

## Primary

Mon Jul 18, 2011 (China Time - Beijing)

8am	<b>Jog, process emails &amp; have breakfast</b> 8am - 9:30am
9am	
10am	<b>Take courses or stay in lab @ lab</b> 9:30am - 12pm
11am	
12pm	<b>Have a quick lunch</b> 12pm - 12:30pm
	<b>Take courses or stay in lab, including a short break at 3pm~3:30pm @ lab, including a short break</b> 12:30pm - 5pm
5pm	<b>Have dinner &amp; enjoy life</b> 5pm - 8pm
6pm	
7pm	
8pm	<b>Reading, handle personal affairs, or go to lab if necessary</b> 8pm - 11pm
9pm	
10pm	