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*My training and interests lie at the intersection of social psychology, neuroscience, and positive psychology. One of my research areas deals with the mind-body connection, for example through exploring alterations in the sense of embodiment, the placebo effect, and mindfulness. A second central research area of mine focuses on prosociality: empathy, perspective-taking, altruism, loving-kindness, and self-control. I am also passionate about open science, reproducible science, and data science using R (this CV was made in R too).*

## Education

**PhD (Psychology - Social)**

UNIVERSITÉ DU QUÉBEC À MONTRÉAL

- GPA: 4.30/4.30 (all courses completed)
- Supervisor: Stéphane Dandeneau
- Advisory Committee: Stéphane Dandeneau, Frédéric Philippe, & Simon Grégoire

Montréal, Québec, Canada

2018/09 - Present

## Master of Science (Psychiatry - Social & Transcultural)

McGILL UNIVERSITY

- GPA: 4.00/4.00
- Supervisor: Amir Raz
- Advisory Committee: Amir Raz, Jennifer Bartz, Donald Taylor, & Samuel Veissière

Montréal, Québec, Canada

2016/09 - 2018/08

## Bachelor of Arts (Psychology, Behavioral Science, & Sociology)

McGILL UNIVERSITY

- GPA: 3.76/4.00 (Distinction – top 25%)
- Supervisor: Amir Raz

Montréal, Québec, Canada

2013/01 - 2016/04

## Diplôme d'Étude Collégial (Sciences humaines)

CÉGEP ÉDOUARD-MONTPETIT

- Cote R: 30.754 (*Mean* = 22.95)

Longueuil, Québec, Canada

2010/08 - 2012/09

## Research Grants

**Francisco J. Varela Research Grant (Mind & Life Institute) — PI**

## TRANSFORMING HABITS FROM THE HEART: FROM GOOD INTENTIONS TO RELIABLE PROSOCIAL RESPONSE

USD \$20,000

2019 - 2022

## Teaching

## PSY5610 - La psychologie des attitudes

UNIVERSITÉ DU QUÉBEC À MONTRÉAL

- Undergraduate university class (38 students)
- Average lecturer rating by students: 93.92%

Montréal, Québec, Canada

Winter 2019

## Software (R Packages)

Lüdecke, D., Makowski, D., Ben-Shachar, M. S., Patil, I., Wiernik, B. M., Bacher, E., & **Thériault, R.** (2023). *easystats: An R framework for easy statistical modeling, visualization, and reporting*. (R package version 0.6.0.7) [Computer software]. <https://easystats.github.io/easystats>.

downloads 1776/month    downloads 15K

Makowski, D., Lüdtke, D., Patil, I., **Thériault, R.**, Ben-Shachar, M. S., & Wiernik, B. M. (2022). *report: From R to your manuscript*. (R package version 0.5.5.3) [Computer software]. <https://easystats.github.io/report>.

downloads 6418/month downloads 81K

Ben-Shachar, M. S., Makowski, D., Lüdtke, D., Patil, I., Wiernik, B. M., & **Thériault, R.** (2022). *effectsize: Indices of Effect Size*. (R package version 0.8.2) [Computer software]. <https://easystats.github.io/effectsize>.

downloads 48K/month downloads 1.3M

**Thériault, R.** (2022). *lavaanExtra: Convenience functions for lavaan* (R package version 0.1.0) [Computer software]. <https://lavaanExtra.remi-theriault.com/>.

downloads 274/month downloads 1342

**Thériault, R.** (2022). *rempsyc: Convenience functions for psychology* (R package version 0.0.7) [Computer software]. <https://rempsyc.remi-theriault.com>.

