

# Temperament

Understand your family in a whole new way!

A lot depends on nurture, but nature plays a big role too. Temperament is an inbuilt personal style, which will not change much over your life-span. If there is a lack of fit between temperament and what is expected of a child, behaviour problems tend to develop. It's important to know about temperament, as it's much more effective to work with it than to try to change it.

In this enjoyable series of 4 workshops, we will look at a number of well researched aspects of temperament. You will receive notes on how to respond to these, and how to help children adapt to things which are difficult for them at first. You will gain a clearer understanding of the four temperaments and how they interact in all your relationships.

## NEXT WORKSHOPS: Aug - Sept 2018

**When:** Wednesdays 28th Aug, 4th, 11th & 18th  
September 2019

**Time:** 19:00 – 21:30

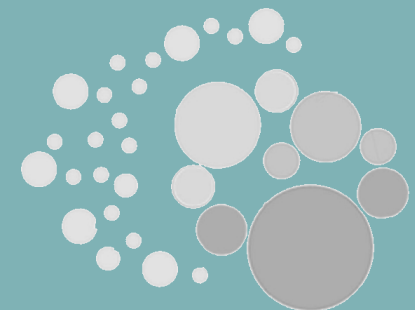
**Where:** Nural Huda Nursery School  
62 Ernest Rd, Rylands, Athlone

**Cost:** R1040 per person (total).

**To Book:** email Fatima Rahbeeni  
[fatima@nuralhuda.co.za](mailto:fatima@nuralhuda.co.za)



**About the facilitator:** Karen Quail also runs the Peace Discipline workshops. She has a background as a school counsellor and teacher but now works independently, coaching and running workshops for parents, teachers and child-care workers.



Strengthening Communities  
Around Children