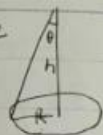


4.22



$$\tan \theta = \frac{R}{h}, \quad \rho = \frac{3m}{\pi R^2 h}$$

薄圆盘的转动惯量为  $\frac{1}{2} m r^2$ 选取高为  $dz$ , 半径为  $r$  的薄圆盘

$$dI = \frac{1}{2} r^2 dm = \frac{1}{2} \rho \pi r^4 dz$$

$$I = \int_0^h \rho \pi r^4 dz = \frac{3m}{2R^2 h} \cdot \frac{R^4}{4} \int_0^h \left(\frac{Rz}{h}\right)^4 dz$$

$$= \frac{3m}{2R^2 h} \cdot \frac{R^4}{4} \int_0^h z^4 dz = \frac{3mR^2}{24h} \cdot \frac{h^5}{5} = \frac{3mR^2}{10}$$

椭球三个轴转动惯量

$$4.27 \quad I_1 = \frac{m}{5}(b^2 + c^2) \quad I_2 = \frac{m}{5}(a^2 + c^2) \quad I_3 = \frac{m}{5}(a^2 + b^2)$$

$$\text{计算为 } \rho = \frac{m}{\frac{4}{3}\pi abc} \quad \int_0^h \rho \pi a^2 b^2 dh = \frac{m(b^2 + c^2)}{5}$$

$$\text{角速度为 } \dot{\psi} = 0, \quad \vec{\omega} = \dot{\theta} \cos \psi \vec{e}_1 + \dot{\theta} \sin \psi \vec{e}_2 + \dot{\varphi} \vec{e}_3$$

$$\text{角动量为 } \vec{L} = \frac{m}{5}(b^2 + c^2) \dot{\theta} \cos \psi \vec{e}_1 + \frac{m}{5}(a^2 + c^2) \dot{\theta} \sin \psi \vec{e}_2 + (b^2 + c^2) \dot{\varphi} \vec{e}_3$$

$$\text{动能为 } T = \frac{1}{2} \vec{L} \cdot \vec{\omega}$$

4.29  $\theta$  对应角动量改变为  $L_\theta = p_\theta$ 

$$\text{又: } L_{e_3} = I_3 \omega$$

$$z \text{ 轴偏移量 } \tan \theta = \frac{p_\theta}{I_3 \omega}$$

当冲量不大, 陀螺在此位置做大致对称的摆动,

$$\text{则最大摆动 } \theta_{\max} \approx 2\theta = 2 \arctan \frac{p_\theta}{I_3 \omega}$$

4.36 体系拉格朗日函数为

$$L = \frac{I_1}{2} (\dot{\theta}^2 + \dot{\varphi}^2 \sin^2 \theta) + \frac{I_3}{2} (\dot{\psi} + \dot{\varphi} \cos \theta)^2 - \frac{I_3}{2} mgl \cos \theta$$

$$\text{公式中的 } \dot{\varphi}_0 = \omega_2, \quad \dot{\psi}_0 = \omega_1$$

$$I_1 \dot{\theta} - I_1 \dot{\varphi}^2 \sin \theta \cos \theta + I_3 (\dot{\psi} + \dot{\varphi} \cos \theta) \dot{\varphi} \sin \theta - mgl \sin \theta = 0$$

$$\text{其中 } \dot{\psi} + \dot{\varphi} \cos \theta = \omega_3$$

$$\text{无章动则 } \dot{\theta} = 0$$

$$\therefore (I_1 \dot{\varphi}^2 \cos \theta - I_3 \omega_3 \dot{\varphi} + mgl) \sin \theta = 0$$

$$\text{即 } I_1 \dot{\varphi}^2 \cos \theta - I_3 \omega_3 \dot{\varphi} + mgl = 0$$

$$\text{因此得到最终的角加速度 } \ddot{\varphi} = \frac{I_3 \omega_3 \pm \sqrt{I_3^2 \omega_3^2 - 4 I_1 mgl \cos \theta}}{2 I_1 \cos \theta}$$

为使方程最终有实数根, 需要

$$I_3^2 \omega_3^2 \geq 4 I_1 mgl \cos \theta$$

$$I_3^2 (\omega_1 + \omega_2 \cos \theta)^2 \geq 16 mgl \cos \theta$$