



# Rémi Thériault

PHD STUDENT

Université du Québec à Montréal, Montréal, Québec, Canada

☎ (438) 995-7648 | ✉ [theriault.remi@courrier.uqam.ca](mailto:theriault.remi@courrier.uqam.ca) | 🏠 [remi-theriault.com](http://remi-theriault.com) | 📺 [rempsysc](#) | 🐦 [rempsysc](#)

*My training and interests lie at the intersection of social psychology, neuroscience, and positive psychology. One of my research areas deals with the mind-body connection, for example through exploring alterations in the sense of embodiment, the placebo effect, and mindfulness. A second central research area of mine focuses on prosociality: empathy, perspective-taking, altruism, loving-kindness, and self-control. I am also passionate about open science, reproducible science, and data science using R (this CV was made in R too).*

## Education

### PhD (Psychology - Social) - 120 credits

Montréal, Québec, Canada

UNIVERSITÉ DU QUÉBEC À MONTRÉAL

2018/09 - Present

- GPA: 4.30/4.30
- Advisory Committee: Stéphane Dandeneau (supervisor), Frédérick Philippe, & Simon Grégoire

### Master of Science (Psychiatry - Social & Transcultural) - 45 credits

Montréal, Québec, Canada

MCGILL UNIVERSITY

2016/09 - 2018/08

- GPA: 4.00/4.00
- Advisory Committee: Amir Raz (supervisor), Jennifer Bartz, Donald Taylor, & Samuel Veissière

### Bachelor of Arts (Psychology, Behavioral Science, & Sociology) - 120 credits

Montréal, Québec, Canada

MCGILL UNIVERSITY

2013/01 - 2016/04

- GPA: 3.76/4.00 (Distinction – top 25%; note: 120 credits is equivalent to 40 classes)
- Supervisor: Amir Raz

## Teaching

### PSY5610 - La psychologie des attitudes

Montréal, Québec, Canada

UNIVERSITÉ DU QUÉBEC À MONTRÉAL

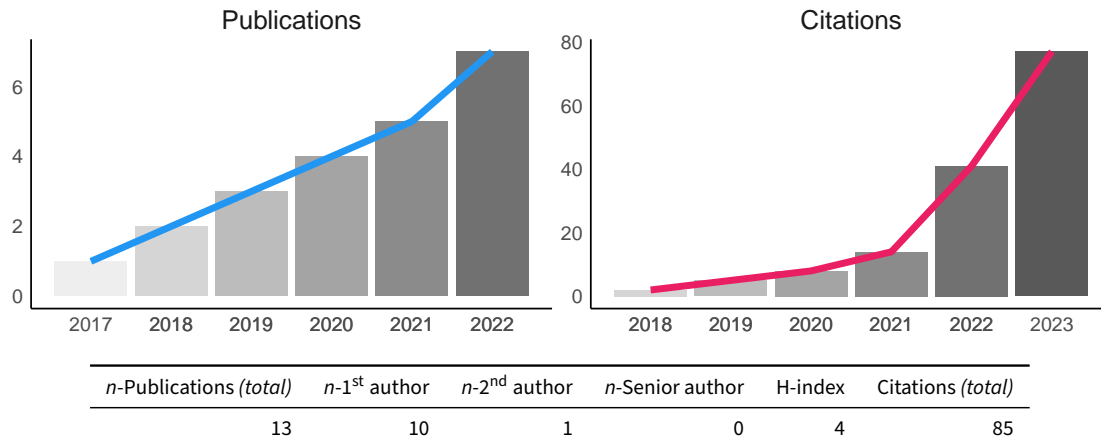
Winter 2019

- Undergraduate university class (38 students)
- Average lecturer rating by students: 93.92%

