## GOJI BERRY

## Lycium barbarum



Native to China, the Goji Berry (also commonly called Wolf Berry) is a handsome, fine-textured shrub with light purple, bell-shaped flowers from late spring into summer. Berries ripen continually from midsummer into late fall. Delicious eaten fresh, dried, or used in cooking and baking. The fruit is pleasantly sweet and rich in flavor, and is among the highest in anti-oxidants, essential amino acids, fiber, and many

vitamins and minerals. An all-around super-food!

Berries grow on new growth on this vigorous plant, so plan on pruning each winter. Pruning back the tips of long branches will encourage side branching and result in a denser plant and increased fruit production.

BLACK	A potent superfood and medicinal long revered throughout central Asia, with inky black berries extremely high in antioxidants. Prolific and easy care, slightly sweeter flavor than the red variety.
CRIMSON STAR	A popular variety in commercial cultivation in northern China, Crimson Star can begin bearing the year after planting. Vigorous shrub to 6ft. in height produces good crops of delicious, healthy, bright red fruit.

