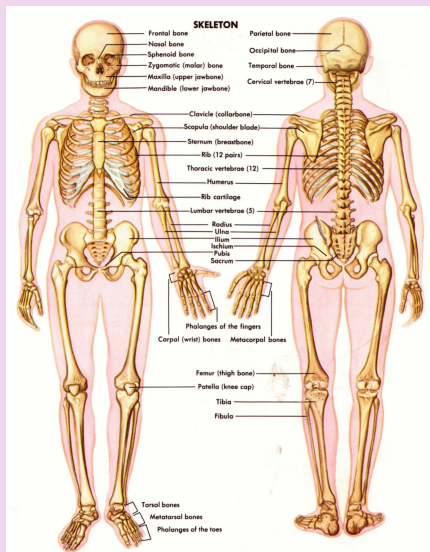


### Body System



### Chest

#### The Sternum (1)

#### The Ribs (24, in 12 pairs), including:

(7) pairs called "true ribs" directly attached to the sternum (1st-7th pairs)  
 (3) pairs (8th, 9th and 10th pairs), also known as false ribs are attached anteriorly to each other and to the 7th rib by cartilages and synovial joints  
 (2) pairs of floating ribs (11th and 12th pairs), have no anterior attachment.

### Vertebral column

#### Spinal vertebrae of the vertebral column (26 bones)

#### The Cervical vertebrae (7)

#### The Thoracic vertebrae (12)

#### The Lumbar vertebrae (5)

#### The Sacral vertebrae (5 at birth, fuses into 1)

#### The Coccygeal vertebrae (4 at birth, fuses into 1)

### Arm

#### Bones of the upper arm (6 bones, 3 each side)

- ☐ Humerus
- ☐ Ulna
- ☐ Radius

#### The Hand (54 bones, 27 in each hand)

##### The carpus

- ☐ Scaphoid bone (2)
- ☐ Lunate bone (2)
- ☐ Triquetrum bone (2)
- ☐ Pisiform bone (2)
- ☐ Trapezium (2)
- ☐ Trapezoid bone (2)
- ☐ Capitate bone (2)
- ☐ Hamate bone (2)

##### The Metacarpus (5 × 2)

##### The Phalanges of the hand

- ☐ Proximal phalanges (5 × 2)
- ☐ Intermediate phalanges (4 × 2)
- ☐ Distal phalanges (5 × 2)

### Head

#### The Skull (1)

##### The Cranial bones(8)

- ☐ Occipital bone
- ☐ Parietal bones (2)
- ☐ Frontal bone
- ☐ Temporal bones (2)
- ☐ Sphenoid bone (sometimes counted as facial)
- ☐ Ethmoid bone (sometimes counted as facial)

##### The Facial bones (15)

- ☐ Nasal bones (2)
- ☐ Maxillae (upper jaw) (2)
- ☐ Lacrimal bone (2)
- ☐ Zygomatic bone (2)
- ☐ Palatine bone (2)
- ☐ Inferior nasal concha (2)
- ☐ Vomer
- ☐ Mandible (lower jaw)
- ☐ Hyoid bone (sometimes not counted)

##### In the middle ears (3 × 2)

- ☐ Incus (2)
- ☐ Malleus (2)
- ☐ Stapes (2)



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### Leg

**The Hip Bone;** comprising the fused ilium, ischium, and pubis (2)

☐ **The sacrum and coccyx** attach to the 2 hip bones forming the pelvis

☐ **The Femur**

☐ **The Patella or knee cap**

☐ **The Tibia**

☐ **The Fibula**

☐ **The Foot** (52 bones in total, 26 per foot)

☐ **The Tarsus**

☐ Calcaneus or heel bone (2)

☐ Talus (2)

☐ Navicular bone (2)

☐ Medial cuneiform bone (2)

☐ Intermediate cuneiform bone (2)

☐ Lateral cuneiform bone (2)

☐ Cuboid bone (2)

**The Metatarsus**

☐ **The Phalanges of the Foot**

☐ Proximal phalanges (5 × 2)

☐ Intermediate phalanges (4 × 2)

☐ Distal phalanges (5 × 2)

☐ The Sesamoid bones



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