



[Home](#) → [Health Topics](#) → Women's Health

URL of this page: <https://medlineplus.gov/womenshealth.html>

Women's Health

Women have unique health issues. And some of the health issues that affect both men and women can affect women differently.

Unique issues include pregnancy [<https://medlineplus.gov/pregnancy.html>] , menopause [<https://medlineplus.gov/menopause.html>] , and conditions of the female organs. Women can have a healthy pregnancy by getting early and regular prenatal care [<https://medlineplus.gov/prenatalcare.html>] . They should also get recommended breast cancer, cervical cancer [<https://medlineplus.gov/cervicalcancerscreening.html>] , and bone density [<https://medlineplus.gov/bonedensity.html>] screenings.

Women and men also have many of the same health problems. But these problems can affect women differently. For example:

- Women are more likely to die following a heart attack [<https://medlineplus.gov/heartattack.html>] than men
- Women are more likely to show signs of depression [<https://medlineplus.gov/depression.html>] and anxiety [<https://medlineplus.gov/anxiety.html>] than men
- The effects of sexually transmitted infections [<https://medlineplus.gov/sexuallytransmittedinfections.html>] (STIs) can be more serious in women
- Osteoarthritis [<https://medlineplus.gov/osteoarthritis.html>] affects more women than men
- Women are more likely to have urinary tract problems [<https://medlineplus.gov/urineandurination.html>]

NIH: National Institute of Child Health and Human Development

Start Here

- A-Z Health Topics [<https://womenshealth.gov/a-z-topics>] (Department of Health and Human Services, Office on Women's Health)
- Women's Health Topics [<https://www.fda.gov/consumers/womens-health/womens-health-topics>] (Food and Drug Administration)

Diagnosis and Tests

- Healthy Living by Age [<https://womenshealth.gov/healthy-living-age>]
Easy-to-Read (Department of Health and Human Services, Office on Women's Health)
Also in Spanish [<https://espanol.womenshealth.gov/healthy-living-age>]

Prevention and Risk Factors

- Preventive Care Benefits for Women [<https://www.healthcare.gov/preventive-care-women/>]
(Centers for Medicare & Medicaid Services)
Also in Spanish [<https://www.cuidadodesalud.gov/es/preventive-care-women/>]

Related Issues


- Body Image and Mental Health [<https://womenshealth.gov/mental-health/body-image-and-mental-health>]
(Department of Health and Human Services, Office on Women's Health)

Also in Spanish [<https://espanol.womenshealth.gov/mental-health/body-image-and-mental-health/body-image>]


Specifics

- **Gynecologic Cancer Awareness** [<https://www.cdc.gov/cancer/features/gynecologic-cancer.html>] (Centers for Disease Control and Prevention)
Also in Spanish [<https://www.cdc.gov/cancer/es/features/gynecologic-cancer.html>]
- **Healthy Eating** [<https://womenshealth.gov/healthy-eating>] (Department of Health and Human Services, Office on Women's Health)
Also in Spanish [<https://espanol.womenshealth.gov/healthy-eating>]
- **Heart Health for Women** [<https://www.fda.gov/consumers/womens-health-topics/heart-health-women>]
Easy-to-Read (Food and Drug Administration)
Also in Spanish [<https://www.fda.gov/consumers/free-publications-women/salud-cardiaca-heart-health>]
- **Menopause** [<https://www.fda.gov/consumers/womens-health-topics/menopause>] (Food and Drug Administration)
- **Stroke** [<https://womenshealth.gov/heart-disease-and-stroke/stroke>]
(Department of Health and Human Services, Office on Women's Health)
Also in Spanish [<https://espanol.womenshealth.gov/heart-disease-and-stroke/stroke>]
- **Vulvovaginal Health** [<https://www.acog.org/womens-health/faqs/vulvovaginal-health>]
(American College of Obstetricians and Gynecologists)
- **Women and Alcohol** [<https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/women-and-alcohol>]
 (National Institute on Alcohol Abuse and Alcoholism) - **PDF**
Also in Spanish [<https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/las-mujeres-y-el-alcohol>]

