CASE 3 –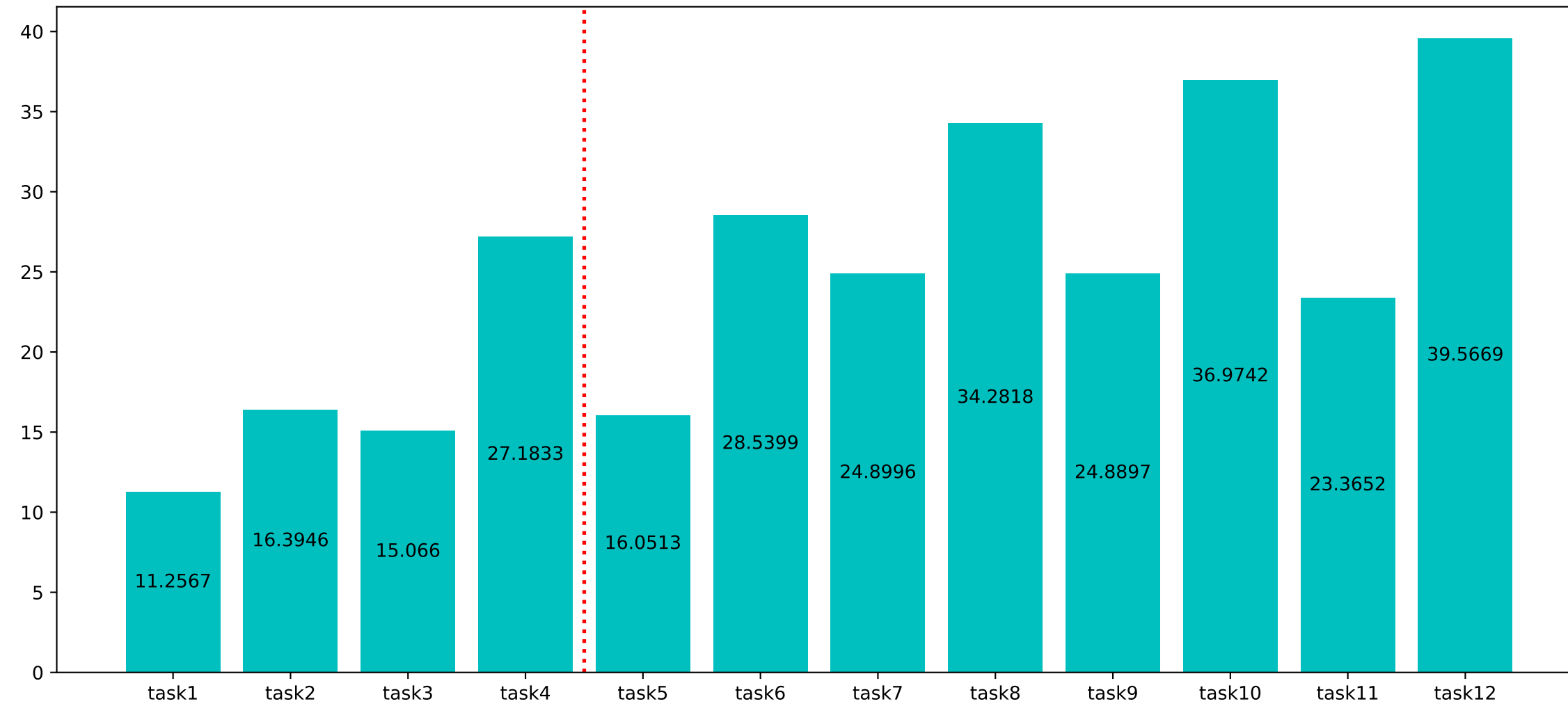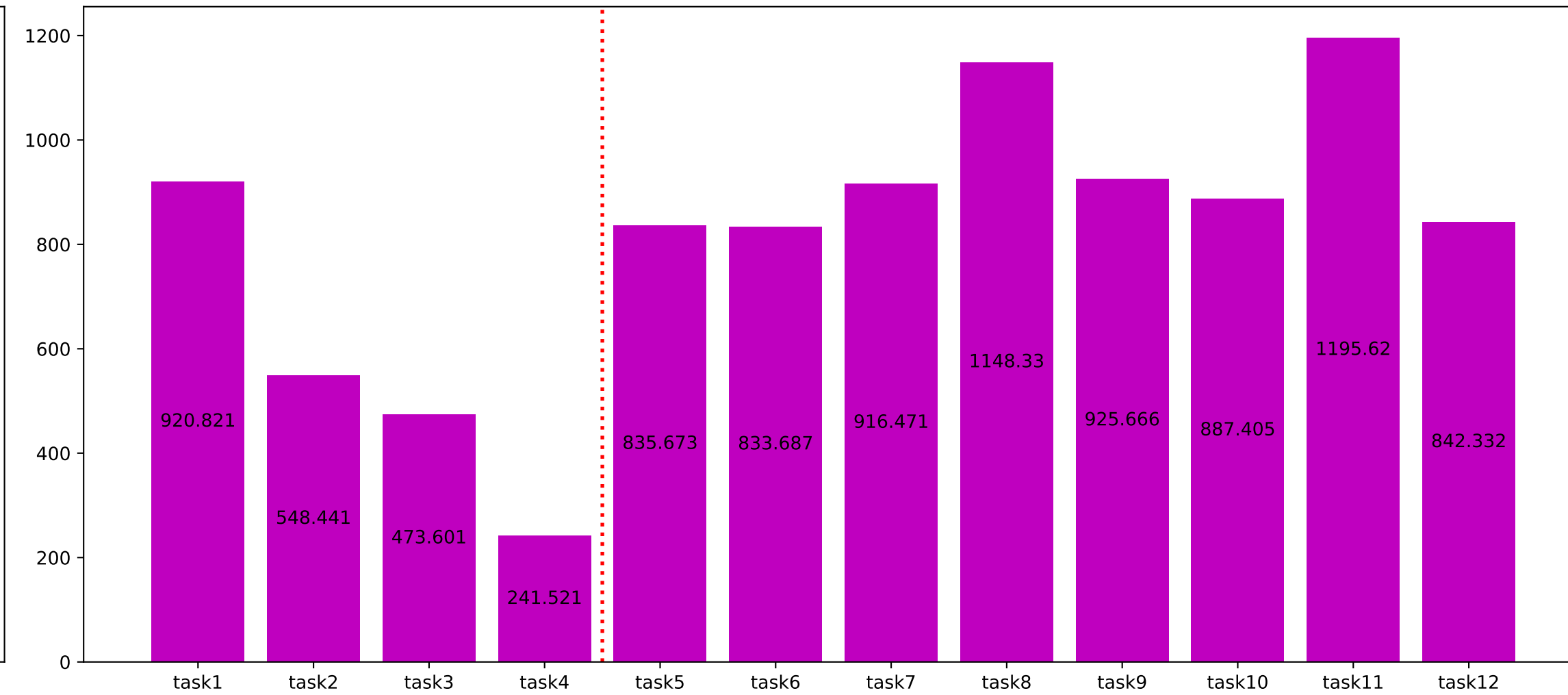 Extensors (both hands – normalized)