



# Rémi Thériault

PHD STUDENT

Université du Québec à Montréal, Montréal, Québec, Canada

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*My training and interests lie at the intersection of social psychology, neuroscience, and positive psychology. One of my research areas deals with the mind-body connection, for example through exploring alterations in the sense of embodiment, the placebo effect, and mindfulness. A second central research area of mine focuses on prosociality: empathy, perspective-taking, altruism, loving-kindness, and self-control. I am also passionate about open science, reproducible science, and data science using R (this CV was made in R too).*

## Education

### PhD (Psychology - Social)

UNIVERSITÉ DU QUÉBEC À MONTRÉAL

- GPA: 4.30/4.30 (all courses completed)
- Supervisor: Stéphane Dandeneau
- Advisory Committee: Stéphane Dandeneau, Frédéric Philippe, & Simon Grégoire

Montréal, Québec, Canada

2018/09 - Present

### Master of Science (Psychiatry - Social & Transcultural)

MCGILL UNIVERSITY

- GPA: 4.00/4.00
- Supervisor: Amir Raz
- Advisory Committee: Amir Raz, Jennifer Bartz, Donald Taylor, & Samuel Veissière

Montréal, Québec, Canada

2016/09 - 2018/08

### Bachelor of Arts (Psychology, Behavioral Science, & Sociology)

MCGILL UNIVERSITY

- GPA: 3.76/4.00 (Distinction – top 25%)
- Supervisor: Amir Raz

Montréal, Québec, Canada

2013/01 - 2016/04

### Diplôme d'Étude Collégial (Sciences humaines)

CÉGEP ÉDOUARD-MONTPETIT

- Cote R: 30.754 (Group Mean = 22.95)

Longueuil, Québec, Canada

2010/08 - 2012/09

## Software (R Packages)

Makowski, D., Wiernik, B. M., Patil, I., Lüdecke, D., & Ben-Shachar, M. S., & **Thériault, R.** (2023). correlation: Methods for correlation analysis (R package version 0.8.4) [Computer software]. <https://easystats.github.io/correlation/>

downloads 18K/month downloads 524K

Lüdecke, D., Makowski, D., Ben-Shachar, M. S., Patil, I., Wiernik, B. M., Bacher, E., & **Thériault, R.** (2023). easystats: An R framework for easy statistical modeling, visualization, and reporting. (R package version 0.6.0.7) [Computer software]. <https://easystats.github.io/easystats>.

downloads 2213/month downloads 30K

Makowski, D., Lüdecke, D., Patil, I., **Thériault, R.**, Ben-Shachar, M. S., & Wiernik, B. M. (2022). report: From R to your manuscript. (R package version 0.5.5.3) [Computer software]. <https://easystats.github.io/report>.

downloads 5649/month downloads 125K

Ben-Shachar, M. S., Makowski, D., Lüdecke, D., Patil, I., Wiernik, B. M., & **Thériault, R.** (2022). effectsize: Indices of effect size. (R package version 0.8.2) [Computer software]. <https://easystats.github.io/effectsize>.

downloads 50K/month downloads 1.7M

**Thériault, R.** (2022). lavaanExtra: Convenience functions for lavaan (R package version 0.1.0) [Computer software]. <https://lavaanExtra.remi-theriault.com/>.

downloads 393/month downloads 3949

**Thériault, R.** (2022). rempsyc: Convenience functions for psychology (R package version 0.0.7) [Computer software]. <https://rempsysc.remi-theriault.com>.

downloads 1789/month downloads 17K

## Research Grants

### Francisco J. Varela Research Grant (Mind & Life Institute) — PI

TRANSFORMING HABITS FROM THE HEART: FROM GOOD INTENTIONS TO RELIABLE PROSOCIAL RESPONSE

USD \$20,000

2019 - 2022

## Recognitions And Awards

2023	Prix reconnaissance de l'implication étudiante (UQAM) - Personnalités 2e et 3e cycles.....	\$1,500
2023	Prix reconnaissance de l'implication étudiante (UQAM) - Projet, Volet Santé et saines habitudes de vie ..	\$1,000
2023	Society for Improving Psychological Science (SIPS) Mission Award, given to the easystats project .....	\$0
2023	Bourse de la Fondation J.A. DeSève - Doctorat .....	\$5,500
2023	Prix du mérite UQAM - Relève étudiante (doctorat) .....	\$1,000
2023	Bourse d'engagement du Syndicat des professeures et professeurs de l'UQAM (SPUQ) - Doctorat .....	\$4,000
2022	Bourse Desjardins, catégorie Coup de pouce – Persévérance scolaire .....	\$500
2022	Prix de la meilleure présentation orale étudiante au 22e colloque de l'ASMC.....	\$100
2022	Bourse d'aide à la participation à des rencontres scientifiques (UQAM + AGEPSY-CS) .....	\$850
2022	Prix reconnaissance de l'implication étudiante (UQAM) - Projet, Volet Santé et saines habitudes de vie ..	\$1,000
2022	Prix Relève étoile Paul-Gérin-Lajoie, for best paper (FRQSC) .....	\$1,000
2021	Bourse d'implication Desjardins, for student involvement.....	\$2,000
2021	Finalist (< 6% of applicants) for the Pierre Elliott Trudeau Scholarship (valued at \$180,000) .....	\$0
2021	Bourse d'excellence de l'Institut des sciences cognitives (UQAM) .....	\$2,000
2019	McGill Department of Psychiatry Travel Award .....	\$485
2019	Storytellers public speaking contest Finalist (SSHRC) .....	\$3,000
2018-2021	Joseph-Armand Bombardier Canada Graduate Scholarship-Doctoral (SSHRC) .....	\$105,000
2018-2021	Fonds de recherche du Québec - Société et culture-Doctoral — Declined .....	(\$84,000)
2017-2018	Joseph-Armand Bombardier Canada Graduate Scholarship-Master's (SSHRC) .....	\$17,500
2017-2018	Fonds de recherche du Québec - Société et culture-Master's — Declined .....	(\$15,000)
2016-2017	Graduate Excellence Fellowship in Mental Health Research.....	\$10,000
2015	Faculty of Arts Research Internship Award .....	\$4,000
2013	Je prends ma place Laureate, for citizen engagement (Québec Government) .....	\$1,000
2013	Forces Avenir Laureate – College, Committed Student .....	\$2,500
2012	Bourse Coopérative-Odyssée, for student engagement .....	\$750
2011	Bourse Édouard-Montpetit-Desjardins, for student engagement.....	\$750
2011-2022	<b>Total Amount Offered</b> .....	<b>\$264,435</b>