downloads 1129/month downloads 5000

## Recognitions And Awards

2023	Prix du mérite UQAM - Relève étudiante (doctorat) . . . . .	\$1,000
2023	Bourse d'engagement du Syndicat des professeures et professeurs de l'UQAM (SPUQ) - Doctorat . . . . .	\$4,000
2022	Bourse Desjardins, catégorie Coup de pouce – Persévérance scolaire . . . . .	\$500
2022	Prix de la meilleure présentation orale étudiante au 22e colloque de l'ASMC . . . . .	\$100
2022	Bourse d'aide à la participation à des rencontres scientifiques (UQAM + AGEPSY-CS) . . . . .	\$850
2022	Prix reconnaissance de l'implication étudiante (UQAM) - Projet, Volet Santé et saines habitudes de vie . . . . .	\$1,000
2022	Prix Relève étoile Paul-Gérin-Lajoie, for best paper (FRQSC) . . . . .	\$1,000
2021	Bourse d'implication Desjardins, for student involvement . . . . .	\$2,000
2021	Finalist (< 6% of applicants) for the Pierre Elliott Trudeau Scholarship (valued at \$180,000) . . . . .	\$0
2021	Bourse d'excellence de l'Institut des sciences cognitives (UQAM) . . . . .	\$2,000
2019	McGill Department of Psychiatry Travel Award . . . . .	\$485
2019	Storytellers public speaking contest Finalist (SSHRC) . . . . .	\$3,000
2018-2021	Joseph-Armand Bombardier Canada Graduate Scholarship-Doctoral (SSHRC) . . . . .	\$105,000
2018-2021	Fonds de recherche du Québec - Société et culture-Doctoral — Declined . . . . .	(\$84,000)
2017-2018	Joseph-Armand Bombardier Canada Graduate Scholarship-Master's (SSHRC) . . . . .	\$17,500
2017-2018	Fonds de recherche du Québec - Société et culture-Master's — Declined . . . . .	(\$15,000)
2017-2018	Graduate Excellence Fellowship in Mental Health Research . . . . .	\$10,000
2015	Faculty of Arts Research Internship Award . . . . .	\$4,000
2013	Je prends ma place Laureate, for citizen engagement (Québec Government) . . . . .	\$1,000
2013	Forces Avenir Laureate – College, Committed Student . . . . .	\$2,500
2012	Bourse Coopérative-Odyssée, for student engagement . . . . .	\$750
2011	Bourse Édouard-Montpetit-Desjardins, for student engagement . . . . .	\$750
2011-2022	Total Amount Offered . . . . .	\$256,435

## Publications

Miglianico, M.\*, **Thériault, R.\***, Lavoie, B.\*, Labelle, P., Joussemet, M., Veilleux, M., Lambert, J., & Bertrand-Dubois, D. (2022). Pratiques cliniques inspirées par la recherche en psychologie positive. *Psychologie Française*. \*These authors contributed equally. <https://doi.org/10.1016/j.psfr.2022.06.004>

**Thériault, R.**, Landry, M., & Raz, A. (2022). The Rubber Hand Illusion: Top-down attention modulates embodiment. *Quarterly of Experimental Psychology*, 75(11), 2129-2148. <https://doi.org/10.1177/17470218221078858>

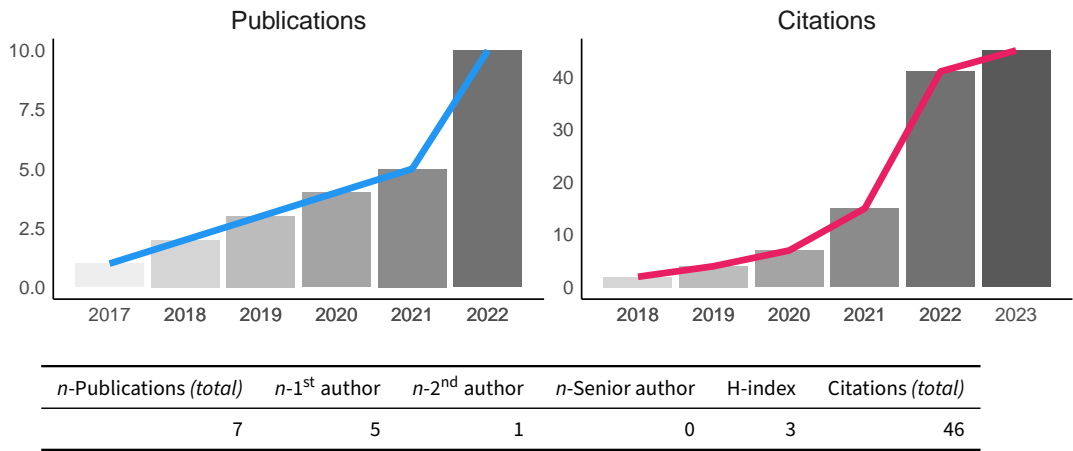
**Thériault, R.**, Olson, J. A., Krol, S. A., & Raz, A. (2021). Body swapping with a black person boosts empathy: Using virtual reality to embody another. *Quarterly Journal of Experimental Psychology*, 74(12), 2057-2074. <https://doi.org/10.1177/17470218211024826>.

