Why are drugs bad?

Avoiding drugs is crucial for your physical, mental, and social well-being. Here's why:

1. Health Risks: Drugs can damage vital organs, weaken your immune system, and lead to chronic diseases.

2. Mental Health: They often worsen anxiety, depression, and other mental health issues, while impairing cognitive functions.

3. Addiction: Drugs are highly addictive, leading to loss of control and dependence.

Additionally, drugs are highly addictive and can lead to loss of control and dependence.

Choosing not to use drugs helps you maintain control over your life and ensures a healthier, happier future.