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## Family troubles - resources

For help in an immediate crisis, **call or text 988**.

The 988 Suicide & Crisis Line [<https://988lifeline.org/about/>] offers free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

The following organizations are good resources for information on child abuse, incest, domestic violence, and family troubles:

- Administration for Children & Families -- [www.acf.hhs.gov](http://www.acf.hhs.gov) [<https://www.acf.hhs.gov>]
- Childhelp -- [www.childhelp.org](http://www.childhelp.org) [<https://www.childhelp.org>]
- Child Welfare Information Gateway -- [www.childwelfare.gov](http://www.childwelfare.gov) [<https://www.childwelfare.gov>]
- The National Child Traumatic Stress Network -- [www.nctsn.org/about-us/contact-us/get-help-now](http://www.nctsn.org/about-us/contact-us/get-help-now) [<https://www.nctsn.org/about-us/contact-us/get-help-now>]
- National Domestic Violence Hotline -- [www.thehotline.org](http://www.thehotline.org) [<https://www.thehotline.org>]
- National Runaway Safeline -- [www.1800runaway.org](http://www.1800runaway.org) [<https://www.1800runaway.org>]
- Prevent Child Abuse America -- [preventchildabuse.org](http://preventchildabuse.org) [<https://preventchildabuse.org>]
- RAINN (Rape, Abuse & Incest National Network) -- [rainn.org](http://rainn.org) [<https://rainn.org>]

## Alternative Names

Troubled families - resources; Child abuse - resources; Incest - resources; Resources - family troubles; Resources - incest; Resources - child abuse

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