

# CPC Report 1 – Orthopedic Surgery (Knee Replacement)

## Patient Information:

Name: *Emily Nguyen* | Age: 67 | Sex: F | Weight: 72 kg | Height: 165 cm | BMI: 26.4

## Surgery Details:

Procedure: Right Total Knee Replacement

**Date:** December 10, 2025

**Time:** 08:30 AM

**Place:** UCI Medical Center – Main Operating Room 4

## Chief Complaint:

Severe osteoarthritis requiring right total knee replacement.

## History:

Type 2 diabetes, hypertension, hyperlipidemia. No anesthesia complications.

## Comorbidities:

Diabetes mellitus (type 2), hypertension, hyperlipidemia.

## Medications and Allergies:

- Metformin 500 mg BID → **Hold on day of procedure**
- Empagliflozin 25 mg daily → **Hold 3 days prior**
- Lisinopril 10 mg daily → **Continue**
- Atorvastatin 20 mg daily → **Continue**
- Multivitamin → **Hold on day of procedure**  
Allergies: None.

## General Pre-op Instructions:

Fasting: No food 8 hrs, milk 6 hrs, clear liquids 2 hrs before surgery.

Medication: Stop Metformin morning of surgery; hold Empagliflozin 3 days prior.

Hygiene: Shower with antimicrobial soap night before and morning of surgery.

Substance Use: No alcohol or tobacco 48 hrs prior.

Valuables: Remove jewelry, makeup, nail polish; wear loose clothing.

Contingency: Notify clinic if fever or cold develops.

Transportation: Adult escort required post-op.