## Teaching

### PSY5610 - La psychologie des attitudes

UNIVERSITÉ DU QUÉBEC À MONTRÉAL

Montréal, Québec, Canada

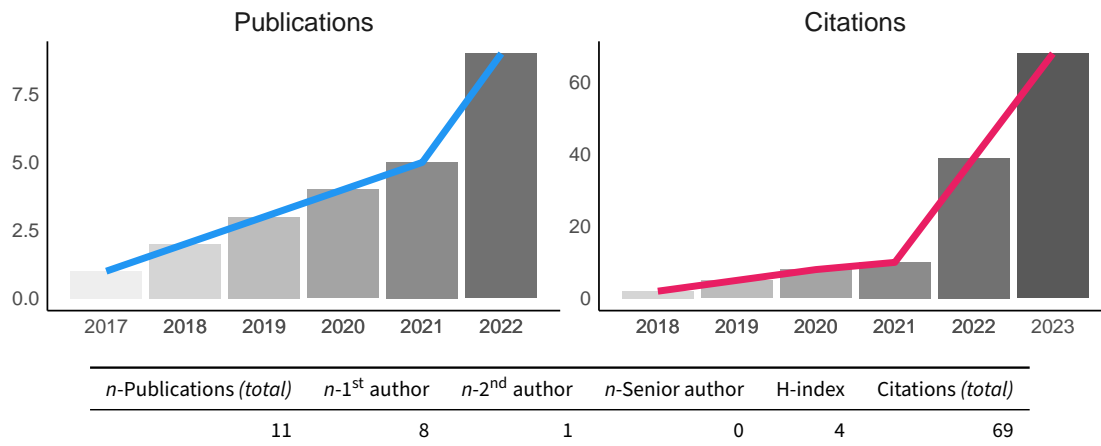
Winter 2019

- Undergraduate university class (38 students)
- Average lecturer rating by students: 93.92%

## Publications

12. **Thériault, R.** & Dandeneau, S. (2023). Implicitly activating mindfulness: Does trait self-control moderate its effect on aggressive behaviour? In Press at *Mindfulness*. Preprint: <https://doi.org/10.21203/rs.3.rs-3161372/v2>
11. **Thériault, R.**, Dion-Cliche, F., & Dandeneau, S. (2023). Unmet Expectations: Social Inclusion and the Interaction Between Social Anxiety and Ambiguous or Positive Feedback. In Press at *Frontiers in Psychology*. Preprint: <https://doi.org/10.31234/osf.io/xc4g7>
10. **Thériault, R.** (2023). lavaanExtra: Convenience functions for lavaan. *Journal of Open Source Software*, 8(90), 5701. <https://doi.org/10.21105/joss.05701>.
9. **Thériault, R.** (2023). rempsyc: Convenience functions for psychology. *Journal of Open Source Software*, 8(87), 5466. <https://doi.org/10.21105/joss.05466>.
8. Ben-Shachar, M. S., Patil, I., **Thériault, R.**, Wiernik, B. M., & Lüdtke, D. (2023). Phi, Fei, Fo, Fum: Effect Sizes for Categorical Data that Use the Chi-Squared Statistic. *Mathematics*, 11(9), 1982. <https://doi.org/10.3390/math11091982>.
7. Miglianico, M.\*, **Thériault, R.\***, Lavoie, B.\*, Labelle, P., Joussemet, M., Veilleux, M., Lambert, J., & Bertrand-Dubois, D. (2022). Pratiques cliniques inspirées par la recherche en psychologie positive / Clinical practices inspired by research in positive psychology. *Psychologie Française*. \*These authors contributed equally. <https://doi.org/10.1016/j.psfr.2022.06.004>