Krol, S. A., **Thériault, R.**, Olson, J. A., Raz, A., & Bartz, J. (2020). Self-concept clarity and the bodily self: Malleability across modalities. *Personality and Social Psychology Bulletin*, 46(5). <https://doi.org/10.1177/0146167219879126>

**Thériault, R.** (2019). Book review: Awareness is freedom: The adventure of psychology and spirituality. *Frontiers in Psychology*, 10(2814). <https://doi.org/10.3389/fpsyg.2019.02814>

**Thériault, R.**, & Raz, A. (2018). Patterns of bronchial challenge testing in Canada. *Canadian Journal of Respiratory Therapy*, 54(2), 41-47. <https://doi.org/10.29390/cjrt-2018-006>

Lifshitz, M., Sheiner, E. O., Olson, J., **Thériault, R.**, & Raz, A. (2017). On suggestibility and placebo: A follow-up study. *American Journal of Clinical Hypnosis*, 59(4),



Non-Peer-Reviewed Publications

**Thériault, R.** (2023). Bonnes pratiques et science ouverte : Un document d’accompagnement au PRD. [https://remi-theriault.com/files/science\\_ouverte2023.pdf](https://remi-theriault.com/files/science_ouverte2023.pdf)

**Thériault, R.**, Dion-Cliche, F., & Dandeneau, S. (2022). Fear of negative evaluation moderates the effect of social inclusion and social feedback on fundamental needs. Preprint: <https://psyarxiv.com/x4g7/>

**Thériault, R.**, Dandeneau, S., & Baldwin, M. (in preparation). All in a smiling face: The attentional benefits of dynamic attention training for low self-esteem individuals.

**Thériault, R.**, Landry, M., Mattuck, S., and Raz, A. (in preparation). The Rubber Hand Illusion: Does cognitive load affect EEG & electrodermal activity?

**Thériault, R.**, Corber, L., MacLean, C. W., Napoleon, J.-S., Olson, J., Turkakin, E., & Raz, A. (in preparation). Suggestion affects subjective breathlessness but not objective pulmonary function.

**Thériault, R.** (2018). *Comparing the effects of mental and embodied perspective-taking* (Master’s thesis). McGill University, Montréal, Québec, Canada.

**Thériault, R.** (2016). *Exploring cognitive dimensions of body ownership* (Bachelor’s thesis). McGill University, Montréal, Québec, Canada.

**Thériault, R.**, Baron, A., & Cowell, B.(2012). *Comment les activités artistiques peuvent développer l’estime de soi chez les jeunes marginalisés : une intervention en cirque social à la maison des jeunes Kekpart* (Collegial thesis). Cégep Édouard-Montpetit, Longueuil, Québec, Canada.

Invited Talks

**Thériault, R.\***, Quilico, E.\*, Tétreault, F.\*, Labossière, S.\*, Boudreau, S.\* (2020, May 13; \*all panelists contributed equally). Workshop with the SSHRC’s Storytellers finalists: an opportunity to learn about and practice the art of presenting (Atelier avec les finalistes du concours CRSH – J’ai une histoire à raconter : une occasion d’apprendre et pratiquer l’art de la présentation). Panel organized by the Centre for Interdisciplinary Research in Rehabilitation of Greater Montreal (CRIR). Presentation available from: <https://youtu.be/8Vfn0jnon30?t=4288>.

**Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2019, January 15). Immersive embodiment experiences improve intergroup relations, empathy, self-other overlap, and prejudice. Online webinar for the Student Speaker Series of the Student Division of the International Positive Psychology Association. Presentation available from: <https://vimeo.com/user68157211/review/378278530/8d86f3cb33>.

**Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, October 25). Virtual-reality-based immersive embodiment experiences increase empathy, reduce prejudice. Oral presentation for the Institute for Interdisciplinary Brain and Behavioral Science in Orange, California.

**Thériault, R.**, & Raz, A. (2016, December 8). Diagnosing asthma across Canada: question marks... and exclamation points! Oral presentation for the Chronic Diseases Seminar for the Research Center of the Hôpital Sacré-Coeur de Montréal, QC.

