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Common Infant and Newborn Problems

It is hard when your baby is sick. Common health problems in babies include colds, coughs, fevers, and vomiting. Babies also commonly have skin problems, like diaper rash or cradle cap




[<https://medlineplus.gov/dandruffcradlecapandotherscalpconditions.html>] .

Many of these problems are not serious. It is important to know how to help your sick baby, and to know the warning signs for more serious problems. Trust your intuition - if you are worried about your baby, call your health care provider right away.

Start Here

- 11 Common Conditions in Newborns [<https://www.healthychildren.org/English/ages-stages/baby/pages/Common-Conditions-in-Newborns.aspx>] (American Academy of Pediatrics)
Also in Spanish [<https://www.healthychildren.org/spanish/ages-stages/baby/paginas/common-conditions-in-newborns.aspx>]
- What Are Some of the Basics of Infant Health? [<https://www.nichd.nih.gov/health/topics/infantcare/conditioninfo/basics>]  (Eunice Kennedy Shriver National Institute of Child Health and Human Development)
Also in Spanish [<https://espanol.nichd.nih.gov/salud/temas/infantcare/informacion/afectan>]



Treatments and Therapies

- How to Give Your Child Medicine [<https://familydoctor.org/how-to-give-your-child-medicine/?adfree=true>] (American Academy of Family Physicians)
Also in Spanish [<https://es.familydoctor.org/como-dar-un-medicamento-a-su-hijo/?adfree=true>]
- How to Treat Diaper Rash [<https://www.aad.org/public/everyday-care/itchy-skin/rash/treat-diaper-rash?NoAds>]  (American Academy of Dermatology)
- Should You Give Kids Medicine for Coughs and Colds? [<https://www.fda.gov/consumers/consumer-updates/should-you-give-kids-medicine-coughs-and-colds>] (Food and Drug Administration)
Also in Spanish [<https://www.fda.gov/consumers/articulos-para-el-consumidor-en-espanol/cuando-dar-medicina-para-la-tos-y-el-resfriado-los-ninos>]
- Treating Vomiting: What to Do When Your Child is Throwing Up [<https://www.healthychildren.org/English/health-issues/conditions/abdominal/pages/Treating-Vomiting.aspx>] (American Academy of Pediatrics)
Also in Spanish [<https://www.healthychildren.org/spanish/health-issues/conditions/abdominal/paginas/treating-vomiting.aspx>]
- Use Caution When Giving Cough and Cold Products to Kids [<https://www.fda.gov/drugs/special-features/use-caution-when-giving-cough-and-cold-products-kids>] (Food and Drug Administration)
- What's a Tear Duct Probe (Treating Tear-Duct Blockage)? (For Parents)
[https://kidshealth.org/en/parents/tear_duct_probe_animation.html]  (Nemours Foundation)
Also in Spanish [https://kidshealth.org/es/parents/tear_duct_probe_animation.html]
- What's Tear Duct Massage (Treating Tear-Duct Blockage)? (For Parents)
[https://kidshealth.org/en/parents/tear_duct_massage_animation.html]  (Nemours Foundation)
Also in Spanish [https://kidshealth.org/es/parents/tear_duct_massage_animation.html]

Related Issues

- **Choosing a Pediatrician for Your New Baby** [<https://kidshealth.org/en/parents/find-ped.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/find-ped.html>]
- **Getting the Most From a Doctor's Visit** [<https://kidshealth.org/en/parents/talk-doctor.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/talk-doctor.html>]
- **Sick Baby? When to Seek Medical Attention** [<https://www.mayoclinic.org/healthy-lifestyle/infant-and-toddler-health/in-depth/healthy-baby/art-20047793?p=1>] (Mayo Foundation for Medical Education and Research)
Also in Spanish [<https://www.mayoclinic.org/es/healthy-lifestyle/infant-and-toddler-health/in-depth/healthy-baby/art-20047793?p=1>]