6. **Thériault, R.**, Landry, M., & Raz, A. (2022). The Rubber Hand Illusion: Top-down attention modulates embodiment. *Quarterly of Experimental Psychology*, 75(11), 2129-2148. <https://doi.org/10.1177/17470218221078858>
5. **Thériault, R.**, Olson, J. A., Krol, S. A., & Raz, A. (2021). Body swapping with a black person boosts empathy: Using virtual reality to embody another. *Quarterly Journal of Experimental Psychology*, 74(12), 2057-2074. <https://doi.org/10.1177/17470218211024826>.
4. Krol, S. A., **Thériault, R.**, Olson, J. A., Raz, A., & Bartz, J. (2020). Self-concept clarity and the bodily self: Malleability across modalities. *Personality and Social Psychology Bulletin*, 46(5). <https://doi.org/10.1177/0146167219879126>
3. **Thériault, R.** (2019). Book review: Awareness is freedom: The adventure of psychology and spirituality. *Frontiers in Psychology*, 10(2814). <https://doi.org/10.3389/fpsyg.2019.02814>
2. **Thériault, R.**, & Raz, A. (2018). Patterns of bronchial challenge testing in Canada. *Canadian Journal of Respiratory Therapy*, 54(2), 41-47. <https://doi.org/10.29390/cjrt-2018-006>
1. Lifshitz, M., Sheiner, E. O., Olson, J., **Thériault, R.**, & Raz, A. (2017). On suggestibility and placebo: A follow-up study. *American Journal of Clinical Hypnosis*, 59(4), 1-8. <https://doi.org/10.1080/00029157.2016.1225252>



## Preprints

- Thériault, R.**, Ben-Shachar, M. S., Patil, I., Lüdecke, D., Wiernik, B. M., & Makowski, D. (2023). Check your outliers! An introduction to identifying statistical outliers in R with *easystats*. *PsyArXiv*, 1-9. <https://doi.org/10.31234/osf.io/bu6nt>
- Makowski, D., Patil, I., Ben-Shachar, M. S., Wiernik, B. M., Bacher, E., Lüdecke, D., & **Thériault, R.** (2023). report: Automated reporting of results and statistical models in R. [https://remi-theriault.com/preprints/makowski\\_et\\_al\\_2023.pdf](https://remi-theriault.com/preprints/makowski_et_al_2023.pdf)
- Thériault, R.** (2023). L'importance de la science ouverte en recherche en psychologie. <https://doi.org/10.31234/osf.io/758dx>

## Non-Peer-Reviewed Publications

- Thériault, R.** (2023). Bonnes pratiques et science ouverte : Un document d'accompagnement au PRD. [https://remi-theriault.com/files/science\\_ouverte2023.pdf](https://remi-theriault.com/files/science_ouverte2023.pdf)
- Thériault, R.**, Masson, R., & Dandeneau, S. (in preparation). Is the Mind More Powerful Than the Heart? A Randomized Controlled Trial of Two Loving-Kindness Interventions.
- Thériault, R.**, Dandeneau, S., & Baldwin, M. (in preparation). All in a smiling face: The attentional benefits of dynamic attention training for low self-esteem individuals.
- Thériault, R.**, Landry, M., Mattuck, S., and Raz, A. (in preparation). The Rubber Hand Illusion: Does cognitive load affect EEG & electrodermal activity?
- Thériault, R.**, Corber, L., MacLean, C. W., Napoleon, J.-S., Olson, J., Turkakin, E., & Raz, A. (in preparation). Suggestion affects subjective breathlessness but not objective pulmonary function.
- Thériault, R.** (2018). *Comparing the effects of mental and embodied perspective-taking* (Master's thesis). McGill University, Montréal, Québec, Canada.
- Thériault, R.** (2016). *Exploring cognitive dimensions of body ownership* (Bachelor's thesis). McGill University, Montréal, Québec, Canada.
- Thériault, R.**, Baron, A., & Cowell, B. (2012). *Comment les activités artistiques peuvent développer l'estime de soi chez les jeunes marginalisés : une intervention en cirque social à la maison des jeunes Kekpart* (Collegial thesis). Cégep Édouard-Montpetit, Longueuil, Québec, Canada.

## Invited Talks

- Thériault, R.\***, Quilico, E.\*, Tétreault, F.\*, Labossière, S.\*, Boudreau, S.\* (2020, May 13; \*all panelists contributed equally). Workshop with the SSHRC's Storytellers finalists: an opportunity to learn about and practice the art of presenting (Atelier avec les finalistes du concours CRSH - J'ai une histoire à raconter : une occasion d'apprendre et pratiquer l'art de la présentation). Panel organized by the *Centre for Interdisciplinary Research in Rehabilitation of Greater Montreal (CRIR)*. Presentation available from: <https://youtu.be/8Vfn0jnon30?t=4288>.
- Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2019, January 15). Immersive embodiment experiences improve intergroup relations, empathy, self-other overlap, and prejudice. Online webinar for the *Student Speaker Series* of the *Student Division of the International Positive Psychology Association*. Presentation available from: <https://vimeo.com/user68157211/review/378278530/8d86f3cb33>.

- Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, October 25). Virtual-reality-based immersive embodiment experiences increase empathy, reduce prejudice. Oral presentation for the *Institute for Interdisciplinary Brain and Behavioral Science* in Orange, California.
- Thériault, R.**, & Raz, A. (2016, December 8). Diagnosing asthma across Canada: question marks... and exclamation points! Oral presentation for the *Chronic Diseases Seminar* for the *Research Center of the Hôpital Sacré-Coeur de Montréal*, QC.
- Thériault, R.** (2016, October 19). Vers un changement constructif dans les communautés autochtones : une perspective de psychologie sociale. Oral presentation for the *Wampum Center* at the *Native Friendship Center of Montreal*, QC.

