

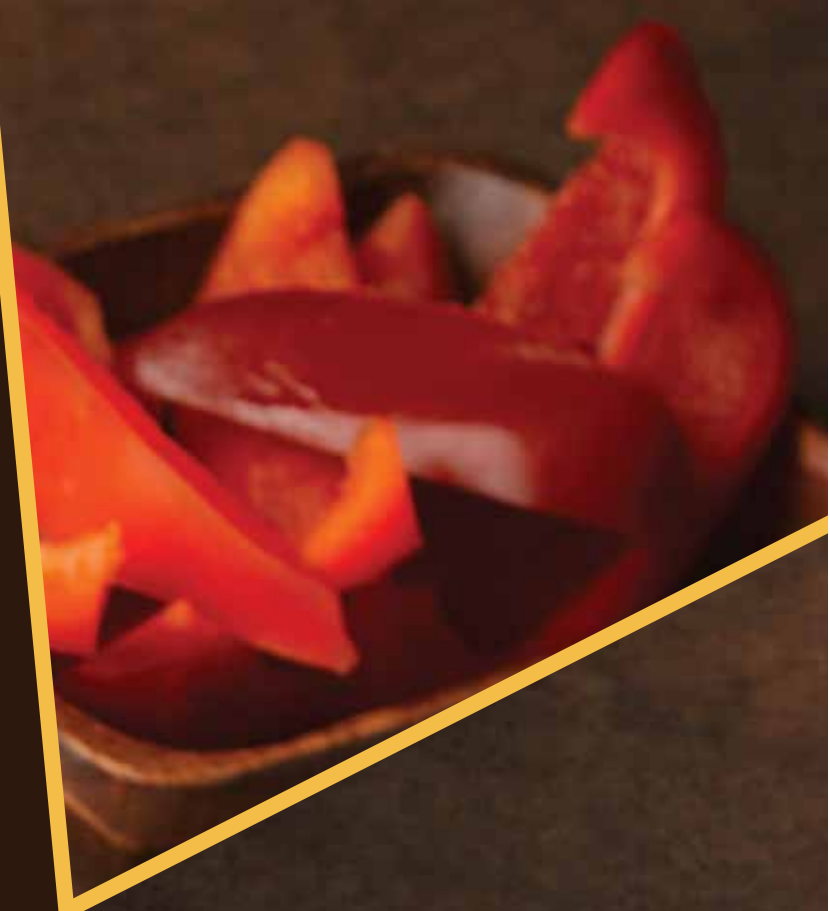
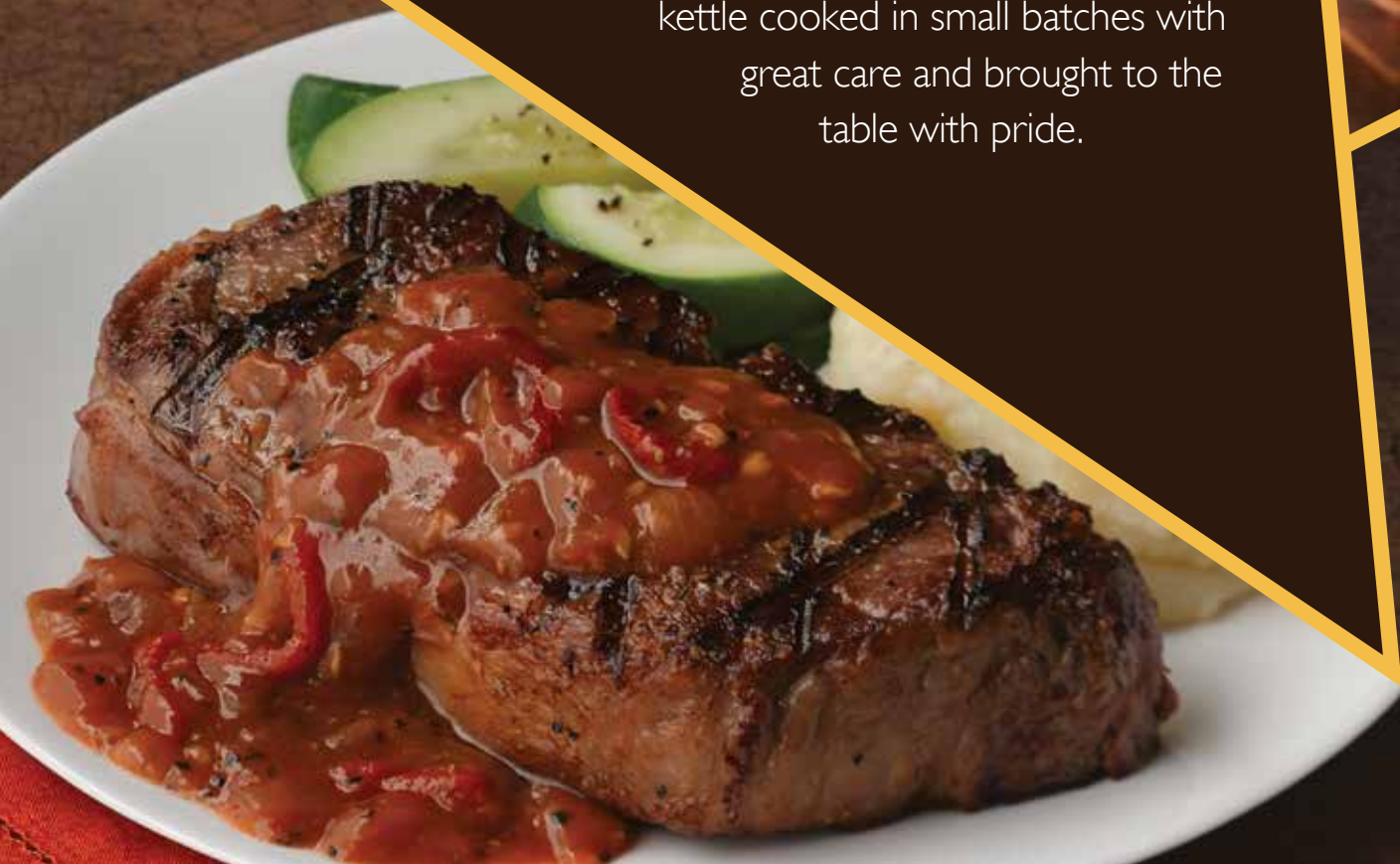
What's Cooking

FRESH FLAVORS FROM HARRY'S



WE PUT OUR HEARTS
INTO EVERY BOWL

Now more than ever before, people are paying close attention to the food they eat and how it is prepared. At Harry's, we couldn't be more delighted. Because everything our masterful chefs create is made with only the freshest, finest, hand-selected ingredients. We remain committed to sharing some of the most delicious recipes from around the world, kettle cooked in small batches with great care and brought to the table with pride.



