva (Tamdrin)*
- 5. The dakini Vajravarahi (Dorje Phagmo)*

## **Day 4**

4 December 2010

### **The Peaceful Mandala of the Kama Tradition of Chogyur Lingpa**

Terton: Chogyur Lingpa

*The Peaceful Mandala from the Magical Manifestation Matrix cycle in the Kama Tradition revealed by Chogyur Lingpa*



### **The Wrathful Mandala of the Kama Tradition of Chogyur Lingpa**

Terton: Chogyur Lingpa

*The Wrathful Mandala from the Magical Manifestation Matrix cycle in the Kama Tradition revealed by Chogyur Lingpa*

### **Emptying the Hells Zhitro**

Terton: Chogyur Lingpa

*The tradition of the Peaceful and Wrathful (Zhitro) Mandala known as 'Emptying the Hells' (Narak Dong Truk)*

### **The Longevity Empowerment of the Zhitro**

Terton: Chogyur Lingpa

*The Longevity Empowerment connected with the Peaceful and Wrathful (Zhitro) Mandala from the Magical Manifestation Matrix cycle revealed by Chogyur Lingpa*

### **Demchok Sangye Nyamjor**

Terton: Chogyur Lingpa

*The Heruka Mandala of the tradition called 'The Union With All Buddhas' (Sangye Nyamjor)*

### **Sangye Lama's Synthesis of the 3 Roots**

Terton: Jamyang Khyentse

*The Synthesis of the 3 Roots (Tsa Sum Dril Drup) Mandala revealed by the first terton, Sangye Lama*

### **The Karmapas' Synthesis of the 3 Roots**

Terton: Karmapa Rangjung Dorje

*The Synthesis of the 3 Roots (Tsa Sum Dril Drup) Mandala revealed and later edited by incarnations of the Karmapa*

## **Day 5**

5 December 2010

### **Ratna Lingpa's Synthesis of the 3 Roots**

Terton: Ratna Lingpa

*A Southern Treasure rediscovered by Rinchen Palzang*



### **Jamyang Lama's Synthesis of the 3 Roots**

Terton: Jamyang Lama

*A Northern Treasure discovered by the reincarnation of Rigdzin Godem*

### **The Gongpa Yangzab Synthesis of the 3 Roots Torma Empowerment**

Terton: Drigung Rinchen Puntsok

### **The 7 Profound Cycles Root Empowerment**

Terton: Garwang Shikpo Lingpa

*The empowerment for all 7 deities together, followed by the 7 specific empowerments for the individual deities:*

- 1. Guru Rinpoche (as the Lotus-Born One, Pema Jungney)**
- 2. Akshobya (Mitrukpa)**
- 3. Avalokiteshvara (Chenrezig as the King of Space)**
- 4. Amitayus (Tsepagmed)**
- 5. Dorje Drolod**
- 6. The Lion-Faced Dakini (Sengdongma, or Simhamukha)**
- 7. Red Dzambhala (Nodjin)**

### **Day 6**

6 December 2010

### **The 3 Roots as the Essence of the Mother Tantras**

Terton: Tashi Tobgyal, the Lord of the Northern Termas

### **Synthesis of the 3 Roots Longevity Empowerment**

Terton: Choje Lingpa

### **The Synthesized Gathering of the 3 Roots (Tsa Sum Kundu) Torma Empowerment**

Terton: Kunzang Dechen Gyalpo



**The Heart Essence of the Gathering of the 3 Roots (Tsa Sum Chidu)**

Terton: Pema Osel Do Ngak Lingpa

**From the 7 Profound Cycles, the Profound Longevity Empowerment of the 3 Roots**

Terton: Chogyur Lingpa

**Guhyasamaja (Lama Sangdu) (includes Preparatory Empowerment)**

Terton: Guru Chokyi Wangchuk

*A Mind Treasure for the accomplishment of the Guru as Guhyasamaja, a Southern Treasure*

**Guhyasamaja (Lama Sangdu) Torma Empowerment**

Terton: Guru Chokyi Wangchuk

**Gya Lotsawa's Guru Cycle: Ten Nyi Kor Sum**

Terton: Jamyang Khyentse

**Day 7**

7 December 2010

**Drimey Kunga's Heart Accomplishment of the Guru**

Terton: Jamyang Khyentse

*Known as the Wish-Fulfilling Jewel (Yidzhin Norbu)*

**Guru Buton's Secret Collar Longevity Empowerment**

Terton: Guru Chokyi Wangchuk

**Northern Treasure to Accomplish Sambhogakaya Amitayus Called 'Unimpeded Wisdom Intent'**

Terton: Rigdzin Godem

**Nyang's Accomplishment of the Guru**

Terton: Nyangral Nyima Ozer

*The Torma Empowerment also called 'Accomplishment of All Gurus' (La Drup Yong Dzog)*



