# tags:

- Machine Learning
- Hands on ML book

# **Chapter 4 - Hands on**

- This chapter dives into how machine learning models work under the hood. It covers:
  - Linear Regression using closed-form solutions and Gradient Descent (plus its variants).
  - Polynomial Regression, overfitting, and how to prevent it with learning curves and regularization.
  - Logistic and Softmax Regression for classification tasks.

# **Linear Regression**

- What is Linear Regression?
  - It's a model that predicts an output by computing a weighted sum of input features, plus a bias (intercept).
  - The general form is:

$$\hat{\mathbf{y}} = \mathbf{\theta}_0 + \mathbf{\theta}_1 \mathbf{x}_1 + \mathbf{\theta}_2 \mathbf{x}_2 + \dots + \mathbf{\theta}_n \mathbf{x}_n$$

In vector form:

$$\hat{\mathbf{y}} = \mathbf{\theta}^{\mathsf{T}} \cdot \mathbf{x}$$

- (where θ is the vector of parameters, and x is the vector of input features including a 1 for the bias term)
- How Do We Train It?
  - We adjust θ (the model's parameters) to best fit the training data.
  - To measure how well it fits, we use Mean Squared Error (MSE) as the cost/loss function:
  - This helps us find the values of  $\theta$  that minimize prediction errors.
- Training loss (like MSE) is optimized during training.
- Evaluation metrics (like precision/recall) may differ from training loss, especially for classifiers.
- Good loss functions are easy to optimize and correlate with real-world goals.

## **The Normal Equation**

- What is the Normal Equation?
  - It's a direct formula to compute the best parameters θ that minimize the MSE (no iteration needed):
- How It Works:
  - 1. Generate training data with some noise:
  - 2. Add a column of 1s to X (to handle the bias term).
  - 3. Use NumPy to compute **0** directly using matrix operations.
  - 4. Predictions are made by multiplying new input data by the computed **0**.
- Example Results:
  - The true parameters were 4 and 3.
  - The model estimated them as 4.215 and 2.770 close, but slightly off due to noise.
- Using Scikit-Learn:
  - You can use LinearRegression() from scikit-learn to do the same thing with .fit()
     and .predict().
  - It separates the intercept\_ (bias) and coef\_ (feature weights).
- Pseudoinverse Alternative:
  - Instead of using the Normal Equation, you can use the pseudoinverse:
    - is the of X. Computed using np.linalg.pinv(X)
    - More stable and handles edge cases where  $X^TX$  is not invertible (e.g., redundant features or too few data points).
- Normal Equation is a fast, direct way to compute parameters for linear regression.
- Pseudoinverse is more robust and always works, even when the Normal Equation fails.
- Libraries like **scikit-learn** and **NumPy** make it easy to use both.

# Computational Complexity

- Normal Equation & SVD Complexity:
  - Normal Equation has a complexity of about O() to O() → gets slow with many features.
  - SVD (used by Scikit-Learn) is about  $O(n^2) \rightarrow \text{still slow when } n \text{ (features)}$  is very large.
  - Both handle large datasets (many rows, m) well, since they are linear in m: O(m).
- Prediction Time:
  - Once the model is trained, making predictions is very fast.
  - Time grows **linearly** with the number of instances and features.

## **Gradient Descent**

What is Gradient Descent?

- An **optimization algorithm** that finds the best model parameters (like  $\theta$ ) by minimizing a **cost function** (e.g., MSE).
- It does this by iteratively moving in the direction of the steepest slope (i.e., negative gradient).
- How It Works:
  - 1. **Start** with random parameter values (random initialization).
  - 2. Repeatedly **adjust parameters** to reduce the cost.
  - 3. **Stop when** the gradient becomes zero  $\rightarrow$  minimum reached.
- Learning Rate (Step Size):
  - Too small → slow convergence (takes many steps).
  - Too large → may overshoot or diverge (never settles).
  - Must choose a balanced learning rate!
- hallenges:
  - Some cost functions can have plateaus, local minima, or complex shapes.
  - BUT for linear regression, the MSE cost function is:
    - Convex (no local minima)
    - Smooth (no sharp changes)
    - So, gradient descent is guaranteed to find the global minimum eventually.
- Feature Scaling:
  - If features have **different scales**, gradient descent:
    - Takes weird zigzag paths,
    - Converges very slowly.
  - Use tools like StandardScaler to normalize feature scales.

