

SomaticExperiencing®

TRAUMA INSTITUTE

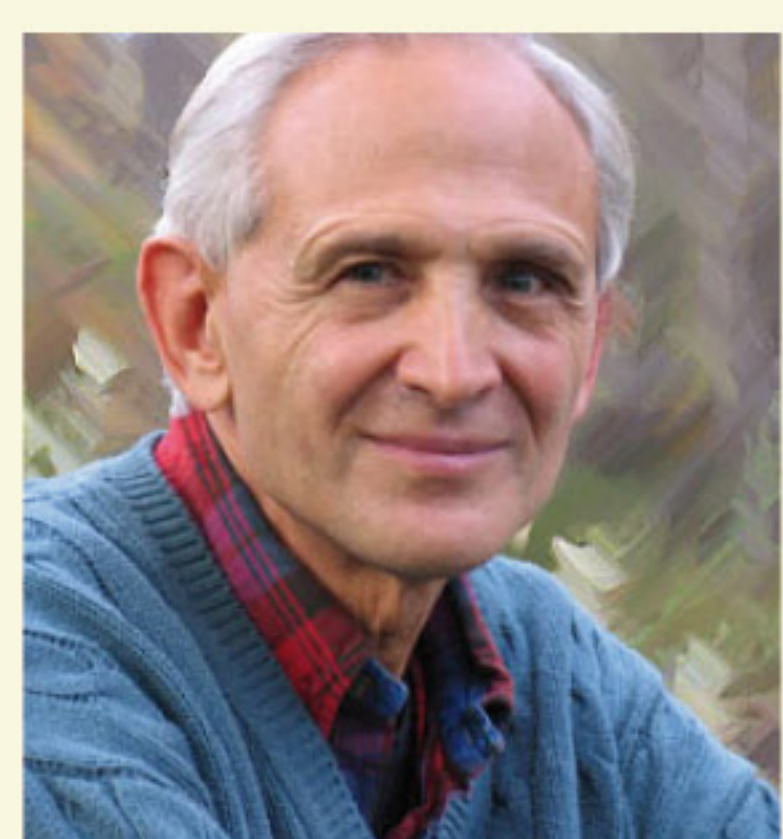
TRAINING FOR HEALING PROFESSIONALS

SE® Master Class Series:

Emotions & Memory

A Hidden Dimension of SE®

An Exclusive Post-Graduate SE® Training with
Peter A. Levine, PhD



The Somatic Experiencing® Trauma Institute is privileged to offer a four day, exclusive graduate-level training with Peter A. Levine, PhD, recognized author and developer of the Somatic Experiencing® trauma resolution model. This workshop is a rare opportunity to study with the originator of SE® focusing on two of the most misunderstood, nuanced, aspects of working with

trauma within the SE® Model: **Emotions & Memory**

Who may attend this training: This class is open to students who will have completed SE® Advanced Level 1 Training by the time of this class and are well regulated and stable in their own personal work.

Class Description: In working with trauma, SE® Practitioners are often confused about the roles of emotions and memory in the resolution of trauma; mainly, that SE® doesn't need to deal with them. This is wholly untrue.

While emotions can interfere with trauma therapy, the deeper truth is that helping clients access and learn from their natural emotions is fundamental to good therapy and is an essential part of the healing process. Specifically, we will explore how certain emotions, such as disgust and anger are "gatekeepers," keys to opening up to other emotions and to living a fuller, wiser, more vital life.

Traumatic memory is one of the most misunderstood and contentious issues in trauma treatment today. Part of this confusion stems from a limited comprehension surrounding the nature and complexity of memory. There are multiple memory systems in the brain and body ranging from those most conscious (so called "normal" or declarative memories) to implicit (emotional) and procedural (so called body) memories, which are deeply unconscious. Each of these memory systems must be approached in a unique manner and then integrated into a coherent narrative.

In these four days, we will explore how to work with your clients' emotions and memories more masterfully within the SE® model, weaving these crucial aspects of experience together through the trauma re-negotiation process. We will also learn skills to avoid the generation of "false memories", and to ensure the maximum resolution and integration of traumatic experience and the restoration of wholeness. **Join us for this exceptional learning experience. CEs/CEUs may be available. Please inquire.**



DATES:

March 22-25, 2012

LOCATION:

Petaluma, CA

EarthRise at IONS Retreat Center

EARLY BIRD SPECIAL!

Register by Jan. 1st, 2012
for a \$200 discount!

FOR MORE INFO

OR TO REGISTER CONTACT:

Info@TraumaHealing.com
(303) 652-4035

Space is Limited! For more info or to register:

TraumaHealing.com