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Celiac disease - resources

If you have celiac disease, it is very important that you receive counseling from a registered dietitian who specializes in celiac disease and gluten-free diets. An expert can tell you where to buy gluten-free products and will share important resources that explain your disease and treatment.

A dietitian can also provide counseling on conditions that commonly occur with celiac disease, such as:

- Diabetes
- Lactose intolerance
- Vitamin or mineral deficiency
- Weight loss or gain

The following organizations provide additional information:

- Beyond Celiac -- www.beyondceliac.org [<https://www.beyondceliac.org>]
- Celiac Disease Foundation -- celiac.org [<https://celiac.org/>]
- Gluten Intolerance Group -- gluten.org [<https://gluten.org>]
- National Celiac Association -- nationalceliac.org [<https://nationalceliac.org>]
- National Institute of Diabetes and Digestive and Kidney Diseases -- www.niddk.nih.gov/health-information/digestive-diseases/celiac-disease [<https://www.niddk.nih.gov/health-information/digestive-diseases/celiac-disease>]
- US National Library of Medicine, MedlinePlus -- medlineplus.gov/celiacdisease.html [<https://medlineplus.gov/celiacdisease.html>]

Alternative Names

Resources - celiac disease

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Updated by: Linda J. Vorvick, MD, Clinical Professor Emeritus, Department of Family Medicine, UW Medicine, School of Medicine, University of Washington, Seattle, WA. Also reviewed by David C. Dugdale, MD, Medical Director, Brenda Conaway, Editorial Director, and the A.D.A.M. Editorial team.

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