

# Your Company Cybersecurity Self-Assessment Test

## Stumptown IT Services ~ info@stumpit.net

**Instructions:** For each question, check **Yes**, **No**, or **Partial**. Each answer has a weighted score. Add up the points at the end to see your risk level.

Question	Yes	No	Partial	Your Score
Do all employees use MFA?	15	0	7.5	
Are all computers regularly patched/updated?	12	0	6	
Do you use a password manager?	8	0	4	
Is email protected by anti-phishing/anti-malware tools?	12	0	6	
Are backups done regularly and tested?	12	0	6	
Is your network protected by a firewall & secure remote access?	12	0	6	
Do you train staff on security awareness & phishing?	8	0	4	
Are mobile devices & laptops secured/managed?	6	0	3	
Is sensitive client data encrypted in cloud storage?	7	0	3.5	
Do you review user access & permissions regularly?	10	0	5	
Total Score				

### Risk Levels:

- 80–100 → Low Risk / Secure
- 60–79 → Medium Risk / Needs Attention
- 0–59 → High Risk / Immediate Action Needed

**Do you want or need to improve your score?**

**Does your company use Microsoft 365, MS Word, or MS Excel?**

If yes, you likely already have what you need to improve your company's security.

Feel free to contact us today [info@stumpit.net](mailto:info@stumpit.net)