

## CPC Report 10 – Vascular Surgery (Carotid Endarterectomy)

**Patient:** George Allen, 76 M, BMI 27.4

### Surgery Details:

Procedure: Left Carotid Endarterectomy

**Date:** December 18, 2025

**Time:** 06:45 AM

**Place:** UCI Douglas Hospital – Vascular OR 1

### Medications:

- Insulin glargine → **Continue per endocrinologist**
- Metformin → **Hold on day of procedure**
- Aspirin 81 mg → **Continue unless told otherwise**
- Clopidogrel → **As directed by cardiologist**

### General Pre-op Instructions:

Continue basal insulin, hold Metformin on day of surgery.

Fasting from midnight.

Use antibacterial soap before arrival.

No smoking/alcohol for 72 hrs.

Bring CPAP device if used.

Driver required for discharge.