Soups

A close-up photograph of a white ceramic bowl filled with a vibrant orange soup. The soup is garnished with a white cream drizzle, small green herbs, and a sprinkle of black pepper. To the right of the bowl, a small stack of square, light-colored crackers sits on a wooden surface. In the upper left corner, a glass of water is partially visible. The background is a dark, textured surface, possibly a table. A diagonal yellow line runs across the image, separating the title from the text.

At Harry's we take our craft seriously.

Since 1977, Harry's talented culinary team has been creating artisan-quality soups in Portland, Oregon. Founded on producing exceptional, fresh clam chowder for Pacific Northwest restaurants, Harry's now supplies a wide variety of chef-inspired products crafted in the same small-batch, kettle cooked way — sealing in goodness with a “quick chill” process to ensure a great-textured, superior-tasting result every time.

Nearly 75% of refrigerated fresh soup category dollar sales come from these 7 must-have flavors.

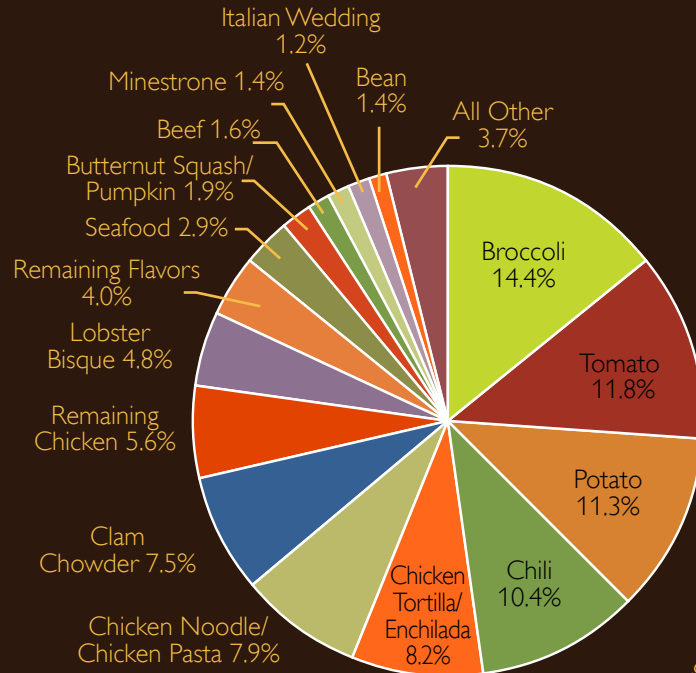
- Broccoli +20.2%
- Tomato +2.6%
- Potato +11.0%
- Chili -1.7%
- Chicken Tortilla/Enchilada -0.3%
- Chicken Noodle/Chicken Pasta +16.3%
- Clam Chowder +9.7%

50% of restaurants surveyed indicate comfort food will be the #1 consideration for new menu items this year, in spite of the hot trends of "healthy" and "spicy/ethnic."

Source: Restaurant.com polled 106 restaurants throughout the quickservice, fast casual and full-service segments.

Source: IRI Scan Data; Total Soup MULO; Latest 52 Weeks Ending 7-14-13

DOLLAR SHARE OF REFRIGERATED SOUP

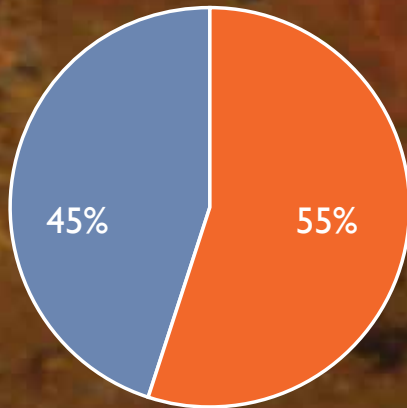


SOURCE: IRI, Total US FDM; Latest 52 Weeks Ending Dec 30, 2012

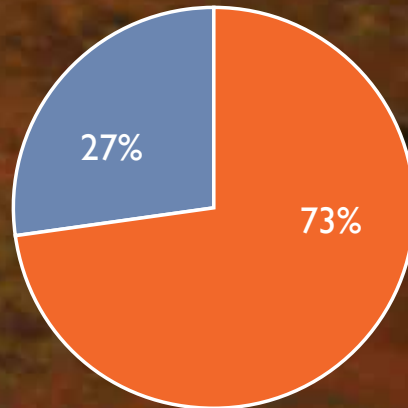


Harry's quality consistently prevails.

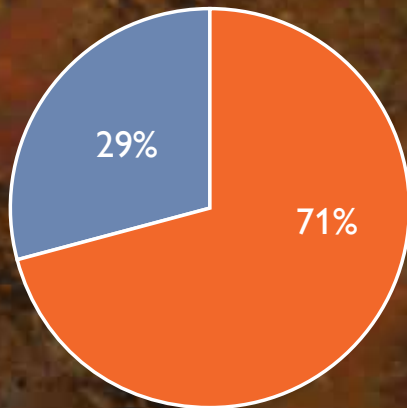
Loaded Baked Potato



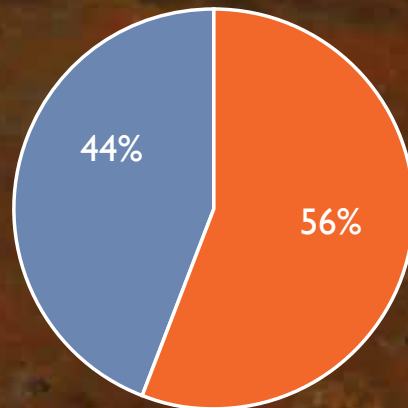
Chicken Tortilla



Broccoli Cheddar



Tomato Basil



In a third-party sensory panel, Harry's outperformed the competition on quality,* taste and purchase intent every time.

*Quality was defined as overall liking
Oregon State University food innovation laboratory, 2012

Must-Have Flavors

Cheddar Broccoli

Enjoy a grown-up version of a childhood favorite with tender broccoli, cheddar cheese and fresh cream.



Creamy Tomato Basil

Smooth, velvety goodness in every spoonful, with sumptuous tomatoes, fresh cream and sweet basil.



Homestyle Chicken Noodle

A classic take on a national treasure with chunks of tender chicken, thick-cut garden vegetables and egg noodles simmered in a savory broth.



Creamy Clam Chowder

Imagine the ocean breeze on your face as you feast on tender clams, russet potatoes, smoky bacon and diced onions in smooth chowder made from real cream.



