

**2020****CPR & ECC  
GUIDELINES**

# Certificate

Jamie Lee

**has successfully completed**  
**Heartsaver® First Aid**  
**Online Portion**

Congratulations on learning lifesaving skills with the American Heart Association. Hands-on skills practice and testing, conducted by an authorized AHA BLS or Heartsaver Instructor, is required to receive a Heartsaver First Aid course completion card.

For greater success, it is recommended the hands-on skills session be conducted shortly after completing the online portion. Please take this certificate with you to your hands-on skills session.

*This certificate does not constitute successful completion of the full Heartsaver First Aid Course.*

**Path Taken:** First Aid

## Topics Included

Key Steps of First Aid (Finding the Problem\*)  
Precautions (Exposure to Blood & Removing Gloves\*)  
Allergic Reactions (Using an Epinephrine Pen\*)  
Heart Attack  
Stroke  
External Bleeding\* (Direct Pressure and Bandaging & Tourniquets)  
Shock  
Wounds (Eye, Nose, and Tooth Injuries)  
Penetrating and Puncturing Injuries  
Amputation

Internal Bleeding  
Head, Neck, and Spinal Injuries  
Broken Bones and Sprains  
Burns and Electrical Injuries  
Bites and Stings  
Heat-Related Emergencies  
Cold-Related Emergencies  
Poison Emergencies  
Risks of Smoking/Vaping  
Benefits of Healthy Lifestyle

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Certificate Number

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Date Completed