## Conference Talks

- Thériault, R.**, Dion-Cliche, F., & Dandeneau, S. (2022, June 18). Fear of negative evaluation moderates the effect of social inclusion and social feedback on fundamental needs. Talk presented at the *2022 CPA Annual National Convention* in Calgary, AB.
- Thériault, R.**, Masson, R., Archambault, M., & Dandeneau, S. (2022, June 9). La méditation d'amour-bienveillant augmente-t-elle les comportements de don? Talk presented at the *22e congrès de L'Association scientifique pour la modification du comportement : Bienveillance et résilience : les visages de l'adaptation* in Montréal, QC.
- Thériault, R.**, Masson, R., Archambault, M., & Dandeneau, S. (2022, June 16-20). Does loving-kindness meditation increase giving behaviors? Talk presented at the *Tenth SELF International Conference* in Québec city, QC (virtual conference because of COVID).
- Thériault, R.** (2019, June 3). Réduire les préjugés et augmenter l'empathie via la réalité virtuelle. Talk presented at the *2019 Congress of the Humanities and Social Sciences* in Vancouver, BC.
- Thériault, R.**, Corber, L., MacLean, C. W., Napoleon, J.-S., Olson, J. A., & Raz, A. (2018, August 24). Can suggestion affect pulmonary function in children with suspected asthma? Talk presented at the *21<sup>st</sup> World Congress of Medical and Clinical Hypnosis* in Montréal, QC.
- Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., **Thériault, R.**, Krol, S., Olson, J., & Raz, A. (2018, June 5). Walking a mile in another's shoes: Can virtual reality decrease prejudice? Conference talk presented by first author at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.
- Thériault, R.**, Krol, S., & Raz, A. (2017, July 14). Investigating the effects of mental versus embodied perspective-taking on prejudice. Talk presented at the *5<sup>th</sup> World Congress on Positive Psychology* in Montréal, QC.
- Thériault, R.**, Landry, M., Mattuck, S., & Raz, A. (2017, June 2). The Rubber Hand Illusion: Does load affect EEG & electrodermal activity? Talk presented at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.
- Lifshitz, M., Sheiner, E., Olson, J., **Thériault, R.**, & Raz, A. (2016, October 6). On suggestibility and placebo. Conference talk presented by first author at the *67<sup>th</sup> meeting of the Society for Clinical and Experimental Hypnosis* in Boston, MA.

## Conference Poster Presentations

- Chabot, B., **Thériault, R.**, Doucerain, M. (2023, July 23-27). *Diversity and Immigration: How Montrealers Feel about Different Cultural Groups*. Poster session presented by first author at the *Biennial Conference of the International Academy for Intercultural Research* in Philadelphia, Pennsylvania, USA.
- Chabot, B., **Thériault, R.**, Doucerain, M. (2023, May 27). *Le sentiment des Montréalais envers différents groupes culturels*. Poster session presented by first author at the *45e congrès annuel de la société québécoise pour la recherche en psychologie* in Sherbrooke, QC.
- Masson, R., **Thériault, R.**, Archambault, M., & Dandeneau, S. (2021, July). *Can loving-kindness meditation reduce aggressivity? A randomized controlled trial*. Poster session presented by first author at the *7<sup>th</sup> World Congress on Positive Psychology* in Vancouver, BC (virtual conference because of COVID).
- Masson, R., **Thériault, R.**, Archambault, M., & Dandeneau, S. (2021, June). *Can prosocial attitudes and behaviors be positively influenced by aggression and subjective fatigue?* Poster session presented by first author at the *Canadian Psychology Association's 82<sup>nd</sup> Annual National Convention*, Ottawa, ON (virtual conference because of COVID).
- Masson, R., **Thériault, R.**, Archambault, M., & Dandeneau, S. (2021, April 28-May 7). L'agressivité et la fatigue cognitive peuvent-elles mener à de plus grands comportements d'aide et de don? Poster session presented by first author at the *88<sup>th</sup> Congress of ACFAS—l'Association francophone pour le savoir* (virtual conference because of COVID).
- Bold, J., **Thériault, R.**, Olson, J., Stain, A., Curry, D., & Raz, A. (2020, February 29). Replicating the body swap in a different sample: Preliminary data. Poster session presented by first author at the *Society for Personality and Social Psychology Annual Convention* in New Orleans, Louisiana, USA.
- Thériault, R.**, Dandeneau, S., & Baldwin, M. (2019, July 20). All in a smiling face: The attentional benefits of dynamic attention training for low self-esteem individuals. Poster session presented at the *6<sup>th</sup> World Congress on Positive Psychology* in Melbourne, Australia.
- Thériault, R.**, & Dandeneau, S. (2019, June 12). Trait self-control moderates the effects of priming mindfulness on aggressive behaviour. Poster session presented at the *Mind & Life Summer Research Institute* in Garrison, New York, USA.
- Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, June 6). Being one with diversity through perspective-taking: Mind or body to increase prosocial feelings? Poster session presented at the *Mind & Life Summer Research Institute* in Garrison, New York, USA.
- Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., **Thériault, R.**, Krol, S., Olson, J. A., & Raz, A. (2018, June 5). Walking a mile in another's shoes: Can virtual reality decrease prejudice? Poster session presented by first three authors at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.
- Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, May 24-25). Comparing two interventions to reduce prejudice and increase empathy. Poster session presented at the *4<sup>th</sup> Canadian Conference on Positive Psychology* in Toronto, ON.
- Thériault, R.**, Landry, M., Mattuck, S., & Raz, A. (2017, June 2). The Rubber Hand Illusion: Does load affect EEG & electrodermal activity? Poster session presented at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.