V

= Vegetarian

GF

= Gluten Free

O

= Organic

VG

= Vegan

Must-Have Flavors

Loaded Baked Potato-Style Soup

A melting pot of American goodness with tender potatoes, cheddar cheese, smoky bacon and chopped chives.



Southwestern-Style Chicken Tortilla

A fiesta of slow-simmered dark meat chicken, corn, tortilla strips and smoky chipotle peppers in a tomato broth.



Southwestern-Style Chicken and Corn Chowder

A chowder with a kick! Full of sweet summer corn, chunks of white meat chicken, smoky chipotle peppers and Tex-Mex spices.



Crab and Sweet Corn Chowder

Tender chunks of crab, sweet summer corn, red potatoes and fresh cream. Perfect as a starter or a main dish.



Available as
Food Service
only

Gluten Free

"Gone are the days when chefs ignore dietary requests.

They are just too pervasive in our society to ignore. Chefs who are on the cutting edge realize this and are planning ahead in the kitchen to have the flexibility to meet the varied requests."

—Kazia Jankowski, Associate Culinary Director, Sterling-Rice Group

Carrot and Ginger Bisque

Exotic destinations await in this smooth bisque of carrots, sweet potatoes, mellow coconut milk and tart ginger.



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Spicy Chicken Posole

A lively broth peppered with chunks of dark meat chicken, fire-roasted chilies, sweet bell peppers, corn and just a hint of lime.



GF

French Onion Soup

A bistro favorite featuring a rich, onion stock and sweet caramelized onions. Serve with a crostini or topped with melted Gruyère cheese.



GF

Available as
Food Service
only

Kale and Potato Soup with Italian Sausage

It's amore at first bite. Hearty kale, chunks of golden potatoes and Italian sausage in a delicately seasoned broth.



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Garden Vegetable Soup

A freshly harvested bushel of carrots, celery, broccoli and green beans paired with hearty barley in a tomato-based stock.



VG

Heart of Artichoke Bisque

You'll fall in love with every creamy spoonful of this rich bisque loaded with tender artichoke hearts in blissful perfection.

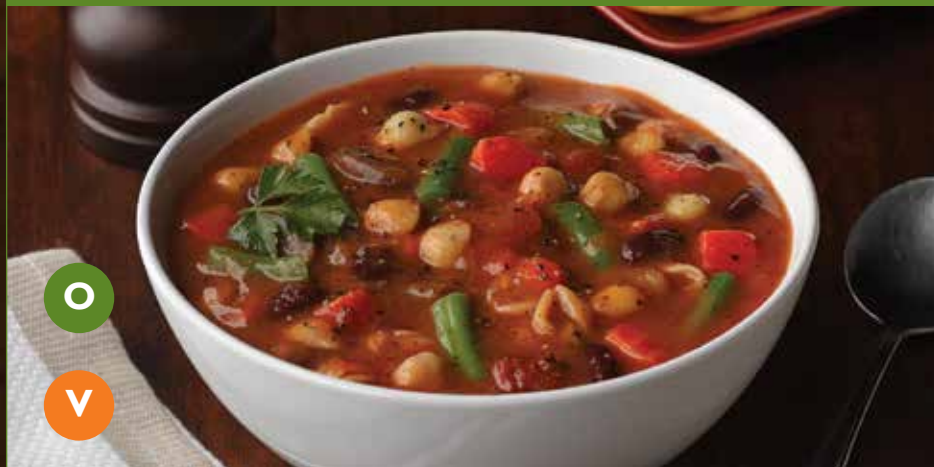


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Available as
Food Service
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Organic Vegetable Minestrone with Pasta

Satisfaction is waiting in every spoonful of this bounty of vegetables, seashell pasta, beans and garden-fresh herbs in a hearty stock.



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Wild Mushroom and Brie Soup

Wild Crimini, Shiitake, Button and Portobello mushrooms enveloped in rich and decadent Brie cheese.



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Available as
Food Service
only

On-Trend Flavors

Lemon Chicken Quinoa

Tender chunks of white meat chicken, wholesome red and golden quinoa, carrots, celery and refreshing lemon sing together in zesty harmony.



Sweet Potato Bisque

Indulge in a bowl of Thanksgiving any time of year with this creamy blend of sweet potato, butter, onions and a hint of cinnamon spice.



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New!

Lasagna Soup

Every family's favorite now comes in a bowl! Hearty tomato sauce with pasta, Italian sausage, ricotta cheese and spices.



New!

Pacific Alder-Smoked Salmon Chowder

Travel to the Pacific Northwest for hearty chunks of Alder-smoked salmon, red potatoes and spices, enveloped in creamy perfection.



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Comfort Flavors

Mama Rosa's Pasta Fagioli with Italian Sausage

Zesty Italian sausage, hearty pink beans, tender macaroni, garlic, sun-dried tomatoes and garden vegetables in a pesto-inspired broth.



Creamy Chicken and Dumpling

Creamy and comforting, one bite of tender chicken, old-fashioned dumplings, carrots and celery will whisk you back to Grandma's kitchen.



Available as
Food Service
only

Split Pea and Smoked Ham

Perfect rain or shine, you'll savor every spoonful of this heartwarming favorite of split peas, smoked ham and a hint of spice.



Available as
Food Service
only

Yankee Beef Pot Roast

Sunday Dinner in a hearty bowlful. Seasoned beef, tender carrots, cabbage, savory spices and onions.



Hearty Chilis

More than 10% of all category sales are attributed to chili.

Steakman Jack's® Chili with Beans

Whiskey-marinated steak gives a premium flair to ground beef and fire-roasted tomatoes mingled with pinto, navy and kidney beans in this bold chili.



Smokin' Stampede® Chili with Beans

A classic favorite of beans and ground beef, spiced up with fire-roasted chilies, tomatoes, onions, peppers and bacon.



Jumpin' Jillie's® Chicken Chili with Beans

Get out of your seat with this jazzed-up blend of red and pinto beans, shredded white meat chicken, fire-roasted chilies, tomato and smoky spices.



Hearty Vegetarian Chili with 5 Beans and Peppers

A bowl so hearty you'll never miss the meat. A kickin' blend of red, navy, pinto, kidney and black beans with fire-roasted chilies and peppers.



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With nine slow-simmered varieties to choose from,
we've got a chili for every menu!
Each is crafted with just the right mix of premium ingredients and bold, complex flavors.

Hearty Chilis

Bad Jack's® Chili Soup with Beans

This chili soup with tender chunks of beef slow simmered with onions, green peppers, kidney and red beans and smoky spices provides an economical way to have a hearty bowlful on your menu.