**Thériault, R.** (2016, October 19). Vers un changement constructif dans les communautés autochtones : une perspective de psychologie sociale. Oral presentation for the Wampum Center at the Native Friendship Center of Montreal, QC.

Conference Talks

**Thériault, R.**, Dion-Cliche, F., & Dandeneau, S. (2022, June 18). Fear of negative evaluation moderates the effect of social inclusion and social feedback on fundamental needs. Talk presented at the 2022 CPA Annual National Convention in Calgary, AB.

**Thériault, R.**, Masson, R., Archambault, M., & Dandeneau, S. (2022, June 9). La méditation d’amour-bienveillant augmente-t-elle les comportements de don? Talk presented at the 22e congrès de L’Association scientifique pour la modification du comportement : Bienveillance et résilience : les visages de l’adaptation in Montréal, QC.

**Thériault, R.**, Masson, R., Archambault, M., & Dandeneau, S. (2022, June 16-20). Does loving-kindness meditation increase giving behaviors? Talk presented at the

Tenth SELF International Conference in Québec city, QC (virtual conference because of COVID).

- Thériault, R.** (2019, June 3). Réduire les préjugés et augmenter l'empathie via la réalité virtuelle. Talk presented at the *2019 Congress of the Humanities and Social Sciences* in Vancouver, BC.
- Thériault, R.**, Corber, L., MacLean, C. W., Napoleon, J.-S., Olson, J. A., & Raz, A. (2018, August 24). Can suggestion affect pulmonary function in children with suspected asthma? Talk presented at the *21<sup>st</sup> World Congress of Medical and Clinical Hypnosis* in Montréal, QC.
- Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., **Thériault, R.**, Krol, S., Olson, J., & Raz, A. (2018, June 5). Walking a mile in another's shoes: Can virtual reality decrease prejudice? Conference talk presented by first author at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.
- Thériault, R.**, Krol, S., & Raz, A. (2017, July 14). Investigating the effects of mental versus embodied perspective-taking on prejudice. Talk presented at the *5<sup>th</sup> World Congress on Positive Psychology* in Montréal, QC.
- Thériault, R.**, Landry, M., Mattuck, S., & Raz, A. (2017, June 2). The Rubber Hand Illusion: Does load affect EEG & electrodermal activity? Talk presented at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.
- Lifshitz, M., Sheiner, E., Olson, J., **Thériault, R.**, & Raz, A. (2016, October 6). On suggestibility and placebo. Conference talk presented by first author at the *67<sup>th</sup> meeting of the Society for Clinical and Experimental Hypnosis* in Boston, MA.

