

Shopping at the Market: Everyday Dialogues [B1]

Passeggiamo nel frenetico Borough Market alla ricerca di ingredienti freschi e deliziosi. Ecco come scegliere i migliori prodotti del mercato più vivace di Londra.



Gloria: I love doing my **grocery shopping** at the market. **Malcom:** Me, too! And Borough Market is my favourite. **Gloria:** So what's on your list? I need meat, fish and vegetables. **Malcolm:** Fruit and **veg** for me. And perhaps a **ready meal or two**. **Gloria:** OK, let's start at the **fishmonger's**. I'm a **regular** here. **Malcom:** Oh, those [plaice](#) are a **bargain**! I'll get a couple, too. **Gloria:** Right, what's next? Ah, there's a good fruit & veg [stall](#). Let's see, I need **3lbs** of potatoes and some carrots, broccoli and onions. **Malcolm:** I'll get some tomatoes and [lettuce](#) for tonight's salad. And some of those lovely strawberries. **Gloria:** Excellent! I just need [to pick up](#) a couple of [steaks](#) at the **butcher's** and then **I'm done**. **Malcolm:** Right. Let's go to Borough Market Kitchen for some **street food**. You can get some to **take away**, too. **Gloria:** Good idea. I'll show you the best place in town for tacos! **Malcolm:** Great, **lead the way**!

NOW LET'S REVIEW THE VOCABULARY!

Grocery shopping refers to shopping for food. Veg is [short for](#) 'vegetables'. A **ready meal** is a pre-cooked meal that only needs to be [heated](#). A **fishmonger** is someone who sells fish. The apostrophe refers to the [retail outlet](#), which is not usually mentioned: "I'm going to the fishmonger's (store or [stall](#))". Similar examples are 'the butcher's', 'the [baker's](#)', 'the [greengrocer's](#)', 'the [chemist's](#)', 'the [newsagent's](#)', etc. Used in this way, a **regular** is a frequent [customer](#). A **bargain** is an item at a lower price than usual. **3lbs** is equivalent to 1.37kg. 'lbs' is the abbreviation of 'pounds'. A **butcher** is someone who cuts and sells meat. **I'm done** means "I am finished". Food and drink sold by vendors in a public place is called **street food**. At some places, you can choose to 'eat in' or **take away** the food ('take out' in the US). 'Take-away' is also used as an adjective, e.g. 'a take-away meal'. **Lead the way** is a common phrase used to invite someone to go first, to show others where to go.

Glossary

- **retail outlet** = punto vendita
- **greengrocer's** = fruttivendolo
- **chemist's** = farmacia
- **newsagent's** = edicola
- **lettuce** = lattuga
- **stall** = banco
- **to pick up** = prendere
- **steaks** = bistecche
- **short for** = abbreviazione
- **heated** = riscaldare
- **baker's** = fornaio
- **customer** = cliente
- **plaice** = platessa