### **Deshek Dupa**

Terton: Sangye Onpo

*The Common Accomplishment of the Enlightened Mind of the Peaceful and Wrathful Gurus, also called The Mind Accomplishment of Sangye Onpo (Sangon Tukdrup)*

### **Accomplishment of the Guru as Chakrasamvara**

Terton: Gyaton Pema Wangchuk

## **Day 8**

8 December 2010

### **The Accomplishment of the Ancestral Lineage of the Vidyadharas: A Northern Treasure**

Terton: Rigdzin Godem

### **The Accomplishment of the Guru as the Mind Treasure of Samantabhadra (includes Preparatory Empowerment)**

Terton: Changling Palgyi Gyaltsen

### **The Accomplishment of the Guru as the Mind Treasure of Samantabhadra Genuine Empowerment**

Terton: Changling Palgyi Gyaltsen

### **Lama Gongdu Genuine Empowerment (includes Preparatory Empowerment)**

Terton: Sangye Lingpa

*The Gathering of the Wisdom Intent of the Guru*

### **Lama Gongdu Torma Empowerment**

Terton: Sangye Lingpa

*The Gathering of the Wisdom Intent of the Guru*

### **Lama Kadu Preparatory Empowerment**

Terton: Dorje Lingpa

*The Gathering of the 8 Herukas as the Guru*



## **Day 9**

9 December 2010

### **The Gathering of the 8 Herukas as the Guru Great Empowerment**

Terton: Dorje Lingpa

### **The Gathering of the 8 Herukas as the Guru Genuine Empowerment**

Terton: Dorje Lingpa

### **The Quintessential Heart Essence Accomplishment (includes Preparatory Empowerment)**

Terton: Ratna Lingpa

### **Pema Lingpa's Accomplishment of the Guru, also called 'Lama Norbu Gyatso'**

Terton: Pema Lingpa

From Lama Kagyed Yongdu, the Five Quintessential Cycles for Accomplishing All Vidyadharas:

#### **1. Trodral Dechenma**

*The Supplication Requested by Deling Namkhai Nyingpo*

Terton: Ngari Panchen Pema Wangyal

#### **2. The Superb Doctrine (Tenpa Medjung) (includes Preparatory Empowerment)**

*The Supplication Requested by the Dharma King Trisong Deutsen*

Terton: Ngari Panchen Pema Wangyal

## **Day 10**

10 December 2010

### **3. The Southwestern Sun (Nyima Lhonubma)**

*The Supplication Taught to the Dakini Yeshe Tsogyal*

Terton: Ngari Panchen Pema Wangyal

### **4. The Great 'Lake Sindhu'**

*The Supplication Taught to Nanam Dorje Dudjom*

Terton: Ngari Panchen Pema Wangyal



**5. The Western Land of Dewachen (Nubchog Dechen), or The Small 'Lake Sindhu'**

*The Supplication That Was Given to Prince Mutig Tsenpo*

Terton: Ngari Panchen Pema Wangyal

**The Spontaneous Fulfillment of Wishes (Sampa Lhundrub)**

*Also Called The Treasury of the Guru's Qualities (Guru Yonten Terdzod)*

Terton: Ngari Panchen Pema Wangyal

**Lama Pema Benzar**

Terton: Garwang Shigpo Lingpa

**The Guru as the Embodiment of the Victorious Ones (Lama Gyalwa Dupa) and  
The Guru's Jewel of Enlightened Mind (Tukyi Norbu) Presented as One**

Terton: Shigpo Lingpa and Choje Lingpa

**Droltig Extensive (includes Preparatory Empowerment)**

*The Oral Instructions of the Guru Essence of Liberation Extensive Path*

Terton: Trengpo Sherab Ozer

**Day 11**

11 December 2010

**Droltig Middle-Length**

*The Oral Instructions of the Guru Essence of Liberation Middle-Length Path*

Terton: Trengpo Sherab Ozer

**Droltig Concise**

*The Oral Instructions of the Guru Essence of Liberation Concise Path*

Terton: Trengpo Sherab Ozer

**The Deathless Guru as the Three Kaya Embodiment of All the Vidyadharas (Ku  
Sum Rig Du)**

Terton: Jangdak Tashi Tobgyal

**Jatson Nyingpo's Embodiment of the Three Jewels (Kon Chok Chi Du)**

Terton: Rigdzin Jatson Nyingpo





**Jatson Nyingpo's Embodiment of the Three Jewels (Kon Chok Chi Du) Longevity Empowerment**

Terton: Rigdzin Jatson Nyingpo

**Dudul Odbar**

*The tradition of Pema Odbar (Guru Rinpoche in blazing lotus light form) as revealed by Dudul Lingpa*

