

GastroBot User Privacy Choices

At GastroBot, we are committed to providing you with transparency and control over how your data is collected, used, and shared. Our goal is to ensure that you have all the information you need to make informed decisions about your privacy while benefiting from our application.

Data We Collect to Enhance Your Experience

To provide accurate and personalized wellness recommendations, we collect the following data (for precise list see the [Privacy Policy](#)):

- **Basal Metabolic Rate (BMR):** Based on your height, weight, age, and gender, we calculate your BMR to offer recommendations tailored to your body's needs.
- **Daily Food Logging Data:** We analyze detailed food entries you provide, including the types of food, portion sizes, and meal timings, to help track your calorie intake and nutritional balance.

This data is **crucial for enabling core functionality** such as personalized recommendations, tracking progress, and improving your overall wellness experience.

Your Choices Regarding Data Collection

You have full control over the personal data you provide to GastroBot. **If you do not wish to share this data, you may opt-out by deleting your account at any time.**

- **Delete Account and Data:** If you wish to stop using our Services and remove all of your personal data, you can instantly delete your account through the **Profile** page in the app. This will erase your data from our systems, ensuring that none of your information remains with us.

Opting Out of Data Sharing for Marketing

You have the right to opt-out of any data sharing related to marketing or advertising purposes by adjusting your preferences within the app or by contacting our support team.

Additional Rights

Depending on your location, you may also have additional rights related to accessing, correcting, or deleting your personal data, as outlined in our Privacy Policy.

For any further questions about your privacy choices, feel free to reach out to our support team at gastrobot.ai@gmail.com.