## **Batch Gradient Descent**

- What is Batch Gradient Descent?
  - Batch Gradient Descent is an optimization algorithm used to minimize the cost function (like MSE in linear regression) by adjusting model parameters.
- Key Concepts
  - 1. Cost Function (MSE)

Measures how bad the model's predictions are:

2. Gradient (Slope Vector)

Tells you how to tweak to reduce the error. It's the vector of **partial derivatives** of the cost function with respect to each parameter.

- manual for each paramete :
- · vectorized for all parameters :

3. Gradient Descent Update Rule

Use the gradient to update  $\theta$  by taking a step **opposite the slope**:

= learning rate (step size)

### 4. Code :-

```
eta = 0.1  # learning rate
n_epochs = 1000  # number of passes over the dataset
m = len(X_b)  # number of samples

theta = np.random.randn(2, 1)  # random initialization

for epoch in range(n_epochs):
    gradients = 2 / m * X_b.T @ (X_b @ theta - y)
    theta = theta - eta * gradients
```

- Learning Rate Matters
  - Too small → very slow convergence
  - Just right → fast and stable
  - Too large → divergence (jumps around, doesn't settle)
- 6. When to Stop?
  - Set a max number of epochs, or
  - Stop early when the gradient becomes very small (i.e., close to minimum)

## 7. Convergence

- Gradient descent will converge for convex functions like MSE
- The convergence speed depends on the learning rate and tolerance

## **Stochastic Gradient Descent**

- What is SGD?
  - Unlike Batch Gradient Descent (which uses the whole dataset per step), SGD uses only one random data point per update.
  - This makes each step much faster and allows training on very large datasets.
- Pros and Cons
  - pros
    - Faster updates
    - Can escape local minima
    - Scalable to huge datasets
  - Cons
    - More noisy (bouncy) path to minimum
    - Doesn't settle exactly at the minimum
    - May require careful tuning of learning rate

### Epochs and Iterations

- One epoch = one full pass through the dataset.
- Each epoch consists of m updates (one per training example).
- If random sampling is used, some examples might be picked multiple times or not at all in one epoch.

### Learning Rate Schedule

- To reduce noise and allow convergence, learning rate should shrink over time.
- This is done using a learning schedule, e.g.:

```
def learning_schedule(t):
    return t0 / (t + t1)
```

Starts with larger steps (fast progress), then gets smaller (finer tuning).

## Important Considerations

- Data must be IID (independent and identically distributed) shuffle it!
- If data is ordered (e.g., by label), SGD can behave badly.

#### SGD in Code

```
for epoch in range(n_epochs):
    for iteration in range(m): # m training instances
        random_index = np.random.randint(m)
        xi = X_b[random_index : random_index + 1]
        yi = y[random_index : random_index + 1]
        gradients = 2 * xi.T @ (xi @ theta - yi)
        eta = learning_schedule(epoch * m + iteration) # t which is the
i/p of learning_schedule
        theta = theta - eta * gradients
```

## Scikit-Learn's SGDRegressor

```
from sklearn.linear_model import SGDRegressor
sgd_reg = SGDRegressor(
    max_iter=1000, tol=1e-5, eta0=0.01, penalty=None,
    n_iter_no_change=100, random_state=42
)
sgd_reg.fit(X, y.ravel())
```

