Aviara Pullover

by Irina Anikeeva





Sizes

Women's XS (S, M, L, XL, 2XL, 3XL): to fit bust 28/30 (32/34, 36/38, 40/42, 44/46, 48/50, 52/54)"/71/76 (81/86, 91/97, 102/107, 112/117, 122/127, 132/137) cm.

Finished Measurements

35 (37½, 39, 43, 47, 50¼, 53½)"/89 (96, 99, 109, 120, 128, 136) cm bust circumference.

Shown in size M (39"/99 cm) on 37"/94 cm bust with 2"/5 cm of positive ease.

Yarn

Sport weight yarn (approximate amounts): 1075 (1186, 1250, 1350, 1488, 1552, 1648) yards/983 (1084, 1143, 1234, 1361, 1419, 1507) m.

The Plucky Knitter Traveler Sport (65% Extra Fine Merino, 20% Mulberry Silk, 15% Yak; 325 yds/100 g): Crumpet - 4 (4, 4, 5, 5, 5, 6) skeins.

Needles

Size US 4/3.5 mm: 32"/80 cm circular and 16"/40 cm circular

Double-pointed needles of same size. Adjust needle size if necessary to obtain the correct gauge.

Notions

Markers, cable needle, tapestry needle, waste yarn or stitch holders.

Gauge

24 sts and 38 rows = 4"/10 cm in Stockinette stitch on size US 4/3.5 mm needle, after blocking.
28 sts and 38 rows = 4"/10 cm in Cable pattern on size US 4/3.5 mm needle, after blocking.

Stitch guide

Reverse stockinette stitch (Reverse St st): RS rows and all rounds: Purl all stitches. WS rows: Knit all stitches.

Notes

- This pullover is worked in the round from bottom up to underarms. The upper body is worked back and forth in rows; shoulders are seamed using 3-needle BO technique (see Special Technique, page 5).
- Stitches for the sleeves are picked up along the armhole and sleeves are worked in the round from the top down.
- German short-rows are used for shoulder shaping (see Special Technique, page 5). Knitters also could use any other short-row method of their choice.
- Alternate skeins of yarn every two rows to blend the hand-dyed yarn.

Glossary

1/1 RT	(Right side twisted cable over 2 stitches): Slip next stitch onto a cable needle and hold at back of work, knit 1 through back loop from left needle, then knit 1 through back loop from cable needle	P2TOG	Purl 2 stitches together – 1 stitch decreased
		Pm	Place marker
ВО	Bind off	RS	Right Side
CN	Cable needle	SI m	Slip marker
СО	Cast on	SSK	Slip 1 stitch knitwise, slip 1 stitch knitwise, return 2 slipped stitches back to left needle
K	Knit		and knit them through back loops – 1 stitch decreased
K2TOG	Knit 2 stitches together – 1 stitch decreased	St(s)	Stitch(es)
M	Marker		
M1P	(Make one purl): with left-hand needle tip, pick up the thread between stitches from front to back. Purl lifted loop	Tbl	Through back loop
	through the back loop	WS	Wrong Side
Р	Purl		

Directions

BODY

With 32" circular needle, CO 260 (276, 284, 316, 340, 364, 388) sts. Join in round, pm for beginning of the round (BOR).

Ribbing Round 1: * P1, [k1tbl, p1] 9 (11, 12, 9, 12, 8, 11) times, k1tbl, p2, pm, repeat row 1 of 28-st repetition of Chart 1 three (3, 3, 4, 4, 5, 5) times, pm, k1tbl, k1tbl, p2, k1tbl, [p1, k1tbl] 9 (11, 12, 9, 12, 8, 11) times, p1 *, place side m; work from * to * once more.

Ribbing Round 2: * P1, [k1tbl, p1] 9 (11, 12, 9, 12, 8, 11) times, k1tbl, p2, sl m, repeat row 2 of 28-st repetition of Chart 1 another 3 (3, 3, 4, 4, 5, 5) times, sl m, 1/1 RT, p2, k1tbl, [p1, k1tbl] 9 (11, 12, 9, 12, 8, 11) times, p1; repeat from * once more.

