# The Benefits and Advantages of Agile

## Why is Agile so popular?

According to management consulting firm McKinsey & Company, "agility is catching fire" as organizations recognize the value of the Agile methodology in a new era of work. The rapid technological advances of the

21st century have dominated the entire working landscape, affecting every industry.

The potential benefits of an Agile solution were first explored by software development teams, who used it to turbocharge their projects and reduce the time between product launches. To fully understand the burgeoning popularity of Agile project management, let's take a deeper dive into some of the key benefits.

# The benefits of Agile

The benefits of Agile project management will vary from case to case, as different teams implement best practices their own way. However, it is generally understood that Agile offers the following core benefits:

By involving customers in the development process, Agile teams keep them in the loop and show that they value their opinion. Stakeholders want to be engaged throughout the project life cycle so they can offer feedback and ensure that the final product will be suited to their needs. These tailor-made deliverables will likely improve the overall user experience and boost customer retention.

## 2. Improved quality

Agile methodologies use an iterative approach to project management, meaning processes are improved upon each time an interval is repeated. This consistent focus on improvement and quality control is one of the core principles of Agile, and it helps to create superior products.

The central theme of Agile is flexibility. Agile teams are responsive to change, even at the last minute, and can adapt to it without much disruption. Project deliverables are not set in stone, so teams can easily reassess their plans and adjust their priorities to align with updated goals. Being adaptable means teams can deliver consistently and manage clients' changing requirements effectively.

Agile teams work in short time periods, sometimes referred to as sprints. These fixed durations (e.g., two weeks) make it easier for project managers to measure team performance and assign resources accordingly. It is also easier to predict costs for shorter time periods than for a long-term project, simplifying the estimation process.

#### 5. Reduced risk

Developers regularly assess progress during sprints, meaning they have better visibility into the project and can spot potential obstacles quickly. These minor issues <sup>8</sup> can be tackled before they escalate, creating an effective risk mitigation process and giving the project a greater chance of success.

It is clear that the Agile methodology offers plenty of benefits to teams in software development and other sectors. But how does it compare to some of the other project management methodologies?

# The advantages of Agile

The Agile approach is often considered the superior option when compared to opposing project management methodologies. Let's take a look at some 11 examples:

### Agile vs. Waterfall

Waterfall is perhaps the most well-known traditional methodology in project management. It follows a structured, linear process, where each task must be completed before moving on to the next one. Though this methodology might be perfectly suitable for a longterm project (e.g., construction), it would not work in a fast-paced software development environment, where clients regularly change their minds and insist on new deliverables.

Take US media giant NPR as an example. The organization made the switch from Waterfall to Agile to avoid "undesirable consequences," such as a situation where the final goals differed completely from what was outlined at the beginning of the project. As 13 they weren't even sure what project they wanted to build, the Waterfall method of creating a fully defined plan simply did not fit. This is why they opted for Agile to allow more flexibility in their process.

### Agile vs. Lean

The Lean methodology takes a streamlined approach and aims to eliminate unnecessary waste. There are clear similarities between Agile and Lean, including a focus on customer satisfaction and fast delivery. However, it could be argued that Agile has an advantage in terms of structure.

### Agile vs. PRINCE2

PRINCE2 (Projects In Controlled Environments) is a methodology characterized by product-based planning. It uses a structured project board for high-level activities while a project manager looks after day-today operations. PRINCE2 is useful for higher management, but it lacks the emphasis on delivery that Agile has.

Agile does not follow a predictive, plan-based method as PRINCE2 does. Instead, Agile teams focus on delivering working software to customers at the end of every sprint and use feedback to inform their development process. This short-term approach makes

Agile far more adaptable to consumer needs.

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charts and Agile templates to help you decide if Agile is the best option for your team.

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