

PART 1: Write down your PICS (You must state at least 2)

P^{assions}

What would you get out of bed for in the morning if money wasn't an issue

- I'm passionate about mindfulness so i regularly meditate.
- I'm passionate about influencing lives through coding .
- I'm passionate about my family.

I^{nterests}

What are you most curious about?

- I'm curious about human nature which makes me interested in reading psychological books.
- Traveling
- Gardening

C^{auses}

What keeps you up at night?

- Unaccomplished goals.
- Working on skill improvement.
- Watching movie

S^{trengths}

What is your superhero power?

- Empathy
- Adaptability
- Good listening

PART 2: Write down your Personal Mission Statement (by completing each of the statements below)

1. My personal mission is...

My personal mission is being mindful to evaluate and act in every situation wisely. I use mindfulness which means to be conscious to cultivate gratitude, empathy, and continuous self-improvement. By being present and intentional, I aim to live authentically, positively impacting myself and those around me and live in accordance with my core value.

2. My key strengths are...

My strengths are empathy, the ability to understand others feelings, putting myself in their perspective ,and being adaptable to any situation. I have good listening skills and I have core values by which I act in accordance ..These strengths allow me to thrive in diverse situations and contribute meaningfully to any endeavor.

3. I pledge to further my development in...

I pledge to further my development in communication skills ,relationship building ,networking ,time management skill by seeking continuous learning opportunities and feedback. I will actively engage in training, workshops, and practice to enhance my abilities. By prioritizing clear and effective communication, fostering meaningful connections, and managing my time efficiently, I aim to improve my overall effectiveness and contribute more significantly to my personal and professional environment.

4. My core values as a leader are...

My core values as a leader are accountability,collaboration,curiosity,dependability,curiosity and adaptability.i strive to bring a positive change ,i foster a culture of ethical interaction and collaboration as i believe in leading by being a model for my team .i aim to be consistent and determined towards achieving our collective goal.

5. I pledge to advance society's greater good by...

I pledge to advance society's greater good by applying my skills and resources in an inclusive ,compassionate and equitable manner to seek opportunities where my expertise can make a meaningful impact. .By collaborating with diverse communities and fostering a culture of respect and understanding, I aim to contribute to a more harmonious and thriving society.

6. I have chosen this personal mission because...

I choose this personal mission because I believe that mindfulness allows me to live in the moment and fully appreciate the present.Practicing empathy allows me to connect deeply with others, building compassionate relationships. Continuous self-improvement ensures I am always growing and striving to be my best. This mission aligns with my core values and helps me contribute to a more positive and meaningful world.

PART 3: Reflect on your Skills Map (by completing each of the statements below)

On a scale of 1 to 4, how much effort have you put into your ALX studies over the past week? (1= very little effort, 4= huge amount of effort):

3

On a scale of 1 to 4, how satisfied are you with how much you have learned in the past week? (1= not at all satisfied, 4= extremely satisfied):

3

How much do you agree with the following statement: “The knowledge and skills I have learned in the past week will serve me in the workplace.” (1= completely disagree, 4= completely agree.):

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