Dad's Bathtub®/Savory Chili with Beans

Harry's signature recipe. Fresh ground beef, garlic, onions, green and red bell peppers and a three-bean blend, all slow-simmered to hearty perfection.



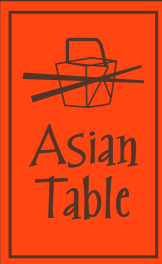
Also available as
Gluten-Free

Everyone has their favorite style of chili, and Harry's has a flavor for every taste. From hearty beef and bean to healthy vegetarian, your customers will find a dish worthy of any spoon. Go for a classic or try something new.

	Meat			Other	Fiber	Calcium	Iron
	Steak	Ground Beef	Chicken				
Bad Jack's® Chili Soup with Beans		✓			E		G
Black Bean Chili with Chicken			✓		E		G
Dad's Bathtub®/Savory Chili with Beans		✓		Also available in Gluten-Free version	E	G	G
Hearty Vegetarian Chili with 5 Beans and Peppers				Vegan, Low Fat & Cholesterol Free	E		G
Jumpin' Jillie's® Chicken Chili with Beans			✓		E		G
Smokin' Stampede® Chili with Beans		✓			E		E
Steakman Jack's® Chili with Beans	✓	✓			E		E
Wild Willie's White Bean Chili				Vegetarian & Low Cholesterol	E	G	E

G = Good source E = Excellent source

Asian Table



Excitement is Building.

As consumers become more exposed to Far Eastern flavors, an exotic trend is emerging: **Asian Comfort Food**. Our new Asian Table line of soups gives new context to the "Asian Bowl" trend. Delicious and delicate flavors evoke popular Pan-Asian dishes with a twist. Delight your customers today, as Harry's makes it easy to include these approachable flavors in your menu rotation.

Menu Monitor, August 2013

Spicy Thai-Style Chicken Soup

Inspired by the fragrant winds of Southeast Asia, you'll inhale this spicy blend of white meat chicken, sliced mushrooms, bamboo shoots and savory broth.



Udon Noodle Soup with Chicken

A Far East version of a classic pairing with hearty Udon noodles, tender chicken, carrots and mushrooms in a spicy ginger broth.



Korean BBQ Soup

Tantalize your tastebuds with tender strips of beef, sliced onions, carrots and a hint of sweet, smoky soy sauce.



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A photograph of a dish featuring large, cooked shrimp in a reddish-orange sauce, garnished with a lime wedge and a piece of ginger. The dish is served on a white plate. In the background, there is a wooden bowl filled with a mixture of red and yellow spices, and a pair of wooden chopsticks resting on a wooden surface. The image is divided by a diagonal orange line.

Sauces

Spice up any dish with our regional ready-to-use sauces. From hometown classics to far away favorites, these hand-crafted blends are sure to keep them coming back for more.

Sauces

White Pizza Cream Sauce

The perfect Pizza Bianca has never been easier than with our classic white pizza sauce. Creamy, garlicky and just plain delicious.



- Create a new gourmet Chicken, Artichoke & Goat Cheese White Sauce pizza
- Pour over grilled chicken, asparagus and pasta for a decadent Italian dish
- Serve as a dipping sauce for breadsticks or pita bread

Green Enchilada Sauce

A bold salsa verde of tomatillos, fire-roasted chilies, jalapeños, a refreshing spritz of lime and just a touch of cilantro.



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- For quick & easy Chile Verde, cook with pork roast in a slow cooker
- Combine with grilled chicken and sautéed vegetables for fajitas
- Simply add avocado for a quick guacamole

Asian-Style Sweet Chili Sauce

A fiery kick of red chilies and garlic melds with the subtle sweetness of soy, sugar and ginger.



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- Add grilled beef or chicken and vegetables for a quick and easy stir fry
- Perfect dipping sauce for chicken satay, egg rolls or pot stickers
- For fresh Asian-inspired grilled shrimp, simply marinate and toss on the BBQ

Caramelized Onion and Black Pepper Sauce

This classic finishing sauce features sweet caramelized onions, fire-roasted bell peppers and a rich, complex black peppercorn sauce.



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- Combine with steak strips or chicken and cheese then heat up in a tortilla for a fire-roasted quesadilla
- Spoon over meatloaf to add a quick, robust flavor to your homemade meal
- Add cream cheese for a delicious dip

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Hawaiian-Style Teriyaki Sauce

You won't be able to say goodbye to this Aloha blend of rich soy, brown sugar, ginger, vanilla and sweet mirin.



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- For a rice bowl, combine chicken or pork and pineapple then top with Harry's Hawaiian-Style Teriyaki Sauce
- Serve over grilled salmon or pork chops
- Just add vinegar and oil for a quick salad dressing – top with your favorite seafood

Tellicherry Peppercorn Demi-glaze

Butler not included! This sophisticated demi-glaze combines Indian Tellicherry peppercorns, mushrooms and Burgundy wine with classically delicious results.



- Combine with a pot roast and vegetables in a slow cooker for a warm and easy meal
- Top your fillet mignon or beef tenderloin tips and serve with your favorite vegetable
- Pour over grilled chicken and mashed potatoes for a decadent meal

Steakman Jack's™ Barbecue Sauce

The mellow burn of cayenne smolders under caramelized notes of molasses and a finishing kick of whiskey knocks you out of your stirrups.



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- Brush on ribs, steaks or chicken before grilling
- For quick and easy pulled pork sandwiches, cook pork roast with two tubs of Steakman Jack's™ Barbecue Sauce in a slow cooker
- Add to mayo for a smoky BBQ sandwich

Peppercorn Gravy

Peppercorns give this rich beef gravy a fresh kick. A festive topper for any holiday roast or potato dish.



- Top your fillet mignon or beef tenderloin tips and serve with your favorite vegetable
- Serve as a dipping sauce for fried chicken or as topping for fried steak
- Perfectly seasoned topper for mashed potatoes

Sauces

Alfredo Sauce

Loved by many, our traditionally inspired Alfredo combines real butter, heavy cream, rich Gruyère and nutty Parmesan cheese with garlic and spices.



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- Combine with a grilled chicken and veggies as a perfect chicken pasta primavera
- Top your veggie-loaded baked potato and serve as a new comfort dish
- Layer into lasagna for a richer, creamier version of the original classic

Marinara Sauce

A classical rendition of one of Italy's greatest works of art starring slow-simmered tomatoes, chopped garlic, onions and fragrant garden herbs.



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- Personalize pasta or pizza sauce — spice it up with herbs or veggies
- Combine with ground beef, cheese and rosemary for a quick and easy meatloaf
- Add fresh vegetables and use as a base for a savory ratatouille

Golden Sweet and Sour Sauce

A contemporary version of the classic yin and yang, this tantalizing sauce with pineapple and red pepper is one part sweet, one part sour.