Ribbing Rounds 3 – 12: Repeat Ribbing Rounds 1 and 2 5 more times, slipping markers and alternating Rows 1 &2 of Chart 1.

Ribbing Round 13: Repeat Ribbing Round 1, working Row 3 of Chart 1.

Ribbing Round 14: Repeat Ribbing Round 1, working Row 4 of Chart 1.

Work in established pattern, working rows 5-7 of Chart 1.

Pattern Set Up Round 1: * [P1, k1tbl] 2 times, p15 (19, 21, 15, 21, 13, 19), pm, work row 1 of Chart 2 over 92 (92, 92, 120, 120, 148, 148) sts, working 28-st repetition 3 (3, 3, 4, 4, 5, 5) times, pm, p15 (19, 21, 15, 21, 13, 19), [k1tbl, p1] 2 times; repeat from * once more.

Pattern Set Up Round 2: * [P1, k1tbl] 2 times, p15 (19, 21, 15, 21, 13, 19), sl m, work row 2 of Chart 2 over 92 (92, 92, 120, 120, 148, 148) sts, working 28-st repetition 3 (3, 3, 4, 4, 5, 5) times, sl m, p15 (19, 21, 15, 21, 13, 19), [k1tbl, p1] 2 times; repeat from * once more.

Continue working in established pattern through row 12 of Chart 2, slipping markers.

Decrease Round: * [P1, k1tbl] 2 times, p2tog, work in pattern to 6 sts before side m, p2tog, [k1tbl, p1] 2 times; repeat from * one more time. [4 sts decreased]

Continue working in Chart 2, repeat Decrease Round 5 (5, 5, 5, 5, 4, 5) **more** times in every 12th row – 236 (252, 260, 292, 316, 344, 364) sts.

Work in pattern until piece measures 13¾ (13¾, 14¼, 14¼, 14¾, 15¼, 15¼, 15¼)"/35 (35, 36, 36, 38, 39, 39) cm from CO edge, ending with an odd-numbered row.

Next Round: * Work Row 1 of Chart 3A over 10 sts, pm, work in pattern to 10 sts before side m, pm, work row 1 of Chart 3B over 10 sts; repeat from * one more time.

Next Round: * Work Row 2 of Chart 3A over 10 sts, sl m, work in pattern to 10 sts before side m, sl m, work row 2 of Chart 3B over 10 sts, slip side m; repeat from * one more time.

Continue to work in pattern as established for 4 more Rounds, ending with Row 6 of Charts 3A and 3B.

Next Round: P7, k1tbl, p1, k1tbl, s1 m, work in pattern to 10 sts before side m, s1 m, k1tbl, p1, k1tbl, p7, s1 side m, P7, k1tbl, p1, k1tbl, s1 m, work in pattern to 10 sts before BOR, s1 m, k1tbl, p1, k1tbl, p1, BO 12 sts, removing BOR, work front sts in pattern as established to 6 sts before side m, place 106 (114, 118, 134, 146, 160, 170) just worked Front sts on stitch holder, BO 12 sts, removing side m, work in pattern to end.

Make a note of last Chart Row worked.

BACK

Continue to work back and forth on 106 (114, 118, 134, 146, 160, 170) Back sts, starting with WS row. Work in pattern even for 7 (7, 1, 1, 1, 5, 5) row(s).

Increase Row (RS): [P1, k1tbl] 2 times, M1P, work in pattern to last 4 sts, M1P, [k1tbl, p1] 2 times. [2 sts increased]

Work 5 (5, 7, 7, 7, 7, 7) rows even. Repeat Increase Row once more.

Work last 6 (6, 8, 8, 8, 8, 8) rows 6 **more** times. [122 (130, 134, 150, 162, 176, 186) sts]

Work another 3 rows in pattern.

