Programming Logic for Non-Programmers

Kat Koziar and Stephanie Labou

2025-02-15

Contents

1					
2					
	2.1	Building a Mental Model	7		
	2.2	A Note on Syntax	7		
3	Alg	rorithms	9		
	3.1	Breakout Activity	9		
4 Loc		pps	11		
	4.1	Exercise - loop trace	11		
	4.2	Exercise - populate an array	12		
	4.3	Other Types of Loops	12		
	4.4	Caveats	13		
5	Conditionals and Making Choices				
	5.1	Boolean Operators	16		
	5.2	Exercise - ifelse trace	16		
	5.3	Caveats	17		
6	Functions				
	6.1	Arguments	21		
	6.2	Libraries	22		
	6.3	Accessing functions in libraries	23		
	6.4	Activity reprise for functions	25		

4 CONTENTS

7	Con	nments and Names	27	
8	Common Issues			
	8.1	Difference between = and ==	29	
	8.2	Spelling and capitalization matter	29	
	8.3	Special characters and words	29	
	8.4	Ending a code chunk	30	
	8.5	Order of operations	30	
	8.6	Others [work in progress]	30	
9	Rec	ap and Consultation Tips	31	
	9.1	Approaching Consultations	31	
	9.2	Three Areas For Errors	31	
10	BD	Demo Introduction	33	
	10.1	Keeping this below for easy reference while we get used to the bookdown format	35	
11	BD	Demo Methods	37	
	11.1	math example	37	

About

BEGIN pitch()

Have you ever wondered how some of your colleagues can look at a computer programming script, with little prior knowledge of the language, and not only read it, but help fix the code? It's not because they know all programming languages, but because most programming languages use the same concepts and logic.

STRUCTURE(workshop)

In this interactive workshop, attendees will gain hands-on experience to understand and interpret programming logic. We will cover fundamental topics in programming including: conditional statements, loops, order of operations and logical flow, functions and arguments, and data types. Attendees will practice formulating programming arguments to accomplish common tasks, such as subsetting data based on a set of conditions.

WHERE prior_experience == FALSE

No coding experience required! Programming logic is transferable across specific languages, so learners will focus on concepts, rather than specific syntax from a specific language. Attendees will learn to interpret programming logic and build confidence to apply their understanding to various programming languages they may encounter.

FOR (x in example1:example5) {annotate(x)}

To provide real world examples of programming logic in practice, the workshop will integrate hands-on work time with examples of sample code written in R, Python, SQL, Stata, and other languages. Attendees will practice annotating code in human understandable language and discuss the process, and any pitfalls, with their peers and the instructors.

IF attendee_need == "learn_programming_logic": print("register
for this workshop!")

Introduction

This is a different type of programming workshop. One that doesn't require a computer, but instead intends to help you build mental models of how computer programming works. You will learn not only the logic behind programming, but also methods for identifying errors in algorithms and code that the computer doesn't see. The only technology required, besides the ability to view this lesson, is something to write with and a piece of paper.

2.1 Building a Mental Model

Our experience with computational consultations is often student researchers will take someone else's code and try to adapt it for their own research, but they use the code without knowing how it does what it does. This means they're unable to easily update the script, will create errors they don't know how to address, and even import errors already in the script. Sometimes they can't even adapt it to use the original data which is in a different location on their computer. They can't really read the code, but are reliant on the computer reading the code.

The purpose of this workshop isn't just to introduce you to programming logic, it's to provide a safe space to practice thinking through what the computer does by tracing algorithms and code snippets instead of having the computer just do it.

2.2 A Note on Syntax

Syntax is the formal structural of a computer programming language. Assembly, C/C++, C#, Python, and R all have formal language structures so the

computer knows how to read the code. But, sometimes syntax gets in the way of learning concepts. Luckily, most programming concepts are the same across all languages.

The syntax we will use for most of the examples will be something called psuedocode. Pseudocode focuses on concepts and tasks, not syntax. You don't need to worry if there is a semicolon or parenthesis out of place when you write in psuedocode, you'll still know how to interpret what is written.

