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Body temperature norms

Normal body temperature varies by person, age, activity, and time of day. The average normal body temperature is generally accepted as 98.6°F (37°C). Some studies have shown that the normal body temperature can have a wide range, from 97°F (36.1°C) to 99°F (37.2°C).

A temperature over 100.4°F (38°C) most often means you have a fever caused by an infection or illness.

Body temperature normally changes throughout the day and in adults, it is lowest in the early morning.

Alternative Names

Normal body temperature; Temperature - normal

References

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