Terton: Dudul Lingpa

**Rigdzin Sokdrup (includes Preparatory Empowerment)**

*The Root Empowerment for Accomplishing the Life Force of the Vidyadharas*

Terton: Jatson Nyingpo and Dudul Lingpa

**Rigdzin Sokdrup Empowerment for the Energy of Awareness**

Terton: Jatson Nyingpo and Dudul Lingpa

**Gyachen Dangma Chudren**

Terton: The Fifth Dalai Lama

**Day 12**

12 December 2010

**The Namcho Tradition of Pema Jungney**

Terton: Rigdzin Migyur Dorje

**Rigdzin Tuktig**

Terton: Minling Terchen

**The Two Traditions of Lama Yidzhin Norbu, The Wish-Fulfilling Jewel**

Terton: Mati Ratna and Taksham Samten Lingpa

**The Profound Path of the Jewel of Enlightened Mind (Zablam Tuk Kyi Norbu) (includes Preparatory Empowerment)**

Terton: Choje Lingpa

**Rolpai Dorje's Guru Accomplishment (Lama Gyalwa Kundu)**

Terton: Rolpai Dorje



**The Ultimate Uncontrived Accomplishment of the Guru**

Terton: Rolpai Dorje

**Rolpai Dorje's Pure Vision of the Rakshasa Realm**

Terton: Rolpai Dorje

**The Spontaneous Fulfillment of Wishes Enlightened Mind Treasure (Gong Ter Sampa Lhundrup)**

Terton: Rigdzin Tsewang Norbu

**Day 13**

13 December 2010

**The Longchen Nyingtik Rigdzin Dupa**

Terton: Rigdzin Jigme Lingpa

**The Accomplishment of the Peaceful Guru Yidzhin Norbu, The Wish-Fulfilling Jewel**

Terton: Khedrup Pema Gyepa

**The Twenty-Five Disciples of Orgyen**

Terton: Situ Pema Nyinche Wangpo

**Chogyur Lingpa's Lama Gongdu**

Terton: Chogyur Lingpa

**Chogyur Lingpa's Pema Dudul Gyalpo**

Terton: Chogyur Lingpa

**The Accomplishment of the Innermost Essence of the Guru's Enlightened Mind**

Terton: Chogyur Lingpa

**Chogyur Lingpa's Guru Dewa Chenpo**

Terton: Chogyur Lingpa

**Chogyur Lingpa's Barched Kunsel Middle-Length and Concise Empowerments**

Terton: Chogyur Lingpa



**Chogyur Lingpa's Barched Kunsel Deity Empowerment**

*(Inserted into the previous empowerment)*

Terton: Chogyur Lingpa

**The Tersar Sampa Lhundrup Extensive Root Empowerment**

*Chogyur Lingpa's Yidzhin Norbu Extensive Root Empowerment*

Terton: Chogyur Lingpa

**The Tersar Sampa Lhundrup**

*Chogyur Lingpa's Yidzhin Norbu Middle-Length Root Empowerment*

Terton: Chogyur Lingpa

**Day 14**

14 December 2010

*No empowerments were given on this day.*

**Day 15**

15 December 2010

**The Tersar Sampa Lhundrup Concise Root Empowerment**

*Chogyur Lingpa's Yidzhin Norbu Concise Root Empowerment*

Terton: Chogyur Lingpa

**The Tersar Sampa Lhundrup Longevity Empowerment**

*Chogyur Lingpa's Yidzhin Norbu Longevity Empowerment*

Terton: Chogyur Lingpa

**From The Heart Essence of the Immortal Lake-Born Vajra (Tsokye Nyingtik), The Root Empowerment**

Terton: Jamyang Khyentse

**The Embodiment of the Enlightened Intent of the Three Roots (Tsa Sum Gong Du) Vidyadhara Genuine Empowerment**

Terton: Jamgön Kongtrül Lodrö Thaye



**The Embodiment of the Enlightened Intent of the Three Roots (Tsa Sum Gong Du) Vidyadhara Longevity Empowerment**

Terton: Jamgön Kongtrül Lodrö Thaye

**The Guru Rinpoche Day Accomplishment of the Guru (Tse Chu La Drup)**

*From the Sang Thik Nyingpo*

Terton: Jamgön Kongtrül Lodrö Thaye

**Khandro Dechen Gyalmo**

*From the Sang Thik Nyingpo*

Terton: Jamgön Kongtrül Lodrö Thaye

**The Seven Line Prayer as the Root of the Accomplishment of the Guru**

Terton: Jamgön Kongtrül Lodrö Thaye

**Day 16**

16 December 2010

**Jamgon's Guru Accomplishment of the Seven-Line Prayer (Longevity Empowerment Section)**

Terton: Jamgon Kongtrul Lodro Thaye

**The Guru Accomplishment of the Seven-Line Prayer Dakini**

Terton: Jamgon Kongtrul Lodro Thaye

**Dakpo's Guru Accomplishment**

Terton: Rigdzin Jatson Nyingpo

*From the Namcho Guru Accomplishment:*

Terton: Rigdzin Mingyur Dorje

**1. Dombipa**

**2. Birwapa**

**3. Dampa Sangyay**

**4. Mitra Dzogi**



## **5. Ratna Lingpa**

### **Pakshi's Guru Accomplishment**

Terton: Yong-ge Mingyur Dorje

### **The Longchen Nyingthik Extremely Secret Guru Accomplishment**

Terton: Rigdzin Jigme Lingpa

*Also called The Sealed Bindu Guru Accomplishment*

*Included reading transmission of The Longchen Nyingthik Liberation Upon Wearing, which is also called The Protection Wheel of the Life Essence of the Vidyadharas*