Specifics

- **Baby Acne** [<https://www.mayoclinic.org/diseases-conditions/baby-acne/symptoms-causes/syc-20369880?p=1>] (Mayo Foundation for Medical Education and Research)
Also in Spanish [<https://www.mayoclinic.org/es/diseases-conditions/baby-acne/symptoms-causes/syc-20369880?p=1>]
- **Colic** [<https://kidshealth.org/en/parents/colic.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/colic.html>]
- **Colic in Babies** [<https://familydoctor.org/condition/colic/?adfree=true>] (American Academy of Family Physicians)
Also in Spanish [<https://es.familydoctor.org/condicion/colicos-es/?adfree=true>]
- **Colic Symptoms and Causes** [<https://www.mayoclinic.org/diseases-conditions/colic/symptoms-causes/syc-20371074?p=1>] (Mayo Foundation for Medical Education and Research)
- **Common Cold in Babies: Symptoms and Causes** [<https://www.mayoclinic.org/diseases-conditions/common-cold-in-babies/symptoms-causes/syc-20351651?p=1>] (Mayo Foundation for Medical Education and Research)
Also in Spanish [<https://www.mayoclinic.org/es/diseases-conditions/common-cold-in-babies/symptoms-causes/syc-20351651?p=1>]
- **Coughing (For Parents)** [<https://kidshealth.org/en/parents/childs-cough.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/childs-cough.html>]
- **Diaper Rash** [<https://kidshealth.org/en/parents/diaper-rash.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/diaper-rash.html>]
- **Diaper Rash** [<https://www.mayoclinic.org/diseases-conditions/diaper-rash/symptoms-causes/syc-20371636?p=1>] (Mayo Foundation for Medical Education and Research)
- **Ear Infection Symptoms and Treatment** [<https://familydoctor.org/condition/ear-infection/?adfree=true>] (American Academy of Family Physicians)
Also in Spanish [<https://es.familydoctor.org/condicion/infeccion-de-oido-es/?adfree=true>]
- **Fever (High Temperature) In Kids** [<https://kidshealth.org/en/parents/fever.html>]  (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/fever.html>]
- **Flat Head Syndrome (Positional Plagiocephaly)** [<https://kidshealth.org/en/parents/positional-plagiocephaly.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/positional-plagiocephaly.html>]
- **Jaundice and Breastfeeding** [<https://www.cdc.gov/breastfeeding-special-circumstances/hcp/illnesses-conditions/jaundice.html>] (Centers for Disease Control and Prevention)
- **Jaundice in Newborns** [<https://kidshealth.org/en/parents/jaundice.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/jaundice.html>]
- **Oral Thrush** [<https://kidshealth.org/en/parents/thrush.html>] (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/thrush.html>]
- **Plagiocephaly** [<https://familydoctor.org/condition/plagiocephaly/?adfree=true>] (American Academy of Family Physicians)
Also in Spanish [<https://es.familydoctor.org/condicion/que-es-la-plagiocefalia-es/?adfree=true>]
- **Surgery for Tear Duct Blockage** [<https://kidshealth.org/en/parents/tear-duct-obstruct-surgery.html>]  (Nemours Foundation)
Also in Spanish [<https://kidshealth.org/es/parents/tear-duct-obstruct-surgery.html>]
- **Vomiting (For Parents)** [<https://kidshealth.org/en/parents/vomit.html>] (Nemours Foundation)

Also in Spanish [<https://kidshealth.org/es/parents/vomit.html>]

- Your Child's Vision [<https://kidshealth.org/en/parents/vision.html>] (Nemours Foundation)

Also in Spanish [<https://kidshealth.org/es/parents/vision.html>]




Images

- Congenital Dermal Melanocytosis (Blue-Gray Spot) [<https://skinsight.com/skin-conditions/blue-gray-spot-mongolian-spot/?lmiw9cApl=1>] (VisualDX)
- Diaper Dermatitis [<https://skinsight.com/skin-conditions/diaper-dermatitis-candidiasis/?lmiw9cApl=1>] (VisualDX)
- Diaper Rash (Irritant Diaper Dermatitis) [<https://skinsight.com/skin-conditions/diaper-irritant-dermatitis/?lmiw9cApl=1>] (VisualDX)
- Heat Rash or Prickly Heat (Miliaria Rubra) [<https://skinsight.com/skin-conditions/miliaria-rubra/infant/?lmiw9cApl=1>] (VisualDX)
- Milia [<https://skinsight.com/skin-conditions/milia/infant/?lmiw9cApl=1>] (VisualDX)

