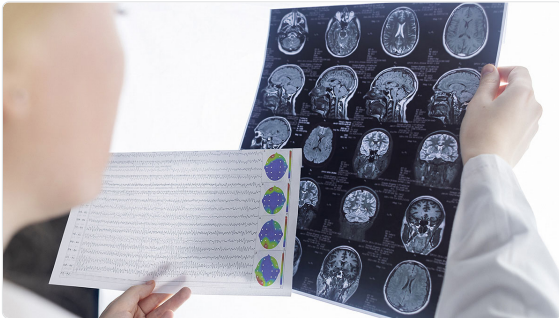




# Epilepsy

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## Basics

Describes basic information about epilepsy and seizures.

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## First Aid for Seizures

Steps to take to provide seizure first aid.



## Health and Safety Concerns

Common concerns: mental health, injury and death, seizure triggers, driving, and exercise.



## Seizures

A description of the types of seizures.



## Treatment and Management



## Prevention

A description of health habits that someone can do to help prevent epilepsy.



## Treatment

A description of the different treatment options for epilepsy.



## Managing Epilepsy

Self-management strategies people with epilepsy can use to improve their health.

## For Professionals



## Facts and Stats

Important facts and statistics about epilepsy.

[Learn More >](#)

## Guidance for Schools

Epilepsy guidance and training resources for school nurses and staff.



## Managing Epilepsy Well Network

A description of the Managing Epilepsy Well Network's programs and accomplishments.



