

Basics

Symptoms

Testing

Risk Factors

Preventing

Treatment

Providing Care

Living with Diabetes

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3 Steps to Building a Healthy Habit

Learn how you can succeed at your health goals.

[Learn More >](#)

Spotting Hidden Sugars in Everyday Foods

Do you know how to spot hidden sugars in your everyday foods?



Predabetes – Your Chance to Prevent Type 2

If you have predabetes or think you might, find out how you can prevent or delay type 2 diabetes.



Your Immune System and Diabetes

Diabetes can impact your immune system. Learn how you can stay healthy this cold and flu season.



For professionals

Prevent Type 2 Diabetes
Talking to your patients about lifestyle change

Threat of Prediabetes

98 Million
About 98 million adults more than 1 in 3 have prediabetes

More than 8 in 10 adults with prediabetes don't know they have it

Prediabetes increases the risk of:

If your patients have prediabetes, losing weight by...

Prevent Type 2 Diabetes: Talking to Your Patients About Lifestyle Change

Infographic with facts about preventing type 2 diabetes and talking to your patients about lifestyle...



DSMES for Health Care Providers

DSMES improves health outcomes, including A1C for your patients with diabetes.

Promoting Ear Health

Promoting Eye Health

Promoting Foot Health

Promoting Medication Management

Promoting Oral Health

Featured



Living with Diabetes

Use these tips to help you live well with diabetes.



Diabetes Complications

Learn how to prevent or delay diabetes health problems through self-care and regular checkups.

Healthy Eating

Healthy Weight

Preventing

5 Questions to Ask Your Health Care Team

Treatment

Infographics and more
