

Here For You.

We are here to serve all those impacted by relationship abuse 24/7 confidentially. Due to high demand, you may experience longer wait times to connect with a live advocate. If you are unable to wait safely or aren't ready to call, chat or text — you can search our **Directory of Local Providers** section anytime for resources and support in your area.

Security Alert

Internet usage can be monitored and is impossible to erase completely. If you're concerned your internet usage might be monitored, call us at 800.799.SAFE (7233). **Learn more about digital security** and remember to clear your browser history after visiting this website.

Click the red "X" in the upper-right corner or "Escape" button on your keyboard twice at any time to leave TheHotline.org immediately.

Please contact 911 if you feel like you are in immediate danger or a life-threatening situation.

OK

Our domestic violence informed compassionate A.I. chat, Ruth, can help when you're unable to reach a live advocate. To speak to a live person, call, chat, or text a live advocate.

What to expect when you contact us

Privacy Policy

Online Harassment and Abuse Survey

The Hotline, in partnership with the National Hotline Consortium, is conducting a survey to better understand victims/survivor experiences with online abuse and harassment (technology facilitated abuse). The survey is completely anonymous and should take about 5 minutes to complete.

Take the Survey Today

X

Free. Confidential. 24/7.

Get Help

Identify Abuse

Plan for Safety

Support Others

Local Providers

Get Involved

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OK

Create a path to safety



Anonymous survivor

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Take the Survey Today



24/7 access to resources and support specifically aimed at teen and young adult relationships →

love is
respect.

Contact

National Domestic Violence Hotline
PO BOX 90249
Austin, Texas 78709
Admin

The Hotline Community

Join

About

About Us
History

Info

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OK



Call 1.800.799.SAFE
(7233)



Chat live
now



Text "START" to 88788
Visit our page for Privacy Policy. Msg & Data Rates May Apply. Text STOP to opt out.