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- Marinate or simmer shrimp in this sauce for an elegant seafood main dish
- Use as a dipping sauce for tempura or grilled vegetables
- Add veggies and pineapple and your choice of protein for a quick stir fry

Old-Fashioned Gravy

Smooth, savory goodness that begs to be ladled over just about everything. This traditional gravy is brimming with roasted turkey flavor and just a dash of spices.



Also available in Frozen Holiday

- Pour over turkey breast and vegetables in a slow cooker for a warm and easy meal
- Pull together an easy pot pie by combining with mushrooms and turkey or chicken medallions, topped with a pastry or biscuit crust and bake
- Serve with fried or grilled chicken and mashed potatoes for a decadent meal

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Entrées

Harry's home-style entrées have the dinner menu covered. With our heat-and-eat recipes, your customers can spend less time cooking and more time on important things. Choose from a wide variety of delicious flavors.

Creamy Macaroni and Cheese



Entrées

All-American Macaroni and Cheese

We've gone back to basics with this classic comfort food, combining tender elbow macaroni, fresh butter and whole milk in a smooth, creamy cheddar sauce.



Arroz Con Pollo

Hearty chunks of chicken, tender rice and a robust tomato sauce peppered with zesty spices, garlic, onions and bell pepper.



Beef Stroganoff in Sauce

Thin strips of beef and tender noodles cloaked in a cream sauce with sautéed mushrooms, onions and Burgundy wine.



Penne Bolognese

Tender penne pasta in a classic slow-simmered Bolognese sauce featuring sweet Italian sausage, rich ground beef, savory spices, ripe tomatoes and diced onion.



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On The Go

Meal Solutions from Harry's

Whether served cold or hot, our wide variety of entrées and sides has unlimited potential for your service deli. Our bulk bags offer up tempting meal creations in minutes. Pair our Creamy Garlic Alfredo with a Rotisserie Chicken for instant appeal, or package up a single serving of our Crème Fraîche Mashed Potatoes and Steak Dijon. Whether attracting a busy weeknight shopper or catering to the comfort crowd with favorites like Macaroni and Cheese or Penne Bolognese, we've got tantalizing options for them all.

Forty percent of consumers aged 25-44 bought fresh retail meal solutions 4+ times per month in 2012.

Oatmeal & Desserts



Harry's kettle-cooked, small-batch process opens up a world of possibilities. Satisfy their cravings with a serving of healthy oatmeal or finish the night with a creamy dish of tapioca pudding. For something extra special, add fresh fruit for a just a touch of sweetness.

Oatmeal & Desserts

Organic Steel-Cut Oatmeal

Made from 100% organic whole grain oats, this lightly sweetened cereal provides a hearty texture and a rich, nutty taste.



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Steel-Cut Oatmeal with Maple and Brown Sugar

A great way to start your day! This delicious cereal pairs a hearty texture and rich nutty taste of steel-cut oats with pure maple syrup and brown sugar.



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Steel-Cut Oatmeal with Apples and Cinnamon

Both healthy and delicious, our steel-cut oats have a delightful combination of juicy apples and warm cinnamon.



GF

V

Tapioca Pudding

Journey back to simpler times with this sweet blend of fresh whole milk, real vanilla, farm-fresh eggs and tender tapioca pearls.



V

GF

Harry's: A Proven Business Partner

For over 35 years, Harry's has been hand crafting high-quality, chef-inspired fresh soups, entrées, sides and desserts. Harry's small-batch process starts with artisanal-quality ingredients that are kettle cooked by hand — each by highly trained chefs. Our state-of-the-art, 80,000-square-foot facility uses a hot fill/quick chill process that locks in freshness and flavor to ensure a delicious experience without artificial preservatives. All Harry's products contain zero grams trans fats and contain no artificial colors or flavors. Harry's is certified by the Safe Quality Food Institute with Level II credentials, as well as by both Oregon Tilth and the USDA for organic manufacturing.

Benefits of working with Harry's

- Turn-key core product line
- Flexible manufacturing capabilities with minimum orders of 6 kettles per item
- Hundreds of chef-inspired recipes
- Trusted, high-quality products
- Consistent taste profiles
- Proven food safety

Order minimums are 6 kettles, 2 times per month:

Pack Size	Cases Per Kettle	Cases Per 6 Kettles
8/10 oz. bowls	86	516
8/11 oz. bowls	80	480
8/15 oz. tubs	58	348
8/16 oz. tubs	55	330
6/22 oz. trays	55	330
8/24 oz. tubs	35	210
8/30 oz. tubs	30	180
8/32 oz. tubs	28	168
2/4 lb. bags	58	348
4/4 lb. bags	28	168
2/8 lb. bags	28	168
4/8 lb. bag	15	90