We will also introduce programming examples in different languages, so you can start to recognize the similarities and differences between the languages. You won't be an expert by end of this workshop, but we will help you build your skillset so hopefully you're more comfortable reading known (and unknown) computer languages.

Algorithms

Most people have heard the term algorithm, especially in relation to AI or social media feeds, but what is an algorithm? An algorithm is a set of instructions for how to do something. For AI, the term algorithm is often used as a term to represent the overall way that whatever AI that you're working with was trained to do what it does. For social media feeds, an algorithm will determine how to select which content is delivered to a user. Algorithms can be very simple or very complex.

A common analogy for an algorithm is a recipe. A recipe includes a set of ingredients, which are like the variables in your code, then lists instructions on what to do with the ingredients. But, a big difference between common recipes that you are used to seeing and an algorithm is you have to be very exact and specific when you tell a computer to do something. It isn't enough to tell a computer, "get the data." You have to tell it where the data is located, what format it is in, how to read it, and what format you want the data in for use in your script. So let's do an example with a recipe on how to make

- enchiladas?
- quesadillas?
- cheesy mashed potatoes?

3.1 Breakout Activity

For this activity, you will write an algorithm to make popcorn.

Sounds simple, right? "Make popcorn" is something most people have at least a general understanding of how to do. But in this scenario, you're providing step-by-step directions for a computer to understand how to make popcorn and a computer would need to be told **every action** to take, in order to

successfully make popcorn.

Your task is to write out each step needed to make popcorn.

As you write out the steps with your group, consider:

- Are you opening a container at any point?
- Are you making microwave popcorn, or using a stove?
- How much time is needed to make popcorn?
- What should the computer do if the popcorn starts burning?

Loops

Drawing from Introduction to Programming Logic (Lynne O'Hanlon, 2000) Start with for loop as first function term "Populate an array from a for loop" as an early example; pg 376 blank table with good early exercise. Side note about infinite loop, importance of settling bounds What happens if you don't tell loop to increase? Examples of for loops in multiple languages (Python, C, R)? To decide: all theory and then all practice, or theory/practice/theory/practice? Also writing out result of each iteration otherwise you'll only get the last result (a common problem)

4.1 Exercise - loop trace

Grab a pen and paper and write out the output of each iteration of the loop:

for x in 0 to 5
 write x

Loop output

1 2

3

4

5

4.2 Exercise - populate an array

Let's use a for loop to populate an array.

We'll start with an empty array called table with 4 rows and columns named A, B, C, D, and E:

We want to populate this table with numbers, starting with 1 and increasing sequentially (1, 2, 3, 4, etc.). We want to fill each row completely before moving on to start filling the next row.

Our for loop:

[[adapt programming logic book exercise for loop]]

Grab and pen and paper (or a spreadsheet program like Google Sheets or Excel) and manually fill in the empty cells in the array.

- What is the number in cell A1?
- What is the number in cell B2?
- What is the number in cell D4?

Your filled array should look like this

Ā	В	С	D	Ε
1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20

4.3 Other Types of Loops

There are other types of loops in addition to the commonly used for loop.

The while loop uses a condition at the start of the loop to determine, in advance, when the loop will stop. For example, recall the initial for loop:

4.4. CAVEATS 13

```
for x in 0 to 5
  write x
```

An equivalent while loop would look like:

Another type of loop is a do while loop (check at end) and an until loop (check at end).

4.4 Caveats

Loops are a frequently encountered concept in programming and come with their own set of common issues.

4.4.1 Infinite loops

When condition is never false or otherwise has no break

4.4.2 Overwriting outputs

```
for x in 0 to 5
  answer = x
```

write answer

Conditionals and Making Choices

Many times in programming, we want to take a certain action only if a certain condition is satisfied.

To do this, we can use conditional statements. The most commonly used format of a conditional statement in programming is an if statement, which is often combined with an else statement.

This structure tells the program to check a condition and the next step depends on whether the condition is true, or false. We can think of this as a narrative statement: "If condition A is true, do action X. If condition A is not true, do action Y."

In programming format, this narrative statement would look like:

```
IF conditionA == TRUE, do X
ELSE do Y
```

Note that else here is used equivalent to "if not true", meaning A == FALSE.

