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Plastic and Cosmetic Surgery

Also called: Cosmetic surgery

Surgeons can reshape the appearance of body parts through cosmetic surgery. Some of the most common body parts people want to improve through surgery include:

- Breasts: Increase or reduce the size of breasts or reshape sagging breasts
- Ears: Reduce the size of large ears or set protruding ears back closer to the head
- Eyes: Correct drooping upper eyelids or remove puffy bags below the eyes
- Face: Remove facial wrinkles, creases or acne scars
- Hair: Fill in balding areas with one's own hair
- Nose: Change the shape of the nose
- Tummy: Flatten the abdomen

Start Here

- **Cosmetic Surgery** [<https://www.mayoclinic.org/tests-procedures/cosmetic-surgery/about/pac-20385138?p=1>] (Mayo Foundation for Medical Education and Research)
Also in Spanish [<https://www.mayoclinic.org/es/tests-procedures/cosmetic-surgery/about/pac-20385138?p=1>]

Related Issues

- **Body Contouring After Major Weight Loss** [<https://www.plasticsurgery.org/cosmetic-procedures/body-contouring>] (American Society of Plastic Surgeons)
- **Body Dysmorphic Disorder** [<https://www.mayoclinic.org/diseases-conditions/body-dysmorphic-disorder/symptoms-causes/syc-20353938?p=1>] (Mayo Foundation for Medical Education and Research)
Also in Spanish [<https://www.mayoclinic.org/es/diseases-conditions/body-dysmorphic-disorder/symptoms-causes/syc-20353938?p=1>]
- **Breast Implants** [<https://www.fda.gov/medical-devices/implants-and-prosthetics/breast-implants>] (Food and Drug Administration)
- **Dermatologic Surgery Information** [<https://www.asds.net/skin-experts/about-asds/dermatologic-surgery>] (American Society for Dermatologic Surgery)



Specifics

- **Abdominoplasty - series** [https://medlineplus.gov/ency/presentations/100184_1.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/esp_presentations/100184_1.htm]
- **Blepharoplasty (Eyelid Surgery)** [<https://www.mayoclinic.org/tests-procedures/blepharoplasty/about/pac-20385174?p=1>] (Mayo Foundation for Medical Education and Research)
- **Blepharoplasty - series** [https://medlineplus.gov/ency/presentations/100183_1.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/esp_presentations/100183_1.htm]
- **Breast augmentation - series** [https://medlineplus.gov/ency/presentations/100205_1.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/esp_presentations/100205_1.htm]
- **Breast lift (mastopexy) - series** [https://medlineplus.gov/ency/presentations/100188_1.htm] (Medical Encyclopedia)

Also in Spanish [https://medlineplus.gov/spanish/ency/esp_presentations/100188_1.htm]

- **Breast reduction (mammoplasty) - series** [https://medlineplus.gov/ency/presentations/100189_1.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/esp_presentations/100189_1.htm]
- **Buttock Lift** [<https://www.mayoclinic.org/tests-procedures/buttock-lift/about/pac-20393277?p=1>]
(Mayo Foundation for Medical Education and Research)
Also in Spanish [<https://www.mayoclinic.org/es/tests-procedures/buttock-lift/about/pac-20393277?p=1>]
- **Chemical Peel** [<https://www.mayoclinic.org/tests-procedures/chemical-peel/about/pac-20393473?p=1>]
(Mayo Foundation for Medical Education and Research)
Also in Spanish [<https://www.mayoclinic.org/es/tests-procedures/chemical-peel/about/pac-20393473?p=1>]
- **Chin augmentation - series** [https://medlineplus.gov/ency/presentations/100009_1.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/esp_presentations/100009_1.htm]
- **Craniofacial reconstruction - series** [https://medlineplus.gov/ency/presentations/100058_1.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/esp_presentations/100058_1.htm]
- **Facelift - series** [https://medlineplus.gov/ency/presentations/100186_1.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/esp_presentations/100186_1.htm]
- **Forehead lift - series** [https://medlineplus.gov/ency/presentations/100020_1.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/esp_presentations/100020_1.htm]
- **Hair Transplants** [<https://www.asds.net/skin-experts/skin-treatments/hair-transplants>] (American Society for Dermatologic Surgery)
- **Laser Hair Removal** [<https://skinsight.com/skin-conditions/laser-hair-removal/?lmiw9cApl=1>] (VisualDX)
- **Laser Resurfacing** [<https://www.asds.net/skin-experts/skin-treatments/laser-resurfacing>]
(American Society for Dermatologic Surgery)
- **Liposuction** [<https://www.asds.net/skin-experts/skin-treatments/liposuction>] (American Society for Dermatologic Surgery)
- **Microneedling Devices: Getting to the Point on Benefits, Risks, and Safety** [<https://www.fda.gov/consumers/consumer-updates/microneedling-devices-getting-point-benefits-risks-and-safety>] (Food and Drug Administration)
Also in Spanish [<https://www.fda.gov/consumers/articulos-para-el-consumidor-en-espanol/dispositivos-de-microagujas-vamos-al-grano-sobre-sus-beneficios-riesgos-y-seguridad>]
- **Nose surgery - series** [https://medlineplus.gov/ency/presentations/100070_1.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/esp_presentations/100070_1.htm]
- **Otoplasty (Cosmetic Ear Surgery)** [<https://www.mayoclinic.org/tests-procedures/otoplasty/about/pac-20394822?p=1>]
(Mayo Foundation for Medical Education and Research)
- **Skin smoothing surgery - series** [https://medlineplus.gov/ency/presentations/100101_1.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/esp_presentations/100101_1.htm]
- **Vascular Lesion Treatment, Laser** [<https://skinsight.com/skin-conditions/laser-vascular-lesion-treatment/?lmiw9cApl=1>]
(VisualDX)