## Conference Poster Presentations

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- Masson, R., **Thériault, R.**, Archambault, M., & Dandeneau, S. (2021, July). *Can loving-kindness meditation reduce aggression? A randomized controlled trial*. Poster session presented by first author at the *7<sup>th</sup> World Congress on Positive Psychology* in Vancouver, Canada (virtual conference because of COVID).
- Masson, R., **Thériault, R.**, Archambault, M., & Dandeneau, S. (2021, June). *Can prosocial attitudes and behaviors be positively influenced by aggression and subjective fatigue?* Poster session presented by first author at the *Canadian Psychology Association's 82<sup>nd</sup> Annual National Convention*, Ottawa, Canada (virtual conference because of COVID).
- Masson, R., **Thériault, R.**, Archambault, M., & Dandeneau, S. (2021, April 28-May 7). L'agressivité et la fatigue cognitive peuvent-elles mener à de plus grands comportements d'aide et de don? Poster session presented by first author at the *88<sup>th</sup> Congress of ACFAS—l'Association francophone pour le savoir* (virtual conference because of COVID).
- Bold, J., **Thériault, R.**, Olson, J., Stain, A., Curry, D., & Raz, A. (2020, February 29). Replicating the body swap in a different sample: Preliminary data. Poster session presented by first author at the *Society for Personality and Social Psychology Annual Convention* in New Orleans, Louisiana.
- Thériault, R.**, Dandeneau, S., & Baldwin, M. (2019, July 20). All in a smiling face: The attentional benefits of dynamic attention training for low self-esteem individuals. Poster session presented at the *6<sup>th</sup> World Congress on Positive Psychology* in Melbourne, Australia.
- Thériault, R.**, & Dandeneau, S. (2019, June 12). Trait self-control moderates the effects of priming mindfulness on aggressive behaviour. Poster session presented at the *Mind & Life Summer Research Institute* in Garrison, New York.
- Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, June 6). Being one with diversity through perspective-taking: Mind or body to increase prosocial feelings? Poster session presented at the *Mind & Life Summer Research Institute* in Garrison, New York.
- Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., **Thériault, R.**, Krol, S., Olson, J. A., & Raz, A. (2018, June 5). Walking a mile in another's shoes: Can virtual reality decrease prejudice? Poster session presented by first three authors at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.
- Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, May 24-25). Comparing two interventions to reduce prejudice and increase empathy. Poster session presented at the *4<sup>th</sup> Canadian Conference on Positive Psychology* in Toronto, ON.
- Thériault, R.**, Landry, M., Mattuck, S., & Raz, A. (2017, June 2). The Rubber Hand Illusion: Does load affect EEG & electrodermal activity? Poster session presented at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.
- Thériault, R.**, Landry, M., Mattuck, S., & Raz, A. (2017, May 12). The impact of load on electrodermal activity during the Rubber Hand Illusion. Poster session presented at the *8<sup>th</sup> Annual LDI Scientific Retreat* in Montréal, QC.
- Mattuck, S., **Thériault, R.**, Landry, M., & Raz, A. (2017, April 17). Exploring the influence of cognitive resources on body ownership. Poster session presented by first author at the *Psychology Undergraduate Research Day* at McGill University in Montréal, QC.
- Thériault, R.**, Landry, M., & Raz, A. (2016, April 15). Exploring the effects of cognitive load and task instructions in the Rubber Hand Illusion. Poster session presented at the *Psychology Undergraduate Research Day* at McGill University in Montréal, QC.
- Thériault, R.**, Landry, M., & Raz, A. (2016, January 19). Exploring cognitive aspects of body ownership. Poster session presented at the *6<sup>th</sup> Annual Faculty of Arts Undergraduate Research Event* at McGill University in Montréal, QC.

## Blogs +

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- Thériault, R.** (2022, February 8). Making simple moderations with simple slopes easily in [Blog post]. Retrieved from [https://remi-theriault.com/blog\\_moderation](https://remi-theriault.com/blog_moderation)
- Thériault, R.** (2022, February 3). Making simple t-tests with multiple variables easily R [Blog post]. Retrieved from [https://remi-theriault.com/blog\\_t-test](https://remi-theriault.com/blog_t-test)
- Thériault, R.** (2021, March 9). Time Management: The Importance of Self-Monitoring post]. Student Ambassador Program of the Canadian Positive Psychology. Retrieved from <https://cppastudents.medium.com/time-management-the-importance-of-self-monitoring-c9dfff241af1>

