

Support

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# Support

Join our Virtual Support Groups to find  
**ONLINE SUPPORT**

Meet and connect with others in the

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From local support groups, charities,  
and members of our Global EDS & HSD



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## CONTACT OUR HELPLINE



## Contact Our Helpline

Our helpline team can be contacted via email or telephone, to answer your questions about the Ehlers-Danlos syndromes and hypermobility spectrum disorders.

[Learn more >](#)

## Find a Doctor/Therapist

The Ehlers-Danlos Society acknowledges how hard it is to find an EDS and HSD-friendly specialist across various disciplines globally, so to further our commitment to your access to management and care we have created a database that is populated by professionals sharing their information to our site.

[Learn more >](#)

## FIND A DOCTOR/ THERAPIST

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who support those living with a type of EDS and HSD. These groups are a great way to find local information, resources, and support.

**Learn more >**

## Online Communities

Connect with others living with EDS and HSD through online message boards. These are welcoming spaces for sharing experiences, asking questions, and building community across a range of supportive groups.

**Learn more >**

## ONLINE COMMUNITIES



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disorder? We want to share your story!

**Learn more >**

# ZEBRA STRONG

## Our Stories

### No one knows what you're going through

I was at volleyball practice like any other day. I was doing a drill and...

K  
g  
m  
pa

Hi!  
sh  
inc

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Follow us on social media.



## Sign up to The Ehlers-Danlos Society mailing list

[Click here to sign up](#)

Organization	Quick Links	Support	Get Involved	Health Professionals
<a href="#">About The Ehlers-Danlos Society</a>	<a href="#">What is EDS?</a>	<a href="#">Virtual Support</a>		<a href="#">EDS and HSD</a>
<a href="#">Contact Us</a>	<a href="#">What is HSD?</a>	<a href="#">Groups</a>	<a href="#">Donate</a>	<a href="#">Healthcare Professionals</a>
<a href="#">Sitemap</a>	<a href="#">Contact the</a>	<a href="#">Events</a>	<a href="#">Fundraise</a>	<a href="#">Directory</a>
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	<a href="#">Doctor/Therapist</a>		<a href="#">Share Your</a>	
			<a href="#">Story</a> .	