



Do you
worry
about how m
someone dri

Who Are Al-Anon Members?

Al-Anon members are people, just like you, who are worried about someone with a drinking problem.



Family members have the opportunity to learn from the experiences of others who have faced similar problems.

[Read More >](#)

Teens come together to share experiences to find effective ways to cope with problems.

[Teen Corner >](#)

Self-assessment quizzes are designed to help you decide whether Al-Anon or Alateen might be able to help.

[Self Quiz >](#)

Al-Anon/Alateen Meetings
are held around the world:
Find a meeting or an Al-Anon office near you.

AL-ANON MEETINGS



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