- Thériault, R.** (2020, December 25). Quickly test linear regression assumptions [Blog]. Retrieved from [https://remi-theriault.com/blog\\_assumptions](https://remi-theriault.com/blog_assumptions)
- Thériault, R.** (2020, September 1). Rémi Thériault - Student Success Series [Blog post]. Student Ambassador Program of the Canadian Positive Psychology Association. Retrieved from <https://medium.com/cppastudents/student-success-series-with-rémi-thériault-7c15d09b98f>
- Thériault, R.** (2020, August 21). Introducing an R function for making nice tables [Blog post]. Retrieved from [https://remi-theriault.com/blog\\_table](https://remi-theriault.com/blog_table)
- Thériault, R.** (2020, March 27). Êtes-vous contrôle... de vous? [Blog post]. Retrieved from <https://medium.com/psychologie.sociale.uqam/%C3%AAtes-vous-en-contr%C3%B4le-de-vous-f5fbdf81b7eb>
- Thériault, R.** (2020, February 28). Interpolating the Inclusion of the Other in the Self [Blog post]. Retrieved from [https://remi-theriault.com/blog\\_circles](https://remi-theriault.com/blog_circles)
- Thériault, R.** (2019, October 14). Introducing an R function for easy randomization [Blog post]. Retrieved from [https://remi-theriault.com/blog\\_randomize](https://remi-theriault.com/blog_randomize)
- Thériault, R.** (2019, September 12). Introducing an R function for making nice scatter plots [Blog post]. Retrieved from [https://remi-theriault.com/blog\\_scatter](https://remi-theriault.com/blog_scatter)
- Thériault, R.** (2019, September 6). Introducing an R function for making nice violin plots [Blog post]. Retrieved from [https://remi-theriault.com/blog\\_violin](https://remi-theriault.com/blog_violin)
- Thériault, R.** (2015, December 7). Does hypnosis improve clinical interventions? [Blog post]. Retrieved from <https://medium.com/@rempsysc/does-hypnosis-improve-clinical-interventions-ea51d829ed98>
- Thériault, R.** (2015, April 9). The New Age Movement: Volunteer Associations, Not Markets [Blog post]. Retrieved from <https://medium.com/@rempsysc/the-new-age-movement-volunteer-associations-not-markets-3f410b376af0>
- Thériault, R.** (2015, April 9). The SOI, the Big Five traits of personality, and personal transformation [Blog post]. Retrieved from <https://medium.com/@rempsysc/the-soi-the-big-five-traits-of-personality-and-personal-transformation-49cbb0d5625b>
- Thériault, R.** (April 8). L'hypothèse de continuité dans les rêves et son extension [Blog post]. Retrieved from <https://www.facebook.com/notes/rémi-thériault/lhypothèse-de-continuité-dans-les-rêves-et-son-extension-morale/10153830286773797>
- Thériault, R.** (2014, November 27). Critically assessing the motivational framework of Rhonda Byrne's *The Secret* [Blog]. Retrieved from <https://medium.com/@rempsysc/critically-assessing-the-motivational-framework-of-rhonda-byrnes-the-secret-bbd78d96127f>
- Thériault, R.** (2014, April 10). Buddhist koans: Duality of language and its transcendence [Blog post]. Retrieved from <https://medium.com/@rempsysc/buddhist-koans-duality-of-language-and-its-transcendence-422ac8c12f66>
- Thériault, R.** (2014, April 3). Do we really know what yoga means?: The place of spirituality in yoga research [Blog post]. Retrieved from <https://medium.com/rempsysc/do-we-really-know-what-yoga-means-96fc8e083411/>
- Thériault, R.** (2014, March 29). How I became intelligent: or why IQ tests may fail to awaken one's potential [Blog post]. Retrieved from <https://medium.com/rempsysc/how-i-became-intelligent-a95bc08c6290>
- Thériault, R.** (2014, March 23). The quest for meaning and where it originates [Blog post]. Retrieved from <https://medium.com/rempsysc/the-quest-for-meaning-eda73de238b8>
- Thériault, R.** (2014, March 22). Do you know your EQ?: No, I'm not talking about your intelligence quotient [Blog post]. Retrieved from <https://medium.com/rempsysc/do-you-know-your-eq-23beca870fc>
- Thériault, R.** (2014, January 16). Nature of reality and its inevitable simplification [Blog post]. Retrieved from <https://medium.com/rempsysc/nature-of-reality-e286a1587d94>
- Thériault, R.** (2012, October 10). Bilan de RIO+20: La planète n'y arrivera pas si on ne change pas de modèle! *Le MotDit : Le journal étudiant du Collège Édouard-Montpetit*, 38(3), p. 5. Retrieved from <https://issuu.com/motdit/docs/motdit10.10.12>
- Thériault, R.** (2012, August 30). Une folle élection: « ki cé kon vote, pq ou qs? » [pastiche]. *Le MotDit : Le journal du Collège Édouard-Montpetit*, 38(1), p. 6. Retrieved from <https://issuu.com/motdit/docs/motdit30.08.12>
- Thériault, R.** (2012, February 22). Réflexion sur la hausse des droits de scolarité. *Le MotDit : Le journal étudiant du Collège Édouard-Montpetit*, 37(5), p. 10.
- Thériault, R.** (2011, April 27). Expérience sur les perceptions extrasensorielles. *Le MotDit : Le journal étudiant du Collège Édouard-Montpetit*, 36(7), p. 6.

## Academic Service

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**Core team member** of *easystats* (seven members; official start date: 2022-08). The *easystats* project aims to increase the adoption of good statistical practices through open science tools, for example through a collection of R packages that provide a unifying and consistent framework around statistics. This responsibility involves writing code to improve the various R packages associated with the project and participating in the general decision-making. At this time, the *easystats* packages have collectively been downloaded over 12 millions times. Available from: <https://easystats.github.io/easystats/>

**Reviewer** for scientific journals: *Group Processes and Intergroup Relations* (1), *Psychology of Consciousness: Theory, Research, and Practice* (5). “Peer Review” tab at: <https://www.webofscience.com/wos/author/record/AAC-6100-2022>

**Reviewer** for the *XXI World Congress of Medical and Clinical Hypnosis*, organized by the International Society of Hypnosis and the Société Québécoise d'Hypnose, August 22-25, 2018, Montréal.