**Thériault, R.**, Landry, M., Mattuck, S., & Raz, A. (2017, May 12). The impact of load on electrodermal activity during the Rubber Hand Illusion. Poster session presented at the 8<sup>th</sup> Annual LDI Scientific Retreat in Montréal, QC.

Mattuck, S., **Thériault, R.**, Landry, M., & Raz, A. (2017, April 17). Exploring the influence of cognitive resources on body ownership. Poster session presented by first author at the *Psychology Undergraduate Research Day* at McGill University in Montréal, QC.

**Thériault, R.**, Landry, M., & Raz, A. (2016, April 15). Exploring the effects of cognitive load and task instructions in the Rubber Hand Illusion. Poster session presented at the *Psychology Undergraduate Research Day* at McGill University in Montréal, QC.

**Thériault, R.**, Landry, M., & Raz, A. (2016, January 19). Exploring cognitive aspects of body ownership. Poster session presented at the 6<sup>th</sup> Annual Faculty of Arts Undergraduate Research Event at McGill University in Montréal, QC.

## Blogs +

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**Thériault, R.** (2022, February 8). Publication-ready moderations with simple slopes in R [Blog post]. [https://remi-theriault.com/blog\\_moderation](https://remi-theriault.com/blog_moderation)

**Thériault, R.** (2022, February 3). Publication-ready t-tests in R [Blog post]. [https://remi-theriault.com/blog\\_t-test](https://remi-theriault.com/blog_t-test)

**Thériault, R.** (2021, March 9). Time Management: The Importance of Self-Monitoring post]. Student Ambassador Program of the Canadian Positive Psychology. <https://cppastudents.medium.com/time-management-the-importance-of-self-monitoring-c9dfff241af1>

**Thériault, R.** (2020, December 25). Quickly test linear regression assumptions [Blog]. [https://remi-theriault.com/blog\\_assumptions](https://remi-theriault.com/blog_assumptions)

**Thériault, R.** (2020, September 1). Rémi Thériault - Student Success Series [Blog post]. Student Ambassador Program of the Canadian Positive Psychology Association. <https://medium.com/cppastudents/student-success-series-with-rémi-thériault-7c15d09b98f>

**Thériault, R.** (2020, August 21). Publication-ready APA tables: from R to Word in 2 min [Blog post]. [https://remi-theriault.com/blog\\_table](https://remi-theriault.com/blog_table)

**Thériault, R.** (2020, March 27). Êtes-vous contrôle... de vous? [Blog post]. <https://medium.com/psychologie.sociale.uqam/%C3%A4tes-vous-en-contr%C3%B4le-de-vous-f5fbdf81b7eb>

**Thériault, R.** (2020, February 28). Interpolating the Inclusion of the Other in the Self [Blog post]. [https://remi-theriault.com/blog\\_circles](https://remi-theriault.com/blog_circles)

**Thériault, R.** (2019, October 14). Easy randomization in R [Blog post]. [https://remi-theriault.com/blog\\_randomize](https://remi-theriault.com/blog_randomize)

**Thériault, R.** (2019, September 12). Publication-ready scatter plots in R [Blog post]. [https://remi-theriault.com/blog\\_scatter](https://remi-theriault.com/blog_scatter)

**Thériault, R.** (2019, September 6). Publication-ready violin plots in R [Blog post]. [https://remi-theriault.com/blog\\_violin](https://remi-theriault.com/blog_violin)

**Thériault, R.** (2015, December 7). Does hypnosis improve clinical interventions? [Blog post]. <https://medium.com/@rempsysc/does-hypnosis-improve-clinical->

**Thériault, R.** (2015, April 9). The New Age Movement: Volunteer Associations, Not Markets [Blog post]. <https://medium.com/@rempsysc/the-new-age-movement-vol>

**Thériault, R.** (2015, April 9). The SOI, the Big Five traits of personality, and personal transformation [Blog post]. <https://medium.com/@rempsysc/the-soi-the-big-f>

**Thériault, R.**, April 8). L'hypothèse de continuité dans les rêves et son extension [Blog post]. <https://www.facebook.com/notes/rémi-thériault/lhypothèse-de-continuité-dans-les-rêves-et-son-extension-morale/10153830286773797>

**Thériault, R.** (2014, November 27). Critically assessing the motivational framework of Rhonda Byrne's *The Secret* [Blog]. <https://medium.com/@rempsysc/critically-assessing-the-motivational-framework-of-rhonda-byrnes-the-secret-bbd78d96127f>

**Thériault, R.** (2014, April 10). Buddhist koans: Duality of language and its transcendence [Blog post]. <https://medium.com/@rempsysc/buddhist-koans-duality-of>