We are not limited to a single TRUE/FALSE check in an if else statement, where actions are limited to "x if true, y in all other scenarios".

The else if (written as elif in some programming languages) concept allows us to add another sequential check if the if statement is not true. Our updated narrative statement might be: "If condition A is true, do action X. If condition

B is true, do action Z. If neither condition A or condition B are true, do action Y."

In programming format, this updated narrative statement would look like:

```
IF conditionA == TRUE, do X
ELSE IF conditionB == TRUE, do Z
ELSE do Y
```

5.1 Boolean Operators

In programming, most things boil down to true or false. (Sometimes you may see true/false capitalized as TRUE and FALSE, but the concept is the same.)

Programming uses Boolean operators such as:

- and (may also see & used)
- or (may also see | used)
- not (may also see! to indicate negation, for instance!= for "not equal")
- equals (also ==)
 - [SL note: most Boolean operator lists include AND, OR, NOT should we include EQUALS here or keep as separate part of testing true/false?]

5.2 Exercise - ifelse trace

Let's look at some examples of conditional statements in practice.

```
if x == y:
   print("values are equal")
else if x > y:
   print("x greater than y")
else:
   print("x must be less than y")
```

For the first trace, we will set the values of x and y as:

```
x <- 37
y <- 42
```

5.3. CAVEATS 17

What will be the printed output from this ifelse section?

Answer

x must be less than y

What if we reset x and y to:

Answer

x greater than y

5.3 Caveats

5.3.1 Order of operations

Order of operations is critical for conditionals. The computer will go through each condition **in order**, so if an early condition is satisfied, the statement will conclude there and not check the other conditions.

[[insert example here]]

5.3.2 Matching parentheses

For complex nested conditionals, be sure to use parentheses, and be sure parentheses are matched properly.

The code below, without a closing parentheses after "equal", will continue to expect input.

```
if (x == y)
  print("values are equal"
```

As far as the programming language is concerned, you haven't finished this if statement. So, it will wait to run until you have "completed your thought", so to speak, and provided the syntax (here,)) indicating that this statement is complete and the program is ready to run.

Alternately, if you have mismatched parentheses, the result may be an error.

```
if (x == y)
  print("values are equal"))
```

In this case, there is an extra closing parentheses) after print("values are equal") that doesn't have a matching (anywhere in the statement. The resulting error would look like:

```
Error: unexpected ')' in:
"if (x == y) {
    print("values are equal"))"
```

5.3.3 Formatting may vary

Programming languages may have specific formatting for conditional statements. This may mean certain brackets must be used, new lines are required between sections, or tab indents are needed.

For example, Python expects: at the end of each section of an ifelse statement, uses elif for else if, and requires indentation to indicate action of each section:

```
if x == y:
   print("values are equal")
elif x > y:
   print("x greater than y")
else:
   print("x must be less than y")
```

In contract, R makes use of curly brackets {} to indicate each section of an ifelse statement and while indentation is a convention for readability, it is not technically required for the code to run:

```
if (x == y) {
  print("values are equal")
} else if (x > y) {
```

5.3. CAVEATS 19

```
print("x greater than y")
} else {
  print("x must be less than y")
}
```

[[Note to self: add another 1 or 2 language examples here to show similarities and differences in formatting]]

Functions

A "function" in programming is a piece of code that does a specific task.

Consider the example of calculating the mean of a set of values. On the one hand, you could write out code to manually add each value and divide by the number of values.

```
values = (2, 4, 7, 5, 9)
mean_value = (2 + 4 + 7 + 5 + 9) / 5
```

On the other hand, if you plan to take the mean of a set of values often, it would be easier to have a function that could do this task without you needing manually write it out every time.

[SL:insert pseucode to calculate mean without using sum() or len(), use a for loop maybe to call

6.1 Arguments

In a function, "arguments" are the inputs that you can specify. So for a mean() function, the primary argument would be what kind of input to put in: mean(x) where x is a list or vector of values. Another argument might be an option for how to handle missing or NA values: mean(x, na.rm = FALSE) where the default value of na.rm is FALSE, indicating that NA values will not be removed from the calculation. Optional arguments like this may come with a pre-supplied default, in this case that na.rm = FALSE and

any NAvalues will be retained, unless this argument is manually changed to TRUE.

