



Cerebral  
Palsy  
Research  
Network

## Our Educational Resources

Adults with  
Cerebral Palsy

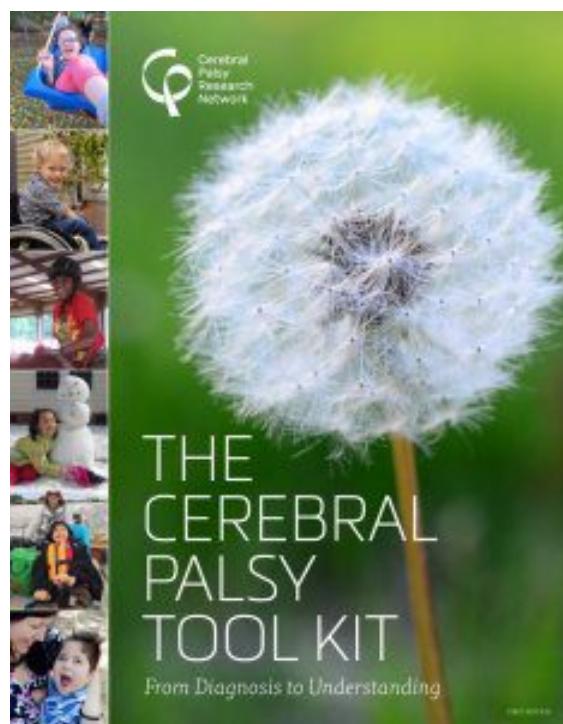
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### CP Tool Kit

Access our comprehensive and supportive resource for families and caregivers who have recently received a cerebral palsy diagnosis.



[Preview Tool Kit](#) ➔

[Purchase Printed Book](#) ➔

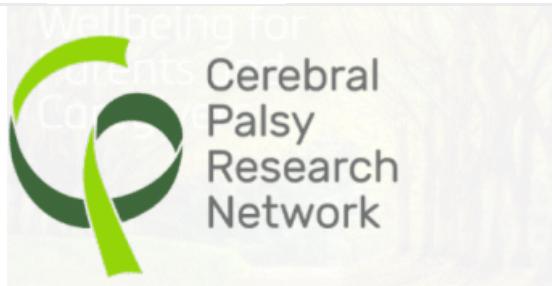
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[Suscribirse y Descargar: Español](#) ➔

[Subscrever e Transferir: Português](#) ➔

### Wellbeing Guide

Access our supportive resource for parents and caregivers who are raising a child, adolescent or young adult with CP.

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A RESOURCE FOR PARENTS AND CAREGIVERS  
WHO ARE RAISING A CHILD, ADOLESCENT  
OR YOUNG ADULT WITH CEREBRAL PALSY OR  
ANOTHER DISABILITY

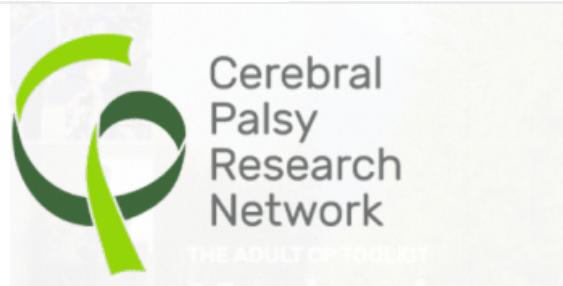


Join a community of people with cerebral palsy who are committed to improving outcomes through research!

[About MyCP](#)[MyCP Webinar Series](#)[Join Now](#)

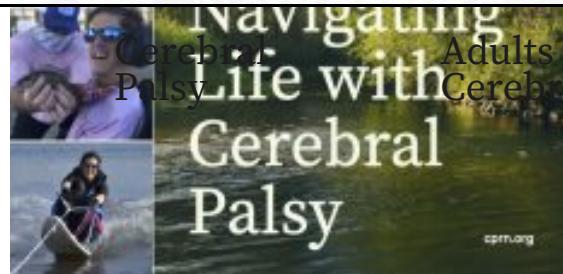
## Adult CP Toolkit

This toolkit, still under development, is intended for adults with CP and parents of children with CP coming of age from the point of healthcare transition, to college, employment through to retirement with many health, social and professional issues along the way.