Shape shoulders

Short-Row 1 (RS): Work in pattern to last 5 (5, 5, 6, 7, 8, 8) sts, turn.

Short-Row 2 (WS): Make double st, work in pattern to last 5 (5, 5, 6, 7, 8, 8) sts, turn.

Short-Row 3 (RS): Make double st, work in pattern to 5 (5, 5, 6, 7, 8, 8) sts before gap, turn.

Short-Row 4 (WS): Make double st, work in pattern to 5 (5, 5, 6, 7, 8, 8) sts before gap, turn.

Repeat last 2 rows 3 more times.

Next Row (RS): Make double st, work all sts in pattern to end, working double sts as single st.

Next Row (WS): Work all sts in pattern to end, working double sts as single st.

Next Row (RS): Work 32 (34, 34, 40, 44, 50, 54) sts in pattern, place just worked sts on holder, BO next 58 (62, 66, 70, 74, 76, 78) sts, work last 32 (34, 34, 40, 44, 50, 54) sts in pattern and place them on holder.

FRONT

Join the yarn at WS and continue to work back and forth on 106 (114, 118, 134, 146, 160, 170) Front sts.

Work in pattern even for 7 (7, 1, 1, 1, 3, 3) row(s), starting with WS row.

Increase Row (RS): [P1, k1tbl] 2 times, M1P, work in pattern to last 4 sts, M1P, [k1tbl, p1] 2 times. [2 sts increased]

Work 5 (5, 7, 7, 7, 7, 7) rows even in pattern. Repeat Increase Row.

Work last 6 (6, 8, 8, 8, 8, 8) rows 4 **more** times. [118 (126, 130, 146, 158, 172, 182) sts]
Work 1 WS row.

Next Row (RS): Work in pattern 34 (36, 36, 42, 46, 52, 56) sts, place just worked sts on holder for Left front, BO next 50 (54, 58, 62, 66, 68, 70) sts, work in pattern 34 (36, 36, 42, 46, 52, 56) Right front sts.

Right front

Work 1 WS row in pattern on 34 (36, 36, 42, 46, 52, 56) Right front sts.

Next Row (RS): BO 4 sts, work in pattern to end, [30 (32, 32, 38, 42, 48, 52) sts]

Work 1 (1, 3, 3, 3, 3, 3) rows even in pattern.

Increase Row (RS): Work in pattern to last 4 sts, M1P, work in pattern to end. [1 st increased]

Work 5 (5, 7, 7, 7, 7, 7) rows even in pattern. Repeat Increase Row one **more** time. [32 (34, 34, 40, 44, 50, 54) sts]

Work 3 more rows in pattern.

Note: Do not cross cables if there are not enough stitches.

Shape shoulder

Short-Row 1 (RS): Work in pattern to last 5 (5, 5, 6, 7, 8, 8)sts, turn.

Short-Row 2 (WS): Make double st, work in pattern to neck opening.

Short-Row 3 (RS): Work in pattern to 5 (5, 5, 6, 7, 8, 8) sts before gap, turn.

Short-Row 4 (WS): Make double st, work in pattern to neck opening.

Repeat last 2 rows 3 more times.

Next Row (RS): Work 32 (34, 34, 40, 44, 50, 54) Right front sts in pattern, working double sts as single st.

Work 2 rows on Right front sts in pattern and place them on holder, leaving tail long enough for 3-Needle BO (see Special Techniques, page 5).

Left front

Next Row (WS): Join yarn at left side neck opening and work in pattern on 34 (36, 36, 42, 46, 52, 56) Left front sts.

Next Row (RS): Work in pattern to end.

Next Row (WS): BO 4 sts, work in pattern to end. [30 (32, 32, 38, 42, 48, 52) sts]

Work 0 (0, 2, 2, 2, 2) rows even in pattern.

Increase Row (RS): [P1, k1tbl] 2 times, M1P, work to neck opening – 1 st increased.

Work 5 (5, 7, 7, 7, 7) rows even in pattern.

