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HERE TO LISTEN.  
HERE TO HELP.

## 24/7 CRISIS CONNECTION

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## YOU NEED SOMEONE TO TALK TO...

Feeling alone and unheard can potentially place you in a dangerous situation. You may feel isolated from supports, and this isolation can lead to depression, anger, frustration and suicidal ideation.

Your situation is difficult and you may be feeling a wide range of emotions. We're here to help you sort them out and make a plan.

We're here 24/7. There is always someone available to listen and offer confidential, non-directive and non-judgemental support.



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guide you to solutions that will improve your situation.

GET HELP NOW

WE ARE HERE TO SUPPORT YOU.



## FREE SERVICES

Young people with limited or no access to money are able to use our services.



24/7

There is always someone available to listen and to offer non-directive, non-judgemental support.



## TRAINED STAFF

Everyone who contacts NRS receives the highest quality support possible.



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CALL THE 1-800-RUNAWAY HOTLINE

## YOU DON'T HAVE TO LIVE IN FEAR...

Are you enduring abuse at home? Have you experienced traumatic events while living on the streets? Do you find yourself unprepared to live on your own? Are you unable to find local resources, such as shelters or pantries? Are you ready to go home and unable to get there?

You **CAN** find safety and stability by identifying informal supports or alternative living arrangements, employment resources and more. You **CAN** get validation of your feelings and a greater sense of confidence and you **CAN** improve your home and school life. While we can't guarantee an immediate solution, our goal is to improve your situation. We are here to listen.

GET THE SUPPORT YOU NEED

*Wonderful resource if you need help with runaway youth. Staff and volunteers are supportive and friendly. They will connect you to any type of service imaginable,*

DAMARIZ H.

GOOGLE

Living on the streets is not easy. It can be dangerous, finding food and a safe place to sleep each night may be difficult, and you could find yourself at risk of engaging in unhealthy behaviors. Also, it's hard to get to school when you're experiencing homelessness.

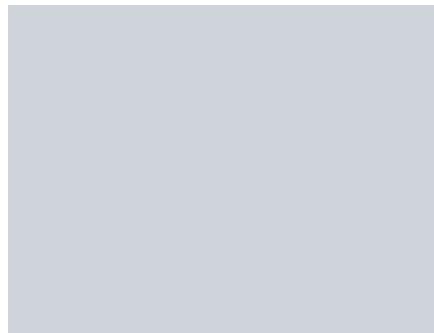
If returning home isn't an option, NRS can help you create an alternative plan that keeps you safe. This is a complex situation, but you do have options.

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NRS' services are 100% confidential; no one will know you've contacted us or the details of what you've shared with us. We can contact your parents or the police on your behalf, but we won't do so without your permission. We are mandatory reporters, so if you're experiencing abuse, we will let you know if information must be reported to the authorities. We can only report what you tell us.

Absolutely. NRS provides free services to youth in crisis aged 12 to 21. We hear from young people who are at home and simply need somewhere to turn for advice, and also we connect with youth who have runaway or were kicked out of their home and are now couch surfing, living in their car or staying in shelters or on the street. If you are still unsure about how we might be able to help, contact us and we can refer you to another service, if needed.

GET THE HELP YOU NEED, CALL 1-800-RUNAWAY



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- > FORUM
- > TEXT

Youth & Teens ▾

 3141B N. Lincoln Ave. Chicago, IL 60657

Concerned Adults ▾

 ADMIN: 773-880-9860

Service Providers ▾

 FAX: 773-929-5150

Prevention & Education ▾

 Hours: 24/7

Get Involved ▾

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