## **Mini-Batch Gradient Descent**

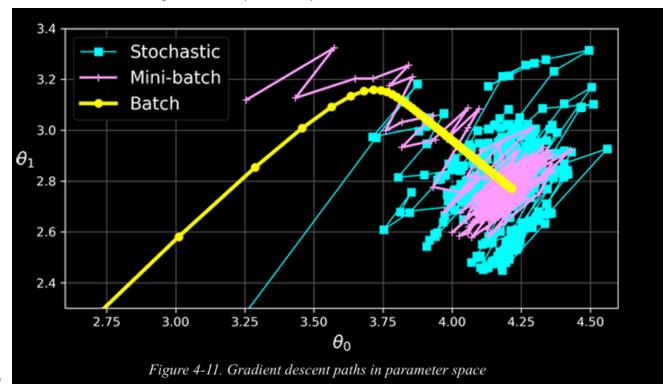
- Mini-batch Gradient Descent (MBGD) is a hybrid between:
  - Batch GD: Uses the whole dataset per step (slow but stable).
  - Stochastic GD (SGD): Uses 1 sample per step (fast but noisy).
- MBGD uses small random batches of data (e.g. 32 or 64 samples).

### Advantages

- Faster than Batch GD.
- Less noisy than SGD.
- Can benefit from hardware acceleration (like GPUs).
- Works well with large datasets.

### Disadvantages

- Still bounces around the minimum (but less than SGD).
- Might get stuck in local minima (especially for non-convex problems).
- Needs a learning schedule (like SGD).



- Batch GD : smooth, direct to the minimum, stops there.
- **Stochastic GD**: very noisy path, keeps bouncing.
- Mini-batch GD : less noisy than SGD, ends near the minimum.

Algorithm	Large m	Out-of-core support	Large n	Hyperparams	Scaling required	Scikit-Learn
Normal Equation	Fast	No	Slow	0	No	n/a
SVD	Fast	No	Slow	0	No	LinearRegression
Batch GD	Slow	No	Fast	2	Yes	SGDRegressor
Stochastic GD	Fast	Yes	Fast	≥2	Yes	SGDRegressor
Mini-batch GD	Fast	Yes	Fast	≥2	Yes	SGDRegressor

# **Polynomial Regression**

- Polynomial Regression Overview
  - Goal: Fit nonlinear data using a linear model.
  - How: Add powers of features (e.g. etc.) as new features, then apply linear regression.
- Example Process:
  - 1. Generate nonlinear data:

•

2. **Use** PolynomialFeatures from sklearn:

```
from sklearn.preprocessing import PolynomialFeatures
poly_features = PolynomialFeatures(degree=2, include_bias=False)
X_poly = poly_features.fit_transform(X)
```

- Turns into
- 3. **Train Linear Regression** on transformed data:

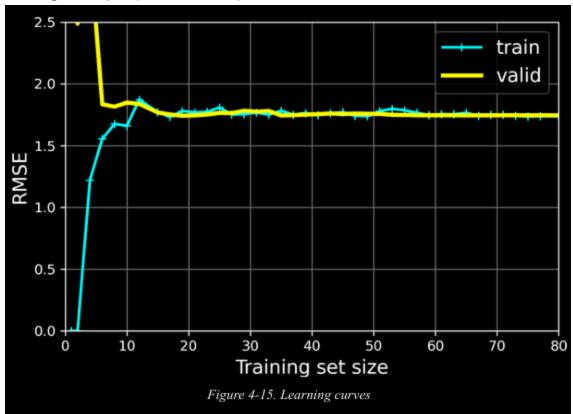
```
from sklearn.linear_model import LinearRegression
lin_reg = LinearRegression()
lin_reg.fit(X_poly, y)
```

- Model Output Example:
  - The model learns:
  - Close to the original:
- Key Points:
  - Polynomial regression ≠ nonlinear model it's still linear in parameters.
  - When multiple features are present, interactions (e.g., ) are added automatically.

