



**FAST RESPONSE SCHOOL OF HEALTHCARE EDUCATION
EMERGENCY MEDICAL TECHNICIAN
EMT: TRAUMA – LEARNING SHEET**



JOINT IMMOBILIZATION

OBJECTIVE:

Student will demonstrate the ability to correctly bandage and splint a joint dislocation or injury.

EQUIPMENT:

1. Patient.
2. Gauze Bandages.
3. Splint padding.
4. Cardboard splints (various sizes).
5. Roller Bandages
6. Triangular Bandages
7. Tape (2" or 3" cloth)

Joint Immobilization Technique:

1.	Takes body substance isolation precautions.
2.	Explains the procedure to the patient.
3.	Directs assistant to manually stabilize extremity without applying traction, above and below the injury.
4.	Exposes the injury or dislocation site.
5.	Assesses color, motor, sensory, temperature and pulse (CMSTP) distal to the injury
6.	If open wound is present, applies and secures a sterile dressing to the wound.
7.	Selects appropriate splinting material and pads splint as needed.
8.	Applies or directs application of the splint
9.	Immobilizes the bone above the injured joint.
10.	Immobilizes the bone below the injured joint.
11.	Secures the entire injured extremity (sling & swathe against other extremity, etc.)
12.	Applies ice to injury to minimize swelling (if available)
13.	Reassess color, motor, sensory, temperature and pulse (CMSTP) in the injured extremity.

CRITICAL CRITERIA

<ul style="list-style-type: none">• Did not take or verbalize BSI• Grossly moves injured extremity• Did not select the proper size splint or splinting material.• Did not expose the injury site.• Did not immobilize bone above or below injured joint• Did not assess CMSTP in the injured extremity BEFORE and AFTER splinting• Did not direct manual stabilization of the injured extremity• Splint is either too loose or too tight on the injured extremity.• Does not support the joint so that the joint did not bear distal weight.• Failure to manage the patient as a competent EMT• Exhibits unacceptable affect with patient or other personnel• Uses or orders a dangerous or inappropriate intervention• Failure to manage the patient as a competent EMT
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