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Eyelid Disorders

Your eyelids help protect your eyes. When you blink, your eyelids spread moisture over your eyes. Blinking also helps move dirt or other particles off the surface of the eye. You close your eyelids when you see something coming toward your eyes. This can help protect against injuries.

Like most other parts of your body, your eyelids can get infected, inflamed, or even develop cancer. There are also specific eyelid problems, including:

- Eyelids that turn in or out
- Eyelids that droop
- Abnormal blinking or twitching

Treatment of eyelid problems depends on the cause.

Start Here

- Eye Problems: Symptom Checker Flowchart [<https://familydoctor.org/symptom/eye-problems/?adfree=true>] (American Academy of Family Physicians)
Also in Spanish [<https://es.familydoctor.org/sintoma/problemas-de-los-ojos/?adfree=true>]

Symptoms

- Eye Symptoms [<https://www.aao.org/eye-health/symptoms-list>] (American Academy of Ophthalmology)
Also in Spanish [<https://www.aao.org/salud-ocular/sintomas-lista>]

Treatments and Therapies

- Blepharoplasty - series [https://medlineplus.gov/ency/presentations/100183_1.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/esp_presentations/100183_1.htm]

Specifics

- Bell's Palsy: MedlinePlus Health Topic [<https://medlineplus.gov/bellspalsy.html>]  (National Library of Medicine)
Also in Spanish [<https://medlineplus.gov/spanish/bellspalsy.html>]
- Benign Essential Blepharospasm [<https://www.ninds.nih.gov/health-information/disorders/benign-essential-blepharospasm>]  (National Institute of Neurological Disorders and Stroke)
- Blepharitis [<https://www.nei.nih.gov/learn-about-eye-health/eye-conditions-and-diseases/blepharitis>] 
Also in Spanish [<https://www.nei.nih.gov/espanol/aprenda-sobre-la-salud-ocular/enfermedades-y-afecciones-de-los-ojos/blefaritis>]
- Blepharospasm [<https://www.nei.nih.gov/learn-about-eye-health/eye-conditions-and-diseases/blepharospasm>] 
Also in Spanish [<https://www.nei.nih.gov/espanol/aprenda-sobre-la-salud-ocular/enfermedades-y-afecciones-de-los-ojos/blefaroespasio>]

- Dark Circles under Eyes [<https://www.mayoclinic.org/symptoms/dark-circles-under-eyes/basics/definition/SYM-20050624?p=1>] (Mayo Foundation for Medical Education and Research)

Also in Spanish [<https://www.mayoclinic.org/es/symptoms/dark-circles-under-eyes/basics/definition/sym-20050624?p=1>]
- Eye Twitching [<https://www.mayoclinic.org/symptoms/eye-twitching/basics/definition/SYM-20050838?p=1>] (Mayo Foundation for Medical Education and Research)
- Eyelid Growths [<https://www.merckmanuals.com/home/eye-disorders/eyelid-and-tearing-disorders/eyelid-growths>] (Merck & Co., Inc.)

Also in Spanish [<https://www.merckmanuals.com/es-us/hogar/trastornos-oft%C3%A1lmicos/trastornos-de-los-p%C3%A1rpados-y-de-las-1%C3%A1grimas/excrecencias-en-los-p%C3%A1rpados>]
- Eyelid Trouble? Managing Blepharitis [<https://newsinhealth.nih.gov/2020/12/eyelid-trouble>]  (National Institutes of Health)

Also in Spanish [<https://salud.nih.gov/recursos-de-salud/nih-noticias-de-salud/problemas-con-los-parpados>]
- Meibomian Gland Dysfunction and Treatment [<https://www.aapos.org/glossary/meibomian-gland-dysfunction-and-treatment>] (American Association for Pediatric Ophthalmology and Strabismus)
- Ptosis [<https://www.aapos.org/glossary-ptosis>] (American Association for Pediatric Ophthalmology and Strabismus)
- Sebaceous Carcinoma: Overview [<https://www.aad.org/public/diseases/skin-cancer/types/common/sebaceous?NoAds>] (American Academy of Dermatology)
- Sty (Sty) [<https://www.mayoclinic.org/diseases-conditions/sty/symptoms-causes/syc-20378017?p=1>] (Mayo Foundation for Medical Education and Research)

Also in Spanish [<https://www.mayoclinic.org/es/diseases-conditions/sty/symptoms-causes/syc-20378017?p=1>]
- Trichiasis [<https://www.merckmanuals.com/home/eye-disorders/eyelid-and-tearing-disorders/trichiasis>] (Merck & Co., Inc.)

