ElementSets from MeshConnectivity

 $Neighbor Vertices In Face, Faces, Vertices, Vertex One Ring, Oriented Vertices from \ Tetrahder on Neighborhoods (\it{M}) \\$

$$M: \mbox{ TetrahedralMesh } \ddot{x}_i \in \mathbb{R}^3 \mbox{ ext pos } x_i \in \mathbb{R}^3 \mbox{ current pos } bx_j \in \mathbb{Z}, \mbox{ index boundary indices } bp_j \in \mathbb{R}^3 \mbox{ boundary positions } w \in \mathbb{R} \mbox{ penalty } \varepsilon \in \mathbb{R} \mbox{ eps } \exp syst: \mathbb{R}^{p \times p} \to \mathbb{R}^{p \times p}, \mbox{ sparse } \infinity: \mathbb{R}$$

$$V, E, F, C = ElementSets(M) \mbox{ vol}_{i,j,k,l} = \frac{1}{6} \left[\left| \left[\ddot{x}_j - \ddot{x}_i \ \ddot{x}_k - \ddot{x}_i \ \ddot{x}_l - \ddot{x}_i \right] \right] \mbox{ where } s \in C \mbox{ a, b, c, d} = OrientedVertices(s) \mbox{ if } |m| <= 0 \mbox{ otherwise } \sin s \in C \mbox{ x, c} \mathbb{R}^3 \mbox{ a, b, c, d} = OrientedVertices(s) \mbox{ me } [x_b - x_a \ x_c - x_a \ x_d - x_a] \mbox{ fminity } \sin s |m| <= 0 \mbox{ otherwise } \sin s \in C \mbox{ x, c} \mathbb{R}^3 \mbox{ a, b, c, d} = OrientedVertices(s) \mbox{ me } [x_b - x_a \ x_c - x_a \ x_d - x_a] \mbox{ fminity } \sin s |m| <= 0 \mbox{ otherwise } \sin s \in C \mbox{ x, c} \mathbb{R}^3 \mbox{ a, b, c, d} = OrientedVertices(s) \mbox{ me } [x_b - x_a \ x_c - x_a \ x_d - x_a] \mbox{ fminity } \sin s |m| <= 0 \mbox{ otherwise } \sin s \in C \mbox{ x, c} \mathbb{R}^3 \mbox{ a, b, c, d} = OrientedVertices(s) \mbox{ me } [x_b - x_a \ x_c - x_a \ x_d - x_a] \mbox{ fminity } \sin s |m| <= 0 \mbox{ otherwise } \sin s \in C \mbox{ x, c} \mathbb{R}^3 \mbox{ a, b, c, d} = OrientedVertices(s) \mbox{ me } [x_b - x_a \ x_c - x_a \ x_d - x_a] \mbox{ J m } mr(s)^{-1} \mbox{ otherwise } \sin s \in C \mbox{ x, c} \mathbb{R}^3 \mbox{ a, b, c, d} = OrientedVertices(s) \mbox{ me } [x_b - x_a \ x_c - x_a \ x_d - x_a] \mbox{ J m } mr(s)^{-1} \mbox{ Evolutions} \mbox{ otherwise } \sin s \in C \mbox{ x, c} \mathbb{R}^3 \mbox{ a, b, c, d} = OrientedVertices(s) \mbox{ me } [x_b - x_a \ x_c - x_a \ x_d - x_a] \mbox{ J m } mr(s)^{-1} \mbox{ Evolutions} \mbox{ otherwise } \sin s \in C \mbox{ x, c} \mathbb{R}^3 \mbox{ a, b, c, d} = OrientedVertices(s) \mbox{ me } [x_b - x_a \ x_c - x_a \ x_d - x_a] \mbox{ J m } mr(s)^{-1} \mbox{ Evolutions} \mbox{ otherwise } \sin s = C \mbox{ x, c} \mathbb{R}^3 \mbox{ a, b, c, d} = OrientedVertices(s) \mbox{ me } [x_b - x_a \ x_d - x_a] \mbox{ J m } mr(s)^{-1} \mbox{ otherwise } \sin s = C$$