## Media Coverage

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Jewell, L. (2022, June 23). Member Spotlight: Rémi Thériault. Interview organized by the *Canadian Positive Psychology Association* and conducted by the CPPA

President, Louisa Jewell. Retrieved from: <https://youtu.be/3H38-k-L7W0>.

Paré, C. (2022, June). Page Jeune chercheur étoile : Rémi Thériault ("La réalité virtuelle au service de l'empathie"). *Magazine Curium*, 55. <https://curiummag.com/magazine/juin-2022-reinventer-le-voyage/>

Néron, M. (2022, May 7). Êtes-vous courtois dans la rue? [Guest expert] Retrieved from: <https://ici.radio-canada.ca/ohdio/premiere/emissions/genre-humain/episodes/625907/rattrapage-du-samedi-7-mai-2022>

Perreault, É. & Néron, M. (2022, March 24). Marie Gendron : Altruisme extrême : donner son rein à un inconnu... de son vivant [Guest expert]. *L'avenir nous appartient*. Télé-Québec. Retrieved from: <https://lavenirnousappartient.telequebec.tv/emissions/333127/lavenir-appartient-a-michel-jean-et-a-la-reconciliation/65381/marie-gendron-altruisme-extreme-donner-son-rein-a-un-inconnu-de-son-vivant>

Handfield, C. (2021, December 19). Adieu solidarité, rebonjour individualisme [Guest expert]. *La Presse*. Retrieved from: <https://www.lapresse.ca/societe/2021-12-19/adieu-solidarite-rebonjour-individualisme.php>

Guillemette, M. (2021, September 1). Dans la peau d'une personne noire: La virtuelle peut-elle réduire les préjugés raciaux? [Featured research] *Québec Science*. Retrieved from: <https://www.quebecscience.qc.ca/societe/personne-noire-realite-virtuelle/>

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## Other Research Experience

### RESEARCH ASSISTANT, AMIR RAZ COGNITIVE NEUROSCIENCE LABORATORY (2013/09–2016/09)

#### Sensory Deprivation, Consciousness, and Dissociation

*Raz Lab*

MCGILL UNIVERSITY

2014/09-2016/09

- Conceived research designs & formulated hypotheses
- Performed various administrative tasks related to the sensory deprivation unit (shopping, maintenance, risks, authorizations, etc.)

#### Administrative Assistantship

*Raz Lab*

MCGILL UNIVERSITY

2013/09-2016/09

- Worked on the WordPress website (razlab.org) & managed servers
- Edited videos and photos
- Performed various investigations on different topics for PI

#### Posture and Human Resting-State (EEG, MEG)

*Raz Lab*

MCGILL UNIVERSITY

2015/05-07

- Performed various tasks (including statistical analyses) on Brainstorm, Matlab, and Photoshop

#### Chronic Hives and the Effect of Cognitive Treatment in Kids and Adults

*Raz Lab*

MCGILL UNIVERSITY

2014/01-09

- Recruited and managed participants' appointments

#### Attention Training in Health and Disease

*Raz Lab*

MCGILL UNIVERSITY

2014/05-08

- Trained children's attention with video games (data collection)

## Leadership Experience



## Canadian Positive Psychology Association (CPPA)

Montréal, Québec

LEAD STUDENT AMBASSADOR & CO-FOUNDER, STUDENT AMBASSADOR PROGRAM

2019/09 – 2022/12

- As lead, manage about 70 other Student Ambassadors for various projects (blog, webinar, logo, Instagram, etc.)
- Editor-in-Chief for the blog project. Reviewed/supervised the publication of more than 20 blogs (see <https://medium.com/@cppastudents>)
- Weekly Core Team (board) meetings, monthly meetings for each project
- Organize and host webinars periodically, various involvement in other projects