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THE ADULT CP PROJECT



Navigating  
Life with  
Cerebral  
Palsy

Adults with  
Cerebral Palsy

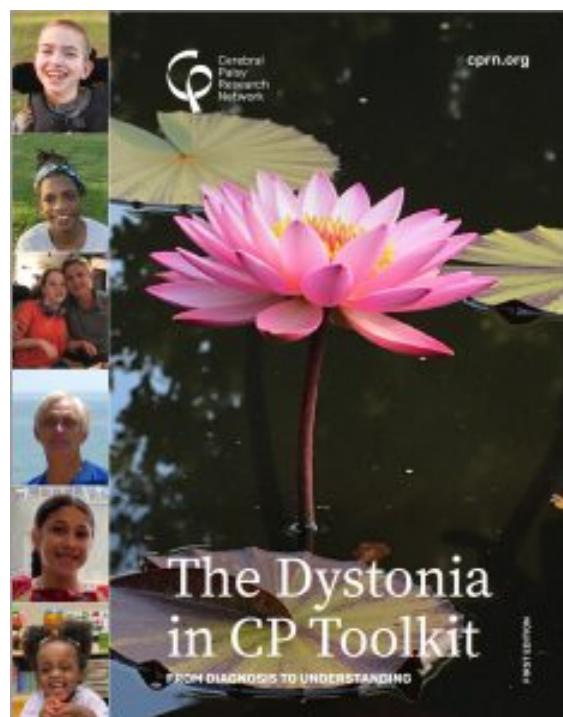
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## The Dystonia in CP Toolkit

This toolkit provides parents, caregivers, people with CP and clinicians that treat CP with a description of the experience of having dystonia in cerebral palsy from the perspective of the person with the lived experience. It provides information about the condition, diagnosis, treatment and current research.



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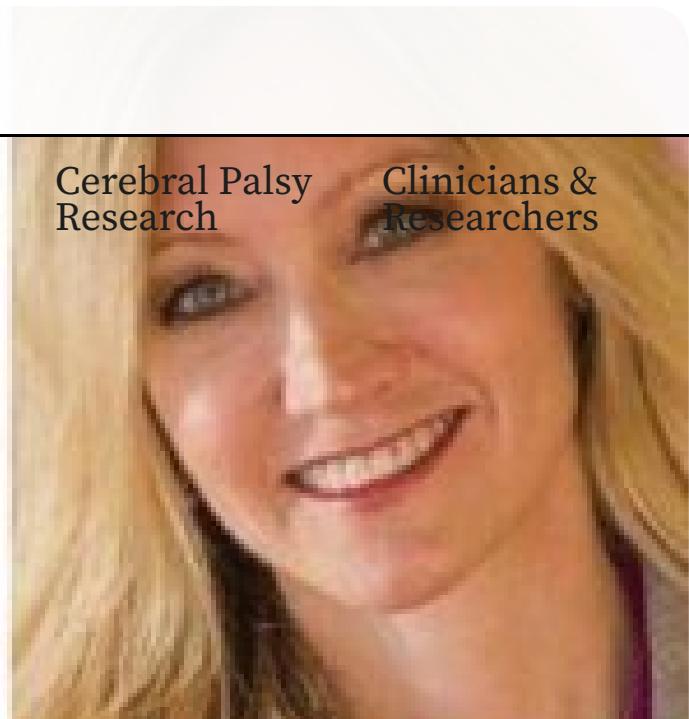
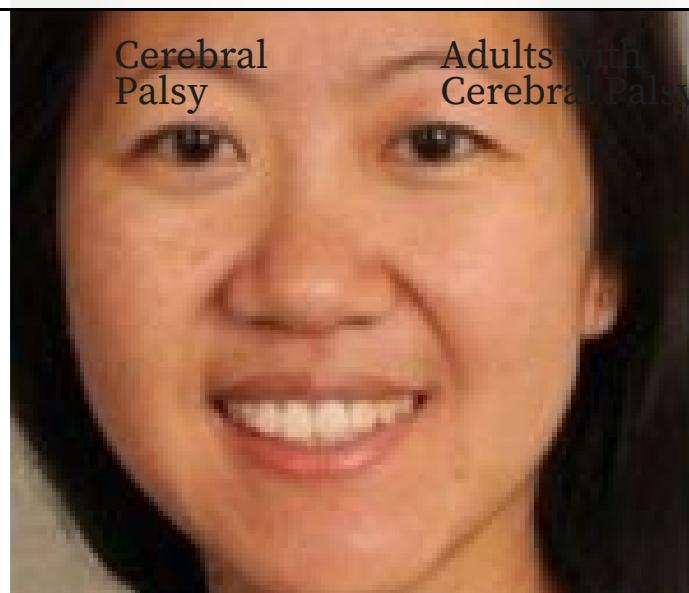
The Cerebral Palsy Research Network webinar series seeks to educate the community on its findings and direct its research. One webinar per month is presented to provide an update on its current research.