## Peer-Reviewed Publications

12. **Thériault, R.**, Dion-Cliche, F., & Dandeneau, S. (2023). Unmet expectations: Social inclusion and the interaction between social anxiety and ambiguous or positive feedback. *Frontiers in Psychology*, 1-10. <https://doi.org/10.3389/fpsyg.2023.1271773>
11. **Thériault, R.** & Dandeneau, S. (2023). Implicitly activating mindfulness: Does trait self-control moderate its effect on aggressive behaviour? *Mindfulness*, 1-17. <https://doi.org/10.1007/s12671-023-02246-w> (Preprint: <https://doi.org/10.21203/rs.3.rs-3161372/v2>)
10. **Thériault, R.** (2023). lavaanExtra: Convenience functions for lavaan. *Journal of Open Source Software*, 8(90), 5701. <https://doi.org/10.21105/joss.05701>
9. **Thériault, R.** (2023). rempsyc: Convenience functions for psychology. *Journal of Open Source Software*, 8(87), 5466. <https://doi.org/10.21105/joss.05466>
8. Ben-Shachar, M. S., Patil, I., **Thériault, R.**, Wiernik, B. M., & Lüdtke, D. (2023). Phi, Fei, Fo, Fum: Effect Sizes for Categorical Data that Use the Chi-Squared Statistic. *Mathematics*, 11(9), 1982. <https://doi.org/10.3390/math11091982>
7. Miglianico, M.\*, **Thériault, R.\***, Lavoie, B.\*, Labelle, P., Joussemet, M., Veilleux, M., Lambert, J., & Bertrand-Dubois, D. (2022). Pratiques cliniques inspirées par la recherche en psychologie positive / Clinical practices inspired by research in positive psychology. *Psychologie Française*. \*These authors contributed equally. <https://doi.org/10.1016/j.psfr.2022.06.004>
6. **Thériault, R.**, Landry, M., & Raz, A. (2022). The Rubber Hand Illusion: Top-down attention modulates embodiment. *Quarterly of Experimental Psychology*, 75(11), 2129-2148. <https://doi.org/10.1177/17470218221078858>
5. **Thériault, R.**, Olson, J. A., Krol, S. A., & Raz, A. (2021). Body swapping with a black person boosts empathy: Using virtual reality to embody another. *Quarterly Journal of Experimental Psychology*, 74(12), 2057-2074. <https://doi.org/10.1177/17470218211024826>
4. Krol, S. A., **Thériault, R.**, Olson, J. A., Raz, A., & Bartz, J. (2020). Self-concept clarity and the bodily self: Malleability across modalities. *Personality and Social Psychology Bulletin*, 46(5). <https://doi.org/10.1177/0146167219879126>
3. **Thériault, R.** (2019). Book review: Awareness is freedom: The adventure of psychology and spirituality. *Frontiers in Psychology*, 10(2814). <https://doi.org/10.3389/fpsyg.2019.02814>

2. **Thériault, R.,** & Raz, A. (2018). Patterns of bronchial challenge testing in Canada. *Canadian Journal of Respiratory Therapy*, 54(2), 41-47. <https://doi.org/10.29390/cjrt-2018-006>
1. Lifshitz, M., Sheiner, E. O., Olson, J., **Thériault, R.,** & Raz, A. (2017). On suggestibility and placebo: A follow-up study. *American Journal of Clinical Hypnosis*, 59(4), 1-8. <https://doi.org/10.1080/00029157.2016.1225252>



## Recognitions And Awards

2023	International Mobility Award - Offices jeunesse internationaux du Québec (LOJIQ) . . . . .	\$750
2023	International Mobility Award - Ministère de l'Éducation, de l'Enseignement supérieur (MEES) . . . . .	\$5,600
2023	Prix reconnaissance de l'implication étudiante (UQAM) - Personnalités 2e et 3e cycles . . . . .	\$1,500
2023	Prix reconnaissance de l'implication étudiante (UQAM) - Projet, Volet Santé et saines habitudes de vie . .	\$1,000
2023	Society for Improving Psychological Science (SIPS) Mission Award, given to the easystats project . . . . .	\$0
2023	Bourse de la Fondation J.A. DeSève - Doctorat . . . . .	\$5,500
2023	Prix du mérite UQAM - Relève étudiante (doctorat) . . . . .	\$1,000
2023	Bourse d'engagement du Syndicat des professeures et professeurs de l'UQAM (SPUQ) - Doctorat . . . . .	\$4,000
2022	Bourse Desjardins, catégorie Coup de pouce – Persévérance scolaire . . . . .	\$500
2022	Prix de la meilleure présentation orale étudiante au 22e colloque de l'ASMC . . . . .	\$100
2022	Bourse d'aide à la participation à des rencontres scientifiques (UQAM + AGEPSY-CS) . . . . .	\$850
2022	Prix reconnaissance de l'implication étudiante (UQAM) - Projet, Volet Santé et saines habitudes de vie . .	\$1,000
2022	Prix Relève étoile Paul-Gérin-Lajoie, for best paper (FRQSC) . . . . .	\$1,000
2021	Bourse d'implication Desjardins, for student involvement . . . . .	\$2,000
2021	Finalist (< 6% of applicants) for the Pierre Elliott Trudeau Scholarship (valued at \$180,000) . . . . .	\$0
2021	Bourse d'excellence de l'Institut des sciences cognitives (UQAM) . . . . .	\$2,000
2019	McGill Department of Psychiatry Travel Award . . . . .	\$485
2019	Storytellers public speaking contest Finalist (SSHRC) . . . . .	\$3,000
2018-2021	Joseph-Armand Bombardier Canada Graduate Scholarship-Doctoral (SSHRC) . . . . .	\$105,000
2018-2021	Fonds de recherche du Québec - Société et culture-Doctoral — Declined . . . . .	(\$84,000)
2017-2018	Joseph-Armand Bombardier Canada Graduate Scholarship-Master's (SSHRC) . . . . .	\$17,500
2017-2018	Fonds de recherche du Québec - Société et culture-Master's — Declined . . . . .	(\$15,000)
2016-2017	Graduate Excellence Fellowship in Mental Health Research . . . . .	\$10,000
2015	Faculty of Arts Research Internship Award . . . . .	\$4,000
2013	Je prends ma place Laureate, for citizen engagement (Québec Government) . . . . .	\$1,000
2013	Forces Avenir Laureate – College, Committed Student . . . . .	\$2,500
2012	Bourse Coopérative-Odyssée, for student engagement . . . . .	\$750
2011	Bourse Édouard-Montpetit-Desjardins, for student engagement . . . . .	\$750
2011-2022	Total Amount Offered . . . . .	\$270,785

