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Streptococcal Infections

Also called: Strep

Strep is short for Streptococcus, a type of bacteria. There are several types. Two of them cause most of the strep infections in people: group A and group B.

Group A strep causes:

- Strep throat - a sore, red throat. Your tonsils [<https://medlineplus.gov/tonsillitis.html>] may be swollen and have white spots on them.
- Scarlet fever - an illness that follows strep throat. It causes a red rash on the body.
- Impetigo [<https://medlineplus.gov/impetigo.html>] - a skin infection
- Toxic shock syndrome
- Cellulitis [<https://medlineplus.gov/cellulitis.html>] and necrotizing fasciitis (flesh-eating disease)

Group B strep can cause blood infections, pneumonia and meningitis in newborns. A screening test during pregnancy can tell if you have it. If you do, intravenous (IV) antibiotics during labor can save your baby's life. Adults can also get group B strep infections, especially if they are 65 or older or already have health problems. Strep B can cause urinary tract infections, blood infections, skin infections and pneumonia in adults.

Antibiotics are used to treat strep infections.

Start Here

- Group A Streptococcal Infections [<https://www.niaid.nih.gov/diseases-conditions/group-streptococcal-infections>]  (National Institute of Allergy and Infectious Diseases)
- Strep Throat in Kids and Teens [<https://kidshealth.org/en/parents/strep-throat.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/strep-throat.html>]

Diagnosis and Tests

- Strep A Test [<https://medlineplus.gov/lab-tests/strep-a-test/>]  (National Library of Medicine)
Also in Spanish [<https://medlineplus.gov/spanish/pruebas-de-laboratorio/prueba-de-estreptococos-a/>]
- Strep B Test [<https://medlineplus.gov/lab-tests/strep-b-test/>]  (National Library of Medicine)
Also in Spanish [<https://medlineplus.gov/spanish/pruebas-de-laboratorio/prueba-de-estreptococos-del-grupo-b/>]
- Strep Test: Rapid (For Parents) [<https://kidshealth.org/en/parents/test-rapid-strep.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/test-rapid-strep.html>]
- Strep Test: Throat Culture (For Parents) [<https://kidshealth.org/en/parents/labtest11.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/labtest11.html>]

Prevention and Risk Factors

- Preventing Group B Strep Disease in Newborns [<https://www.cdc.gov/group-b-strep/prevention/>] (Centers for Disease Control and Prevention)
Also in Spanish [<https://www.cdc.gov/group-b-strep/es/risk-factors/factores-de-riesgo-de-la-enfermedad-por-estreptococos-del-grupo-b.html>]

Related Issues

- About Scarlet Fever [<https://www.cdc.gov/group-a-strep/about/scarlet-fever.html>] (Centers for Disease Control and Prevention)
Also in Spanish [<https://www.cdc.gov/group-a-strep/es/about/sintomas-de-la-escarlatina.html>]
- Glomerulonephritis [<https://www.mayoclinic.org/diseases-conditions/glomerulonephritis/symptoms-causes/syc-20355705?p=1>] (Mayo Foundation for Medical Education and Research)
- Glomerulonephritis (For Parents) [<https://kidshealth.org/en/parents/glomerulonephritis.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/glomerulonephritis.html>]
- Sydenham Chorea [<https://www.ninds.nih.gov/health-information/disorders/sydenham-chorea>]  (National Institute of Neurological Disorders and Stroke)

Specifics

- About Necrotizing Fasciitis [<https://www.cdc.gov/group-a-strep/about/necrotizing-fasciitis.html>] (Centers for Disease Control and Prevention)
Also in Spanish [<https://www.cdc.gov/group-a-strep/es/about/acerca-de-la-fascitis-necrosante.html>]
- About Strep Throat [<https://www.cdc.gov/group-a-strep/about/strep-throat.html>] (Centers for Disease Control and Prevention)
Also in Spanish [<https://www.cdc.gov/group-a-strep/es/about/acerca-de-la-infeccion-de-garganta-por-estreptococos.html>]
- Toxic Shock Syndrome (For Parents) [<https://kidshealth.org/en/parents/toxic-shock.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/toxic-shock.html>]

