

BOSTON COLLEGE

# DIVERSITY CHALLENGE

Intersections of Race and  
Culture and Health and  
Mental Health

FRIDAY & SATURDAY  
OCTOBER 18 & 19, 2013

THE THIRTEENTH IN AN ANNUAL SERIES OF CONFERENCES SPONSORED BY  
THE INSTITUTE FOR THE STUDY AND PROMOTION OF RACE AND CULTURE  
CAROLYN A. AND PETER S. LYNCH SCHOOL OF EDUCATION



## You are invited to attend the 13th Annual Diversity Challenge: *Intersections of Race and Culture and Health and Mental Health*, a conference sponsored by the Institute for the Study and Promotion of Race and Culture at Boston College.

The Institute was founded in 2000 at Boston College by Dr. Janet E. Helms to promote the assets and address the societal conflicts associated with race and culture in theory and research, mental health practice, education, business, and society generally. The Institute solicits, designs, and distributes effective interventions with a proactive, practical focus. Each year the Institute addresses a racial or cultural issue that could benefit from a pragmatic, scholarly, and/or grassroots focus through the Diversity Challenge conference. **The theme of Diversity Challenge 2013 is: Intersections of Race and Culture and Health and Mental Health.**

Health and mental health practitioners, educators, and policy-makers have begun to recognize the effects of life experiences on individuals' health and mental health across the lifespan. Consequently, it is unlikely that one can create effective interventions without understanding how life experiences influence health and physical health outcomes. The link between health and mental health is particularly problematic for people of Color and related immigrant groups because very little evidence is available concerning how life experiences, such as discrimination and socioeconomic status, are related to health and mental health. On the other hand, very little evidence is available concerning what life experiences do or do not give White people health advantages over their counterparts of Color and non-dominant cultural origins. Evidence pertains not only to research, but also to interventions that practitioners, educators, and policy-makers have used to treat racial-cultural dynamics that affect health and mental health.

This year's Diversity Challenge, *Intersections of Race and Culture and Health and Mental Health*, focuses on some of the complex health, mental health, and educational issues that might be improved or alleviated with more explicit consideration of race and culture in health and mental health research, practice, and policy across diverse settings.

### FEATURED INVITED SPEAKERS

**ESTEBAN CARDEMIL, PH.D.**, *Clark University, Associate Professor of Psychology*. Dr. Cardemil's research focuses on understanding and addressing mental healthcare disparities in the United States that continue to disproportionately affect individuals from low-income and racial/ethnic minority backgrounds. His research program includes both applied and basic research that lie at the intersection of cognitive-behavioral theories, prevention science, and cultural and contextual approaches.

**L. KEVIN CHAPMAN, PH.D.**, *University of Louisville, Associate Professor of Clinical Psychology; Director, Center for Mental Health Disparities*. Dr. Chapman is an Associate Professor in Clinical Psychology at the University of Louisville in the Department of Psychological and Brain Sciences and is a practicing, licensed psychologist specializing in the assessment and treatment of anxiety and related disorders with cognitive behavioral therapy. Dr. Chapman is also the Director of the University of Louisville Center for Mental Health Disparities and focuses on the assessment and treatment of anxiety, and related disorders, mental health and wellness, as well as risk and protective factors (resiliency, religious coping) for mental illness in ethnic minority populations.

**DJ IDA, PH.D.**, *National Asian American Pacific Islander Mental Health Association, Executive Director*. Dr. Ida has over thirty years of experience working with Asian American Pacific Islander communities. She received her doctorate in clinical psychology and has been a strong advocate for eliminating disparities in quality care for diverse populations. Dr. Ida is often asked to speak on AANHPI mental health and the need to improve the quality of care to be more culturally and linguistically appropriate.

**MARCIA LIU, PH.D.**, received her doctorate in Counseling Psychology from Boston College, and recently joined Columbia University's Counseling and Psychological Services as a Postdoctoral Trainee in Clinical Psychology. She also serves as adjunct faculty at City University of New York-John Jay College of Criminal Justice in the Masters Program in Forensic Mental Health Counseling. Her areas of expertise include Asian American Mental Health, racial identity, and the physical and psychological health outcomes of race-related issues.

