

# Digital Addiction: Everyday Dialogues [A2]

Trascorri troppo tempo davanti allo schermo? Fai attenzione alle tensioni che si possono scatenare ...

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**Lisa:** Are you still on your phone? We were supposed to leave half an hour ago! **Tom:** Oh, sorry, I lost track of the time. **Lisa:** You know you waste hours on that thing. What is it now, social media? Online shopping? **Tom:** Hey, leave me alone! I'm not that bad! **Lisa:** Not that bad?!? You're always staring at that screen from the moment you wake up! **Tom:** Perhaps I do spend a little too much time on it, but it's not like it's a problem. **Lisa:** But it is! You're an addict! **Tom:** Oh, come on! That's not fair. You're blowing it out of proportion. **Lisa:** OK, let's see, shall we? Did we get the cinema too late to see the film yesterday? Did we go overdrawn last month because of an online order you forgot about? **Tom:** Perhaps, but that doesn't mean I'm addicted. **Lisa:** Prove it, then! Put down that phone right now. **Tom:** I will! As soon as I've finished my comment on this post.

## NOW LET'S REVIEW THE VOCABULARY!

**To lose track of time** means to forget how much time has passed, usually by being distracted. In this context, **that thing** is a disparaging term for mobile phone. You can use 'thing' to refer to a specific object being discussed.

**Leave me alone!** is a common exclamation used when someone is bothering or harassing you. You can also say, "Leave me in peace!" or "Stop bothering me!" **It's not like** followed by a clause, is a popular way of saying that something is not true, by comparing it with something worse. **Come on!** is an expression used to indicate indignation, disagreement or anger. **Fair** means 'just' or 'reasonable'. When you make something sound more serious or important than it is, you **blow it out of proportion**. When more money has been taken out of a bank account than it contains, the account becomes **overdrawn**.

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# Glossary

- **clause** = clausola, proposizione
- **waste** = sprecare
- **staring** = fissare (con lo sguardo)
- **order** = ordine
- **Put down** = to put down
- **shall we** = lo facciamo?
- **disparaging** = denigratorio
- **is bothering** = infastidire
- **harassing** = molestare