42nd ANNUAL

Saturday, July 11, 2020

Great Wyoming Buffalo Stampede 5K & 10K



7:30 A.M.

The Best Little Race in America

| Place: | Wyoming Park on Third Street in Wyoming, DE (The park will be on your right). Registration opens at |
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| | 6:30 A.M. Please park along the railroad tracks and walk to the park. Do not park at Hall's |

Restaurant.

<u>Course:</u> 5K/10K, USATF CERTIFIED course on mostly paved country roads through orchards and scenic

countryside. "Kiddie Race" before Stampede.

Registration: Early Bird Price: 5K \$25 & 10K \$30 until July 4, 2020; otherwise 5K \$30 and 10K \$35 after and day of.

Online registration available until July 9th. Race day registration will be available. Make checks payable to: DDSR, P.O. Box 1379, Dover, Delaware 19903-1379. For more information, please email buffalostampederace@yahoo.com. Online registration available at DDSR.org. Rain or Shine and no

refunds or deferrals.

Packet Pickup: Friday, July 10th, at the Wyoming Tavern from 6-8:00 P.M. Military Discount of \$20, show ID (discount

applied at packet pickup only). Come out early to avoid the race day lines!

Awards: \$100 cash prize for new 10K or 5K Run course record. Our famous hand-carved buffalo awards go

to 1st, 2nd, and 3rd place male & female runners in 5-year age groups, starting at 9 & under through 80 & over. 5K walk awards for the top 5 male & female finishers. **All awards are final and will not be mailed to winners. Records**: 10K male-30:32 Frank Sharkey (1983); 10K female-35:29 Nadine Marks (2000); 5K male-15:25 Mark Stalling (2003); 5K female-17:12 Kate Fonshell (1992). Awards

presentation will take place after the last 5K/10K finisher.

Swag: Tech shirt and timing chip; Post-race party at Brown's Tavern in Wyoming (the birthplace of the

event) with sodas, water, and beer (ID required), and music. Food available at a nominal cost.

Please consider bringing a folding chair to relax and unwind at the post-race party.

We strongly discourage unofficial entrants (bandits) from competing in our race. Bandits consume

scarce resources and can delay or inhibit accurate race results. Unregistered runners, running with dogs and strollers, rollerblading, riding a bicycle, and the wearing of headphones are prohibited on the race course at any time, to ensure runner safety and to comply with liability insurance standards.

E-mail <u>buffalostampederace@yahoo.com</u> with requests for special accommodations.

About DDSR: A group of runners and cyclists, of all abilities, in Kent County, Delaware. The Buffalo Stampede benefits the DDSR Memorial Scholarship for Kent County High School Students. See below if you wish to donate to the

DDSR Memorial Scholarships Fund.

______ ENTRY FORM ______

WAIVER AND RELEASE OF LIABILITY: I know that running/walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with running/walking this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, extreme cold, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry to participate in the Great Wyoming Buffalo Stampede 5K/10K/ Run/Walk, I, for myself and anyone entitled to act on my behalf, waive and release the Downstate Delaware Striders and Riders, the Town of Wyoming, the State of Delaware, all volunteers, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby give my permission to the event organizers and sponsors to use my name and/or picture in any publication, broadcast, telecast or other account of this event without limitation or obligation of further compensation thereof. No refunds will be issued. By signing this waiver and release I certify that I fully understand its significance.

| Age Day of Race | Sex: | М | F | | T-shirt Size: | S | М | L | XL | | |
|------------------------------------|---------|---|-----------|--|---------------|----|-----|-----|------|--|--|
| Print Name: | | | | | _Email: | | | | | | |
| Address: | | | | | | | | | | | |
| Street or P.O. Box | | | City | | State | | | Zip | | | |
| DDSR Scholarship Donations: | _\$10 _ | 10\$25\$50\$ 100 (registration fee waived) Other \$ | | | | | | | | | |
| Phone: () | PI | eas | e Circle: | | 10K Run | 5K | Run | 5K | Walk | | |
| Emergency Contact Name and Number: | | | | | | | | | | | |
| Signature: | | | | | | | | | | | |