Statistics and Research

- Group B Strep Surveillance and Trends [<https://www.cdc.gov/group-b-strep/php/surveillance/>] (Centers for Disease Control and Prevention)

Clinical Trials

- ClinicalTrials.gov: Rheumatic Fever [<https://clinicaltrials.gov/search?cond=%22Rheumatic+Fever%22&aggFilters=status:not%20rec>]  (National Institutes of Health)
- ClinicalTrials.gov: Streptococcal Infections [<https://clinicaltrials.gov/search?cond=%22Streptococcal+Infections%22&aggFilters=status:not%20rec>]  (National Institutes of Health)

Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)

- Article: Hyperglycemia enhances group B Streptococcus pathogenicity by impairing TLR2 expression and... [<https://www.ncbi.nlm.nih.gov/pubmed/40746553>]
- Article: Wastewater Surveillance for Group A Streptococcus pyogenes in a Small City. [<https://www.ncbi.nlm.nih.gov/pubmed/40732705>]
- Article: An analysis of the vaginal microbiota in women positive for group... [<https://www.ncbi.nlm.nih.gov/pubmed/40713506>]
- Streptococcal Infections -- see more articles [[https://pubmed.ncbi.nlm.nih.gov/?term=%22Streptococcal+Infections%22%5Bmajr%3Anoexp%5D+AND+humans%5Bmh%5D+AND+english%5Bla%5D+AND+last+1+Year%22+%5Bdat%5D+NOT+%28letter%5Bpt%5D+OR+case+reports%5Bpt%5D+OR+editorial%5Bpt%5D+OR+comment%5Bpt%5D%29+AND+free+full+text%5Bsb%5D+\]](https://pubmed.ncbi.nlm.nih.gov/?term=%22Streptococcal+Infections%22%5Bmajr%3Anoexp%5D+AND+humans%5Bmh%5D+AND+english%5Bla%5D+AND+last+1+Year%22+%5Bdat%5D+NOT+%28letter%5Bpt%5D+OR+case+reports%5Bpt%5D+OR+editorial%5Bpt%5D+OR+comment%5Bpt%5D%29+AND+free+full+text%5Bsb%5D+)

Find an Expert

- Centers for Disease Control and Prevention [<https://www.cdc.gov/>]
Also in Spanish [<https://www.cdc.gov/spanish/>]
- National Institute of Allergy and Infectious Diseases [<https://www.niaid.nih.gov/>] 

Children

- Group A Strep Infections (For Parents) [<https://kidshealth.org/en/parents/group-a-strep.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/group-a-strep.html>]
- PANS (Pediatric Acute-onset Neuropsychiatric Syndrome) and PANDAS (Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections): Questions and Answers [<https://www.nimh.nih.gov/health/publications/pandas>] 
(National Institute of Mental Health)
Also in Spanish [<https://www.nimh.nih.gov/health/publications/espanol/pandas-preguntas-y-respuestas>]
- Recurring Strep Throat: When Is Tonsillectomy Useful? [<https://www.mayoclinic.org/diseases-conditions/strep-throat/expert-answers/recurring-strep-throat/FAQ-20058360?p=1>] (Mayo Foundation for Medical Education and Research)
Also in Spanish [<https://www.mayoclinic.org/es/diseases-conditions/strep-throat/expert-answers/recurring-strep-throat/faq-20058360?p=1>]
- Rheumatic Fever [<https://www.heart.org/en/health-topics/rheumatic-fever>] (American Heart Association)
- Scarlet Fever [<https://skinsight.com/skin-conditions/scarlet-fever/?lmiw9cApI>] (VisualDX)
- Scarlet Fever (For Parents) [<https://kidshealth.org/en/parents/scarlet-fever.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/scarlet-fever.html>]
- Sepsis [<https://kidshealth.org/en/parents/sepsis.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/sepsis-es.html>]
- Strep Throat (For Kids) [<https://kidshealth.org/en/kids/strep-throat.html>] 
(Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/kids/strep-throat.html>]