Also in Spanish [<https://www.merckmanuals.com/es-us/hogar/trastornos-oft%C3%A1lmicos/trastornos-de-los-p%C3%A1rpados-y-de-las-1%C3%A1grimas/triquiasis>]
- What Is the Difference Between a Sty and a Chalazion? Causes, Symptoms, Treatment [<https://www.aao.org/eye-health/diseases/what-are-chalazia-styles>] (American Academy of Ophthalmology)

Also in Spanish [<https://www.aao.org/salud-ocular/enfermedades/chalazion-orzuelo>]

Genetics

- Blepharophimosis, ptosis, and epicanthus inversus syndrome: MedlinePlus Genetics [<https://medlineplus.gov/genetics/condition/blepharophimosis-ptosis-and-epicanthus-inversus-syndrome>]  (National Library of Medicine)

Images

- Blepharitis [<https://skinsight.com/skin-conditions/blepharitis/?lmiw9cApl=1>] (VisualDX)
- Eye (Blepharoplasty) and Brow Lift Photos [<https://www.asoprs.org/eye-and-brow-lift-photos>] (American Society of Ophthalmic Plastic and Reconstructive Surgery)
- Ptosis Photo Gallery [<https://www.asoprs.org/ptosis-photos>] (American Society of Ophthalmic Plastic and Reconstructive Surgery)
- Sty (Hordeolum and Chalazion) [<https://skinsight.com/skin-conditions/hordeolum-and-chalazion-stye/?lmiw9cApl=1>] (VisualDX)
- Xanthelasma Palpebrarum [<https://skinsight.com/skin-conditions/xanthelasma-palpebrarum/?lmiw9cApl=1>] (VisualDX)

Statistics and Research

- Eye Health Data and Statistics [<https://www.nei.nih.gov/learn-about-eye-health/eye-health-data-and-statistics>]  (National Eye Institute)

Also in Spanish [<https://www.nei.nih.gov/espanol/aprenda-sobre-la-salud-ocular/datos-y-estadisticas-relacionadas-con-la-salud-ocular>]

Clinical Trials

- ClinicalTrials.gov: Blepharoptosis [<https://clinicaltrials.gov/search?cond=%22Blepharoptosis%22&aggFilters=status:not%20rec>]  (National Institutes of Health)

- ClinicalTrials.gov: Blepharospasm [<https://clinicaltrials.gov/search?cond=%22Blepharospasm%22&aggFilters=status:not%20rec>]  (National Institutes of Health)
- ClinicalTrials.gov: Chalazion [<https://clinicaltrials.gov/search?cond=%22Chalazion%22&aggFilters=status:not%20rec>]  (National Institutes of Health)
- ClinicalTrials.gov: Eyelid Diseases [<https://clinicaltrials.gov/search?cond=%22Eyelid+Diseases%22&aggFilters=status:not%20rec>]  (National Institutes of Health)

Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)

- Article: Evaluation of factors influencing xanthelasma palpebrarum in Chinese patients: A case-control... [<https://www.ncbi.nlm.nih.gov/pubmed/40696703>]
- Article: Clinical effect and safety of medicated thread moxibustion on xanthelasma palpebrarum:.... [<https://www.ncbi.nlm.nih.gov/pubmed/40629641>]
- Article: Techniques for the surgical correction of lagophthalmos secondary to leprosy: A... [<https://www.ncbi.nlm.nih.gov/pubmed/40522996>]
- Eyelid Disorders -- see more articles [<https://pubmed.ncbi.nlm.nih.gov/?term=%22Eyelid+Diseases%22%5Bmajr%3Anoexp%5D+AND+humans%5Bmh%5D+AND+english%5Bla%5D+AND+%22ast+1+Year%22+%5Bedat%5D+NOT+%28letter%5Bpt%5D+OR+case+reports%5Bpt%5D+OR+editorial%5Bpt%5D+OR+comment%5Bpt%5D%29+AND+free+full+text%5Bsb%5D+>]