Repeat Increase Row one more time. [32 (34, 34, 40, 44, 50, 54) sts]

Work another 4 rows in pattern.

Shape shoulder

Short-Row 1 (WS): Work in pattern to last 5 (5, 5, 6, 7, 8, 8) sts, turn.

Short-Row 2 (RS): Make double st, work in pattern to neck opening.

Short-Row 3 (WS): Work in pattern to 5 (5, 5, 6, 7, 8, 8) sts before gap, turn.

Short-Row 4 (RS): Make double st, work in pattern to neck opening.

Repeat last 2 rows 3 more times.

Next row (WS): Work 32 (34, 34, 40, 44, 50, 54) sts in pattern, working double sts as single st.

Work one RS row in pattern and place just worked sts on holder, leaving tail long enough for 3-Needle BO.

Put Front and Back together at shoulders, right sides together with WS facing out and use 3-Needle BO to join them.

SLEEVES

With 16"/40 cm circular needle and RS facing, beginning at center of underarm, pick up and knit 6 sts along underarm, 37 (37, 39, 42, 42, 44, 44) sts along armhole edge to shoulder seam, 37 (37, 39, 42, 42, 44, 44) sts along armhole edge to underarm, and 6 sts along underarm. [86 (86, 90, 96, 96, 100, 100) sts total] Pm and join in the round.

Knit even for 4 rounds.

Decrease Round: K1, K2TOG, knit to last 3 sts, SSK, k1 – 2 sts decreased.

Repeat Decrease Round every 2nd Round 4 (4, 5, 5, 4, 5, 5) **more** times, then every 4th Round 10 (10, 8, 11, 10, 10, 10) **more** times, then every 6th Round 4 **more** times. [48 (48, 54, 54, 58, 60, 60) sts]
Change to double-pointed needles when necessary.

Work in k1tbl, p1 ribbing for 6 rows. BO all sts in pattern.

FINISHING

With RS facing and 16"/40 cm circular needle, beginning at left shoulder seam, pick up and knit 82 (86, 90, 94, 98, 102, 106) sts evenly across the front neck opening and 54 (58, 62, 66, 70, 72, 74) sts along back neck. [136 (144, 152, 160, 168, 174, 180) sts]

Work in k1tbl, p1 ribbing for 6 rows. BO all sts in pattern.

Weave in ends, block to measurements.

Special Techniques

3-Needle Bind-off method

With the wrong side of each knitted piece facing out, and the needles parallel, slip a third (working) needle into the first stitch on each of the two needles.

Wrap yarn around working needle as if to knit, and pull a loop through. Allow the first stitch from each of the parallel needles to fall from the needles.

*Knit together the new first stitch on both parallel needles in the same way as above.

There will be two stitches on the working needle. Using one of the two parallel needles, pass the first stitch on the working needle over the second stitch and off the needle as you normally would when binding off. Repeat from * until only one stitch remains on the working needle.

Break yarn and pull the tail through the last stitch to fasten off.

German Short-Rows

Work to the stitch specified in your pattern. Turn the work so the wrong side is facing.

With yarn in front, slip 1 stitch purlwise from left needle to right needle. Pull yarn to back of work over needle until both legs of st in row below are on top of needle, creating a "double stitch" on both sides of needle. Continue to work in pattern as established. When working the double stitch, work it as a single stitch.

