



**FAST RESPONSE SCHOOL OF HEALTHCARE EDUCATION  
EMERGENCY MEDICAL TECHNICIAN  
EMT: MEDICAL – LEARNING SHEET**



**MOUTH-TO-MASK VENTILATION**

- OBJECTIVE:** Student will demonstrate the ability to ventilate a patient using a pocket mask with an oxygen port and one way valve.
- INDICATIONS:** Used on a patient who is breathing inadequately.
- EQUIPMENT:**
1. Adult intubation mannequin
  2. Assortment of oropharyngeal airways (OPA)
  3. Assortment of nasopharyngeal airways (NPA)
  4. Pocket mask with one way valve and oxygen port
  5. Oxygen connecting tubing
  6. Oxygen source with variable flow regulator

**Mouth-to-Mask Technique:**

1.	Takes body substance isolation precautions.
2.	Opens the airway by the appropriate method (Head-Tilt/Chin Lift or Jaw Thrust).
3.	Confirms that patient's airway is patent and clear.
4.	Selects appropriate size airway adjunct and inserts properly.
5.	Assembles pocket mask correctly.
6.	While maintaining an open airway, places mask over patient's mouth and nose to establish a proper mask-to-face seal using two hands.
7.	Effectively ventilates patient, as evidenced by rise and fall of chest, at a rate of 10-12 times per minute.
8.	Allows for adequate exhalation between ventilations.
9.	Connects pocket mask to oxygen source and ensures flow of oxygen.
10.	Adjusts Oxygen flow to 15LPM.

**CRITICAL CRITERIA**

<ul style="list-style-type: none"><li>• Did not take or verbalize BSI</li><li>• Interrupted Ventilations for more than 20 seconds</li><li>• Did not provide high concentration O<sub>2</sub></li><li>• Did not allow adequate exhalation</li><li>• Failure to manage the patient as a competent EMT</li></ul>	<ul style="list-style-type: none"><li>• Did not provide, or direct assistant to provide volume/breath or rate (More than 2 ventilation errors per minute and 10-12 breaths per minute)</li><li>• Did not immediately ventilate patient</li></ul>
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