It is important to understand (a) what arguments are in a function and (b) what arguments are optional and what the defaults are. A function will run as long as the non-optional arguments are completed (that is, input is specified), but the resulting output may not match expectations unless you understand what other optional arguments were included, and what the default values were.

For example, let's return to the mean() function where our arguments are input (mandatory) and handling of NA values (optional).

If we only input the mandatory argument of specifying input:

```
values \leftarrow c(2, 4, 7, 5, 9, NA) mean(values)
```

The output of this function would be NA, because if we retain the NA values - which we do by default in the mean() function, then the mean will necessary be NA. For a computer, the sum of a set of values plus NA will always be NA, and taking the mean of NA will also return NA.

Conversely, if we specify that we want to remove NA values from our mean calculation:

```
values <- c(2, 4, 7, 5, 9, NA)
mean(values, na.rm = TRUE)</pre>
```

Now our output is 5.4 which is the mean of values exlucding NA.

6.2 Libraries

Programming languages will have a variety of functions for common tasks ready to use without any additional work. These are called "built in" functions and are available to use right away.

However, built in functions are often limited to basic tasks and do not include more complex or custom functions that you may with to use. Now, you can code more complex functions yourself, building off of the built in functions, but this would take a lot of time and require more in-depth programming knowledge.

The good news is that most programming languages will have optional "libraries" (or packages, or modules, depending on what term your programming language of choice uses) that include additional functions, beyond the built

in function. So before creating a new function from scratch, it is worthwhile to check whether a library exists that includes a function that does what you want to do.

You can think of programming libraries as serving a role similar to actual libraries. For instance, you don't need to memorize every historical event, or write your favorite novel from scratch - you can check out a book from a library to read and learn more!

In the same way, your computer and your programming language of choice doesn't need to always have every single function on hand, which would take up a lot of space. Instead, it can "check out" (load) a "book" (collection of functions) created by another person. You can then use those additional functions the same way you would any function.

This set up saves computer disk space, ensures you don't have to recreate the wheel and make every function from scratch, and provides a level of standardization (e.g., everyone uses the same reference "book" so output should be the same for the same input, across users).

A good rule of thumb is if it *seems* like the function you want is broadly useful, then someone has likely created a library containing it. This is also true for niche or domain-specific functions: if the task is one that comes up a lot in analysis, there is likely a library that has functions for those analysis tasks.

Finding the 'right' library for the function you need can be overwhelming, but a good starting point is the official library collection for a programming language, such as CRAN for R or PyPI for Python.

6.3 Accessing functions in libraries

The syntax for accessing functions in libraries varies by programming language but follows the general process of:

- 1. Install the library from the source. You only need to do this once.
- 2. Load or import the library. You will need to do this every time you want to access a function in a library. By convention, libraries are loaded at the top of a script, so you, and other people, can see at a glance what libraries are needed to run the script.
- 3. Use the functions as normal.

6.3.1 Caveats

6.3.2 Function names

There are only so many function names that make sense in the English language, so there may be functions from *different libraries* that have the same name. How does the programming language know which function you are trying to access? By default, the language will use the function of the more recently loaded or imported package.

Let's say we have two mean() functions, one from library A and one from library B. They differ in their default settings:

- library A defauls to na.rm = TRUE
- library B defaults to na.rm = FALSE

If we load libraries in order A then B and then use mean() as a function, we will be using the mean() function from library B.

```
load(A)
load(B)

values <- c(2, 4, 7, 5, 9, NA)
mean(values)</pre>
```

Our result will be NA.

Conversely, if we load library B then library A, we will use the mean() function from library A.

```
load(B)
load(A)

values <- c(2, 4, 7, 5, 9, NA)
mean(values)</pre>
```

Our value will be 5.4.

The tricky part is that all this happens invisibly. There may or may not -depending on your programming language - be a warning that two libraries contain functions of the same name. So, keeping track of your order of loading is important. If you get any unexpected results, you can double check which library the function you are using is from.

