

4-week Sprint is the longest allowed in Scrum

| | Monday | Tuesday | Wednesday | Thursday | Friday | |
|------------|---|-----------|-----------|-----------|---|--------------------|
| Week one | SPM 1 <4h | DSM 5-15m | DSM 5-15m | DSM 5-15m | DSM 5-15m | e.g. 08 |
| | SPM 2 <4h | 6h | 6h | 6h | 6h | e.g. 12 e.g. 16 |
| Week two | DSM 5-15m | DSM 5-15m | DSM 5-15m | DSM 5-15m | DSM 5-15m | e.g. 08 |
| | 6h = estimated development work capacity / 7.5h workday | 6h | 6h | 6h | 6h | e.g. 12 e.g. 16 |
| Week three | DSM 5-15m | DSM 5-15m | DSM 5-15m | DSM 5-15m | DSM 5-15m | e.g. 08 |
| | 6h | 6h | 6h | 6h | 6h | e.g. 12 e.g. 16 |
| Week four | DSM 5-15m | DSM 5-15m | DSM 5-15m | DSM 5-15m | Sprint Review <4h Sprint Retrospective <4h | e.g. 08 |
| | 6h | 6h | 6h | 6h | | e.g. 12 e.g. 16 |

Actually the Scrum guide says one month, but 4-weeks is just 2.44 days less than an average month = ~one month. Less agile and rarely used. Maybe could be used in steady slow business based on the law and standards? The Tax Authority, Banking, or Insurance? And even there not in the feedback-based UX development, but specifications-based backend? Another possibility: E-shop already running well, monthly rolling budgeting. Publishing improvements (non-critical) monthly, gathering e.g. digital marketing tool info as feedback. ((In the real life, again, planning might be on Wednesday after having Tuesday for Review and Retro. Thus long-distance travelers would need to travel just once a month))

<4h means e.g. 4h, 3.5h, or 3h. Just memorize (max) **4h**. See the 1-week schedules for more info.

2010-2020 Juhani Välimäki