**Thériault, R.** (2014, April 3). Do we really know what yoga means?: The place of spirituality in yoga research [Blog post]. <https://medium.com/rempsysc/do-we-really-know-what-yoga-means-96fc8e083411/>

**Thériault, R.** (2014, March 29). How I became intelligent: or why IQ tests may fail to awaken one's potential [Blog post]. <https://medium.com/rempsysc/how-i-became-intelligent-a95bc08c6290>

**Thériault, R.** (2014, March 23). The quest for meaning and where it originates [Blog post]. <https://medium.com/rempsysc/the-quest-for-meaning-eda73de238b8>

**Thériault, R.** (2014, March 22). Do you know your EQ?: No, I'm not talking about your intelligence quotient [Blog post]. <https://medium.com/rempsysc/do-you-know-your-eq-23beca870fc>

**Thériault, R.** (2014, January 16). Nature of reality and its inevitable simplification [Blog post]. <https://medium.com/rempsysc/nature-of-reality-e286a1587d94>

**Thériault, R.** (2012, October 10). Bilan de RIO+20: La planète n'y arrivera pas si on ne change pas de modèle! *Le MotDit : Le journal étudiant du Collège Édouard-Montpetit*, 38(3), p. 5. <https://issuu.com/motdit/docs/motdit10.10.12>

**Thériault, R.** (2012, August 30). Une folle élection: « ki cé kon vote, pq ou qs? » [pastiche]. *Le MotDit : Le journal du Collège Édouard-Montpetit*, 38(1), p. 6. <https://issuu.com/motdit/docs/motdit30.08.12>

**Thériault, R.** (2012, February 22). Réflexion sur la hausse des droits de scolarité. *Le MotDit : Le journal étudiant du Collège Édouard-Montpetit*, 37(5), p. 10.

**Thériault, R.** (2011, April 27). Expérience sur les perceptions extrasensorielles. *Le MotDit : Le journal étudiant du Collège Édouard-Montpetit*, 36(7), p. 6.

## Academic Service

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**Core team member** of *easystats* (seven members; official start date: 2022-08). The *easystats* project aims to increase the adoption of good statistical practices through open science tools, for example through a collection of R packages that provide a unifying and consistent framework around statistics. This responsibility involves writing code to improve the various R packages associated with the project and participating in the general decision-making. At this time, the *easystats* packages have collectively been downloaded over 12 millions times. Available from: <https://easystats.github.io/easystats/>



**Reviewer** for the *XXI World Congress of Medical and Clinical Hypnosis*, organized by the International Society of Hypnosis and the Société Québécoise d'Hypnose, August 22-25, 2018, Montréal.

**Reviewer** for scientific journals (total of 11): *Group Processes and Intergroup Relations* (1), *Psychology of Consciousness: Theory, Research, and Practice* (7), *International Journal of Mental Health Promotion* (1), *Scientific Reports* (1), *Journal of Statistical Software* (1). See the "Peer Review" tab (and purple "Open dashboard" button on the right) at: <https://www.webofscience.com/wos/author/record/AAC-6100-2022>

## Peer Review Metrics

**10**

Verified Peer  
Reviews  
Median: 4  
74th percentile

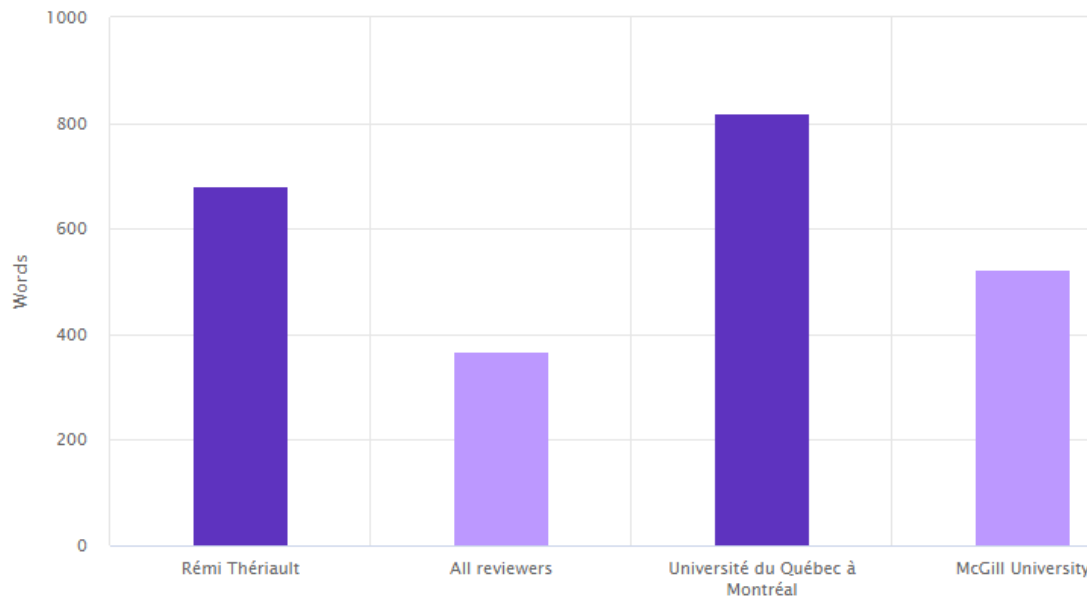
**9**

Verified Peer  
Reviews (Last 12  
Months)  
Median: 1  
94th percentile

**1.3:1**

Peer Review to  
Publication Ratio  
Median: 0.3:1

## Average Review Length



## Media Coverage

**Thériault, R.** (2023, August 28). Pour une positivité responsable et bienveillante [Opinion letter]. *Le Devoir*. Retrieved from: <https://www.ledevoir.com/opinion/idees/796952/serie-l-ete-c-est-fait-pour-penser-pour-une-positivite-responsable-et-bienveillante>

