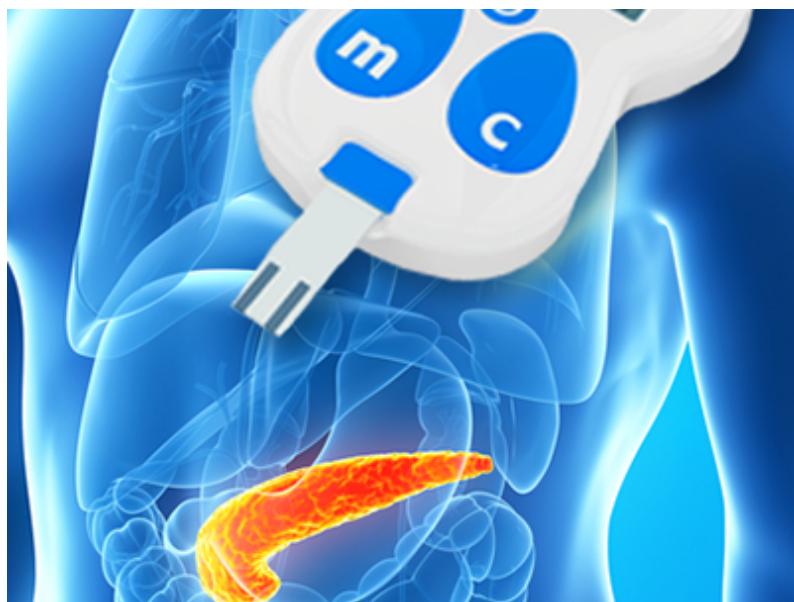


# Diabetes

Diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high. Over time, having too much glucose in your blood can cause other health problems such as heart disease, nerve damage, eye problems, and kidney disease. You can take steps to prevent or manage diabetes.

According to the Centers for Disease Control and Prevention's *National Diabetes Statistics Report*, an estimated 38.4 million people in the United States, or 11.6% of the population, have diabetes. About 1 in 5 adults with diabetes don't know they have the disease. An estimated 97.6 million American adults have prediabetes, which means their blood glucose levels are higher than normal but not high enough to be diagnosed as diabetes.



Many areas of the body can be affected by diabetes. [Learn about diabetes health problems.](#)

## Featured Topics

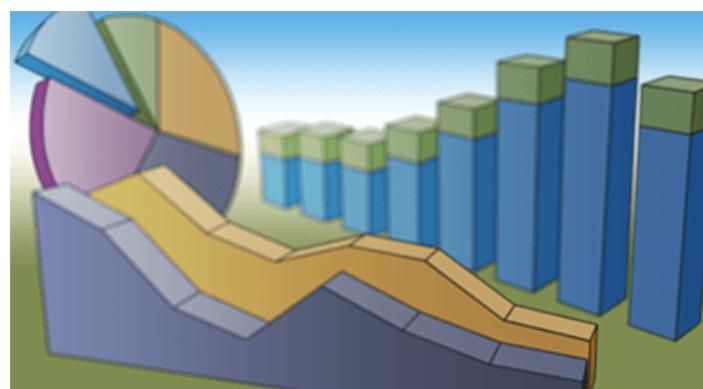
- [What is Diabetes?](#)
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- [Nerve Damage \(Diabetic Neuropathies\)](#)
- [Healthy Living with Diabetes](#)
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## Diabetes Basics

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- [Symptoms & Causes of Diabetes](#)
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[More Diabetes Basics ⓘ](#)

## Statistics



[Statistics for Diabetes in the United States](#)

## Diabetes Topics

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- [Diabetes & Sexual & Urologic Problems](#)
- [Diabetes, Gum Disease, & Other Dental Problems](#)
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- Type 2 Diabetes
- What is Diabetes?

## Diabetes Discoveries & Practice Blog



[How To Treat Cardiovascular Disease in People with Diabetes](#)

[More Blog Posts](#)

## Diabetes for Health Professionals

- Diabetes & Prediabetes Tests
- Game Plan for Preventing Type 2 Diabetes

## Community Health & Outreach



[Diabetes Alert Day](#)



[National Diabetes Month](#)

[More Community Health Resources](#)

## Clinical Trials



Watch a video of NIDDK Director Dr. Griffin P. Rodgers explaining the importance of participating in clinical trials

- Diabetes School Guide
- Guiding Principles for the Care of People with or at Risk for Diabetes

[More Resources for Diabetes Health Professionals](#)

## Research Discoveries & News

- NIH launches large study to tackle type 2 diabetes in young people [NIH](#)
- Use of metformin in adults with diabetes linked to lower risk of long COVID [NIH](#)
- Bariatric surgery provides long-term blood glucose control, type 2 diabetes remission [NIH](#)
- Celebrating the 50th Anniversary of Diabetes Research Centers

[More Research News](#)

