



Rinchen Terzod
Ven Yangthang Rinpoche
Orgyen Dorje Den
Dec 2010 – Feb 2011

Short Description of Empowerments
Days 1 - 3

Day 1
1 December 2010

The Preparatory Empowerment for the Peaceful Mandala of Kagyed
Deshek Dupa
Terton: Nyangral Nyima Ozer
The presentation known as 'Deshek Dupa' of the peaceful mandala
of the Eight Great Herukas (Kagyed)

Day 2
2 December 2010

The Peaceful Mandala of Kagyed Deshek Dupa
Terton: Nyangral Nyima Ozer
The presentation known as 'Deshek Dupa' of the peaceful mandala
of the Eight Great Herukas (Kagyed)

The Wrathful Mandala of Kagyed Deshek Dupa
Terton: Nyangral Nyima Ozer
The presentation known as 'Deshek Dupa' of the wrathful mandala
of the Eight Great Herukas (Kagyed)

Minling Dorsem
Terton: Minling Terchen
The practice of Vajrasattva (Dorsem) in the Mindroling tradition

Karling Zhitro
Terton: Karma Lingpa
The Peaceful and Wrathful (Zhitro) Mandala as revealed by Karma
Lingpa

Day 3
3 December 2010

Karling Zhitro Torma Empowerment

Terton: Karma Lingpa

The concise empowerment using only the torma (tor wang) of the Peaceful and Wrathful (Zhitro) Mandala as revealed by Karma Lingpa

Droltig Zhitro

Terton: Trengpo Sherab Ozer

The tradition of the Peaceful and Wrathful (Zhitro) Mandala known as 'Droltig', revealed by Trengpo Sherab Ozer

Deling Zhitro, also known as Kadu Zhitro

Terton: Pema Dechen Lingpa

The tradition of the Peaceful and Wrathful (Zhitro) Mandala known as 'Kadu' -- this practice is also referred to as 'Deling Zhitro' in reference to the treasure revealer, Dechen Lingpa. (Brief reading transmission included)

The Five Cycles of Druptob Tuktig

Terton: Jamyang Khyentse

The tradition of five practices called 'Druptob Tuktig' revealed and re-revealed by the tertons Thangtong Gyalpo, Pema Do Ngak Osel Lingpa, and Jamyang Khyentse

The five practices are:

1. The lama in the peaceful aspect as Guru Rinpoche
2. The lama in the wrathful aspect as Guru Dragpo
3. The yidam in the peaceful aspect as Avalokiteshvara (Chenrezig)
4. The yidam in the wrathful aspect as Hayagriva (Tamdrin)
5. The dakini Vajravarahi (Dorje Phagmo)