



Fast Response Externship Expectations

Congratulations on completing Fast Response's EMT program! Listed below are guidelines to prepare you for your EMT externships.

Once you have completed the course and have turned everything in, Fast Response will be contacting you by email to set up your externships. Please be patient. Fast Response strives to place students in their externships as soon as possible, but based on the hospital and ambulance company availabilities, it may take a few weeks to set up your externships.

Cleared for externships

In order to be cleared for your externships, the following items **must be completed within 30 days** from the last day of class:

- ✓ Successfully completed the entire Fast Response EMT program
- ✓ No past due payments on account
- ✓ Proof of all required immunizations and physical have been turned into Fast Response
- ✓ Drug screen has been done

How are externships assigned

Emergency Department: Students will be assigned to Alta Bates, Oakland Kaiser or Highland. This is solely based on the hospitals availabilities.

Ambulance Companies: Ride-along placement is based on student grades, professionalism, personal interests of the student, and instructor recommendations.

How long are externships

- Emergency Room: You will be required to complete 1 rotation that will be approximately 8-12 hours.
- Ride-Alongs: Two ride-alongs are required and they will be between 8-12 hours each. Be advised that ambulance crews may be held over their scheduled time. If this occurs, you will have to remain with the crew until their shift is complete.

Arrival time

- In case you get lost or if there is traffic, plan on being at your externship site 30 minutes prior to your scheduled externship time. **DO NOT BE LATE!**
- Look up directions prior to your scheduled externship date

What to bring

- The same rules and requirements regarding uniform and appearance that were enforced while you were in class at Fast Response apply to your externships.
- Wear your Fast Response EMT uniform (uniform must be clean and ironed)
 - Light blue shirt with Fast Response patch
 - Navy blue cargo pants
 - Navy blue t-shirt
 - Name tag
 - Fast Response badge
 - Black basket weave belt
 - Black safety boots that are clean and polished
 - A plain (no large logos or graphics) blue or black hoodless jacket may be worn
 - Arm tattoos must be covered
- If you have shoulder length hair, it must be put in a pony tail
- No facial hair (shave the morning before your externship/no stubble)
- Pack a meal and snacks for your ride-alongs (you may not have time to stop for food/drinks)
- You may want to bring some cash in case you need to buy food/drinks
- Equipment:
 - P100 mask: If you are doing your ride-along with Paramedics Plus or King American, Fast Response will contact you prior to your ride-along to schedule you for a fit testing for your P100 mask.
 - Pen light
 - Stethoscope
 - Blood pressure cuff
 - Blue or black pen
 - Something to write on
- Paperwork:
 - PCR's
 - Evaluation forms

What to expect

Your externships are a great time to learn and ask questions (when appropriate) so make sure you are prepared by reviewing your text book and be sure to practice your assessments. Also be prepared to take vitals.

Clinical (Emergency Room)

You will shadow a nurse as they treat patients. Ask the person who you are shadowing what they would like for you to do.

- Here is a list of some items that you may be assisting with:
 - Vitals
 - CPR
 - Assist with moving patients
 - Connecting ECG leads on the patient
 - Assist with cleaning the rooms and equipment

Ride-Alongs (Ambulance)

When you arrive at the ambulance company, you will be assigned to an ambulance crew. Depending on the ambulance company, you may be assigned to a Paramedic and an EMT, two Paramedics, or two EMTs.

- Ask your crew what they would like for you to do on calls.
- Possible tasks you may be given:
 - Vitals
 - Placing the patient on O2
 - CPR
 - Assist with the patient assessment
 - Assist with moving the patient
 - Assist with cleaning the ambulance and equipment

Externship Dos and Don'ts

- Dos:
 - Do... hand washing, hand washing, hand washing!!!!
 - Do... ask questions when appropriate
 - Do... help out with cleaning
 - Do.... have a positive attitude
 - Do.... smile ☺
 - Do.... enjoy your externships
 - Do.... think about safety
- Don't s
 - Don't... be late
 - Don't... sit around, there is always something to do
 - Don't... watch TV if you are at the fire station
 - Don't... sit on the lazy boy chairs at the fire station

Required paper work

Be sure that you complete all required paper work and don't forget to get the required names and signatures for all applicable forms.

List of required forms:

- ✓ Externship Requirements Checklist
- ✓ Externship Time Log

Emergency Department:

- ✓ Clinical Patient Contact Log (be sure to log all of your contacts)
- ✓ Patient Care Report (2 PCRs for the ED are required)
- ✓ Evaluation Form of Student
- ✓ Evaluation Form of Clinical and Field Experience

Ambulance Ride-Along:

- ✓ Ride-Along Student Agreement
- ✓ Field Patient Contact Log (be sure to log all of your contacts)
- ✓ Patient Care Report (2 PCRs for the ride along are required)
- ✓ Evaluation Form of Student
- ✓ Evaluation Form of Clinical and Field Experience

- * **There is a minimum of 10 patient contacts (combined total: Emergency Department & ride-alongs) for your externships, so be sure to list all of your patient contacts on the Patient Contact Logs.**

What to do after you have completed your externship

Once you have completed all of your externships, complete all of the required forms and drop them off at Fast Response in the mailbox in the hallway near the admissions office. Turn in all of your externship paperwork together. Original copies of the completed forms may also be physically mailed to Fast Response. **Always make copies** of all paperwork; you are responsible for any forms lost in the mail.

After all of your paper work has been submitted, it will be reviewed to verify it is complete. Once verified that your paperwork is complete and you have passed the JB Learning TestPrep Final Examination with a minimum score of 60%, you will be cleared to take the NREMT written exam. This process may take 1-2 weeks from the date the paper work was submitted to Fast Response.

Rescheduling & Questions

If you have any questions regarding your externships or have to reschedule an externship, please contact Tony Montano at Fast Response. **DO NOT** contact the externship site. If you need to reschedule an externship, please give at least a 48 business hour notice. Failure to reschedule with Fast Response prior to your externship may result in additional fees to retake the externship hours.

Fast Response Contact list

Tony Montano

EMT Externship Coordinator

tmontano@fastresponse.org

510-849-4009 ext. 150

Externship Locations

Emergency Departments:

Alta Bates

2450 Ashby Ave

Berkeley, CA 94705

Parking: Free parking around Alta Bates is difficult to find. There is a paid parking garage at Alta Bates. Cost is unknown.

Oakland Kaiser

3801 Howe St

Oakland, CA 94611

Parking: Free parking can be found in the neighborhoods around Oakland Kaiser, but be sure to read the street signs. Paid parking is available across the street from Oakland Kaiser. Cost is unknown.

Highland Hospital

1411 E 31st St.

Oakland, CA 94602

Ambulance Companies:

King American

2570 Bush St

San Francisco, CA 94115

Falcon

3508 San Pablo Dam Rd

El Sobrante, CA 94803

Paramedics Plus

575 Marina Blvd

San Leandro, CA 94577

Pro-Transport

There are multiple locations, so you will be advised where to go once your ride-along is set up.

Royal Ambulance

14472 Wicks Blvd

San Leandro, CA 94577