

Other Factor Deficiencies

An overview of symptoms and treatments will help you understand these ultra-rare bleeding disorders

What Are Rare Bleeding Disorders?

In the US, a rare disease or disorder is defined as one that affects fewer than 200,000 people. This means hemophilia A and B, and the less-common factor deficiencies such as I, II, V, VII, X, XI, XII and XIII, are all rare disorders.

Blood clotting is a complex process, involving many different proteins, called factors, each of which plays a different role in the blood clotting process. Factor deficiencies are defined by which specific clotting protein in the blood protein is low, missing or doesn't work properly.

[Learn more about the blood clotting process.](#)

These very rare factor deficiencies were all discovered and identified in the 20th century. The majority of these conditions were only identified within the last 60-70 years.

How Many People Have Rare Factor Deficiencies?

Factor I (1) Deficiency

Factor I deficiency is a collective term for three rare inherited fibrinogen deficiencies. One of these, afibrinogenemia is very rare, occurring in 1-2 people per million.

Factor II (2) Deficiency

Factor II deficiency is estimated to occur in 1 out of every 2 million people.

Factor V (5) Deficiency

Factor V deficiency is estimated to occur in 1 out of every 2 million people.

Factor VII (7) Deficiency

Factor VII deficiency is estimated to occur in 1 out of every 300,000-500,000 people. That makes it the most common of the rare factor deficiencies.

Factor X (10) Deficiency

Factor X deficiency is estimated to occur in 1 in 500,000 to 1 in a million people.

Factor XI (11) Deficiency (Hemophilia C)

Factor XI deficiency is estimated to occur in 1 in 100,000 people.

Factor XII (12)

Factor XII deficiency is estimated to occur in 1 in a million people.

Factor XIII (13) Deficiency

Factor XIII deficiency is estimated to occur in 1 in 5 million people. It is the rarest of the rare factor deficiencies.

How Are Rare Factor Deficiencies Treated?

How rare factor deficiencies are treated depends on the missing protein. Some can be treated with factor concentrates that replace the missing clotting factor. Others are treated with fresh frozen plasma, which is the liquid part of whole blood, or antifibrinolytics, which slow the breakdown of blood clots. Some do not require treatment at all. You can find specific details on the available treatments within the pages of this section. People with rare factor deficiencies can seek specialized care at a hemophilia treatment center (HTC.)

[Find an HTC near you.](#)

Support for People with Rare Factor Deficiencies

We are committed to offering education and support for all bleeding disorders. NBDF holds a Rare Bleeding Disorders conference every year, which allows people with rare factor deficiencies to learn more about managing their disorder and connect with people who share their experiences.

[Learn about NBDF's Rare Bleeding Disorders Conference.](#)

Contact us



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Need Information? We Can Assist.

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