Serafin, P. (2023, May 03). CHOQ.ca rencontre les Lauréat.es du Prix du mérite 2023. *Radio CHOQ.ca*. Retrieved from: <https://www.choq.ca/reportages/choq-ca-rencontre-les-laureat-es-du-prix-du-merite-2023>

Jewell, L. (2022, June 23). Member Spotlight: Rémi Thériault. Interview organized by the *Canadian Positive Psychology Association* and conducted by the CPPA President, Louisa Jewell. Retrieved from: <https://youtu.be/3H38-k-L7W0>

Paré, C. (2022, June). Page Jeune chercheur étoile: Rémi Thériault ("La réalité virtuelle au service de l'empathie"). *Magazine Curium*, 55. <https://curiummag.com/magazine/juin-2022-reinventer-le-voyage/>

Néron, M. (2022, May 7). Êtes-vous courtois dans la rue? [Guest expert]. *Ici Radio-Canada*. Retrieved from: <https://ici.radio-canada.ca/ohdio/premiere/emissions/genre-humain/episodes/625907/ratrapage-du-samedi-7-mai-2022>

Perreault, É. & Néron, M. (2022, March 24). Marie Gendron : Altruisme extrême : donner son rein à un inconnu... de son vivant [Guest expert]. *L'avenir nous appartient*. Télé-Québec. Retrieved from: <https://lavenirnousappartient.telequebec.tv/emissions/333127/lavenir-appartient-a-michel-jean-et-65381/marie-gendron-altruisme-extreme-donner-son-rein-a-un-inconnu-de-son-vivant>

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Guillemette, M. (2021, September 1). Dans la peau d'une personne noire: La réalité virtuelle peut-elle réduire les préjugés raciaux? [Featured research] *Québec Science*. Retrieved from: <https://www.quebecscience.qc.ca/societe/personne-noire-realite-virtuelle/>

Morin, I. (2020, May 29). Un peu de courtoisie [Guest expert]. *La Presse*. Retrieved from: <https://www.lapresse.ca/societe/2020-05-29/un-peu-de-courtoisie>

Morin, I. (2020, May 29). Vivre ensemble au temps de la COVID-19 [Guest expert]. *La Presse*. Retrieved from: <https://www.lapresse.ca/societe/2020-05-29/vivre-ensemble-au-temps-de-la-covid-19>

Bourderon, C. and Laliberté, J.-S. (Producers), & Robitaille, É. (Host). (2018, December 7). Avez-vous des limites? *On est tous des humains* [Broadcast interview – panel guest]. Retrieved from: <https://canal.m.vuesetvoix.com/avez-vous-des-limites/>

Bourderon, C. and Bolduc, M. (Producers), & Robitaille, É. (Host). (2018, October 19). Êtes-vous altruiste? *On est tous des humains* [Broadcast interview – panel

guest]. Retrieved from: <https://canal.m.vuesetvoix.com/etes-vous-altruiste/>

LaRoche, G. (Producer and host). (2018, August 21). Episode 10 - Student conversation ft. Rémi. *The Happiness Legacy Podcast* [Audio podcast guest]. Retrieved from: <https://thehappinesslegacy.com/podcast>

Guy, L.-P. (Producer and host). (2012, February 1). Échange sur la relève en économie sociale et l'action communautaire [Broadcast interview – panel guest]. *FM 103,3 – La radio allumée.* ”

## Other Research Experience

### RESEARCH ASSISTANT, AMIR RAZ COGNITIVE NEUROSCIENCE LABORATORY (2013/09–2016/09)

#### Sensory Deprivation, Consciousness, and Dissociation

*Raz Lab*

McGILL UNIVERSITY

2014/09-2016/09

- Conceived research designs & formulated hypotheses
- Performed various administrative tasks related to the sensory deprivation unit (shopping, maintenance, risks, authorizations, etc.)

#### Administrative Assistantship

*Raz Lab*

McGILL UNIVERSITY

2013/09-2016/09

- Worked on the WordPress website (razlab.org) & managed servers
- Edited videos and photos
- Performed various investigations on different topics for PI

#### Posture and Human Resting-State (EEG, MEG)

*Raz Lab*

McGILL UNIVERSITY

2015/05-07

- Performed various tasks (including statistical analyses) on Brainstorm, Matlab, and Photoshop

#### Chronic Hives and the Effect of Cognitive Treatment in Kids and Adults

*Raz Lab*

McGILL UNIVERSITY

2014/01-09

- Recruited and managed participants' appointments

#### Attention Training in Health and Disease

*Raz Lab*

McGILL UNIVERSITY

2014/05-08

- Trained children's attention with video games (data collection)