## Research Grants

### Francisco J. Varela Research Grant (Mind & Life Institute) — PI

USD \$20,000

TRANSFORMING HABITS FROM THE HEART: FROM GOOD INTENTIONS TO RELIABLE PROSOCIAL RESPONSE

2019 - 2022

## Preprints

**Thériault, R.**, Ben-Shachar, M. S., Patil, I., Lüdecke, D., Wiernik, B. M., & Makowski, D. (2023). Check your outliers! An introduction to identifying statistical outliers in R with *easystats*. *PsyArXiv*, 1-9. <https://doi.org/10.31234/osf.io/bu6nt>

Makowski, D., Patil, I., Ben-Shachar, M. S., Wiernik, B. M., Bacher, E., Lüdecke, D., & **Thériault, R.** (2023). report: Automated reporting of results and statistical models in R. [https://remi-theriault.com/preprints/makowski\\_et\\_al\\_2023.pdf](https://remi-theriault.com/preprints/makowski_et_al_2023.pdf)

**Thériault, R.** (2023). L'importance de la science ouverte en recherche en psychologie. <https://doi.org/10.31234/osf.io/758dx>

## Non-Peer-Reviewed Publications

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**Thériault, R.** (2023). Bonnes pratiques et science ouverte : Un document d'accompagnement au PRD. [https://remi-theriault.com/files/science\\_ouverte2023.pdf](https://remi-theriault.com/files/science_ouverte2023.pdf)

**Thériault, R.**, Masson, R., & Dandeneau, S. (in preparation). Is the Mind More Powerful Than the Heart? A Randomized Controlled Trial of Two Loving-Kindness Interventions.

**Thériault, R.**, Dandeneau, S., & Baldwin, M. (in preparation). All in a smiling face: The attentional benefits of dynamic attention training for low self-esteem individuals.

**Thériault, R.**, Landry, M., Mattuck, S., and Raz, A. (in preparation). The Rubber Hand Illusion: Does cognitive load affect EEG & electrodermal activity?

**Thériault, R.**, Corber, L., MacLean, C. W., Napoleon, J.-S., Olson, J., Turkakin, E., & Raz, A. (in preparation). Suggestion affects subjective breathlessness but not objective pulmonary function.

**Thériault, R.** (2018). *Comparing the effects of mental and embodied perspective-taking* (Master's thesis). McGill University, Montréal, Québec, Canada.

**Thériault, R.** (2016). *Exploring cognitive dimensions of body ownership* (Bachelor's thesis). McGill University, Montréal, Québec, Canada.

**Thériault, R.**, Baron, A., & Cowell, B. (2012). *Comment les activités artistiques peuvent développer l'estime de soi chez les jeunes marginalisés : une intervention en cirque social à la maison des jeunes Kekpart* (Collegial thesis). Cégep Édouard-Montpetit, Longueuil, Québec, Canada.

## Invited Talks

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**Thériault, R.\***, Quilico, E.\*, Tétreault, F.\*, Labossière, S.\*, Boudreau, S.\* (2020, May 13; \*all panelists contributed equally). Workshop with the SSHRC's Story-tellers finalists: an opportunity to learn about and practice the art of presenting (Atelier avec les finalistes du concours CRSH – J'ai une histoire à raconter : une occasion d'apprendre et pratiquer l'art de la présentation). Panel organized by the *Centre for Interdisciplinary Research in Rehabilitation of Greater Montreal (CRIR)*. Presentation available from: <https://youtu.be/8Vfn0jnon30?t=4288>.

**Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2019, January 15). Immersive embodiment experiences improve intergroup relations, empathy, self-other overlap, and prejudice. Online webinar for the *Student Speaker Series of the Student Division of the International Positive Psychology Association*. Presentation available from: <https://vimeo.com/user68157211/review/378278530/8d86f3cb33>.

**Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, October 25). Virtual-reality-based immersive embodiment experiences increase empathy, reduce prejudice. Oral presentation for the *Institute for Interdisciplinary Brain and Behavioral Science* in Orange, California.

**Thériault, R.**, & Raz, A. (2016, December 8). Diagnosing asthma across Canada: question marks... and exclamation points! Oral presentation for the *Chronic Diseases Seminar for the Research Center of the Hôpital Sacré-Coeur de Montréal*, QC.

**Thériault, R.** (2016, October 19). Vers un changement constructif dans les communautés autochtones : une perspective de psychologie sociale. Oral presentation for the *Wampum Center at the Native Friendship Center of Montreal*, QC.

## Conference Talks

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**Thériault, R.**, Dion-Cliche, F., & Dandeneau, S. (2022, June 18). Fear of negative evaluation moderates the effect of social inclusion and social feedback on fundamental needs. Talk presented at the *2022 CPA Annual National Convention* in Calgary, AB.

**Thériault, R.**, Masson, R., Archambault, M., & Dandeneau, S. (2022, June 9). La méditation d'amour-bienveillant augmente-t-elle les comportements de don? Talk presented at the *22e congrès de L'Association scientifique pour la modification du comportement : Bienveillance et résilience : les visages de l'adaptation* in Montréal, QC.

**Thériault, R.**, Masson, R., Archambault, M., & Dandeneau, S. (2022, June 16-20). Does loving-kindness meditation increase giving behaviors? Talk presented at the *Tenth SELF International Conference* in Québec city, QC (virtual conference because of COVID).

**Thériault, R.** (2019, June 3). Réduire les préjugés et augmenter l'empathie via la réalité virtuelle. Talk presented at the *2019 Congress of the Humanities and Social Sciences* in Vancouver, BC.

**Thériault, R.**, Corber, L., MacLean, C. W., Napoleon, J.-S., Olson, J. A., & Raz, A. (2018, August 24). Can suggestion affect pulmonary function in children with suspected asthma? Talk presented at the *21<sup>st</sup> World Congress of Medical and Clinical Hypnosis* in Montréal, QC.

Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., **Thériault, R.**, Krol, S., Olson, J., & Raz, A. (2018, June 5). Walking a mile in another's shoes: Can virtual reality decrease prejudice? Conference talk presented by first author at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.

**Thériault, R.**, Krol, S., & Raz, A. (2017, July 14). Investigating the effects of mental versus embodied perspective-taking on prejudice. Talk presented at the *5<sup>th</sup> World Congress on Positive Psychology* in Montréal, QC.

**Thériault, R.**, Landry, M., Mattuck, S., & Raz, A. (2017, June 2). The Rubber Hand Illusion: Does load affect EEG & electrodermal activity? Talk presented at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.

Lifshitz, M., Sheiner, E., Olson, J., **Thériault, R.**, & Raz, A. (2016, October 6). On suggestibility and placebo. Conference talk presented by first author at the *67<sup>th</sup>*

