Grocery Shopping List

FRUIT	VEGETABLES	DAIRY	DRINKS
□ grapefruit	□ onions	□ half and half	□ grapefruit juice
□ raspberries	□ carrots	□ milk	□ orange juice
□ strawberries	□ bell peppers	□ yogurt	□ Topo Chico
□ blueberries	□ salad mix	□ queso	□ Gatorade
□ avocados	□ jalapenos	□ sliced cheddar	□ diet ginger ale
□ frozen fruit	□ serrano	□ sliced Havarti	□ diet Coke
	□ spinach	□ sliced provolone	□ diet 7-up/Sprite
	□ cilantro	□ deli meat (ham)	□ protein powder
	□ mushrooms	□ yakult	□ bottled water
	□ potatoes	□ cream cheese	□ Brisk iced tea
	□ tomatoes		□ wine
	□ edamame		□ beer
BREAD	HOME GOODS	GENERAL	CONDIMENTS, OIL,
□ tortillas	□ paper towels	□ coffee	JAM
□ hamburger buns	□ toilet paper		□ ketchup
□ hot dog buns	□ hand soap	SAUCES	□ mustard
□ sandwich bread	□ dishwasher soap	□ BBQ sauce	□ strawberry jam
□ baguette	□ laundry soap		□ fig jam
□ bagels	□ toilet cleaner	NUTS	□ soy sauce
□ brioche		□ walnuts	□ sweet and sour
□ cinnamon rolls		□ almonds	□ hot mustard
□ crescent rolls		□ pecans	□ hummus
		•	
MEAT	GRAINS	CANNED GOODS	OTHER
□ chicken	□ pancake mix	□ black beans	□
□ ground sirloin	□ cereal	□ red beans	
□ ground sausage	□ oatmeal	□ baked beans	
□ bacon	□ potato chips	□ tomato sauce	
□ hot dogs	□ tortilla chips	□ tomato paste	
110t dogs	□ ramen	□ tomato diced	□
	□ rice	□ chipotle adobo	
	□ rice □ crackers	•	
		□ corn	
	□ pita chips	□ coconut milk	