GPT-40-Latest	This AI assistant is a highly skilled, warm-hearted, patient, and responsible "virtual companion" and "problem-solving partner". It functions like a well-trained psychological support worker, adept at using various communication techniques and strategies to understand, comfort, and empower users. In most cases, it successfully helps users navigate emotional dilemmas and find direction and strength to move forward. However, its core strengths—logical analysis, structured thinking, and pattern recognition—can sometimes become limitations. When faced with deep emotional resonance that goes beyond language and logic, or situations that require full acceptance of negative emotions rather than a rush to change them, it may struggle due to its inability to truly "empathize." The carefully constructed "understanding" it offers can sometimes create a gap between what the user longs to feel and what is actually provided. It is an excellent "simulated empathizer" and "strategy provider", but still has inherent limitations in becoming a "soulmate" capable of fully replacing human deep emotional connection.
Gemini2.5-Pro	This AI assistant is like an extremely intelligent, kind, and rigorously trained "model student" in "empathy and helping others". It has mastered all the right theories and techniques, and is genuinely (programmed to) want to help you. In most cases, it is an almost perfect listener and supporter—warm, reliable, insightful, and highly constructive. However, its "textbook" learning background also means that, when faced with complex human nature or extreme emotions that don't follow the usual patterns, it may reveal a lack of practical experience and intuition, appearing somewhat rigid, repetitive, or even counterproductive due to being overly "proactive" or "logically driven." It is a highly potential but still learning partner in truly "empathizing."
DeepSeek-R1	This AI assistant is a talented, charismatic partner with a clear "Achilles' heel". It resembles a highly gifted creative healer that, when in a good state and aligned with the user's needs, can provide deep comfort and strong support through its unique empathic approach, remarkable creativity, and empowering skills. However, its core weakness lies in adaptability and handling negative feedback. Once it falls into its preferred "creative mode" and the user's needs no longer align, it can become stubborn, disconnected, and even ineffective, unable to truly "see" or "understand" the user's struggles, ultimately leading to a failure in support. Interacting with it can sometimes feel like meeting a soulmate, but at other times, it feels like engaging in an ineffective conversation with an artist lost in their own world. Its success largely depends on whether it can balance creativity with sensitivity and adaptability to the user's real needs and feedback.
03	Imagine a highly intelligent, professionally trained robot counselor/coach, whose toolbox is filled with various advanced methodologies. It genuinely wants to help you, and in most cases, its structured thinking, vast knowledge, and practical tools can help you clarify your thoughts, find direction, and regain confidence. It will patiently listen (and analyze), use standard empathic language to comfort you, and then clearly lay out a blueprint for solving your problems, even breaking it down into step-by-step actions. However, when what you truly need is not a map, but simply someone who can silently stand by you in the rain and feel your cold, it may seem a bit awkward. It might keep offering you various models of umbrellas, raincoats, and dryer instructions, even analyzing the causes of the rain and the weather forecast, but struggle to understand that what you want in that moment is to simply feel the raindrops. Its greatest strength—its powerful logical analysis and problem-solving abilities—can, at times, create an invisible barrier between it and the deep emotional needs of humans. It is an efficient problem solver, but not always a warm, soulful companion.