

### **Seist**

Latha math air an Eilean  
Eilean Leòdhais mo Ghràidh  
Latha math air an Eilean  
Dachaigh mo smuaintean gu bràth

### **Rann 1**

Ag èirigh tràth anns a' mhadainn  
A' ghrian a' deàrsadh sìos  
Tha àile na mara a' tighinn tron uinneig  
Tha h-uile duin' an àirde

### **Rann 2**

Tha an abhainn làn le pailteas uisge  
Tha am bradan a' tighinn a-rithist  
Tha na balaich bheaga shios air an drochaid  
Feuch an glac iad aon no dhà

### **Rann 3**

Tha an t-Earrach ann 's na làithean fada  
Tha na h-uain a' ruith mun cuairt  
Tha na bodaich a-muigh a' buain na mòna  
Tha an t-àm sin air tighinn a-rithist

### **Rann 5**

Tha a' ghealach shuas 's a' ghrian na cadal  
Tha an oidhche nis air tighinn  
Tha e sàmhach is ciùin tron an Eilean  
Tha e math a bhith beò x2

### **Chorus**

Good day on the island  
Isle of Lewis my love  
Good day on the island  
Home of my thoughts forever

### **Verse 1**

Rising early in the morning  
The sun shining down  
The sea's scent coming through the window  
Everybody's up

### **Verse 2**

The river is full with plenty water  
The salmon are coming again  
The wee boys are down on the bridge  
Trying to catch one or two

### **Verse 3**

The Spring is here and the days are long  
The lambs are running about  
The old men are out cutting peat  
That time has come again

### **Verse 5**

The moon is up and the sun asleep  
The night has now come  
It's quiet and peaceful through the island  
It's good to be alive x2

*Written by Norrie MacIver  
Lyrics by Norrie MacIver*