Videos and Tutorials


- **Breast lift** [<https://medlineplus.gov/ency/anatomyvideos/000017.htm>]  (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/anatomyvideos/000017.htm>]
- **Liposuction** [<https://medlineplus.gov/ency/anatomyvideos/000081.htm>]  (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/anatomyvideos/000081.htm>]

Statistics and Research

- **Plastic Surgery Statistics** [<https://www.plasticsurgery.org/news/plastic-surgery-statistics>] (American Society of Plastic Surgeons)

Clinical Trials

- **ClinicalTrials.gov: Breast Implants** [<https://clinicaltrials.gov/search?term=%22Breast+Implants%22&aggFilters=status:not%20rec>]  (National Institutes of Health)

ClinicalTrials.gov: Surgery, Plastic [https://clinicaltrials.gov/search?cond=%22Surgery,+Plastic%22&aggFilters=status:not%20rec]  (National Institutes of Health)

Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)

- Article: Postoperative functional training program for vascularised Iliac flap donor site in... [https://www.ncbi.nlm.nih.gov/pubmed/40753339]
- Article: Assessment of symmetry and parental satisfaction after use of customized nasal... [https://www.ncbi.nlm.nih.gov/pubmed/40751267]
- Article: Classification of diaphyseal tumors based on residual medullary cavity length for... [https://www.ncbi.nlm.nih.gov/pubmed/40750628]
- Plastic and Cosmetic Surgery -- see more articles [https://pubmed.ncbi.nlm.nih.gov/?term=%22Plastic+Surgery+Procedures%22%5Bmajr%3Anoexp%5D+AND+humans%5Bmh%5D+AND+english%5Bla%5D+AND+%22last+2+Years%22+%5Bedat%5D+NOT+%28letter%5Bpt%5D+OR+case+reports%5Bpt%5D+OR+editorial%5Bpt%5D+OR+comment%5Bpt%5D%29+AND+free+full+text%5Bsb%5D+]

Find an Expert

- American Academy of Facial Plastic and Reconstructive Surgery [https://www.aafprs.org/]
- American Society for Dermatologic Surgery [https://www.asds.net/]
- Find a Dermatologic Surgeon [https://www.asds.net/find-a-dermatologic-surgeon/advanced/true] (American Society for Dermatologic Surgery)

Teenagers

- Breast Reduction Surgery [https://kidshealth.org/en/teens/breast-reduction-surgery.html] (Nemours Foundation)
Also in Spanish [https://kidshealth.org/es/teens/breast-reduction-surgery.html]

Men

- Penis-Enlargement Products: Do They Work? [https://www.mayoclinic.org/healthy-lifestyle/sexual-health/in-depth/penis/art-20045363?p=1] (Mayo Foundation for Medical Education and Research)
Also in Spanish [https://www.mayoclinic.org/es/healthy-lifestyle/sexual-health/in-depth/penis/art-20045363?p=1]