### **Pure Vision Heart Essence of the Mahasiddha**

Terton: Jamyang Khyentse

### **Pure Vision Heart Essence of the Mahasiddha Longevity Empowerment**

Terton: Jamyang Khyentse

### **Profound Heart Essence Embodiment of the Three Kaya Vidyadharas**

Terton: Jamyang Khyentse

## **Day 17**

17 December 2010

### **Nyang's Red Guru Dragpo**

Terton: Nyangral Nyima Ozer

### **Nyang's Red Guru Dragpo Life Force Empowerment**

Terton: Nyangral Nyima Ozer

### **Cho Wang's Guru Dragpo**

Terton: Guru Chokyi Wangchuk

### **Northern Treasures Enlightened Mind Accomplishment Great Empowerment(includes Preparatory Empowerment)**

Terton: Rigdzin Godem

### **Northern Treasures Enlightened Mind Accomplishment Middle-Length Empowerment**

Terton: Rigdzin Godem



**Northern Treasures Longevity Guru Drakma**

Terton: Rigdzin Godem

**Dorje Lingpa's Guru Dragpo**

Terton: Dorje Lingpa

**Ratna Lingpa's Guru Dragpo Extensive Empowerment (includes Preparatory Empowerment)**

Terton: Ratna Lingpa

**Day 18**

18 December 2010

**Ratna Lingpa's Guru Dragpo Genuine Empowerment**

Terton: Ratna Lingpa

**Ratna Lingpa's Guru Dragpo Torma Empowerment**

Terton: Ratna Lingpa

**Pema Karpo's Guru Dragpo**

Terton: Pema Lingpa

**Nine-Headed Guru Dragpo**

Terton: Rigdzin Legden Dorje

**The Northern Lord's Karma Guru**

Terton: Jamgön Kongtrül Lodrö Thaye

**Letro Lingpa's Pema Tumpo**

Terton: Mingyur Letro Lingpa and Jamyang Khyentse

**Drigung Dorje Drolod**

Terton: Drigung Rinchen Puntsok

**Zhigpo Lingpa's Guru Dragpo**

Terton: Garwang Zhigpo Lingpa

**Jatson's Guru Dragpo**

Terton: Rigdzin Jatson Nyingpo



**Jatson's Dorje Drolod**

Terton: Rigdzin Jatson Nyingpo

**Dudul's Dorje Drolod**

Terton: Dudul Lingpa

**Day 19**

19 December 2010

**The Fifth Dalai Lama's Dorje Drolod**

Terton: The Fifth Dalai Lama

**The Fifth Dalai Lama's Karma Dragpo**

Terton: The Fifth Dalai Lama

**Namcho Guru Dragpo Purjuk**

Terton: Rigdzin Mingyur Dorje

**Minling Terchen's Red Guru Dragpo**

Terton: Minling Terchen

**Longsal's Guru Dragpo Yeshe Rapbar Preparatory Empowerment**

Terton: Longsal Nyingpo

**Longsal's Guru Dragpo Yeshe Rapbar Root Empowerment**

Terton: Longsal Nyingpo

**Longsal's Guru Dragpo Yeshe Rapbar Protector Empowerment**

Terton: Longsal Nyingpo

**Longsal's Guru Dragpo Yeshe Rapbar Longevity Empowerment**

Terton: Longsal Nyingpo

**Longsal's Guru Dragpo Yeshe Rapbar Blessing Transmission**

Terton: Longsal Nyingpo

**Longsal's Guru Dragpo Ultimate Empowerment**

Terton: Longsal Nyingpo



**Tagsham's Dorje Dragpo Tsal**

Terton: Tagsham Samten Lingpa

**Tagsham's Dorje Dragpo Tsal Torma Empowerment**

Terton: Tagsham Samten Lingpa

