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Get Involved



Back-to-School Resource Hub



Ready to Act

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Grab your pencils and get ready to take notes because FARE is here to help you fill your backpack with renewed confidence as you take on the new school year.



Epinephrine is the ONLY drug that stops anaphylaxis, a type of allergic reaction that can be deadly. Now there is a needle-free option. Be ready to act —know the signs of anaphylaxis and learn how to administer epinephrine. You can save a life!



15 and FARE

15 and the Mahomies Foundation and FARE have partnered to create 15 and FARE, bringing the FARE Neighborhoods Initiative and FARE's Food Allergy Academy training to the Kansas City area.



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FARE is improving the quality of life and health of individuals with food allergy through transformative

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Advocacy

It's personal for us

Representing the voice of the patient on issues that matter the most, FARE works tirelessly to promote practices, policies, regulations, and laws that make the world a safer and more inclusive place for all members of the food allergy community.



Research

It's a disease, not a diet

As the largest charity supporting food allergy research, FARE makes transformative science for patients a reality, bringing hope and innovation by advancing breakthroughs in food allergy prevention, diagnosis, treatment and care that can be accessed by all.



Education

It's good for everyone

One in 10 people in the U.S. have at least one food allergy, so this disease touches all of us. FARE's goal is to increase public awareness of food allergies while providing trusted resources and community to support the more than 33 million people who have food allergies, which can cause life-threatening reactions.



33 Million Americans

are living with life-threatening food allergies.

1 in 13 Children

have life-threatening food allergies.

Every 10 Seconds

A food allergy sends a patient to the emergency room.

Living with Food Allergies

Food Allergy 101

Get the facts on food allergies, from symptoms and diagnosis to prevention and effective emergency care.



Top Food Allergens

There are nine foods that cause the majority of food allergy reactions. [Learn more.](#)



Newly Diagnosed

These resources are designed to help newly diagnosed patients and their families begin their journey from diagnosis to living well with food allergies.



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Latest News

Releases & Statements

- [FARE Updates Position on California Bill SB 68 to Support...](#)
- [Statement from Sung Poblete, PhD, RN, CEO of FARE, on California Bill SB 568](#)
- [Come Spend Halloween With Us—Welcome to OctoberFARE!](#)

Voices of FARE

- [Read FARE Forward](#)
- [Visit the Teen Corner](#)
- [Bring Magic to Halloween With the Teal Pumpkin Project](#)

In the News

- [Ask Wirecutter: My Kid Was Recently Diagnosed With Food Allergies. What Do I Do...](#)
- [Urgent recall of popular cheeseburgers that can trigger 'life-threatening aller...](#)
- [Q&A: Oral food challenge alternative may 'revolutionize' allergy testing](#)

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About FARE

FARE (Food Allergy Research & Education) is a 501(c)(3) charitable organization with the mission to improve the quality of life and health of those with food allergy through transformative research, education, and advocacy.

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