Teenagers

- Toxic Shock Syndrome (For Teens) [<https://kidshealth.org/en/teens/tss.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/teens/tss.html>]

Women

- Group B Strep Infection [<https://familydoctor.org/condition/group-b-strep-infection/?adfree=true>]
(American Academy of Family Physicians)
Also in Spanish [<https://es.familydoctor.org/condicion/infeccion-por-estreptococo-del-grupo-b-es/?adfree=true>]

Patient Handouts

- Ecthyma [<https://medlineplus.gov/ency/article/000864.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/000864.htm>]
- Erysipelas [<https://medlineplus.gov/ency/article/000618.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/000618.htm>]
- Group B streptococcal septicemia of the newborn [<https://medlineplus.gov/ency/article/001366.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/001366.htm>]
- Group B streptococcus - pregnancy [<https://medlineplus.gov/ency/patientinstructions/000511.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/patientinstructions/000511.htm>]
- Perianal streptococcal cellulitis [<https://medlineplus.gov/ency/article/001346.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/001346.htm>]
- Rheumatic fever [<https://medlineplus.gov/ency/article/003940.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/003940.htm>]

- Scarlet fever [<https://medlineplus.gov/ency/article/000974.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/000974.htm>]
- Strep throat [<https://medlineplus.gov/ency/article/000639.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/000639.htm>]
- Streptococcal screen [<https://medlineplus.gov/ency/article/003745.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/003745.htm>]
- Throat swab culture [<https://medlineplus.gov/ency/article/003746.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/003746.htm>]
- Toxic shock syndrome [<https://medlineplus.gov/ency/article/000653.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/000653.htm>]



MEDICAL ENCYCLOPEDIA

- Anti-DNase B blood test [<https://medlineplus.gov/ency/article/003537.htm>]
- Antistreptolysin O titer [<https://medlineplus.gov/ency/article/003522.htm>]
- Ecthyma [<https://medlineplus.gov/ency/article/000864.htm>]
- Erysipelas [<https://medlineplus.gov/ency/article/000618.htm>]
- Group B streptococcal septicemia of the newborn [<https://medlineplus.gov/ency/article/001366.htm>]
- Group B streptococcus - pregnancy [<https://medlineplus.gov/ency/patientinstructions/000511.htm>]
- Necrotizing soft tissue infection [<https://medlineplus.gov/ency/article/001443.htm>]
- Perianal streptococcal cellulitis [<https://medlineplus.gov/ency/article/001346.htm>]
- Poststreptococcal glomerulonephritis (GN) [<https://medlineplus.gov/ency/article/000503.htm>]
- Rheumatic fever [<https://medlineplus.gov/ency/article/003940.htm>]
- Scarlet fever [<https://medlineplus.gov/ency/article/000974.htm>]
- Strep throat [<https://medlineplus.gov/ency/article/000639.htm>]
- Streptococcal screen [<https://medlineplus.gov/ency/article/003745.htm>]
- Sydenham chorea [<https://medlineplus.gov/ency/article/001358.htm>]
- Throat swab culture [<https://medlineplus.gov/ency/article/003746.htm>]
- Toxic shock syndrome [<https://medlineplus.gov/ency/article/000653.htm>]

Related Health Topics

[Cellulitis](https://medlineplus.gov/cellulitis.html) [https://medlineplus.gov/cellulitis.html]

[Impetigo](https://medlineplus.gov/impetigo.html) [https://medlineplus.gov/impetigo.html]

[Pneumococcal Infections](https://medlineplus.gov/pneumococcalinfections.html) [https://medlineplus.gov/pneumococcalinfections.html]

[Tonsillitis](https://medlineplus.gov/tonsillitis.html) [https://medlineplus.gov/tonsillitis.html]

National Institutes of Health

The primary NIH organization for research on *Streptococcal Infections* is the National Institute of Allergy and Infectious Diseases [<http://www.niaid.nih.gov/>]

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Last updated June 29, 2025