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## Developmental milestones record - 2 months

This article describes the skills and growth targets of 2-month-old infants.

### Information

Physical and motor-skill markers:

- Closing of soft spot at the back of the head (posterior fontanelle)
- Several newborn reflexes, such as the stepping reflex (baby appears to dance or step when placed upright on solid surface) and grasp reflex (grasping a finger), disappear
- Less head lag (head is less wobbly on the neck)
- When on stomach, able to lift head almost 45 degrees
- Less flexing of the arms and legs while lying on the stomach

Sensory and cognitive markers:

- Beginning to look at close objects.
- Coos.
- Different cries mean different things.
- Head turns from side to side with sound at the level of the ear.
- Smiles.
- Responds to familiar voices.
- Healthy babies can cry up to 3 hours per day. If you are worried that your baby cries too much, talk to your health care provider.

Play recommendations:

- Expose your baby to sounds outside those of the home.
- Take your baby for rides in the car or walks in the neighborhood.
- The room should be bright with pictures and mirrors.
- Toys and objects should be bright colors.
- Read to your baby.

- Talk to your baby about objects and people in their environment.
- Hold and comfort your baby if they are upset or crying. Do not worry about spoiling your 2-month-old.

## Alternative Names

Normal childhood growth milestones - 2 months; Childhood growth milestones - 2 months; Growth milestones for children - 2 months

## References

Centers for Disease Control and Prevention website. Child development. Positive parenting tips: infants (0-1 years).

[www.cdc.gov/child-development/positive-parenting-tips/infants.html](https://www.cdc.gov/child-development/positive-parenting-tips/infants.html) [<https://www.cdc.gov/child-development/positive-parenting-tips/infants.html>]

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## Review Date 1/1/2025

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06/01/2028

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