An alternative method is to be explicit about which function you are calling. Most programming languages will allow a syntax along the lines of

library:function() to specify use of a function from a stated library.

```
load(B)
load(A)

values <- c(2, 4, 7, 5, 9, NA)
B:mean(values)

#result will be `NA`</pre>
```

6.3.3 Aliases

You may encounter the concept of an "alias" for a library. This is common in Python, where users can set an alias for a library name, and use that going forward rather than writing out the full library name. This will mostly come up if you are looking for help online, or wondering why you are seeing abbreviations.

For example, Python uses the import term to load a library (or "package" as Python calls them) and allows setting an alias using import package as alias syntax. By convention, many Python users will use standard aliases for common packages, such as:

```
import pandas as pd
import numpy as np
```

Functions can then be called using the explicit package:function syntax, such as pd.DataFrame to designate a pandas DataFrame object.

6.4 Activity reprise for functions

Let's return to the Chapter 2 activity where you created an algorithm to make popcorn.

Call back to popcorn - if function is make_popcorn - what is that for? What are your arguments - is it kernels or is it a bag, what time? make_popcorn(type = kernels, time = 15 minutes, butter = TRUE, salt = TRUE) vs make_popcorn() with defaults import cookbook; cookbook.make_popcorn() ### From stephanie import make_popcorn() ### From kat import make_popcorn()

Libraries, packages, modules Example: min (R), max (Python), mean (SQL), regression (R, Python, Stata) Can look up documentation, most should specify arguments in each function and syntax, as well as defaults for arguments

Comments and Names

Concept of comments, naming of variables and variables Briefly touch on common conventions (like df for dataframe); ask about disciplinary conventions for abbreviations or naming

[SL: kind of moved this into 'caveats' of functions, flagged to discuss]

Common Issues

Some common issues

8.1 Difference between = and ==

The former, = is used to set something as equal as in x = 5 where the variable x is equal to, or has a value of, 5. Conversely, the double equal == is used to test for equality. For instance, if we set a variable x to equal the value 5, the code x == 5 would return True and the code x == 6 would return False.

8.2 Spelling and capitalization matter

The variable x is different from the variable X. Likewise, a function mean() and a function Mean() would be separate functions.

8.3 Special characters and words

Many programming languages reserve specific words for specific tasks. For example, a function called sum() is fairly common across languages. While you *could* make your own alternate function called sum(), this may lead to unexpected results when using the sum() function

Similarly, it is best practice to avoid naming variables or objects the same as common function names. Again, while you *could* write code like **sum = sum()**,

this will get confusing for you, and may lead to unexpected results and code behavior downstream.

The same is true for certain characters. Many programming languages treat NA as a special class of missing value. This is *not* the same as "NA", which would instead be a character string containing the letters NA.

8.4 Ending a code chunk

Ending a statement (needing; or other conclusion)

8.5 Order of operations

overwriting/variable will be whatever most recently set as

8.6 Others [work in progress]

Closing quotes and parenthese

Direct comparison of multiple syntax, so like the same task in R, Python, C, SQL, Stata, Java You don't need to memorize specifics! Reading and writing data / files

Syntax is going to be specific to a language, or package within a language Show some examples of reading/writing data in R, Python, Stata, SQL

Recap and Consultation Tips

Recap - you won't be an expert, the idea is to build up your skillset

9.1 Approaching Consultations

How you may approach consultations - prepare in advance knowing specific question, evening seeing code in advance; have student talk through their code Be clear with what you can and cannot do. Helping with programming vs statistics (for when they ask for help with interpreting something Full disclosure, I am not a statistician) Troubleshooting vs consult Ok to say you don't know! Point to documentation and learning resources

9.2 Three Areas For Errors

Code not running at all → often a syntax error Running unexpectedly / unexpected output

input

logic

output

BD Demo Introduction

Bookdown reference: https://bookdown.org/yihui/bookdown/usage.html

You can label chapter and section titles using {#label} after them, e.g., we can reference Chapter 2. If you do not manually label them, there will be automatic labels anyway, e.g., Chapter 11.

