

$H = 10 \text{ mm}$



$B = 10 \text{ mm}$

$G_f = 0.09 \text{ N/mm}$

$E = 30000 \text{ MPa}$

$L = 200 \text{ mm}$

$L_{cb} = 10 \text{ mm}$

$f_t = 2.4 \text{ MPa}$

$\nu = 0.2$



w