## Conference Poster Presentations

- Chabot, B., **Thériault, R.**, Doucerain, M. (2023, July 23-27). *Diversity and Immigration: How Montrealers Feel about Different Cultural Groups*. Poster session presented by first author at the Biennial Conference of the International Academy for Intercultural Research in Philadelphia, Pennsylvania, USA.
- Chabot, B., **Thériault, R.**, Doucerain, M. (2023, May 27). *Le sentiment des Montréalais envers différents groupes culturels*. Poster session presented by first author at the 45e congrès annuel de la société québécoise pour la recherche en psychologie in Sherbrooke, QC.
- Masson, R., **Thériault, R.**, Archambault, M., & Dandeneau, S. (2021, July). *Can loving-kindness meditation reduce aggressivity? A randomized controlled trial*. Poster session presented by first author at the 7<sup>th</sup> World Congress on Positive Psychology in Vancouver, BC (virtual conference because of COVID).
- Masson, R., **Thériault, R.**, Archambault, M., & Dandeneau, S. (2021, June). *Can prosocial attitudes and behaviors be positively influenced by aggression and subjective fatigue?* Poster session presented by first author at the Canadian Psychology Association's 82<sup>nd</sup> Annual National Convention, Ottawa, ON (virtual conference because of COVID).
- Masson, R., **Thériault, R.**, Archambault, M., & Dandeneau, S. (2021, April 28-May 7). *L'agressivité et la fatigue cognitive peuvent-elles mener à de plus grands comportements d'aide et de don?* Poster session presented by first author at the 88<sup>th</sup> Congress of ACFAS—l'Association francophone pour le savoir (virtual conference because of COVID).
- Bold, J., **Thériault, R.**, Olson, J., Stain, A., Curry, D., & Raz, A. (2020, February 29). *Replicating the body swap in a different sample: Preliminary data*. Poster session presented by first author at the Society for Personality and Social Psychology Annual Convention in New Orleans, Louisiana, USA.
- Thériault, R.**, Dandeneau, S., & Baldwin, M. (2019, July 20). *All in a smiling face: The attentional benefits of dynamic attention training for low self-esteem individuals*. Poster session presented at the 6<sup>th</sup> World Congress on Positive Psychology in Melbourne, Australia.
- Thériault, R.**, & Dandeneau, S. (2019, June 12). *Trait self-control moderates the effects of priming mindfulness on aggressive behaviour*. Poster session presented at the Mind & Life Summer Research Institute in Garrison, New York, USA.
- Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, June 6). *Being one with diversity through perspective-taking: Mind or body to increase prosocial feelings?* Poster session presented at the Mind & Life Summer Research Institute in Garrison, New York, USA.
- Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., **Thériault, R.**, Krol, S., Olson, J. A., & Raz, A. (2018, June 5). *Walking a mile in another's shoes: Can virtual reality decrease prejudice?* Poster session presented by first three authors at the Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry in Montréal, QC.
- Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, May 24-25). *Comparing two interventions to reduce prejudice and increase empathy*. Poster session presented at the 4<sup>th</sup> Canadian Conference on Positive Psychology in Toronto, ON.
- Thériault, R.**, Landry, M., Mattuck, S., & Raz, A. (2017, June 2). *The Rubber Hand Illusion: Does load affect EEG & electrodermal activity?* Poster session presented at the Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry in Montréal, QC.
- Thériault, R.**, Landry, M., Mattuck, S., & Raz, A. (2017, May 12). *The impact of load on electrodermal activity during the Rubber Hand Illusion*. Poster session presented at the 8<sup>th</sup> Annual LDI Scientific Retreat in Montréal, QC.
- Mattuck, S., **Thériault, R.**, Landry, M., & Raz, A. (2017, April 17). *Exploring the influence of cognitive resources on body ownership*. Poster session presented by first author at the Psychology Undergraduate Research Day at McGill University in Montréal, QC.
- Thériault, R.**, Landry, M., & Raz, A. (2016, April 15). *Exploring the effects of cognitive load and task instructions in the Rubber Hand Illusion*. Poster session presented at the Psychology Undergraduate Research Day at McGill University in Montréal, QC.
- Thériault, R.**, Landry, M., & Raz, A. (2016, January 19). *Exploring cognitive aspects of body ownership*. Poster session presented at the 6<sup>th</sup> Annual Faculty of Arts Undergraduate Research Event at McGill University in Montréal, QC.

## Academic Service

**Core team member** of *easystats* (seven members; official start date: 2022-08). The *easystats* project aims to increase the adoption of good statistical practices through open science tools, for example through a collection of R packages that provide a unifying and consistent framework around statistics. This responsibility involves writing code to improve the various R packages associated with the project and participating in the general decision-making. At this time, the *easystats* packages have collectively been downloaded over 12 millions times. Available from: <https://easystats.github.io/easystats/>

**Reviewer** for the XXI World Congress of Medical and Clinical Hypnosis, organized by the International Society of Hypnosis and the Société Québécoise d'Hypnose, August 22-25, 2018, Montréal.

**Reviewer** for scientific journals (total of 11): *Group Processes and Intergroup Relations* (1), *Psychology of Consciousness: Theory, Research, and Practice* (7), *International Journal of Mental Health Promotion* (1), *Scientific Reports* (1), *Journal of Statistical Software* (1). See the "Peer Review" tab (and purple "Open dashboard" button on the right) at: <https://www.webofscience.com/wos/author/record/AAC-6100-2022>