**Two Dragpo Accomplishments Combined**

Terton: Shikpo Lingpa and Choje Lingpa

**Chogyal Lingpa's Dorje Drolod**

Terton: Choje Lingpa

**Day 20**

20 December 2010

**Dechen Lingpa's Dorje Drolod**

Terton: Pema Dechen Lingpa

**Tsewang Norbu's Guru Dragpo Kilaya**

Terton: Rigdzin Tsewang Norbu

**Rolpai Dorje's Dragtro**

Terton: Rolpe Dorje

**Tsasum Lingpa's Pema Heruka**

Terton: Tsasum Lingpa Chokyi Gyamtso

**Chogyur Lingpa's Lama Kagyed**

Terton: Chogyur Lingpa

**Chogyur Lingpa's Dorje Drolod**

Terton: Chogyur Lingpa

**Chogyal Dorje's Dark Blue Guru Dragpo**

Terton: Chogyal Dorje

**Chogyal Dorje's Dark Blue Guru Dragpo Torma Empowerment**

Terton: Chogyal Dorje





**Jamgon Kongtrul's Dorje Drolod**

Terton: Jamgon Kongtrul Lodro Thaye

**Day 21**

21 December 2010

**Nyang's Kagyed Longevity Activity Empowerment**

Terton: Nyangral Nyima Ozer

**Nyang's Kagyed Longevity Root Empowerment**

Terton: Nyangral Nyima Ozer

**Chowang's Kagyed Secret Perfection**

Terton: Guru Chokyi Wangchuk

**Kagyed Rangshar Preparatory Empowerment**

Terton: Rigdzin Godem

**Kagyed Rangshar**

Terton: Rigdzin Godem

**Kadu Chogyam**

Terton: Orgyen Lingpa

**Day 22**

22 December 2010

**Kagyed Mirror of Enlightened Mind**

Terton: Pema Lingpa

**Jatson Nyingpo's Kagyed**

Terton: Jatson Nyingpo

**Longsel Nyingpo's Kagyed Preparatory Empowerment**

Terton: Longsel Nyingpo

**Longsel Nyingpo's Kagyed**

Terton: Longsel Nyingpo



**Namcho Kagyed**

Terton: Rigdzin Mingyur Dorje

**Dechen Lingpa's Kagyed Dupa**

Terton: Pema Dechen Lingpa

**Mahasiddha's Kagyed Preparatory Empowerment**

Terton: Jamyang Khyentse

**Mahasiddha's Kagyed**

Terton: Jamyang Khyentse

**Chogyur Lingpa's Gathered Kagyed Root Heart Essence**

Terton: Chogyur Lingpa

**Chogyur Lingpa's Kagyed**

Terton: Chogyur Lingpa

**Essence of the Gathered Kagyed**

Terton: Chogyur Lingpa

**Day 23**

23 December 2010

**Manjushri Dzogchen**

Terton: Sarben Chogme

**Sangye Lingpa's White Manjushri**

Terton: Sangye Lingpa

**Sangye Lingpa's Red Manjushri**

Terton: Sangye Lingpa

**Outer Practice White Manjushri**

*Dudul Lingpa's Manjushri Cycle*

Terton: Dudul Lingpa



**Inner Practice Red Manjushri**

*Dudul Lingpa's Manjushri Cycle*

Terton: Dudul Lingpa

**Secret Practice Yellow Manjushri**

*Dudul Lingpa's Manjushri Cycle*

Terton: Dudul Lingpa

**Extremely Secret Orange Manjushri**

*Dudul Lingpa's Manjushri Cycle*

Terton: Dudul Lingpa

**Profoundly Secret Lion of Speech Manjushri with Consort**

*Dudul Lingpa's Manjushri Cycle*

Terton: Dudul Lingpa

**Red Sarasvati**

*Dudul Lingpa's Manjushri Cycle*

Terton: Dudul Lingpa

**Zhangtrom's Black Lord of Life**

Terton: Gya Zhangtrom Dorje Odbar