Health Check Tools

- Elimination Problems or Constipation in Infants and Children [<https://familydoctor.org/symptom/elimination-problems-infants-children/?adfree=true>] (American Academy of Family Physicians)
Also in Spanish [<https://es.familydoctor.org/sintoma/problemas-de-eliminacion-en-lactantes-y-ninos/?adfree=true>]
- Feeding Problems in Infants and Children [<https://familydoctor.org/symptom/feeding-problems-infants-children/?adfree=true>] (American Academy of Family Physicians)
Also in Spanish [<https://es.familydoctor.org/sintoma/problemas-para-alimentar-lactantes-y-ninos/?adfree=true>]
- Fever in Infants and Children [<https://familydoctor.org/symptom/fever-infants-children/?adfree=true>] (American Academy of Family Physicians)
Also in Spanish [<https://es.familydoctor.org/sintoma/fiebre-en-lactantes-y-ninos/?adfree=true>]
- Mouth Problems in Infants and Children [<https://familydoctor.org/symptom/mouth-problems-infants-children/?adfree=true>] (American Academy of Family Physicians)
Also in Spanish [<https://es.familydoctor.org/sintoma/problemas-de-la-boca-en-lactantes-y-ninos/?adfree=true>]
- Nausea and Vomiting in Infants and Children [<https://familydoctor.org/symptom/nausea-vomiting-infants-children/?adfree=true>] (American Academy of Family Physicians)
Also in Spanish [<https://es.familydoctor.org/sintoma/nauseas-y-vomito-en-lactantes-y-en-ninos/?adfree=true>]

Clinical Trials

- ClinicalTrials.gov: Diaper Rash [<https://clinicaltrials.gov/search?cond=%22Diaper+Rash%22&aggFilters=status:not%20rec>]  (National Institutes of Health)
- ClinicalTrials.gov: Infant, Newborn, Diseases [<https://clinicaltrials.gov/search?cond=%22Infant,+Newborn,+Diseases%22&aggFilters=status:not%20rec>]  (National Institutes of Health)
- ClinicalTrials.gov: Infantile Colic [<https://clinicaltrials.gov/search?cond=%22Infantile+Colic%22&aggFilters=status:not%20rec>]  (National Institutes of Health)


Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)

- Article: Neonatal complications and referral practices at birth: insights from a population-based... [<https://www.ncbi.nlm.nih.gov/pubmed/40685242>]
- Article: Burden of Maternal and Neonatal Disorder in Nepal from 1990 to... [<https://www.ncbi.nlm.nih.gov/pubmed/40656920>]
- Article: Global, regional, and national burden of neonatal diseases attributable to particulate... [<https://www.ncbi.nlm.nih.gov/pubmed/40552221>]

Common Infant and Newborn Problems -- see more articles [<https://pubmed.ncbi.nlm.nih.gov/?term=%22Infant%2C+Newborn%2C+Diseases%22%5Bmajr%3Anoexp%5D+AND+humans%5Bmh%5D+AND+english%5Bla%5D+AND+%22last+1+Year%22+%5Bedat%5D+NOT+%28letter%5Bpt%5D+OR+case+reports%5Bpt%5D+OR+editorial%5Bpt%5D+OR+comment%5Bpt%5D%29+AND+free+full+text%5Bsb%5D+>]

Find an Expert

- Eunice Kennedy Shriver National Institute of Child Health and Human Development [<https://www.nichd.nih.gov/>] 
Also in Spanish [<https://espanol.nichd.nih.gov/>]
- Find a Pediatrician or Pediatric Specialist [<https://www.healthychildren.org/english/tips-tools/find-pediatrician/pages/pediatrician-referral-service.aspx>] (American Academy of Pediatrics)
Also in Spanish [<https://www.healthychildren.org/spanish/tips-tools/find-pediatrician/paginas/pediatrician-referral-service.aspx>]
- KidsHealth [<https://kidshealth.org/>] (Nemours Foundation)