**ALEX PIETERSE, PH.D.**, *Monash University, Senior Lecturer Counseling Psychology*. Dr. Pieterse is trained as a counseling psychologist with a professional background including a career in nursing and an independent psychotherapy practice. His research interests center on psychological aspects of race and racism.

**MELBA VASQUEZ, PH.D., ABPP**, *Independent practice, Austin, TX*. Dr. Vasquez is a Former President of the American Psychological Association (APA, 2011), and is the first Latina and woman of Color of 120 presidencies of APA to serve that role. She has served as president of the Texas Psychological Association (TPA), and Divisions 35 (Society of Psychology of Women) and 17 (Society of Counseling Psychology) of the APA. She is a co-founder of APA Division 45, Society for the Psychological Study of Ethnic Minority Issues, and of the National Multicultural Conference and Summit.

**MARY WALSH, PH.D.**, *Boston College, Daniel E. Kearns Professor of Urban Education and Innovative Leadership, Executive Director of City Connects*. Dr. Walsh is the Daniel E. Kearns Professor in Urban Education and Innovative Leadership and Executive Director of the City Connects Program at the Lynch School of Education at Boston College. Dr. Walsh also serves as the Director of the Boston College Center for Optimized Student Support (formerly the Center for Child, Family, and Community Partnerships), a research center studying interventions that enhance the academic and healthy development of youths.

**NADIA WARD, PH.D.**, *Yale University Consultation Center/School of Medicine, Assistant Professor of Psychology in Psychiatry*. Dr. Ward is the Director of Urban Education and Prevention Research at The Consultation Center. Her work in the area of academic achievement for African American and Latino youths has spanned 15 years and has included training and consultation to universities, public schools systems, and foundations.

---

## FRIDAY AND SATURDAY, OCTOBER 18-19, 2013

---

8:15-9:00	CONTINENTAL BREAKFAST / REGISTRATION
9:00-9:15	WELCOME /ANNOUNCEMENTS
9:30-11:00	CONCURRENT SESSION
11:00-11:10	BREAK
11:10-11:15	OPENING REMARKS
11:15-12:45	INVITED PANEL
12:45-1:45	POSTER SESSION LUNCHEON
2:00-3:30	CONCURRENT SESSION
3:30-3:45	BREAK
3:45-5:15	INVITED PANEL
(OCT. 19 ONLY)	
5:30-7:00	CLOSING CELEBRATION AND CATERED RECEPTION

---

Over **100** Presentations, Including . . .

- Culturally-Sensitive Child Mental Health Evaluation in a “Safety Net” Hospital Setting
  - African American Women and HIV/AIDS: Impact of Race, Gender, and Economics
  - Trauma and Education Reform: A Discussion on Mental Health Risk Factors
  - Problems with Identifying and Treating Latino Mental Health Distress
- 

## HOW TO REGISTER:

*Online* – at <http://www.bc.edu/isprc>

*Mail* – download a registration form at <http://www.bc.edu/isprc> and mail to:

Institute for the Study and Promotion of Race and Culture  
Boston College  
Campion Hall, Room 318  
140 Commonwealth Avenue  
Chestnut Hill, MA 02467



INSTITUTE FOR THE STUDY AND PROMOTION OF RACE AND CULTURE  
THE CAROLYN A. AND PETER S. LYNCH SCHOOL OF EDUCATION  
CAMPION HALL 318  
140 COMMONWEALTH AVENUE  
CHESTNUT HILL, MA 02467-3813



# THE 13TH ANNUAL DIVERSITY CHALLENGE

Intersections of Race and  
Culture and Health and  
Mental Health

---

FRIDAY & SATURDAY, OCTOBER 18 & 19, 2013

---

BOSTON COLLEGE

---

CHESTNUT HILL, MASSACHUSETTS

---