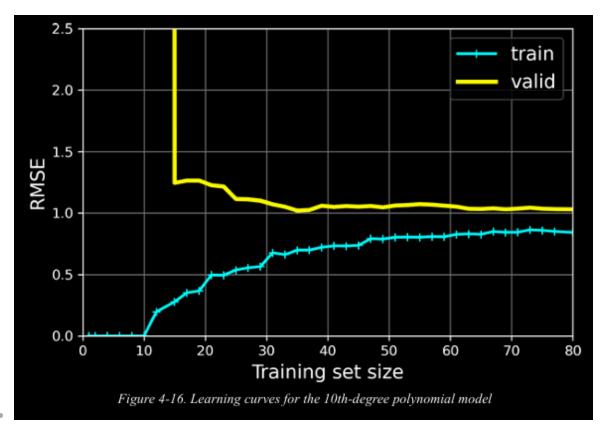
- Warning: With high degree d and many features n, the number of features grows combinatorially:
- Increasing polynomial degree can cause overfitting.

# **Learning Curves**

- What Are They?
  - Plots of: Training error and Validation error vs. Training set size.
  - Help diagnose:
    - Underfitting (high bias)
    - Overfitting (high variance)
- Key Observations
  - Underfitting Example (Linear Model):



- Training error: Starts low (small data) then rises and plateaus
- Validation error: Starts high, decreases, then plateaus near training error
- → Both errors high & close = Model too simple (high bias)
- Overfitting Example (10th-degree Polynomial):



Training error: Very low

Validation error: Higher and doesn't match training error

- → Big gap between curves = Model too complex (high variance)
- Can often fix with more training data
- Tips:
  - Underfitting? → Try a more complex model or better features
  - Overfitting? → Try regularization or add more data
  - Irreducible error? → Clean up your dataset

# **Regularized Linear Models**

- Regularization helps reduce overfitting by limiting model complexity.
- For polynomial models, reduce the degree.
- For linear models, constrain the weights using:
  - Ridge Regression (L2) Shrinks all weights.
  - 2. Lasso Regression (L1) Shrinks some weights to zero (feature selection).
  - 3. **Elastic Net** Mix of L1 and L2 regularization.

# **Ridge Regression**

- What Is Ridge Regression?
  - Ridge Regression (aka Tikhonov regularization) is Linear Regression + L2 regularization.

• The goal: Fit the data while keeping model weights small, reducing overfitting.

#### Cost Function

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- Adds a penalty for large weights.
- Bias term is not regularized.
- controls regularization strength:
  - = 0→ plain Linear Regression.
  - Large → very flat model.

### Important: Always Scale Your Features

• Use StandardScaler before applying Ridge. Regularization is sensitive to feature scales.

#### Intuition

- High → simple, flat predictions → low variance, high bias.
- Low → more flexible model → low bias, high variance.
- This helps manage the bias-variance trade-off.

## How To Use Ridge in Scikit-Learn

1. Closed-form (exact solution):

```
from sklearn.linear_model import Ridge
ridge_reg = Ridge(alpha=0.1, solver="cholesky")
ridge_reg.fit(X, y)
ridge_reg.predict([[1.5]])
```

2. Using Stochastic Gradient Descent (SGD):

### Extra Tip: Automatic Tuning

• Use RidgeCV for **automatic** α **tuning** with cross-validation:

```
from sklearn.linear_model import RidgeCV
ridge_cv = RidgeCV(alphas=[0.01, 0.1, 1.0, 10.0])
ridge_cv.fit(X, y)
```

# **Lasso Regression**

- What is Lasso Regression?
  - Lasso stands for Least Absolute Shrinkage and Selection Operator.

- It's a regularized version of **linear regression** that adds an **l**<sub>1</sub> (absolute value) penalty to the cost function.
- Cost Function:
  - $\ell_1$  norm = sum of absolute values of the weights (no squares like Ridge).
  - This encourages some weights to become exactly zero → feature selection!

