

FAST RESPONSE SCHOOL OF HEALTHCARE EDUCATION EMERGENCY MEDICAL TECHNICIAN EMT: MEDICAL – LEARNING SHEET



CARDIAC ARREST MANAGEMENT / AED

Student will demonstrate the ability to rapidly, safely, and effectively administer a defibrillator shock as well as proper

management of the cardiac arrest victim

INDICATIONS: For a patient that has been found in cardiac arrest.

1. Adult CPR mannequin

2. AED trainer

EQUIPMENT:3. Bag-Valve Mask Device

4. Various Size Airway Adjuncts (OPA, NPA)

5. Oxygen connecting tubing

6. Oxygen source with variable flow regulator

- 1. Takes body substance isolation precautions.
- 2. Briefly questions rescuers or bystanders about arrest events.
 - How long has the patient been down?
 - Has the patient been recently under the care of a physician?
 - Is there any DNR Paperwork?
- 3. Turns on Automated External Defibrillator (AED)
- 4. Applies AED Patches to patient's bare chest.
- 5. Plugs in patches to AED.
- 6. Ensures all individuals are standing clear of the patient for the analysis of rhythm.
- 7. Initiates analysis of the rhythm. (By either pushing the "Analyze" button or allowing machine to automatically analyze.)
- 8. Post-Analysis Sequence
 - If **SHOCK ADVISED**, ensures that all individuals are standing clear of patient for defibrillation before delivering shock. (Proceed to Step # 9)
 - If **NO SHOCK ADVISED**, proceed to step # 10.
- 9. Deliver Shock once patient has been cleared one final time and machine is ready to defibrillation.
- 10. Directs resumption of 1 or 2 rescuer CPR.
- 11. Gathers additional information of arrest events.
 - Patient complaints prior to arrest?
 - Has this happened before?
- 12. Confirms effectiveness of CPR (Compressions and Ventilations)
 - Feels for a carotid pulse while compressions are being performed to ensure proper depth and rate of compressions.
 - Looks for rise and fall of the chest during ventilations to ensure the proper tidal volume is being reached.
- 13. Directs insertion of a simple airway adjunct (OPA, NPA).
- 14. Ventilates or directs ventilation of patient with a bag-valve mask device.
- 15. Connects bag-valve mask device to oxygen supply and turns on oxygen to 15 LPM.
- 16. Ensures that high concentration of oxygen is being delivered to the patient.
- 17. Assures adequate CPR is continued without unnecessary or prolonged interruption.



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- 18. Continues CPR for two (2) Minutes.
- 19. Once AED analysis is indicated, ensures that all individuals are clear of the patient for analysis of rhythm.
- 20. Initiates analysis of the rhythm. (By either pushing the "Analyze" button or allowing machine to automatically analyze.)
- 21. Post-Analysis Sequence
 - If **SHOCK ADVISED**, ensures that all individuals are standing clear of patient for defibrillation before delivering shock. (Proceed to Step # 22)
 - If **NO SHOCK ADVISED**, proceed to step # 23.
- 22. Deliver Shock once patient has been cleared one final time and machine is ready to defibrillation.
- 23. Directs resumption of 1 or 2 rescuer CPR.
- 24. Verbalize transport of patient *OR* transfer of patient to a higher level of care.

CRITICAL CRITERIA

- Did not take or verbalize BSI
- Did not evaluate the need for immediate use of the AED.
- Operated the AED improperly or unsafely.
- Did not allow adequate exhalation.
- Did not immediately direct initiation or resumption of CPR at appropriate times.
- Did not assure that all individuals were clear of patient before delivering a shock.
- Did not assure that all individuals were clear of patient before analysis of rhythm.
- Did not assure that adequate CPR was being performed throughout event. (i.e. Poor Compressions, Ventilations too slow or fast, tidal volume inappropriate.)
- Failure to manage the patient as a competent EMT