



Learn the Signs. Act Early.

## CDC's Developmental Milestones

In 2022, CDC's milestones and parent tips were updated and checklist for ages 15 and 30 months were added. For more information about the CDC's developmental milestones, please review the Pediatrics journal article [↗](#) and these important key points.

Skills such as taking a first step, smiling for the first time, and waving "bye bye" are called developmental milestones. Children reach milestones in how they play, learn, speak, act, and move.

Click on the age of your child to see the milestones:

- [2 months](#)
- [4 months](#)
- [6 months](#)
- [9 months](#)
- [1 year](#)
- [15 months](#)
- [18 months](#)
- [2 years](#)
- [30 months](#)
- [3 years](#)
- [4 years](#)
- [5 years](#)
- [Milestone checklists translated into other languages](#)
- [Print the milestone checklists \(PDF\) ↗ \[4 MB, 24 Pages, 508\]](#) or click on your child's age above to complete the checklist online.
- [Developmental Milestone Checklists for WIC](#)
- [Download the \*Milestone Tracker\* mobile app](#)
- [Complete a checklist using the \*Digital Online Checklist\*](#)

### Download CDC's free Milestone Tracker App



Help your child grow  
and thrive with CDC's free  
*Milestone Tracker* app.

[cdc.gov/MilestoneTracker](#)



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"Learn the Signs. Act Early." materials are not a substitute for standardized, validated [developmental screening tools](#).



## Milestones in Action

Free photos and videos of developmental milestones

[cdc.gov/MilestonesInAction](http://cdc.gov/MilestonesInAction)



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## Developmental Milestones Videos



In this video, parents of young children share their personal experiences of using CDC's "Learn the Signs. Act Early." tools and resources to learn about child development, recognize the milestones their child should be reaching, and guide them about what to do if they ever become concerned.

[Watch this video »](#)



In this Spanish-language video, two families share personal stories of how using CDC's "Learn the Signs. Act Early." resources helps them learn about their child's developmental milestones and support their children's development.

[Watch this Spanish language video »](#)

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