## Peer Review Metrics

10

Verified Peer  
Reviews  
Median: 4  
74th percentile

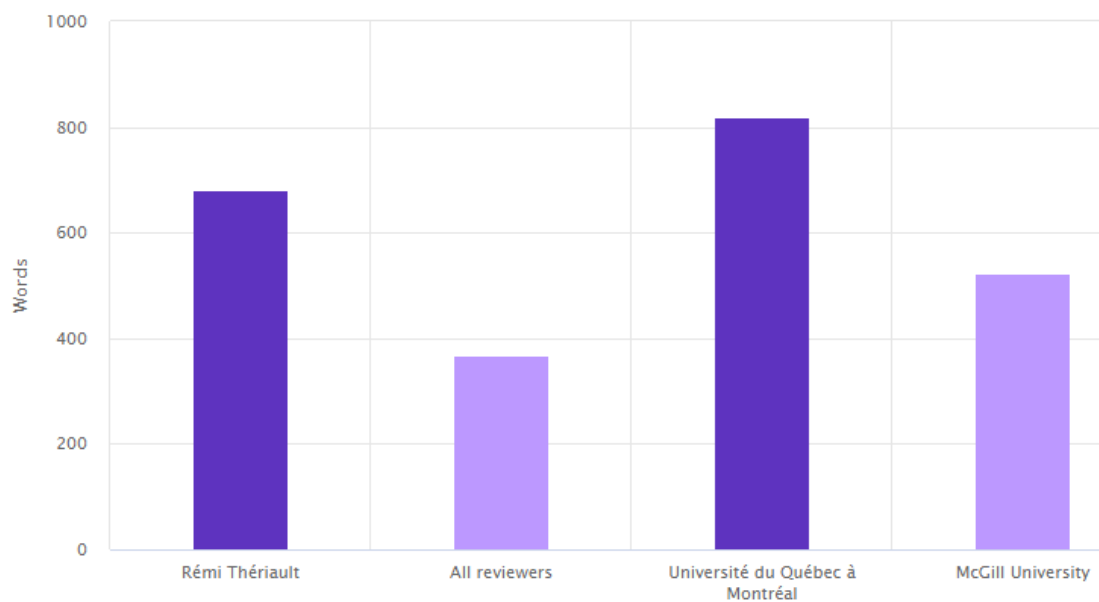
9

Verified Peer  
Reviews (Last 12  
Months)  
Median: 1  
94th percentile

1.3:1

Peer Review to  
Publication Ratio  
Median: 0.3:1

Average Review Length



Software (R Packages)

Makowski, D., Wiernik, B. M., Patil, I., Lüdtke, D., & Ben-Shachar, M. S., & **Thériault, R.** (2023). correlation: Methods for correlation analysis (R package version 0.8.4) [Computer software]. <https://easystats.github.io/correlation/>

downloads 19K/month    downloads 561K

Lüdtke, D., Makowski, D., Ben-Shachar, M. S., Patil, I., Wiernik, B. M., Bacher, E., & **Thériault, R.** (2023). easystats: An R framework for easy statistical modeling, visualization, and reporting. (R package version 0.6.0.7) [Computer software]. <https://easystats.github.io/easystats>.

downloads 3861/month    downloads 38K

Makowski, D., Lüdtke, D., Patil, I., **Thériault, R.**, Ben-Shachar, M. S., & Wiernik, B. M. (2022). report: From R to your manuscript. (R package version 0.5.5.3) [Computer software]. <https://easystats.github.io/report>.

downloads 7874/month    downloads 139K

Ben-Shachar, M. S., Makowski, D., Lüdtke, D., Patil, I., Wiernik, B. M., & **Thériault, R.** (2022). effectsize: Indices of effect size. (R package version 0.8.2) [Computer software]. <https://easystats.github.io/effectsize>.

downloads 48K/month    downloads 1.8M

**Thériault, R.** (2022). lavaanExtra: Convenience functions for lavaan (R package version 0.1.0) [Computer software]. <https://lavaanExtra.remi-theriault.com/>.

downloads 312/month    downloads 4597

**Thériault, R.** (2022). rempsyc: Convenience functions for psychology (R package version 0.0.7) [Computer software]. <https://rempsyc.remi-theriault.com>.

downloads 3180/month    downloads 23K

Blogs +

**Thériault, R.** (2022, February 8). Publication-ready moderations with simple slopes in R [Blog post]. [https://remi-theriault.com/blog\\_moderation](https://remi-theriault.com/blog_moderation)

**Thériault, R.** (2022, February 3). Publication-ready t-tests in R [Blog post]. [https://remi-theriault.com/blog\\_t-test](https://remi-theriault.com/blog_t-test)

**Thériault, R.** (2021, March 9). Time Management: The Importance of Self-Monitoring post]. Student Ambassador Program of the Canadian Positive Psychology. <https://cppastudents.medium.com/time-management-the-importance-of-self-monitoring-c9dfff241af1>

**Thériault, R.** (2020, December 25). Quickly test linear regression assumptions [Blog]. [https://remi-theriault.com/blog\\_assumptions](https://remi-theriault.com/blog_assumptions)