#### Effect of Lasso:

- Can zero out unimportant features, making the model sparse and easier to interpret.
- Increasing α increases regularization (more weights shrink to zero).
- Decreasing  $\alpha$  moves the solution toward plain linear regression (no regularization).

### Gradient and Subgradient:

- Lasso's cost function is **not differentiable at \theta = 0**.
- Gradient descent uses a subgradient instead:
  - $sign(\theta_i)$  is used: returns -1, 0, or 1 based on the sign of each  $\theta$ .
- You can also use SGDRegressor(penalty="l1") to perform lasso-style training with SGD.
- Scikit-Learn Example:

```
from sklearn.linear_model import Lasso

lasso_reg = Lasso(alpha=0.1)
lasso_reg.fit(X, y)
lasso_reg.predict([[1.5]])
# Output: array([1.53788174])
```

## **Elastic Net Regression**

- What is Elastic Net?
  - Elastic Net combines both Ridge ( $\ell_2$ ) and Lasso ( $\ell_1$ ) penalties.
  - It's a weighted average of Ridge and Lasso regularization.
- Cost Function:
  - r = 0 : behaves like Ridge
    r = 1 : behaves like Lasso
- When to Use Elastic Net?
  - Use regularization in general (avoid plain linear regression).
  - Ridge is a good default.
  - Use Lasso/Elastic Net if you believe:
    - Only a few features are important
    - You want automatic feature selection
  - Prefer Elastic Net over Lasso when:

- You have more features than samples
- Some features are highly correlated
- Scikit-Learn Example:

```
from sklearn.linear_model import ElasticNet

elastic_net = ElasticNet(alpha=0.1, l1_ratio=0.5) # l1_ratio = r
 elastic_net.fit(X, y)
 elastic_net.predict([[1.5]])
# Output: array([1.54333232])
```

# **Early Stopping**

- What is Early Stopping?
  - A regularization technique for iterative learning (like gradient descent).
  - You stop training when the validation error stops improving.
  - Helps prevent overfitting by not overtraining the model.
  - Called a "beautiful free lunch" by Geoffrey Hinton because it's simple yet powerful.
- How It Works (Conceptually)
  - During training:
    - Training error keeps going down.
    - Validation error goes down, then up (indicating overfitting).
  - Early stopping halts training at the lowest validation error, before overfitting begins.
- Code
  - 1. Data Prep

2. Model Setup

```
sgd_reg = SGDRegressor(penalty=None, eta0=0.002, random_state=42)
```

- Uses Stochastic Gradient Descent (SGD).
- No regularization (penalty=None).
- Small learning rate eta0=0.002.
- 3. Training with Early Stopping

```
from copy import deepcopy
n_{epochs} = 500
best_valid_rmse = float('inf') # start with the worst possible error
for epoch in range(n_epochs):
    sgd_reg.partial_fit(X_train_prep, y_train) # train one step
   y_valid_predict = sqd_reg.predict(X_valid_prep)
    val_error = mean_squared_error(y_valid, y_valid_predict,
squared=False) # RMSE
    if val_error < best_valid_rmse: # if new best</pre>
        best_valid_rmse = val_error
        best_model = deepcopy(sgd_reg) # save current model
```

# **Logistic Regression**

- A classification algorithm (despite its name).
- Predicts the probability an instance belongs to class 1 (positive class).
- If probability > 50%, it predicts 1, else 0 (negative class).
- Used for binary classification problems (e.g., spam detection).

## **Estimating Probabilities**

- Logistic regression computes:
- Output is a probability between 0 and 1.
- Prediction rule:
  - If ≥ 0.5, predict class 1.
  - If < 0.5, predict class **0**.

