## Time Management Tools

myya

Smart calendar integration

myya

Weekly planner templates

myya

Color-coded task blocks

myya

Study timer with breaks

myya

Academic Pressure

myya

Overlapping deadlines

myya

Lack of tutoring access

myya

Exam Stress

myya

Unclear sylibuss

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Personal Wellness

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Sleep tracking reminders

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Mental health check ins

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Hydration alerts

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Exercise schedualing

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Social Distractions

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App blocker for study time

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Peer pressure to skip work

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Soical media overuse

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party/event notifications

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Customization features

myya

Adjustable notification settings

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Personalized study goals

myya

Theme and layout options

myya

AI-based schedule suggestions

myya