

# Markov Chain Monte Carlo Notes

Jesse Young Lin

February 13, 2025

## Contents

<b>1 Preliminaries on Probability</b>	<b>1</b>
1.1 Probability distributions . . . . .	1
1.2 Conditional probability and (in)dependence of random variables . . . . .	2
1.3 Expectation value . . . . .	3
<b>2 Markov Chains</b>	<b>3</b>
2.1 Definition . . . . .	3
2.2 Equilibrium . . . . .	4
<b>3 Markov Chain Monte Carlo</b>	<b>5</b>

## 1 Preliminaries on Probability

Probability is extremely unintuitive for humans. Consequently, there is a variety of vocabulary and notation which is initially confusing but essential to understand. We will illustrate all the preliminaries with the example of a fair coin flip (which is formally known as a Bernoulli distributed random variable).

### 1.1 Probability distributions

A **random variable** is typically denoted with a capital letter, and its **realization** is often denoted with the lowercase letter. To model a series of coin flips, we consider a sequence of  $N$  random variables  $\{X_i\}_{i=0}^N$ . Say we flip the  $i = 0$  coin and see heads. Then, we say that  $x_0 = H$ .

The **probability distribution** or **probability density function** of  $X_0$  is given by the Bernoulli distribution, which is a function  $\rho$

$$\rho(x) = \begin{cases} 1/2, & x = H \\ 1/2, & x = T \end{cases}.$$

This communicates the intuitive fact that if we flip a fair coin a large number of times, we expect it to land on heads half the time and tails the other half. We note that  $\rho(x)$  is just

a function over the set  $\{H, T\}$ , its probabilistic meaning is given by the notation

$$\mathbb{P}(X_0 = z) = \rho(z).$$

We use the  $\mathbb{P}$  notation to describe the probability of particular realizations. For example, if  $z = H$ , then the above equation says that the probability the random variable  $X_0$  has value  $H$  is given by the value of the function  $\rho(z)$  at  $z = H$ , which is  $1/2$ .

## 1.2 Conditional probability and (in)dependence of random variables

In our sequence of coin flips, we have considered the first coin  $X_0$ . What about the  $X_1$  variable? Now, we need to introduce the assumption that  $X_1$  is **independent** of  $X_0$ . Intuitively, this means that the realization (i.e., the result of the coin flip)  $x_1$  does not depend on information from the realization  $x_0$ . Formally, we write

$$\mathbb{P}(X_1 | X_0) = \mathbb{P}(X_1). \quad (1)$$

The left-hand side of this equation is the **conditional probability**. It is read as the conditional probability of  $X_1$  conditioned on the realization of  $X_0$ . In words, what is the probability which describes  $X_1$  given that we know the realization of  $X_0$ ? As we are modelling a sequence of coin flips, we know that the probability distribution of the  $i = 1$  should have nothing to do with whether the coin flip at  $i = 0$  was heads or tails, which is what (1) tells us. Finally, we have been assuming that all the  $X_i$  are identically distributed, i.e., they are all Bernoulli distributed, which tells us that

$$\mathbb{P}(X_i = z) = \rho(z)$$

for any  $i$ . Therefore we have our final model of a sequence of coin flips, which is given by the sequence  $\{X_i\}$  of independently and identically distributed random variables, all distributed according to the Bernoulli distribution.<sup>1</sup>

---

<sup>1</sup>We note also that independence is often defined via the following equation on the **joint probability**

$$\mathbb{P}(X_1 = x \text{ and } X_0 = y) = \mathbb{P}(X_1 = x) \mathbb{P}(X_0 = y).$$

This is equivalent to (1) if we use **Bayes' theorem**, which is the following statement which always holds

$$\mathbb{P}(X_1 = x \text{ and } X_0 = y) = \mathbb{P}(X_1 = x | X_0 = y) \mathbb{P}(X_0 = y).$$

If we denote using  $A$  and  $B$  the realizations

$$\begin{aligned} A &= \{X_1 = x\} \\ B &= \{X_0 = y\} \end{aligned}$$

and use the set theoretic notation for “and”, we get the common expression

$$\mathbb{P}(A \cap B) = \mathbb{P}(A | B) \mathbb{P}(B).$$

This equation says that the probability of events  $A$  and  $B$  occurring simultaneously is equal to the probability that  $B$  occurs multiplied by the probability that  $A$  occurs given that we know event  $B$  occurs (the conditional probability).

A simple example of dependent random variables is the following. Imagine an urn filled with one red ball and one black ball. Let  $Y_i$  be the random variable corresponding to the  $i$ -th draw from the urn. Now,

$$\begin{aligned}\mathbb{P}(Y_1 = \text{red} \mid Y_0 = \text{red}) &= 0 \\ \mathbb{P}(Y_1 = \text{black} \mid Y_0 = \text{red}) &= 1,\end{aligned}$$

in other words if you first draw red then you know the next draw must be black. However

$$\begin{aligned}\mathbb{P}(Y_1 = \text{red}) &= 1/2 \\ \mathbb{P}(Y_1 = \text{black}) &= 1/2.\end{aligned}$$

which means if you just consider drawing from the urn twice, the second draw has a uniform probability of being either the red or the black one. This violates the equation (1).