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## Etiology and Functional Classification

**Joyce Oleszek, MD and Wendy Pierce, MD**

Pediatric Physical Medicine and Rehabilitation, Children's Colorado

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## Our Research & Active Studies

This section offers a sample of our current research efforts. Some of these studies are surveys that are available by participating in our MyCP Community Registry. Other studies are being conducted using our research network of participating hospitals and clinics.

more than 100 years about functional changes and pain interference with aging. The goal is to enroll a large sample of adults with CP from the community in a registry with follow up.



The genetics of cerebral palsy study is funded by the National Institutes of Health with the intention of

performing genomic analysis of 500-trios, the person with CP and their biological parents, to identify new genes that cause CP. Participants need to be patients of one of the participating centers and provide saliva samples through "spit kits" sent in the mail.

## Adult Satisfaction Utilization

We are conducting this survey to learn about the healthcare that adults with CP receive, and their satisfaction with the access to and quality of this care.

[View All →](#)

## Our Health & Wellbeing Programming

**“ Thank you for facilitating the opportunity to join the MENTOR program...I’m much better equipped to maintain my health now, and push through what life throws my way with the newly acquired experience and knowledge. ”**

Nicole L  
MENTOR participant



About

Part of the Cerebral Palsy Research Network's mission is providing health and wellbeing programming to our community of individuals with cerebral palsy. Staying active and reducing stress are vital components of maintaining health and wellness throughout one's life.

Establishing healthy habits in early childhood will help people with cerebral palsy to continue to maintain their sense of wellbeing into adult life, possibly preventing or reducing secondary complications to having cerebral palsy.

Sign up for alerts to receive a notification when we expand our health and wellbeing programs this year.

### Pediatric Health/Wellbeing Programs

Stay tuned for more information!

### Adult Health/Wellbeing Programs

We have partnered with the National Center for Health, Physical Activity and Disability (NCHPAD) to provide virtual classes on mindfulness, exercise and nutrition. Classes start every month. Visit our MENTOR program page to learn more.

## Blogs

[Latest](#)[News](#)[Research](#)[Education](#)[CP Stories](#)[CP Daily Living](#)



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Unlocking Answers: Why Genetic Testing Matters for Children with Cerebral Palsy

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Paul

July 25, 2025 • 0 comments

New Research Webinar: Etiology of CP and Functional Outcomes at Age Six

Paul

July 7, 2025 • 0 comments



Joyce Trost  
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June 5, 2025 • 0 comments

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## Webinar: Understanding Chronic Lower Back Pain in Adults with Cerebral Palsy

**Joyce Trost**

June 5, 2025 • 0 comments

## Celebrating 10 Years: CPRN's 8th Annual Research Meeting Highlights the Power of Co-Production

**Paul**

May 30, 2025 • 0 comments



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## Exploring tube feeding in children with cerebral palsy

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**Paul**

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March 26, 2025 • 0 comments

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