Patient Handouts

- Colic and crying - self-care [<https://medlineplus.gov/ency/patientinstructions/000753.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/patientinstructions/000753.htm>]
- Diaper rash [<https://medlineplus.gov/ency/article/000964.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/000964.htm>]
- Diarrhea in infants [<https://medlineplus.gov/ency/patientinstructions/000691.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/patientinstructions/000691.htm>]
- Excessive crying in infants [<https://medlineplus.gov/ency/article/003023.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/003023.htm>]
- Newborn jaundice - discharge [<https://medlineplus.gov/ency/patientinstructions/000296.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/patientinstructions/000296.htm>]
- Rash - child under 2 years [<https://medlineplus.gov/ency/article/003259.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/003259.htm>]
- When your baby or infant has a fever [<https://medlineplus.gov/ency/patientinstructions/000319.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/patientinstructions/000319.htm>]



MEDICAL ENCYCLOPEDIA

- Colic and crying - self-care [<https://medlineplus.gov/ency/patientinstructions/000753.htm>]
- Dermal melanocytosis [<https://medlineplus.gov/ency/article/001472.htm>]
- Diaper rash [<https://medlineplus.gov/ency/article/000964.htm>]
- Diarrhea in infants [<https://medlineplus.gov/ency/patientinstructions/000691.htm>]
- Diastasis recti [<https://medlineplus.gov/ency/article/001602.htm>]

Ear tag [<https://medlineplus.gov/ency/article/003304.htm>]

Epstein pearls [<https://medlineplus.gov/ency/article/001603.htm>]

Erythema toxicum [<https://medlineplus.gov/ency/article/001458.htm>]

Excessive crying in infants [<https://medlineplus.gov/ency/article/003023.htm>]

Exchange transfusion [<https://medlineplus.gov/ency/article/002923.htm>]

Exchange transfusion - series [https://medlineplus.gov/ency/presentations/100018_1.htm]

Fussy or irritable child [<https://medlineplus.gov/ency/article/003214.htm>]

Hormonal effects in newborns [<https://medlineplus.gov/ency/article/001911.htm>]

Milia [<https://medlineplus.gov/ency/article/001367.htm>]

Newborn jaundice - discharge [<https://medlineplus.gov/ency/patientinstructions/000296.htm>]

Rash - child under 2 years [<https://medlineplus.gov/ency/article/003259.htm>]

Skin findings in newborns [<https://medlineplus.gov/ency/article/002301.htm>]

Teething [<https://medlineplus.gov/ency/article/002045.htm>]

When your baby or infant has a fever [<https://medlineplus.gov/ency/patientinstructions/000319.htm>]

Your baby and the flu [<https://medlineplus.gov/ency/article/007444.htm>]

Related Health Topics

Baby Health Checkup [<https://medlineplus.gov/babyhealthcheckup.html>]

Dandruff, Cradle Cap, and Other Scalp Conditions
[<https://medlineplus.gov/dandruffcradlecapandotherscalpconditions.html>]

Infant and Newborn Care [<https://medlineplus.gov/infantandnewborncare.html>]

Infant and Newborn Development [<https://medlineplus.gov/infantandnewborndevelopment.html>]

Infant and Newborn Nutrition [<https://medlineplus.gov/infantandnewbornnutrition.html>]

Medicines and Children [<https://medlineplus.gov/medicinesandchildren.html>]

Reflux in Infants [<https://medlineplus.gov/refluxininfants.html>]

Uncommon Infant and Newborn Problems [<https://medlineplus.gov/uncommoninfantandnewbornproblems.html>]

National Institutes of Health

The primary NIH organization for research on *Common Infant and Newborn Problems* is the Eunice Kennedy Shriver National Institute of Child Health and Human Development [<https://www.nichd.nih.gov/Pages/index.aspx>]

Other Languages

Find health information in languages other than English

[<https://medlineplus.gov/languages/commoninfantandnewbornproblems.html>] on *Common Infant and Newborn Problems*

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