### 1.3 Expectation value

The final concept is the most intuitive one. In the coin flip example we denoted the heads and tails by symbols  $\{H, T\}$ . Let's imagine a game where everytime you flip heads you gain 1 dollar and everytime you flip tails you lose 1 dollar. This is equivalent to assigning numbers  $H \rightarrow 1$  and  $T \rightarrow -1$ . Let the sequence  $\{Z_i\}$  of random variables correspond to the payoff at each step  $i$  of this game. The average payoff at any step  $i$  is evidently 0. Formally this is denoted with the **expectation value** defined as follows

$$\mathbb{E}(Z_i) = \sum_{z \in \{\pm 1\}} z \mathbb{P}(Z_i = z)$$

which is easy to compute:

$$\begin{aligned}\sum_{z \in \{\pm 1\}} z \mathbb{P}(Z_i = z) &= \sum_{z \in \{\pm 1\}} z \rho(z) \\ &= (1)(1/2) + (-1)(1/2) \\ &= 0.\end{aligned}$$

## 2 Markov Chains

### 2.1 Definition

A Markov chain is a sequence of random variables which is **memoryless**. In other words, for a sequence  $\{X_i\}$

$$\mathbb{P}(X_j \mid X_{j-1}, X_{j-2}, \dots, X_0) = \mathbb{P}(X_j \mid X_{j-1}). \quad (2)$$

Intuitively, the value of random variable  $X$  at time  $j$  depends only on its value at the previous time  $j - 1$  and it has no memory of the history before that. Equation (2) is called the **Markov property**. Often we define the **Markov transition matrix**

$$W(x, y) = \mathbb{P}(X_j = x \mid X_{j-1} = y).$$

The essential feature of Markovian systems is the ability to predict the future given an initial condition by repeated application of  $W$ , i.e.,

$$\mathbb{P}(X_n = x_n \mid X_0 = x_0) = \sum_{\{x_{n-1}, \dots, x_1\}} W(x_n, x_{n-1}) \cdots W(x_1, x_0) \mathbb{P}(X_0 = x_0). \quad (3)$$

A derivation is given in <sup>2</sup>. The above when applied to quantum mechanics is actually the celebrated Feynman path integral.

## 2.2 Equilibrium

If the values  $x_i$  in (3) are taken to assume only finitely many values, then we can write the equivalent matrix-vector equation

$$P_t = W^t P_0$$

where  $P_t$  is the vector of probabilities at time  $t$ , and  $W$  is a matrix. The superscript  $t$  represents the repeated multiplication of the  $W$ .

The **equilibrium** or **invariant distribution** of a Markov chain is the probability distribution  $P$  which satisfies

$$P = WP. \quad (4)$$

In linear algebra, this condition (4) is known as an **eigenvalue equation**. One approach to solving the above is to consider the components

$$P_i = \sum_j W_{ij} P_j$$

---

<sup>2</sup>Bayes' theorem allows the following decomposition of the joint probabilities

$$\mathbb{P}(X_n, \dots, X_0) = \sum_{\{x_{n-1}, \dots, x_0\}} \mathbb{P}(X_n \mid X_{n-1} = x_{n-1}, \dots, X_0 = x_0) \mathbb{P}(X_{n-1} = x_{n-1}, \dots, X_0 = x_0)$$

where the sum is taken over all possible values of the  $\{x_{n-1}, \dots, x_0\}$ , e.g., if each  $X_i$  models a coin flip then

$$\sum_{\{x_{n-1}, \dots, x_0\}} = \sum_{x_{n-1} \in \{H, T\}} \cdots \sum_{x_0 \in \{H, T\}}.$$

Then,

$$\begin{aligned} \mathbb{P}(X_n = x_n \mid X_0 = x_0) &= \sum \mathbb{P}(X_n = x_n \mid X_{n-1} = x_{n-1}, \dots, X_0 = x_0) \mathbb{P}(X_{n-1} = x_{n-1}, \dots, X_0 = x_0) \\ &= \sum \mathbb{P}(X_n = x_n \mid X_{n-1} = x_{n-1}) \mathbb{P}(X_{n-1} = x_{n-1}, \dots, X_0 = x_0) \\ &= \sum W(x_n, x_{n-1}) \mathbb{P}(X_{n-1} = x_{n-1}, \dots, X_0 = x_0) \\ &= \sum W(x_n, x_{n-1}) \cdots W(x_1, x_0) \mathbb{P}(X_0 = x_0) \\ &= \sum_{x_0} W^n(x_n, x_0) \mathbb{P}(X_0 = x_0) \end{aligned}$$

then using the fact that  $\sum_j W_{ji} = 1$  (i.e., the transition matrix must conserve probability), this is equivalent to

$$\sum_j W_{ji} P_i = \sum_j W_{ij} P_j$$

and one way to solve this is with a vector  $P$  that satisfies, for each component

$$W_{ji} P_i = W_{ij} P_j. \tag{5}$$

The condition (5) is called **detailed balance**. It indicates that, at all times, the rate of transitions between states  $i \rightarrow j$  is exactly balanced by the rate of transitions  $j \rightarrow i$ . Intuitively, then, the probability  $P_k$  of being in any state  $k$  must be constant in time.

### 3 Markov Chain Monte Carlo

The essential idea is now immediate to state: to sample from a complex probability distribution  $P$ , it is often easier to design the transition matrix  $W$  of a Markov chain such that  $P$  is its invariant distribution. Then, independent simulations of the Markov chain can be done on a computer, and given sufficient time one expects that the simulated data obeys  $P$ .

Designing a Markov chain is often conceptually simple: for example, to sample from a chemical system in equilibrium the transition matrix is given directly by the kinetic rates and stoichiometry of the reactants. Markov chains for most systems also benefit from an **exponential** convergence rate to equilibrium, which means the algorithm is usually quite efficient.<sup>3</sup>

The algorithm we use is the **Metropolis-Hastings** algorithm. It is essentially a specification of the transition matrix  $W$ . There are other choices for  $W$ , such as the **Gibbs sampler**, but the basic idea is the same.

---

<sup>3</sup>A notable exception occurs with systems which are at a critical point. This is an extremely rich subject, especially in study of the Ising model. It's out of scope of our project but I encourage looking it up!