## Regroupement québécois de psychologie positive

Montréal, Québec

MEMBER OF THINK-TANK FOR THE FUTURE OF POSITIVE PSYCHOLOGY IN QUÉBEC

2016/04 – 2022/12

- Participate to group meetings, discussions, debates, vision, and orientations
- Part of a) research, b) clinical, c) student, and d) English community committees
- Contribute to advertisement and goals of the group through public outreach, document preparation, help with organization of conference, and presentations to student associations to foster collaborations
- Lead development of freshly formed student division

## Département de psychologie (Université du Québec à Montréal)

Montréal, Québec

YOGA & MEDITATION STUDENT COMMITTEE LEAD

2019/01 – 2022-12

- Organize affordable weekly yoga sessions for psychology students on campus (Winter 2022)
- Wrote and successfully obtained 2 grants for the project (first: \$1,697.85; second: \$500)
- Organized and guided weekly meditations for psychology students on campus (Winter 2019)
- Project objective is to improve student mental health with evidence-based mind-body exercises

## International Positive Psychology Association (IPPA)

Montréal, Québec

REGIONAL REPRESENTATIVE (FOR THE PROVINCE OF QUÉBEC) OF THE STUDENT DIVISION (SIPPA)

2017/12 – 2022/12

- Connect local members to IPPA's Student Division
- Monthly meetings and brainstorming with Representatives and SIPPA Executive Team
- Created an interactive map of locations of all representatives across the globe for the website
- Contribution to SIPPA newsletter

## Permaculture ta Ville

Montréal

CO-FOUNDER

2012/11 – 2016/08

- Co-managed a community garden in Boucherville (summer 2014)
- Led presentations and promoted urban permaculture, co-managing Facebook page

## SOI (Sagesse, Ouverture, Intégrité)

Cégep Édouard-Montpetit

FOUNDING PRESIDENT

2010/09 – 2012/09

- Led the executive administrative board (6 people); managed budget (about \$700/year); promoted well-being, happiness, and health, and led activities based on psychological principles

## Shaved Head Challenge

Montréal

CO-SPOKESPERSON (2009), PARTICIPANT (2011, 2015)

2009/04-10, 2011/06, 2015/05

- Shaved and gave my hair, plus collected a total of \$1456 (2011 & 2015) in the community for Leucan
- 2009: Represented Leucan and the Challenge for the Montréal region

## McGill University Leadership Training Program

Montréal

TRAINEE

2012/09 – 2013/04

- Completed the Leadership Skills Development Workshop series

## Institut du Nouveau Monde & Forum Jeunesse Longueuil

Cégep Édouard-Montpetit

MAIN ORGANIZER

2012/09 – 2013/04

- Organized electoral debate for the provincial elections, communications & setup

## Société Québécoise de Psilogie

Montréal

VOLUNTEER

2011/03-2012/07

- Scanned all past issues of Le Lien Psi, the organization's journal, and distributed it on CDs

## Groupe d'Économie Solidaire du Québec (GESQ)

Rio de Janeiro, Brazil

MEMBER OF THE YOUTH DELEGATION

2012/06

- Participated in the United Nations Conference on Sustainable Development

## SIRIUS International Cooperation Internship

Quito & Santo Domingo, Ecuador

INTERN

2012/01

- Taught children academic topics, painted school, & worked in indigenous cocoa plantation

- Visited various democratic institutions of the government, met with politicians & wrote a final report

## Varia

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### PROFESSIONAL AFFILIATIONS

INSTITUT DES SCIENCES COGNITIVES (UQAM)  
INTERNATIONAL POSITIVE PSYCHOLOGY ASSOCIATION  
CANADIAN POSITIVE PSYCHOLOGY ASSOCIATION

2021/01 – Present  
2016/09 – Present  
2015/09 – Present

### RESEARCH INTERESTS

Positive & moral psychology, contemplative practices, Theory of Mind, empathy, self-regulatory strength, Self-Determination Theory, bodily self-consciousness

### TECHNICAL SKILLS

R, Rstudio, Rmarkdown, Shiny, GitHub, Inquisit, Wowchemy, Netlify, SPSS, MATLAB, ActiView, Brainstorm, Qualtrics, Survey Monkey, LimeSurvey, Inkscape

### LANGUAGES

French (native), English (fluent)

### ACTIVITIES AND INTERESTS

Martial arts, breakdancing, skateboarding, gymnastics, bouldering

## Credit

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This [100% reproducible CV \(with instructions\)](#) was made using the [vitae](#) package in R, and a great deal of inspiration from [Dominique Makowski's template](#).