**Thériault, R.** (2020, September 1). Rémi Thériault - Student Success Series [Blog post]. Student Ambassador Program of the Canadian Positive Psychology Association. <https://medium.com/cppastudents/student-success-series-with-rémi-thériault-7c15d09b98f>

**Thériault, R.** (2020, August 21). Publication-ready APA tables: from R to Word in 2 min [Blog post]. [https://remi-theriault.com/blog\\_table](https://remi-theriault.com/blog_table)

**Thériault, R.** (2020, March 27). Êtes-vous contrôle... de vous? [Blog post]. <https://medium.com/psychologie.sociale.uqam/%C3%AAtes-vous-en-contr%C3%B4le-de-vous-f5fbdf81b7eb>



**Thériault, R.** (2020, February 28). Interpolating the Inclusion of the Other in the Self [Blog post]. [https://remi-theriault.com/blog\\_circles](https://remi-theriault.com/blog_circles)

**Thériault, R.** (2019, October 14). Easy randomization in R [Blog post]. [https://remi-theriault.com/blog\\_randomize](https://remi-theriault.com/blog_randomize)

**Thériault, R.** (2019, September 12). Publication-ready scatter plots in R [Blog post]. [https://remi-theriault.com/blog\\_scatter](https://remi-theriault.com/blog_scatter)

**Thériault, R.** (2019, September 6). Publication-ready violin plots in R [Blog post]. [https://remi-theriault.com/blog\\_violin](https://remi-theriault.com/blog_violin)

**Thériault, R.** (2015, December 7). Does hypnosis improve clinical interventions? [Blog post]. <https://medium.com/@rempsysc/does-hypnosis-improve-clinical->

**Thériault, R.** (2015, April 9). The New Age Movement: Volunteer Associations, Not Markets [Blog post]. <https://medium.com/@rempsysc/the-new-age-movement-vol>

**Thériault, R.** (2015, April 9). The SOI, the Big Five traits of personality, and personal transformation [Blog post]. <https://medium.com/@rempsysc/the-soi-the-big-f>

**Thériault, R.**, April 8). L'hypothèse de continuité dans les rêves et son extension [Blog post]. <https://www.facebook.com/notes/rémi-thériault/lhypothèse-de-continuité-dans-les-rêves-et-son-extension-morale/10153830286773797>

**Thériault, R.** (2014, November 27). Critically assessing the motivational framework of Rhonda Byrne's *The Secret* [Blog]. <https://medium.com/@rempsysc/critically-assessing-the-motivational-framework-of-rhonda-byrnes-the-secret-bbd78d96127f>

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## Other Research Experience

### RESEARCH ASSISTANT, AMIR RAZ COGNITIVE NEUROSCIENCE LABORATORY (2013/09–2016/09)

#### Sensory Deprivation, Consciousness, and Dissociation

*Raz Lab*

McGILL UNIVERSITY

2014/09-2016/09

- Conceived research designs & formulated hypotheses
- Performed various administrative tasks related to the sensory deprivation unit (shopping, maintenance, risks, authorizations, etc.)

#### Administrative Assistantship

*Raz Lab*

McGILL UNIVERSITY

2013/09-2016/09

- Worked on the WordPress website (razlab.org) & managed servers
- Edited videos and photos
- Performed various investigations on different topics for PI

#### Posture and Human Resting-State (EEG, MEG)

*Raz Lab*

McGILL UNIVERSITY

2015/05-07

- Performed various tasks (including statistical analyses) on Brainstorm, Matlab, and Photoshop

#### Chronic Hives and the Effect of Cognitive Treatment in Kids and Adults

*Raz Lab*

McGILL UNIVERSITY

2014/01-09

- Recruited and managed participants' appointments

#### Attention Training in Health and Disease

*Raz Lab*

McGILL UNIVERSITY

2014/05-08

- Trained children's attention with video games (data collection)

## Leadership Experience

### Canadian Positive Psychology Association (CPPA)

*Montréal, Québec*

LEAD STUDENT AMBASSADOR & CO-FOUNDER, STUDENT AMBASSADOR PROGRAM

2019/09 – 2022/12

- As lead, manage about 70 other Student Ambassadors for various projects (blog, webinar, logo, Instagram, etc.)
- Editor-in-Chief for the blog project. Reviewed/supervised the publication of more than 20 blogs (see <https://medium.com/@cppastudents>)
- Weekly Core Team (board) meetings, monthly meetings for each project
- Organize and host webinars periodically, various involvement in other projects

