



Université du Québec à Montréal, Montréal, Québec, Canada

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My training and interests lie at the intersection of social psychology, neuroscience, and positive psychology. One of my research areas deals with the mind-body connection, for example through exploring alterations in the sense of embodiment, the placebo effect, and mindfulness. A second central research area of mine focuses on prosociality: empathy, perspective-taking, altruism, loving-kindness, and self-control. I am also passionate about open science, reproducible science, and data science using R (this CV was made in R too).

## **Education**

PhD (Psychology - Social)

Université du Québec à Montréal

Master of Science (Psychiatry - Social & Transcultural)

McGill University

Bachelor of Arts (Psychology, Behavioral Science, & Sociology)

McGill University

Montréal, Québec, Canada

2018/09 - Present

Montréal, Québec, Canada

2016/09 - 2018/08

Montréal, Québec, Canada

2013/01 - 2016/04

# Recognitions And Awards

2022	Prix de la meilleure présentation orale étudiante au 22e colloque de l'ASMC	\$100
2022	Bourse d'aide à la participation à des rencontres scientifiques (UQAM + AGEPSY-CS)	\$850
2022	Prix reconnaissance de l'implication étudiante (UQAM) - Projet, Volet Santé et saines habitudes de vie	\$1,000
2022	Prix Relève étoile Paul-Gérin-Lajoie, for best paper (FRQSC)	\$1,000
2021	Bourse d'implication Desjardins, for student involvement	\$2,000
2021-2024	Finalist only (< 6% of applicants) for the Pierre Elliott Trudeau Scholarship (valued at \$180,000)	\$0
2021	Bourse d'excellence de l'Institut des sciences cognitives (UQAM)	\$2,000
2019	McGill Department of Psychiatry Travel Award	\$485
2019	Storytellers public speaking contest Finalist (SSHRC)	\$3,000
2018-2021	Joseph-Armand Bombardier Canada Graduate Scholarship-Doctoral (SSHRC)	\$105,000
2018-2021	Fonds de recherche du Québec - Société et culture-Doctoral — Declined	(\$84,000)
2017-2018	Joseph-Armand Bombardier Canada Graduate Scholarship-Master's (SSHRC)	\$17,500
2017-2018	Fonds de recherche du Québec - Société et culture-Master's — Declined	(\$15,000)
2017-2018	Graduate Excellence Fellowship in Mental Health Research	\$10,000
2015	Faculty of Arts Research Internship Award	\$4,000
2013	Je prends ma place Laureate, for citizen engagement (Québec Government)	\$1,000
2013	Forces Avenir Laureate – College, Committed Student	\$2,500
2012	Bourse Coopérative-Odyssée, for student engagement	\$750
2011	Bourse Édouard-Montpetit-Desjardins, for student engagement	\$750
2011-2022	Total Amount Offered	\$250,935

## Research Grants \_\_\_\_\_

#### Francisco J. Varela Research Grant (Mind & Life Institute) — PI

TRANSFORMING HABITS FROM THE HEART: FROM GOOD INTENTIONS TO RELIABLE PROSOCIAL RESPONSE

USD \$20,000

2019 - 2022



#### PSY5610 - La psychologie des attitudes

Université du Québec à Montréal

Montréal, Québec, Canada

Winter 2019

## **Software (R Package)**

Thériault, R. (2022). rempsyc: Convenience functions for psychology (R package version 0.0.7) [Computer software]. https://rempsyc.remi-theriault.com

Thériault, R. (2022). lavaanExtra: Convenience functions for lavaan (R package version 0.1.0) [Computer software]. https://lavaanExtra.remi-theriault.com/

## **Publications**

- Miglianico, M.\*, **Thériault, R.\***, Lavoie, B.\*, Labelle, P., Joussemet, M., Veilleux, M., Lambert, J., & Bertrand-Dubois, D. (2022). Pratiques cliniques inspirées par la recherche en psychologie positive. *Psychologie Française*. \*These authors contributed equally. https://doi.org/10.1016/j.psfr.2022.06.004
- Thériault, R., Landry, M., & Raz, A. (2022). The Rubber Hand Illusion: Top-down attention modulates embodiment. Quarterly of Experimental Psychology. https://doi.org/10.1177/17470218221078858
- **Thériault, R.**, Olson, J. A., Krol, S. A., & Raz, A. (2021). Body swapping with a black person boosts empathy: Using virtual reality to embody another. *Quarterly Journal of Experimental Psychology*, 74(12), 2057-2074. https://doi.org/10.1177/17470218211024826.
- Krol, S. A., **Thériault, R.**, Olson, J. A., Raz, A., & Bartz, J. (2020). Self-concept clarity and the bodily self: Malleability across modalities. *Personality and Social Psychology Bulletin*, 46(5). https://doi.org/10.1177/0146167219879126
- Thériault, R. (2019). Book review: Awareness is freedom: The adventure of psychology and spirituality. Frontiers in Psychology, 10(2814). https://doi.org/10.3389/fpsyg.2019.02814
- Thériault, R., & Raz, A. (2018). Patterns of bronchial challenge testing in Canada. Canadian Journal of Respiratory Therapy, 54(2), 41-47. https://doi.org/10.29390/cjrt-2018-006
- Lifshitz, M., Sheiner, E. O., Olson, J., **Thériault, R.**, & Raz, A. (2017). On suggestibility and placebo: A follow-up study. *American Journal of Clinical Hypnosis*, 59(4), 1-8. https://doi.org/10.1080/00029157.2016.1225252

## **Academic Service**

**Core team member** of *easystats* (seven members; official start date: 2022-08). The *easystats* project aims to increase the adoption of good statistical practices through open science tools, for example through a collection of R packages that provide a unifying and consistent framework around statistics. This responsibility involves writing code to improve the various R packages associated with the project and participating in the general decision-making. At this time, the *easystats* packages have been downloaded close to a million times. Available from: https://easystats.github.io/easystats/

**Reviewer** for *Group Processes and Intergroup Relations*, August 2022.

Reviewer for Psychology of Consciousness: Theory, Research, and Practice, January 2022 (first), July 2022 (second).

Reviewer for the XXI World Congress of Medical and Clinical Hypnosis, organized by the International Society of Hypnosis and the Société Québécoise d'Hypnose, August 22-25, 2018, Montréal.

## **Leadership Experience**

#### **Canadian Positive Psychology Association (CPPA)**

Montréal, Québec

Lead Student Ambassador & Co-founder, Student Ambassador Program

2019/09 - Present

- As lead, manage about 70 other Student Ambassadors for various projects (blog, webinar, logo, Instagram, etc.)
- Editor-in-Chief for the blog project. Reviewed/supervised the publication of more than 20 blogs (see https://medium.com/@cppastudents)
- Weekly Core Team (board) meetings, monthly meetings for each project
- Organize and host webinars periodically, various involvement in other projects

#### **International Positive Psychology Association (IPPA)**

Montréal, Québec

REGIONAL REPRESENTATIVE (FOR THE PROVINCE OF QUÉBEC) OF THE STUDENT DIVISION (SIPPA)

- Connect local members to IPPA's Student Division
- Monthly meetings and brainstorming with Representatives and SIPPA Executive Team
- · Created an interactive map of locations of all representatives across the globe for the website
- Contribution to SIPPA newsletter

2017/12 - Present