

4-week Sprint is the longest allowed in Scrum

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week one	SPM 1 <4h	DSM 5-15m	DSM 5-15m	DSM 5-15m	DSM 5-15m	e.g. 08
	SPM 2 <4h	6h	6h	6h	6h	e.g. 12 e.g. 16
Week two	DSM 5-15m	DSM 5-15m	DSM 5-15m	DSM 5-15m	DSM 5-15m	e.g. 08
	6h = estimated development work capacity / 7.5h workday	6h	6h	6h	6h	e.g. 12 e.g. 16
Week three	DSM 5-15m	DSM 5-15m	DSM 5-15m	DSM 5-15m	DSM 5-15m	e.g. 08
	6h	6h	6h	6h	6h	e.g. 12 e.g. 16
Week four	DSM 5-15m	DSM 5-15m	DSM 5-15m	DSM 5-15m	Sprint Review <4h Sprint Retrospective <4h	e.g. 08
	6h	6h	6h	6h		e.g. 12 e.g. 16

Actually the Scrum guide says one month, but 4-weeks is just 2.44 days less than an average month = ~one month. Less agile and rarely used. Maybe could be used in steady slow business based on the law and standards? The Tax Authority, Banking, or Insurance? And even there not in the feedback-based UX development, but specifications-based backend? Another possibility: E-shop already running well, monthly rolling budgeting. Publishing improvements (non-critical) monthly, gathering e.g. digital marketing tool info as feedback. ((In the real life, again, planning might be on Wednesday after having Tuesday for Review and Retro. Thus long-distance travelers would need to stay just one night in hotel!))

<4h means e.g. 4h, 3.5h, or 3h. Just memorize (max) **4h**. See the 1-week schedules for more info.

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