Chart 1

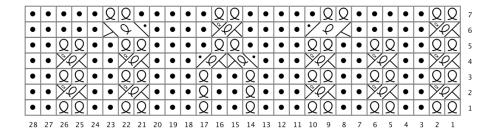


Chart 2

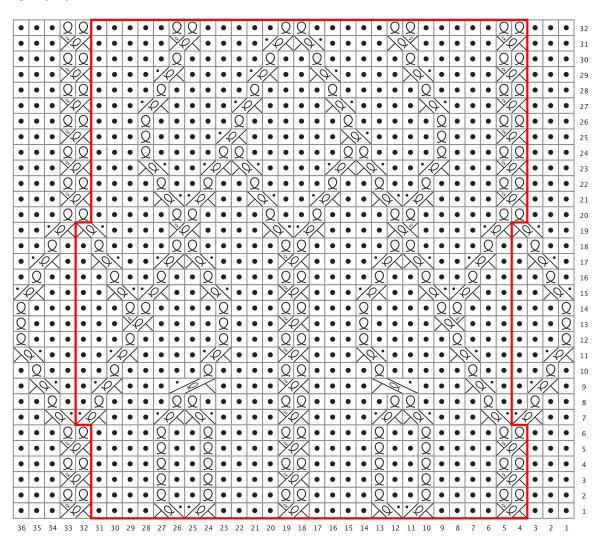


Chart 3A

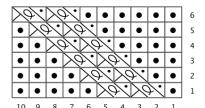
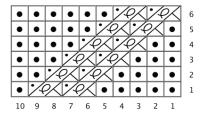


Chart 3B



Legend

• P: Purl stitch on RS rows and all rounds; knit stitch on WS

K1 tbl: Knit stitch through back loop on RS rows and all rounds P1 tbl: Purl stitch through back loop on WS

1/1 RT: Slip 1 stitch to CN, hold in back, k1 tbl, k1 tbl from CN

1/1 LT: Slip 1 stitch to CN, hold in front, k1 tbl, k1 tbl from CN

1/1 RPT: Slip 1 stitch to CN, hold in back, k1tbl, p1 from CN

1/1 LPT: Slip 1 stitch to CN, hold in front, p1, k1tbl from CN

1/2 RPT: Slip 2 stitches to CN, hold in back, k1tbl, p2 from CN

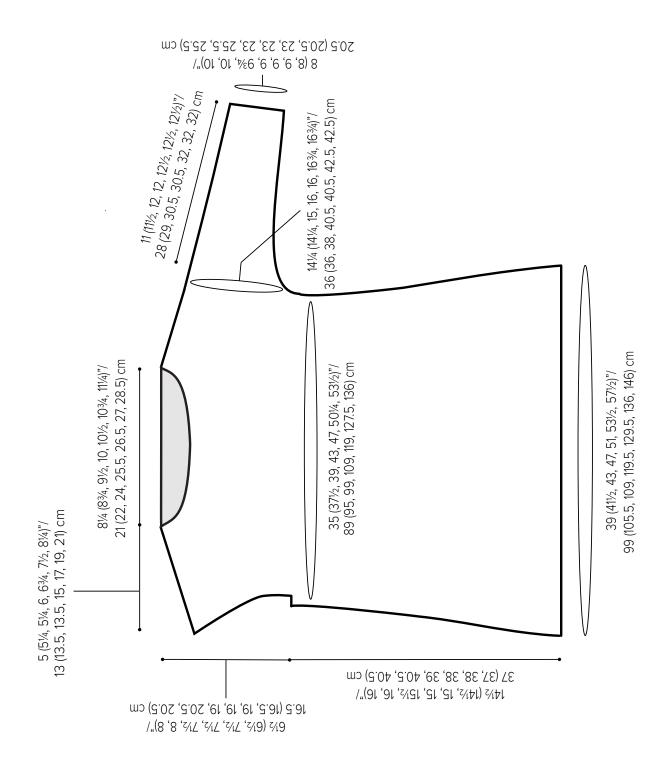
1/2 LPT: Slip 1 stitch to CN, hold in front, p2, k1tbl from CN

2/1 RPT: Slip 1 stitch to CN, hold in back, [k1 tbl] 2 times, p1 from CN

2/1 LPT: Slip 2 stitches to CN, hold in front, p1, [k1 tbl] 2 times from CN

28-st Pattern repeat

Note: Please pay close attention working rows 9, 13, 25 and 31 of Chart 2. In some cable crossings knit stitches are worked over purl stitches from previous row and vice versa.



For comments or questions regarding this pattern, please contact me at irmiandesign@gmail.com
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