### Regroupement québécois de psychologie positive

*Montréal, Québec*

MEMBER OF THINK-TANK FOR THE FUTURE OF POSITIVE PSYCHOLOGY IN QUÉBEC

2016/04 – 2022/12

- Participate to group meetings, discussions, debates, vision, and orientations
- Part of a) research, b) clinical, c) student, and d) English community committees
- Contribute to advertisement and goals of the group through public outreach, document preparation, help with organization of conference, and presentations to student associations to foster collaborations
- Lead development of freshly formed student division

### Département de psychologie (Université du Québec à Montréal)

*Montréal, Québec*

YOGA & MEDITATION STUDENT COMMITTEE LEAD

2019/01 – 2022-12

- Organize affordable weekly yoga sessions for psychology students on campus (Winter 2022)
- Wrote and successfully obtained 2 grants for the project (first: \$1,697.85; second: \$500)
- Organized and guided weekly meditations for psychology students on campus (Winter 2019)
- Project objective is to improve student mental health with evidence-based mind-body exercises

### International Positive Psychology Association (IPPA)

*Montréal, Québec*

REGIONAL REPRESENTATIVE (FOR THE PROVINCE OF QUÉBEC) OF THE STUDENT DIVISION (SIPPA)

2017/12 – 2022/12

- Connect local members to IPPA's Student Division
- Monthly meetings and brainstorming with Representatives and SIPPA Executive Team
- Created an interactive map of locations of all representatives across the globe for the website
- Contribution to SIPPA newsletter

### Permaculture ta Ville

*Montréal, Québec*

CO-FOUNDER

2012/11 – 2016/08

- Co-managed a community garden in Boucherville (summer 2014)
- Led presentations and promoted urban permaculture, co-managing Facebook page

## SOI (Sagesse, Ouverture, Intégrité)

FOUNDING PRESIDENT

Cégep Édouard-Montpetit

2010/09 – 2012/09

- Led the executive administrative board (6 people); managed budget (about \$700/year); promoted well-being, happiness, and health, and led activities based on psychological principles

## Shaved Head Challenge

CO-SPOKESPERSON (2009), PARTICIPANT (2011, 2015)

Montréal/Montréal

2009/04-10, 2011/06, 2015/05

- Shaved and gave my hair, plus collected a total of \$1456 (2011 & 2015) in the community for Leucan
- 2009: Represented Leucan and the Challenge for the Montréal region

## McGill University Leadership Training Program

TRAINEE

Montréal/Montréal

2012/09 – 2013/04

- Completed the Leadership Skills Development Workshop series

## Institut du Nouveau Monde & Forum Jeunesse Longueuil

MAIN ORGANIZER

Cégep Édouard-Montpetit

2012/09 – 2013/04

- Organized electoral debate for the provincial elections, communications & setup

## Société Québécoise de Psilogie

VOLUNTEER

Montréal

2011/03-2012/07

- Scanned all past issues of Le Lien Psi, the organization's journal, and distributed it on CDs

## Groupe d'Économie Solidaire du Québec (GESQ)

MEMBER OF THE YOUTH DELEGATION

Rio de Janeiro, Brazil

2012/06

- Participated in the United Nations Conference on Sustainable Development

## SIRIUS International Cooperation Internship

INTERN

Quito & Santo Domingo, Ecuador

2012/01

- Taught children academic topics, painted school, & worked in indigenous cocoa plantation

## VOX POPULI Political Institutions Internship

INTERN

Québec City

2011/03

- Visited various democratic institutions of the government, met with politicians & wrote a final report

# Varia

## PROFESSIONAL AFFILIATIONS

INSTITUT DES SCIENCES COGNITIVES (UQAM)  
INTERNATIONAL POSITIVE PSYCHOLOGY ASSOCIATION  
CANADIAN POSITIVE PSYCHOLOGY ASSOCIATION

2021/01 – Present  
2016/09 – Present  
2015/09 – Present

## RESEARCH INTERESTS

Positive & moral psychology, contemplative practices, Theory of Mind, empathy, self-regulatory strength, Self-Determination Theory, bodily self-consciousness

## TECHNICAL SKILLS

R, Rstudio, Rmarkdown, Shiny, GitHub, Inquisit, Wowchemy, Netlify, SPSS, Qualtrics, Survey Monkey, LimeSurvey, Inkscape

## LANGUAGES

French (native), English (fluent)

## ACTIVITIES AND INTERESTS

Martial arts, breakdancing, skateboarding, gymnastics, bouldering

# Credit

This [100% reproducible CV \(with instructions\)](#) was made using the [vitae](#) package in R, and a great deal of inspiration from [Dominique Makowski's template](#).