Statistics and Research

- **FastStats: Women's Health** [<https://www.cdc.gov/nchs/fastats/womens-health.htm>] (National Center for Health Statistics)
- **Sex and Gender: How Being Male or Female Can Affect Your Health** [<https://newsinhealth.nih.gov/2016/05/sex-gender>]
 (National Institutes of Health)
Also in Spanish [<https://salud.nih.gov/recursos-de-salud/nih-noticias-de-salud/sexo-y-genero>]

Clinical Trials

- **ClinicalTrials.gov: Women's Health** [<https://clinicaltrials.gov/search?cond=%22Women%27s%20Health%22&aggFilters=status:not%20rec>]  (National Institutes of Health)

Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)


- **Article: A Supplemental Women's Health Questionnaire for Women Veterans With Military Environmental...** [<https://www.ncbi.nlm.nih.gov/pubmed/40705400>]
- **Article: Can promoting compassion and gratitude through a four-week online training program...** [<https://www.ncbi.nlm.nih.gov/pubmed/40691789>]
- **Article: Improving Female Health at Various Life Stages: A systematic review of...** [<https://www.ncbi.nlm.nih.gov/pubmed/40641695>]
- **Women's Health -- see more articles** [<https://pubmed.ncbi.nlm.nih.gov/?term=%22Women%27s+Health%22%5Bmajr%3Anoexp%5D+AND+humans%5Bmh%5D+AND+english%5Bla%5D+AND+%22last+1+Year%22+%5Bdat%5D+NOT+%28letter%5Bpt%5D+OR+case+reports%5Bpt%5D+OR+editorial%5Bpt%5D+OR+comment%5Bpt%5D%29+AND+free+full+text%5Bsb%5D+>]

Find an Expert

- **AMA DoctorFinder** [<https://find-doctor.ama-assn.org>] (American Medical Association)
- **Department of Health and Human Services, Office on Women's Health** [<https://womenshealth.gov/>]
Also in Spanish [<https://espanol.womenshealth.gov/>]

How to Find Find an Ob-Gyn [<https://www.acog.org/womens-health/find-an-ob-gyn>]

(American College of Obstetricians and Gynecologists)

- National Institutes of Health, Office of Research on Women's Health [<https://orwh.od.nih.gov/>] 

Older Adults

- Tips for Good Health in Later Life for Older Women [<https://www.healthinaging.org/tools-and-tips/tip-sheet-good-health-later-life-older-women>] (AGS Health in Aging Foundation)

Patient Handouts

- Excessive or unwanted hair in women [<https://medlineplus.gov/ency/article/007622.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/007622.htm>]
- Women's health [<https://medlineplus.gov/ency/article/007458.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/007458.htm>]



MEDICAL ENCYCLOPEDIA

Excessive or unwanted hair in women [<https://medlineplus.gov/ency/article/007622.htm>]

Women's health [<https://medlineplus.gov/ency/article/007458.htm>]

Related Health Topics

Breast Diseases [<https://medlineplus.gov/breastdiseases.html>]

Heart Disease in Women [<https://medlineplus.gov/heartdiseaseinwomen.html>]

Menopause [<https://medlineplus.gov/menopause.html>]

Pregnancy [<https://medlineplus.gov/pregnancy.html>]

Reproductive Hazards [<https://medlineplus.gov/reproductivehazards.html>]

Sexual Problems in Women [<https://medlineplus.gov/sexualproblemsinwomen.html>]

Uterine Diseases [<https://medlineplus.gov/uterinediseases.html>]

Women's Health Checkup [<https://medlineplus.gov/womenshealthcheckup.html>]

National Institutes of Health

The primary NIH organization for research on *Women's Health* is the NIH Office of Research on Women's Health [<http://orwh.od.nih.gov/>]

Other Languages

Find health information in languages other than English [<https://medlineplus.gov/languages/womenshealth.html>] on *Women's Health*

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