Nutritional Information

Soups	Pack Size	HFF No.	Serving Size	Calories	Cal/Fat	Fat	Sat. Fat	Trans Fat	Cholest.	Sodium	Carb	Fiber	Sugars	Protein
Carrot and Ginger Bisque	8-16oz Tubs	702559	1 Cup	210	100	11g	8g	0g	20mg	450mg	28g	3g	9g	3g
	8-22oz Tubs	702561	1 Cup	210	100	11g	8g	0g	20mg	450mg	28g	3g	9g	3g
	2-8lb. Bags	702563	1 Cup	210	100	11g	8g	0g	20mg	450mg	28g	3g	9g	3g
	2-6lb. Bags (3:1 Water CONC.)	702578	1 Cup	210	90	10g	8g	0g	15mg	440mg	27g	3g	9g	3g
Cheddar Broccoli	8-16oz Tubs	701913	1 Cup	280	170	19g	9g	0g	45mg	750mg	16g	1g	8g	12g
	8-22oz Tubs	702146	1 Cup	280	170	19g	9g	0g	45mg	750mg	16g	1g	8g	12g
	2-8lb. Bag	700148	1 Cup	280	170	19g	9g	0g	45mg	750mg	16g	1g	8g	12g
	2-4lb. Bag (1:1 Milk CONC.)	700111	1 Cup	270	170	19g	9g	0g	45mg	710mg	15g	1g	8g	12g
Crab and Sweet Corn Chowder	2-4lb. Bags (1:1 Milk CONC.)	701523	1 Cup	190	60	7g	3g	0g	35mg	780mg	25g	2g	8g	9g
Creamy Chicken and Dumpling	2-4lb. Bags (1:1 Water CONC.)	700078	1 Cup	140	45	5g	2g	0g	35mg	1130mg	16g	>1g	3g	6g
Creamy Clam Chowder	8-16oz Tubs	701909	1 Cup	250	150	16g	9g	0g	55mg	910mg	18g	1g	4g	8g
	8-22oz Tubs	702142	1 Cup	250	150	16g	9g	0g	55mg	910mg	18g	1g	4g	8g
	2-8lb. Bags	700142	1 Cup	250	150	16g	9g	0g	55mg	910mg	18g	1g	4g	8g
	2-4lb. Bags (1:1 Milk CONC.)	700101	1 Cup	210	90	10g	5g	0g	35mg	930mg	21g	1g	7g	10g
Creamy Tomato Basil	8-16oz Tubs	701914	1 Cup	210	150	16g	8g	0g	45mg	480mg	14g	>1g	8g	3g
	8-22oz Tubs	702147	1 Cup	210	150	16g	8g	0g	45mg	480mg	14g	>1g	8g	3g
	2-4lb. Bags	700161	1 Cup	210	150	16g	8g	0g	45mg	480mg	14g	>1g	8g	3g
	2-4lb. Bags (1:1 Water CONC.)	700119	1 Cup	210	140	16g	8g	0g	45mg	450mg	14g	1g	8g	3g
French Onion Soup	2-8lb. Bags	701838	1 Cup	80	15	2g	1g	0g	5mg	1060mg	13g	2g	8g	2g
	4-4lb. Bags (1:1 Water CONC.)	702489	1 Cup	80	15	1.5g	0.5g	0g	5mg	1040mg	13g	2g	7g	3g
Garden Vegetable Soup	8-16oz Tubs	702371	1 Cup	110	25	3g	0g	0g	0mg	670mg	18g	3g	5g	3g
	8-22oz Tubs	702373	1 Cup	110	25	3g	0g	0g	0mg	670mg	18g	3g	5g	3g
	2-8lb. Bags	702384	1 Cup	110	25	3g	0g	0g	0mg	670mg	18g	3g	5g	3g
	2-4lb. Bags (1:1 Water CONC.)	700068	1 Cup	80	15	2g	0g	0g	0mg	650mg	14g	2g	4g	2g
Heart of Artichoke Bisque	2-4lb. Bags (1:1 Milk CONC.)	700097	1 Cup	90	10	1.5g	0g	0g	0mg	980mg	20g	2g	4g	3g
Homestyle Chicken Noodle	8-16oz Tubs	701911	1 Cup	110	30	3g	1.5g	0g	25mg	740mg	14g	2g	3g	6g
	8-22oz Tubs	702144	1 Cup	110	30	3g	1.5g	0g	25mg	740mg	14g	2g	3g	6g
	2-8lb. Bags	700196	1 Cup	110	30	3g	1.5g	0g	25mg	740mg	14g	2g	3g	6g
	2-4lb. Bags (1:1 Water CONC.)	700051	1 Cup	100	25	3g	1g	0g	20mg	680mg	12g	1g	2g	5g
Kale and Potato Soup with Italian Sausage	8-16oz Tubs	702484	1 Cup	190	100	11g	3g	0g	15mg	760mg	17g	2g	3g	5g
	8-22oz Tubs	702485	1 Cup	190	100	11g	3g	0g	15mg	760mg	17g	2g	3g	5g
	2-8lb. Bags	702486	1 Cup	190	100	11g	3g	0g	15mg	760mg	17g	2g	3g	5g
	4-4lb. Bags (1:1 Water CONC.)	702487	1 Cup	140	80	8g	2g	0g	10mg	670mg	13g	2g	2g	4g
Korean BBQ Soup	8-16oz Tubs	702687	1 Cup	150	45	5g	1.5g	0g	20mg	870mg	17g	>1g	8g	9g
	8-22oz Tubs	702691	1 Cup	150	45	5g	1.5g	0g	20mg	870mg	17g	>1g	8g	9g
	2-8lb. Bags	702696	1 Cup	150	45	5g	1.5g	0g	20mg	870mg	17g	>1g	8g	9g
	4-4lb. Bags (1:1 Water CONC.)	702700	1 Cup	150	45	5g	1.5g	0g	20mg	870mg	17g	>1g	8g	9g
Lasagna Soup NEW	8-16oz Tubs	702685	1 Cup	200	80	9g	3g	0g	20mg	840mg	21g	2g	6g	8g
	8-22oz Tubs	702689	1 Cup	200	80	9g	3g	0g	20mg	840mg	21g	2g	6g	8g
	2-8lb. Bags	702694	1 Cup	200	80	9g	3g	0g	20mg	840mg	21g	2g	6g	8g
	4-4lb. Bags (1:1 Water CONC.)	702698	1 Cup	200	80	9g	3g	0g	20mg	840mg	21g	2g	6g	8g
Lemon Chicken Quinoa	8-16oz Tubs	702480	1 Cup	160	50	6g	0.5g	0g	25mg	930mg	16g	2g	3g	11g
	8-22oz Tubs	702481	1 Cup	160	50	6g	0.5g	0g	25mg	930mg	16g	2g	3g	11g
	2-8lb. Bags	702482	1 Cup	160	50	6g	0.5g	0g	25mg	930mg	16g	2g	3g	11g
	4-4lb. Bags (1:1 Water CONC.)	702483	1 Cup	160	50	6g	0.5g	0g	25mg	910mg	16g	2g	3g	11g
Loaded Baked Potato-Style Soup	8-16oz Tubs	701912	1 Cup	290	150	17g	10g	0g	50mg	880mg	24g	2g	6g	10g
	8-22oz Tubs	702145	1 Cup	290	150	17g	10g	0g	50mg	880mg	24g	2g	6g	10g
	2-8lb. Bags	701135	1 Cup	290	150	17g	10g	0g	50mg	880mg	24g	2g	6g	10g
	2-4lb. Bags (1:1 Milk CONC.)	701362	1 Cup	160	80	9g	4.5g	0g	20mg	780mg	16g	1g	1g	5g