## Leadership Experience

### Canadian Positive Psychology Association (CPPA)

*Montréal, Québec*

LEAD STUDENT AMBASSADOR & CO-FOUNDER, STUDENT AMBASSADOR PROGRAM

2019/09 – 2022/12

- As lead, manage about 70 other Student Ambassadors for various projects (blog, webinar, logo, Instagram, etc.)
- Editor-in-Chief for the blog project. Reviewed/supervised the publication of more than 20 blogs (see <https://medium.com/@cppastudents>)
- Weekly Core Team (board) meetings, monthly meetings for each project
- Organize and host webinars periodically, various involvement in other projects

### Regroupement québécois de psychologie positive

*Montréal, Québec*

MEMBER OF THINK-TANK FOR THE FUTURE OF POSITIVE PSYCHOLOGY IN QUÉBEC

2016/04 – 2022/12

- Participate to group meetings, discussions, debates, vision, and orientations
- Part of a) research, b) clinical, c) student, and d) English community committees
- Contribute to advertisement and goals of the group through public outreach, document preparation, help with organization of conference, and presentations to student associations to foster collaborations
- Lead development of freshly formed student division

### Département de psychologie (Université du Québec à Montréal)

*Montréal, Québec*

YOGA & MEDITATION STUDENT COMMITTEE LEAD

2019/01 – 2022-12

- Organize affordable weekly yoga sessions for psychology students on campus (Winter 2022)
- Wrote and successfully obtained 2 grants for the project (first: \$1,697.85; second: \$500)
- Organized and guided weekly meditations for psychology students on campus (Winter 2019)
- Project objective is to improve student mental health with evidence-based mind-body exercises

### International Positive Psychology Association (IPPA)

*Montréal, Québec*

REGIONAL REPRESENTATIVE (FOR THE PROVINCE OF QUÉBEC) OF THE STUDENT DIVISION (SIPPA)

2017/12 – 2022/12

- Connect local members to IPPA's Student Division
- Monthly meetings and brainstorming with Representatives and SIPPA Executive Team
- Created an interactive map of locations of all representatives across the globe for the website
- Contribution to SIPPA newsletter

## Permacultive ta Ville

CO-FOUNDER

- Co-managed a community garden in Boucherville (summer 2014)
- Led presentations and promoted urban permaculture, co-managing Facebook page

Montérégie

2012/11 – 2016/08

## SOI (Sagesse, Ouverture, Intégrité)

FOUNDING PRESIDENT

- Led the executive administrative board (6 people); managed budget (about \$700/year); promoted well-being, happiness, and health, and led activities based on psychological principles

Cégep Édouard-Montpetit

2010/09 – 2012/09

## Shaved Head Challenge

CO-SPOKESPERSON (2009), PARTICIPANT (2011, 2015)

- Shaved and gave my hair, plus collected a total of \$1456 (2011 & 2015) in the community for Leucan
- 2009: Represented Leucan and the Challenge for the Montérégie region

Montérégie/Montréal

2009/04-10, 2011/06, 2015/05

## McGill University Leadership Training Program

TRAINEE

- Completed the Leadership Skills Development Workshop series

Montérégie/Montréal

2012/09 – 2013/04

## Institut du Nouveau Monde & Forum Jeunesse Longueuil

MAIN ORGANIZER

- Organized electoral debate for the provincial elections, communications & setup

Cégep Édouard-Montpetit

2012/09 – 2013/04

## Société Québécoise de Psilogie

VOLUNTEER

- Scanned all past issues of Le Lien Psi, the organization's journal, and distributed it on CDs

Montréal

2011/03-2012/07

## Groupe d'Économie Solidaire du Québec (GESQ)

MEMBER OF THE YOUTH DELEGATION

- Participated in the United Nations Conference on Sustainable Development

Rio de Janeiro, Brazil

2012/06

## SIRIUS International Cooperation Internship

INTERN

- Taught children academic topics, painted school, & worked in indigenous cocoa plantation

Quito & Santo Domingo, Ecuador

2012/01

## VOX POPULI Political Institutions Internship

INTERN

- Visited various democratic institutions of the government, met with politicians & wrote a final report

Québec City

2011/03

## Varia

### PROFESSIONAL AFFILIATIONS

INSTITUT DES SCIENCES COGNITIVES (UQAM)  
INTERNATIONAL POSITIVE PSYCHOLOGY ASSOCIATION  
CANADIAN POSITIVE PSYCHOLOGY ASSOCIATION

2021/01 – Present

2016/09 – Present

2015/09 – Present

### RESEARCH INTERESTS

Positive & moral psychology, contemplative practices, Theory of Mind, empathy, self-regulatory strength, Self-Determination Theory, bodily self-consciousness

### TECHNICAL SKILLS

R, Rstudio, Rmarkdown, Shiny, GitHub, Inquisit, Wowchemy, Netlify, SPSS, Qualtrics, Survey Monkey, LimeSurvey, Inkscape

### LANGUAGES

French (native), English (fluent)

### ACTIVITIES AND INTERESTS

Martial arts, breakdancing, skateboarding, gymnastics, bouldering

## Credit

This [100% reproducible CV \(with instructions\)](#) was made using the [vitae](#) package in R, and a great deal of inspiration from [Dominique Makowski's template](#).