imports

process.env.NODE_ENV = local (or testing env.)

test suite (describe) — Describe what module your testing

Before — Run any code that needs to run BEFORE any tests are executed
- mock DAO
- sandbox
- Spies
- Stubs
....

Before each — Runs before each test within test suite

test suite (describe) — Describe your modules failing cases

TEST (it) — the "it" block is where you run your
- expects
- assertions

After Each — Runs after each test within test suite

After — Run any code that needs to run AFTER all of your tests have ran.
- cleanup sandbox
....
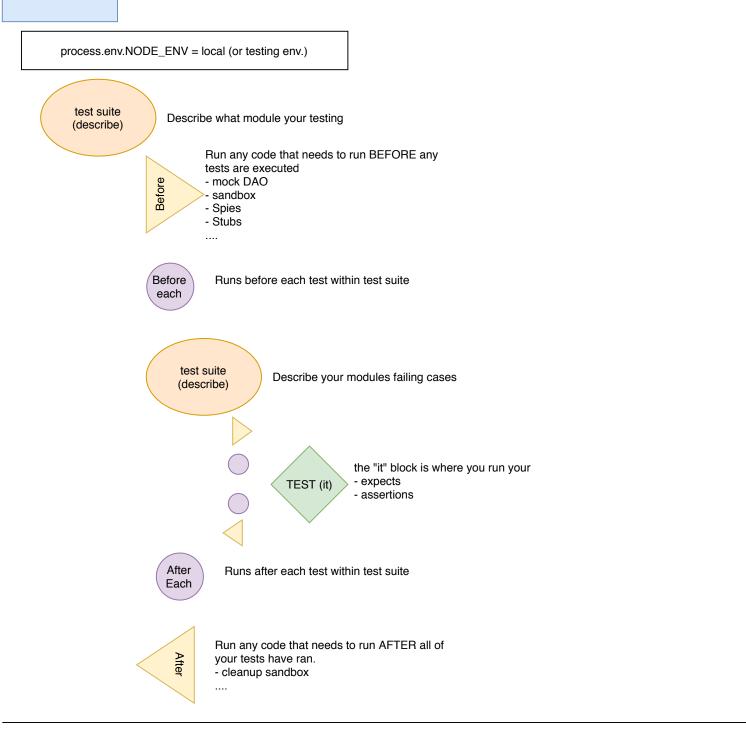
Possibilities

Describe - This is a test suite, test suites can be nested inside other test suite. Test suites come up as headers for your tests within the test runner.

it - this is a test, this is where you execute your expectations and assertions. (I expect myBoolean to be true) as an example, or ...I assert that value one is equal to value 2. Assertions and expects have similar usages but are different and perform different tasks to fully test your code.

Before - before methods run before all tests WITHIN its "describe" (test suite).
After - after method runs after all tests WITHIN its "describe" (test suite).

Before Each - executes code to be ran before each test within its test suite (describe). This includes nested test suites.
After Each - executes code to be ran after each test within its test suite (describe). This includes nested test suites.