Nutritional Information

Soups	Pack Size	HFF No.	Serving Size	Calories	Cal/Fat	Fat	Sat. Fat	Trans Fat	Cholest.	Sodium	Carb	Fiber	Sugars	Protein
Mama Rosa's Pasta Fagioli with Italian Sausage	8-16oz Tubs	701916	1 Cup	200	90	10g	3g	0g	20mg	1020mg	20g	3g	4g	8g
	8-22oz Tubs	702149	1 Cup	200	90	10g	3g	0g	20mg	1020mg	20g	3g	4g	8g
	2-8lb. Bags	700157	1 Cup	200	90	10g	3g	0g	20mg	1020mg	20g	3g	4g	8g
	2-4lb. Bags (1:1 Water CONC.)	700076	1 Cup	150	60	7g	2g	0g	10mg	900mg	17g	3g	4g	6g
Organic Vegetable Minestrone with Pasta	2-8lb. Bags	701366	1 Cup	110	20	2g	1g	0g	5mg	950mg	22g	3g	6g	5g
Pacific Alder-Smoked Salmon Chowder	2-4lb. Bags (1:1 Milk CONC.)	700107	1 cup	140	60	7g	3.5g	0g	20mg	640mg	14g	2g	2g	4g
Southwestern-Style Chicken & Corn Chowder	8-16oz Tubs	702558	1 Cup	240	110	12g	7g	0g	65mg	820mg	19g	1g	5g	14g
	8-22oz Tubs	702560	1 Cup	240	110	12g	7g	0g	65mg	820mg	19g	1g	5g	14g
	2-8lb. Bags	702562	1 Cup	240	110	12g	7g	0g	65mg	820mg	19g	1g	5g	14g
	2-4lb. Bags (1:1 Water CONC.)	702577	1 Cup	270	120	14g	8g	0g	70mg	760mg	20g	1g	9g	15g
Southwestern-Style Chicken Tortilla	8-16oz Tubs	701910	1 Cup	160	60	7g	1g	0g	30mg	810mg	15g	2g	3g	11g
	8-22oz Tubs	702143	1 Cup	160	60	7g	1g	0g	30mg	810mg	15g	2g	3g	11g
	2-8lb. Bags	700185	1 Cup	160	60	7g	1g	0g	30mg	810mg	15g	2g	3g	11g
	2-4lb. Bags (1:1 Water CONC.)	700093	1 Cup	150	50	6g	1g	0g	25mg	800mg	14g	2g	3g	10g
Spicy Chicken Posole	8-16oz Tubs	702372	1 Cup	120	35	4g	1g	0g	25mg	860mg	12g	2g	3g	8g
	8-22oz Tubs	702374	1 Cup	120	35	4g	1g	0g	25mg	860mg	12g	2g	3g	8g
	2-8lb. Bags	702385	1 Cup	120	35	4g	1g	0g	25mg	860mg	12g	2g	3g	8g
	2-4lb. Bags (1:1 Water CONC.)	702469	1 Cup	110	30	3.5g	1g	0g	25mg	820mg	11g	2g	3g	8g
Spicy Thai-Style Chicken Soup NEW	8-16oz Tubs	702688	1 Cup	110	25	2.5g	0g	0g	20mg	960mg	11g	1g	4g	10g
	8-22oz Tubs	702692	1 Cup	110	25	2.5g	0g	0g	20mg	960mg	11g	1g	4g	10g
	2-8lb. Bags	702697	1 Cup	110	25	2.5g	0g	0g	20mg	960mg	11g	1g	4g	10g
	2-4lb. Bags (1:1 Water CONC.)	702701	1 Cup	110	25	2.5g	0g	0g	20mg	960mg	11g	1g	4g	10g
Split Pea and Smoked Ham	2-6lb. Bags (3:1 Water CONC.)	701839	1 Cup	200	35	3.5g	1g	0g	10mg	980mg	29g	9g	4g	12g
Udon Noodle Soup with Chicken NEW	8-16oz Tubs	702686	1 Cup	120	25	3g	0.5g	0g	15mg	750mg	17g	2g	3g	7g
	8-22oz Tubs	702690	1 Cup	120	25	3g	0.5g	0g	15mg	750mg	17g	2g	3g	7g
	2-8lb. Bags	702695	1 Cup	120	25	3g	0.5g	0g	15mg	750mg	17g	2g	3g	7g
	2-4lb. Bags (1:1 Water CONC.)	702699	1 Cup	120	25	3g	0.5g	0g	15mg	750mg	17g	2g	3g	7g
Wild Mushroom and Brie Soup	2-8lb. Bags	702564	1 Cup	200	110	12g	7g	0g	35mg	860mg	14g	1g	5g	8g
Yankee Beef Pot Roast	2-8lb. Bags	702111	1 Cup	140	45	5g	1g	0g	20mg	1010mg	17g	2g	3g	7g
	2-4lb. Bags (1:1 Water CONC.)	700064	1 Cup	120	35	4g	1.5g	0g	15mg	820mg	14g	2g	3g	6g
Chilis	Pack Size	HFF No.	Serving Size	Calories	Cal/Fat	Fat	Sat. Fat	Trans Fat	Cholest.	Sodium	Carb	Fiber	Sugars	Protein
Bad Jack's® Chili Soup with Beans	4-8lb. Bags	700305	1 Cup	320	120	14g	6g	0g	40mg	1200mg	32g	8g	5g	19g
Black Bean & Chicken Breast Chili	2-8lb. Bags	702240	1 Cup	280	70	7g	2g	0g	35mg	1180mg	33g	7g	8g	20g
Dad's Bathtub®/Savory Chili with Beans	2-8lb. Bags	702433	1 Cup	250	90	10g	2.5g	0g	30mg	730mg	25g	6g	5g	17g
	4-8lb. Bags	700284	1 Cup	250	90	10g	2.5g	0g	30mg	730mg	25g	6g	5g	17g
Gluten-Free Chili with Beans	2-8lb. Bags	702242	1 Cup	250	80	9g	3.5g	0g	45mg	620mg	22g	6g	5g	20g
	4-8lb. Bags	702196	1 Cup	250	80	9g	3.5g	0g	45mg	620mg	22g	6g	5g	20g
Hearty Vegetarian Chili with 5 Beans and Peppers	2-8lb. Bags	702237	1 Cup	180	20	2.5g	0g	0g	0mg	1040mg	32g	10g	6g	10g
	4-8lb. Bags	700282	1 Cup	180	20	2.5g	0g	0g	0mg	1040mg	32g	10g	6g	10g
Jumpin' Jillie's® Chicken Chili with Beans	2-8lb. Bags	702241	1 Cup	240	45	4.5g	1.5g	0g	35mg	850mg	31g	9g	5g	20g
Savory Chili with Beans	8-22oz Tubs	702332	1 Cup	250	90	10g	2.5g	0g	30mg	730mg	25g	6g	5g	17g
Smokin' Stampede® Chili with Beans	8-22oz Tubs	702150	1 Cup	320	120	13g	3.5g	0g	45mg	990mg	28g	7g	4g	23g
	2-8lb. Bags	702137	1 Cup	320	120	13g	3.5g	0g	45mg	990mg	28g	7g	4g	23g
Steakman Jack's® Chili with Beans	2-8lb. Bags	702239	1 Cup	360	140	15g	6g	0g	55mg	1210mg	31g	8g	4g	24g
	4-8lb. Bags	700286	1 Cup	360	140	15g	6g	0g	55mg	1210mg	31g	8g	4g	24g