Patient Handouts

- Abdominal wall surgery [https://medlineplus.gov/ency/article/002978.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/article/002978.htm]
- Breast augmentation surgery [https://medlineplus.gov/ency/article/002984.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/article/002984.htm]
- Breast lift [https://medlineplus.gov/ency/article/007402.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/article/007402.htm]
- Chin augmentation [https://medlineplus.gov/ency/article/002986.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/article/002986.htm]
- Eyelid lift [https://medlineplus.gov/ency/article/002977.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/article/002977.htm]
- Facelift [https://medlineplus.gov/ency/article/002989.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/article/002989.htm]
- Head and face reconstruction [https://medlineplus.gov/ency/article/002980.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/article/002980.htm]
- Liposuction [https://medlineplus.gov/ency/article/002985.htm] (Medical Encyclopedia)
Also in Spanish [https://medlineplus.gov/spanish/ency/article/002985.htm]

• Rhinoplasty [<https://medlineplus.gov/ency/article/002983.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/002983.htm>]



MEDICAL ENCYCLOPEDIA

Abdominal wall surgery [<https://medlineplus.gov/ency/article/002978.htm>]

Abdominoplasty - series [https://medlineplus.gov/ency/presentations/100184_1.htm]

Blepharoplasty - series [https://medlineplus.gov/ency/presentations/100183_1.htm]

Breast augmentation - series [https://medlineplus.gov/ency/presentations/100205_1.htm]

Breast augmentation surgery [<https://medlineplus.gov/ency/article/002984.htm>]

Breast lift [<https://medlineplus.gov/ency/anatomyvideos/000017.htm>]

Breast lift [<https://medlineplus.gov/ency/article/007402.htm>]

Breast lift (mastopexy) - series [https://medlineplus.gov/ency/presentations/100188_1.htm]

Breast reduction [<https://medlineplus.gov/ency/article/007405.htm>]

Breast reduction (mammoplasty) - series [https://medlineplus.gov/ency/presentations/100189_1.htm]

Chin augmentation [<https://medlineplus.gov/ency/article/002986.htm>]

Chin augmentation - series [https://medlineplus.gov/ency/presentations/100009_1.htm]

Cosmetic breast surgery - discharge [<https://medlineplus.gov/ency/patientinstructions/000273.htm>]

Cosmetic ear surgery [<https://medlineplus.gov/ency/article/002988.htm>]

Craniofacial reconstruction - series [https://medlineplus.gov/ency/presentations/100058_1.htm]

Dermabrasion [<https://medlineplus.gov/ency/article/002987.htm>]

Ear surgery - series [https://medlineplus.gov/ency/presentations/100016_1.htm]

Eyelid lift [<https://medlineplus.gov/ency/article/002977.htm>]

Facelift [<https://medlineplus.gov/ency/article/002989.htm>]

Facelift - series [https://medlineplus.gov/ency/presentations/100186_1.htm]

Forehead lift [<https://medlineplus.gov/ency/article/002990.htm>]

Forehead lift - series [https://medlineplus.gov/ency/presentations/100020_1.htm]

Head and face reconstruction [<https://medlineplus.gov/ency/article/002980.htm>]

Liposuction [<https://medlineplus.gov/ency/anatomyvideos/000081.htm>]

Liposuction [<https://medlineplus.gov/ency/article/002985.htm>]

Liposuction - series [https://medlineplus.gov/ency/presentations/100185_1.htm]

Nose surgery - series [https://medlineplus.gov/ency/presentations/100070_1.htm]

Oculoplastic procedures [<https://medlineplus.gov/ency/patientinstructions/000781.htm>]

Rhinoplasty [<https://medlineplus.gov/ency/article/002983.htm>]

Skin smoothing surgery - series [https://medlineplus.gov/ency/presentations/100101_1.htm]

Related Health Topics

Botox [<https://medlineplus.gov/botox.html>]

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Skin Aging [<https://medlineplus.gov/skinaging.html>]

Varicose Veins [<https://medlineplus.gov/varicoseveins.html>]

Other Languages

Find health information in languages other than English

[<https://medlineplus.gov/languages/plasticandcosmeticsurgery.html>] on *Plastic and Cosmetic Surgery*

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