## Training and Cost Function

- Train the model so that:
  - High probabilities for positive class (y = 1)
  - Low probabilities for negative class (y = 0)
- Single Instance Cost

Total Cost (Log Loss)

 Called log loss, and it's convex, so Gradient Descent can find the global minimum.

- Gradient
  - .
  - Same idea as linear regression: error × feature → average over all samples.
  - Used in batch, stochastic, or mini-batch Gradient Descent to update weights.

## **Decision Boundaries**

- Dataset Used: Iris Dataset
  - 150 iris flowers, 3 species: Setosa, Versicolor, Virginica
  - Features: sepal/petal length and width
- Goal:
  - Classify whether a flower is Iris Virginica based on petal width.
- Steps:
  - 1. Load data using load\_iris()
  - 2. Use only petal width as input feature
  - 3. Create binary labels:

```
y = True if Virginica, False otherwise
```

- 4. **Split data** → Train/Test
- 5. **Train** logistic regression model with fit()
- 6. Predict probabilities with predict\_proba()
- Decision Boundary:
  - Model predicts Virginica if probability ≥ 0.5
  - This creates a threshold (decision boundary) at ~1.65 cm
  - If petal width > 1.65 cm  $\rightarrow$  Virginica, else not

## **Softmax Regression**

- Softmax Regression is a generalization of logistic regression that works for multiple classes directly — no need to train separate binary classifiers.
- How It Works (Prediction)
  - For an input , the model calculates a **score** for each class: ,Each class has its own weight vector
  - 2. It then applies the **softmax function** to convert these scores into **probabilities**:
    - K is the number of classes.
    - The output is a probability distribution over the classes.
  - 3. It **predicts** the class with the **highest probability**:
- Training the Model
  - The model is trained to maximize the probability of the correct class.
  - It uses the cross-entropy loss function:

- =1 if example belongs to class k, else 0.
- This function penalizes the model when it assigns **low probability** to the correct class.
- When K=2, this reduces to the familiar **log loss** used in binary logistic regression.

### Key Tip

- Softmax is good for **mutually exclusive classes** (e.g., flower types), but **not** for multilabel problems (like detecting multiple objects in one image).
- Cross Entropy in Machine Learning
  - Used as the loss function for classification tasks.
  - Penalizes wrong class probability predictions.
  - Especially common in softmax regression and neural networks.
- Gradient of Cross Entropy
  - Helps in training the model using gradient descent:
  - Compute gradient per class → update weights → repeat.

### Softmax Regression with Scikit-Learn

- Automatically used when there are more than 2 classes.
- Uses LogisticRegression with solver="lbfgs" (default).
- Regularized using L2 by default (controlled by C).
- Example: Classify Iris Flowers

```
X = iris.data[["petal length (cm)", "petal width (cm)"]].values
y = iris["target"]
X_train, X_test, y_train, y_test = train_test_split(X, y,
random_state=42)
softmax_reg = LogisticRegression(C=30, random_state=42)
softmax_reg.fit(X_train, y_train)
```

Prediction Example:

```
softmax_reg.predict([[5, 2]]) # → array([2])
softmax_reg.predict_proba([[5, 2]]) # → [[0. , 0.04, 0.96]]
```

#### Visualization

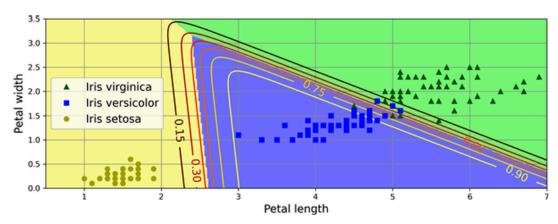


Figure 4-25. Softmax regression decision boundaries

- Softmax regression creates linear decision boundaries between classes.
- Curved lines represent equal probability contours.
- At the center where all three classes meet → model gives ~33% to each class.

# **Resources:**

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# Related notes:

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# References:

Internal:

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## External:

- notebook of the chapter
- <u>hegab videos</u>

• the book