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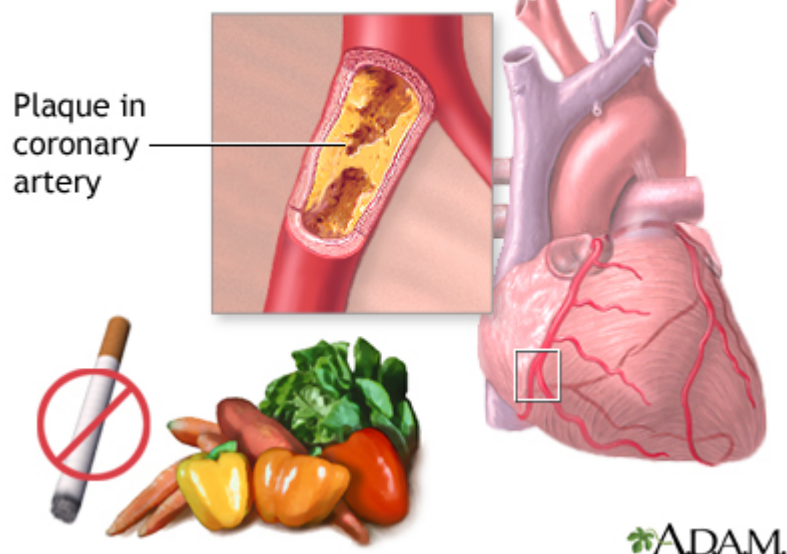
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Heart disease - resources

The following organizations are good resources for information on heart disease:

- American Heart Association -- www.heart.org [<https://www.heart.org>]
- Centers for Disease Control and Prevention (CDC) -- www.cdc.gov/heart-disease/about/index.html [<https://www.cdc.gov/heart-disease/about/index.html>]
- National Heart, Lung, and Blood Institute -- www.nhlbi.nih.gov/health-topics/education-and-awareness/heart-truth [<https://www.nhlbi.nih.gov/health-topics/education-and-awareness/heart-truth>]
- US Department of Health & Human Services. Office on Women's Health-- www.womenshealth.gov/heart-disease-and-stroke [<https://www.womenshealth.gov/heart-disease-and-stroke>]
- US National Library of Medicine, MedlinePlus -- medlineplus.gov/heartdiseases.html [<https://medlineplus.gov/heartdiseases.html>]

Quitting smoking, a healthy diet and exercise may reduce your risk of heart disease



Alternative Names

Resources - heart disease

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