

We know the current through Q5 (the transistor connected to the emitters of the diff pair) is I_0 , but we don't know the currents through the diff pair transistors, I_6 and I_7 . From the left side loop:

$$I_6 = \frac{I_X^2}{I_0}$$

 $\mathit{I}_{x}^{2}=\mathit{I}_{6}\mathit{I}_{o}$

From the right side Gilbert loop we can similarly write that $I_7 = I_V^2 \triangleleft I_0$. Put them together:

 $I_0^2 = I_x^2 + I_y^2$

Gilbert loop we can similarly write that
$$I_7 = I_y^2 \triangleleft I_0$$
. Put them together $I_0 = I_6 + I_7$

$$= \frac{I_x^2}{I_0} + \frac{I_y^2}{I_0}$$