Figures and tables with captions will be placed in figure and table environments, respectively.

```
par(mar = c(4, 4, .1, .1))
plot(pressure, type = 'b', pch = 19)
```

Reference a figure by its code chunk label with the fig: prefix, e.g., see Figure 10.1. Similarly, you can reference tables generated from knitr::kable(), e.g., see Table 10.1.

```
knitr::kable(
  head(iris, 20), caption = 'Here is a nice table!',
  booktabs = TRUE
)
```

You can write citations, too. For example, we are using the **bookdown** package (Xie, 2025) in this sample book, which was built on top of R Markdown and **knitr** (Xie, 2015).

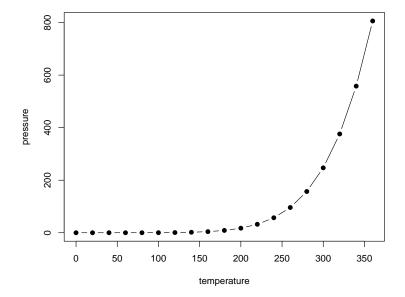


Figure 10.1: Here is a nice figure!

Table 10.1: Here is a nice table!

Sepal.Length	Sepal.Width	Petal.Length	Petal.Width	Species
5.1	3.5	1.4	0.2	setosa
4.9	3.0	1.4	0.2	setosa
4.7	3.2	1.3	0.2	setosa
4.6	3.1	1.5	0.2	setosa
5.0	3.6	1.4	0.2	setosa
5.4	3.9	1.7	0.4	setosa
4.6	3.4	1.4	0.3	setosa
5.0	3.4	1.5	0.2	setosa
4.4	2.9	1.4	0.2	setosa
4.9	3.1	1.5	0.1	setosa
5.4	3.7	1.5	0.2	setosa
4.8	3.4	1.6	0.2	setosa
4.8	3.0	1.4	0.1	setosa
4.3	3.0	1.1	0.1	setosa
5.8	4.0	1.2	0.2	setosa
5.7	4.4	1.5	0.4	setosa
5.4	3.9	1.3	0.4	setosa
5.1	3.5	1.4	0.3	setosa
5.7	3.8	1.7	0.3	setosa
5.1	3.8	1.5	0.3	setosa

10.1 Keeping this below for easy reference while we get used to the bookdown format

Pre requisites

This is a sample book written in Markdown. You can use anything that Pandoc's Markdown supports, e.g., a math equation $a^2 + b^2 = c^2$.

The **bookdown** package can be installed from CRAN or Github:

```
install.packages("bookdown")
# or the development version
# devtools::install_github("rstudio/bookdown")
```

Remember each Rmd file contains one and only one chapter, and a chapter is defined by the first-level heading #.

To compile this example to PDF, you need XeLaTeX. You are recommended to install TinyTeX (which includes XeLaTeX): https://yihui.org/tinytex/.

BD Demo Methods

We describe our methods in this chapter.

Math can be added in body using usual syntax like this

math example 11.1

p is unknown but expected to be around 1/3. Standard error will be approximated

$$SE = \sqrt{\frac{p(1-p)}{n}} \approx \sqrt{\frac{1/3(1-1/3)}{300}} = 0.027$$

You can also use math in footnotes like this¹.

We will approximate standard error to 0.027^2

$$SE = \sqrt{\frac{p(1-p)}{n}} \approx \sqrt{\frac{1/3(1-1/3)}{300}} = 0.027$$

where we mention $p=\frac{a}{b}$ $p=\frac{a}{b}$ where we mention $p=\frac{a}{b}$ is unknown but expected to be around 1/3. Standard error will be approximated

Bibliography

Lynne O'Hanlon (2000). Introduction to computer programming logic. Kendall/Hunt Pub. Co.

Xie, Y. (2015). Dynamic Documents with R and knitr. Chapman and Hall/CRC, Boca Raton, Florida, 2nd edition. ISBN 978-1498716963.

Xie, Y. (2025). bookdown: Authoring Books and Technical Documents with R Markdown. R package version 0.42.