Reference Desk

- NEI for Kids: Glossary [<https://www.nei.nih.gov/learn-about-eye-health/nei-for-kids/glossary>]  (National Eye Institute)

Find an Expert

- Find an Ophthalmologist [<https://secure.aao.org/aoa/find-ophthalmologist>] (American Academy of Ophthalmology)
Also in Spanish [<https://secure.aao.org/aoa/encontrar-oftalmologo>]
- Finding an Eye Doctor [<https://www.nei.nih.gov/learn-about-eye-health/healthy-vision/finding-eye-doctor>]  (National Eye Institute)
- National Eye Institute [<https://www.nei.nih.gov/>] 

Children

- Epiblepharon [<https://www.aapos.org/glossary/epiblepharon>] (American Association for Pediatric Ophthalmology and Strabismus)
- Eyelid Problems [<https://www.healthychildren.org/English/health-issues/conditions/eyes/pages/Eyelid-Problems.aspx>] (American Academy of Pediatrics)
Also in Spanish [<https://www.healthychildren.org/spanish/health-issues/conditions/eyes/paginas/eyelid-problems.aspx>]

Patient Handouts

- Blepharitis [<https://medlineplus.gov/ency/article/001619.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/001619.htm>]
- Chalazion [<https://medlineplus.gov/ency/article/001006.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/001006.htm>]
- Ectropion [<https://medlineplus.gov/ency/article/001007.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/001007.htm>]
- Entropion [<https://medlineplus.gov/ency/article/001008.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/001008.htm>]
- Eyelid bump [<https://medlineplus.gov/ency/article/001009.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/001009.htm>]

- [Eyelid lift](https://medlineplus.gov/ency/article/002977.htm) [https://medlineplus.gov/ency/article/002977.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/article/002977.htm]
- [Eyelid twitch](https://medlineplus.gov/ency/article/000756.htm) [https://medlineplus.gov/ency/article/000756.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/article/000756.htm]
- [Ptosis - infants and children](https://medlineplus.gov/ency/article/003035.htm) [https://medlineplus.gov/ency/article/003035.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/article/003035.htm]



MEDICAL ENCYCLOPEDIA

- [Blepharitis](https://medlineplus.gov/ency/article/001619.htm) [https://medlineplus.gov/ency/article/001619.htm]
- [Blepharoplasty - series](https://medlineplus.gov/ency/presentations/100183_1.htm) [https://medlineplus.gov/ency/presentations/100183_1.htm]
- [Chalazion](https://medlineplus.gov/ency/article/001006.htm) [https://medlineplus.gov/ency/article/001006.htm]
- [Ectropion](https://medlineplus.gov/ency/article/001007.htm) [https://medlineplus.gov/ency/article/001007.htm]
- [Entropion](https://medlineplus.gov/ency/article/001008.htm) [https://medlineplus.gov/ency/article/001008.htm]
- [Epicanthal folds](https://medlineplus.gov/ency/article/003030.htm) [https://medlineplus.gov/ency/article/003030.htm]
- [Eyelid bump](https://medlineplus.gov/ency/article/001009.htm) [https://medlineplus.gov/ency/article/001009.htm]
- [Eyelid drooping](https://medlineplus.gov/ency/article/001018.htm) [https://medlineplus.gov/ency/article/001018.htm]
- [Eyelid lift](https://medlineplus.gov/ency/article/002977.htm) [https://medlineplus.gov/ency/article/002977.htm]
- [Eyelid twitch](https://medlineplus.gov/ency/article/000756.htm) [https://medlineplus.gov/ency/article/000756.htm]
- [Oculoplastic procedures](https://medlineplus.gov/ency/patientinstructions/000781.htm) [https://medlineplus.gov/ency/patientinstructions/000781.htm]
- [Palpebral slant - eye](https://medlineplus.gov/ency/article/003316.htm) [https://medlineplus.gov/ency/article/003316.htm]
- [Ptosis - infants and children](https://medlineplus.gov/ency/article/003035.htm) [https://medlineplus.gov/ency/article/003035.htm]

Related Health Topics

- [Eye Diseases](https://medlineplus.gov/eyediseases.html) [https://medlineplus.gov/eyediseases.html]

National Institutes of Health

The primary NIH organization for research on *Eyelid Disorders* is the National Eye Institute [https://nei.nih.gov/]

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Last updated June 28, 2025