

# Your Gift Helps Prevent Life-Threatening Heart Disease

Millions of people are living with life-threatening undiagnosed symptoms of cardiovascular disease - often without knowing it. Make a lifesaving gift today and help us continue the fight against a preventable crisis.

[Donate Once](#)

[Donate Monthly](#)



## CPR and ECC Training

Be prepared for an

## AHA Support Network

Join our online community of patients,

## Professional Membership

Build your professional career and start

## Volunteer Opportunities

Help us create a healthier world free of

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# How we are changing the future of health together

Since the American Heart Association's founding in 1924, deaths from cardiovascular diseases have been cut in half. And yet, there are still so many lives to be saved. By driving breakthroughs in science, policy and care, together we can continue to advance health and transform lives every day.

## 19 Million+

**High blood pressure patients helped**  
Our high blood pressure quality care initiative ensures lifesaving care for people at risk for heart disease.

## \$6 Billion+

**Invested in pioneering research leading to lifesaving breakthroughs**  
We've funded more heart, brain and cardiovascular research than any non-profit U.S. organization except the federal government.

## 22 Million

**People trained in CPR every year**  
9 out of 10 people who have a cardiac arrest outside of the hospital die. If performed immediately, CPR can double or triple a person's chances of survival.

[Learn more about our impact](#)

### Visionary leader Cass Wheeler leaves enduring legacy in the fight against heart disease and stroke

Cass Wheeler's transformational leadership touched millions of lives. The American Heart Association honors his legacy and his vision to advance health and hope for everyone, everywhere.



[Donate in Cass Wheeler's memory](#)



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## 15 US regions chosen for groundbreaking effort to improve cardiovascular care

People in 15 regions across the country will soon benefit from the American Heart Association's Cardiovascular-Kidney-Metabolic Health Initiative, designed to improve treatment of the interconnected conditions that lead to heart disease and stroke.

[Learn more about this groundbreaking effort](#) >

## CPR & AED Awareness

The American Heart Association is calling on families to make this summer as safe as it is fun. School is out, and children will be away from teachers and coaches who might be trained in CPR, making it crucial for parents to know this life-saving skill.

[Find a CPR course](#) >

## ISC 2026

Now is the time to share your science and shape the future of stroke and brain health. Abstract submissions for the 2026 International Stroke Conference are officially open. Submit your groundbreaking research through August 19, and don't miss the opportunity to contribute to the next wave of innovation!

[Explore guidelines and submit](#) >

## The New American Heart Association Cookbook: Centennial Edition

This ultimate resource offers more than 800 recipes to satisfy every palate. The new and revised recipes are based on modern flavor profiles, classic favorites, cultural cuisines and culinary preferences.

[View sample recipes](#) >

[Purchase your copy on ShopHeart](#) >



# News and Stories

Helpful information about your health

[Read more from AHA News](#)

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Jul 22, 2025

## Evidence mounts that sugary drink taxes make communities healthier



[Noticias en español sobre la salud de su corazón y cerebro](#)



[Around the AHA](#)

[New AHA board chairperson driven to improve health care](#)  
Jul 17, 2025

[New AHA president driven by fairness, doing right by patients](#)  
Jul 7, 2025

[Awardee celebrated for decades of impactful service supporting AHA mission](#)  
Jun 16, 2025

[Awardee has devoted his career to exploring the heart-brain connection](#)  
Jun 13, 2025

['Forever chemicals' exposure in utero may raise blood pressure in kids years later](#)  
Jun 13, 2025

[Bay Area executive honored for service in helping people live longer, healthier lives](#)  
Jun 12, 2025

[Mobile stroke treatment unit is just one way honoree has driven better care](#)  
Jun 11, 2025

## Join us in saving lives

Get updates on groundbreaking research, inspiring survivor stories, and ways you can help save lives—all delivered to your inbox.

[Sign up for updates from the AHA](#)



## Find a Heart Walk in your area

Heart Walk is the American Heart Association's premiere event for raising funds to help save lives from heart disease and stroke.

[Find a Heart Walk near you](#)

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