Nutritional Information

Sauces	Pack Size	HFF No.	Serving Size	Calories	Cal/Fat	Fat	Sat. Fat	Trans Fat	Cholest.	Sodium	Carb	Fiber	Sugars	Protein
Alfredo Sauce	2-4lb. Bags	700219	1/4 cup	90	60	7g	4g	0g	20mg	240mg	3g	0g	2g	3g
Asian-Style Sweet Chili Sauce	8-16oz Tubs	702566	2 TBSP	50	0	0g	0g	0g	0mg	460mg	13g	0g	11g	1g
	4-4lb. Bags	702568	2 TBSP	50	0	0g	0g	0g	0mg	460mg	13g	0g	11g	1g
Caramelized Onion and Black Pepper Sauce	8-16oz Tubs	702493	1/4 cup	50	25	0g	0g	0g	0mg	260mg	6g	>1g	2g	1g
	4-4lb. Bags	702497	1/4 cup	50	25	0g	0g	0g	0mg	260mg	6g	>1g	2g	1g
Golden Sweet and Sour Sauce	2-4lb. Bags	700226	1/4 cup	70	0	0g	0g	0g	0mg	105mg	18g	0g	15g	0g
Green Enchilada Sauce	8-16oz Tubs	702565	1/4 cup	15	0	0g	0g	0g	0mg	180mg	3g	>1g	1g	0g
	4-4lb. Bags	702567	1/4 cup	15	0	0g	0g	0g	0mg	180mg	3g	>1g	1g	0g
Hawaiian-Style Teriyaki Sauce	4-4lb. Bags	702495	1 TBSP	25	0	0g	0g	0g	0mg	220mg	5g	0g	4g	0g
	8-16oz Tubs	702491	1 TBSP	25	0	0g	0g	0g	0mg	220mg	5g	0g	4g	0g
Marinara Sauce	2-4lb. Bags	700217	1/4 cup	30	5	0.5g	0g	0g	0mg	200mg	5g	>1g	3g	1g
Steakman Jack's™ Barbecue Sauce	4-4lb. Bags	702496	2 TSBP	50	5	0.5g	0g	0g	0mg	180mg	8g	0g	6g	0g
	8-16oz Tubs	702492	2 TSBP	50	5	0.5g	0g	0g	0mg	180mg	8g	0g	6g	0g
Tellicherry Peppercorn Gravy Demi-glace	4-4lb. Bags	702494	1/4 cup	20	0	0g	0g	0g	0mg	330mg	3g	0g	0g	1g
	8-16oz Tubs	702490	1/4 cup	20	0	0g	0g	0g	0mg	330mg	3g	0g	0g	1g
White Pizza Cream Sauce NEW	4-8lb. Bags	702646	100g	150	110	12g	7g	0g	35mg	390mg	6g	0g	3g	3g
Entrées	Pack Size	HFF No.	Serving Size	Calories	Cal/Fat	Fat	Sat. Fat	Trans Fat	Cholest.	Sodium	Carb	Fiber	Sugars	Protein
Four Cheese Chicken Penne	4-4lb. Bags	702437	1 Cup	300	120	13g	7g	0g	40mg	750mg	26g	>1g	4g	22g
	6-22oz Casserole Dishes	702368	1 Cup	300	120	13g	7g	0g	40mg	750mg	26g	>1g	4g	22g
Creamy Macaroni & Cheese	4-4lb. Bags	702436	1 Cup	190	20	2.5g	0g	0g	20mg	840mg	20g	1g	3g	13g
	6-22oz Casserole Dishes	702370	1 Cup	190	20	2.5g	0g	0g	20mg	840mg	20g	1g	3g	13g
All-American Macaroni & Cheese	2-8lb. Bags	702620	1 Cup	280	120	14g	8g	0g	40mg	1030mg	27g	1g	5g	11g
	8-10oz bowls	700610	1 Cup	280	120	14g	8g	0g	40mg	1030mg	27g	1g	5g	11g
Arroz Con Pollo	4-4lb. Bags	702436	1 Cup	190	20	2.5g	0g	0g	20mg	840mg	30g	1g	3g	13g
	6-22oz Casserole Dishes	702367	1 Cup	190	20	2.5g	0g	0g	20mg	840mg	30g	1g	3g	13g
Beef Stroganoff	2-4lb. Bags	700348	1 Cup	250	90	10g	6g	0g	45mg	740mg	19g	1g	3g	16g
Penne Bolognese	6-22oz Casserole Dishes	702369	1 Cup	260	120	13g	5g	0g	30mg	730mg	25g	2g	9g	10g
	4-4lb. Bags	702435	1 Cup	260	120	13g	5g	0g	30mg	730mg	25g	2g	9g	10g
Steel-Cut Oatmeal	Pack Size	HFF No.	Serving Size	Calories	Cal/Fat	Fat	Sat. Fat	Trans Fat	Cholest.	Sodium	Carb	Fiber	Sugars	Protein
Steel-Cut Oatmeal	8-10oz bowls	702377	1 container	200	25	2.5g	0g	0g	0mg	250mg	37g	5g	9g	7g
	4-4lb. Bags	702378	1 Cup	160	20	2g	0g	0g	0mg	200mg	29g	4g	7g	5g
Organic Steel-Cut Oatmeal	8-10oz bowls	702379	1 container	200	25	2.5g	0g	0g	0mg	250mg	37g	5g	9g	7g
	4-4lb. Bags	702380	1 Cup	160	20	2g	0g	0g	0mg	200mg	29g	4g	7g	5g
Steel-Cut Oatmeal with Apples & Cinnamon	8-10oz bowls	702451	1 container	230	25	3g	0g	0g	0mg	230mg	44g	5g	12g	7g
Steel-Cut Oatmeal with Maple & Brown Sugar	8-10oz bowls	702452	1 container	260	25	3g	0g	0g	0mg	270mg	50g	5g	18g	8g
Desserts	Pack Size	HFF No.	Serving Size	Calories	Cal/Fat	Fat	Sat. Fat	Trans Fat	Cholest.	Sodium	Carb	Fiber	Sugars	Protein
Chocolate Pudding	2-4lb. Bags	700383	1/2 Cup	180	60	7g	4g	0g	40mg	180mg	27g	1g	21g	4g
Tapioca Pudding	2-4lb. Bags	700379	1/2 Cup	140	35	3.5g	2g	0g	40mg	120mg	23g	0g	18g	4g



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