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Have a problem with alcohol? There is a solution.

A.A. has a simple program that works. It's based on one alcoholic helping another.

[Learn More](#)

**Find A.A.
Near You**

Coordinates
Latitude
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Miles

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Beginning Monday, August 11,

the General Service Office will operate remotely and will be closed to visitors for 10-12 weeks due to the retrofit of our office space and work on our facilities.

Learn more

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General Service Office Closed on Wednesday, August 6, 2025

The General Service Office will be closed on Wednesday, August 6, 2025, so that the employees may attend an all-staff event. Thank you for your understanding.



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I paid for an AAWS 2025 International Souvenir book with registration but did not receive my book by mail and/or did not pick up my book in Vancouver. Now what do I do?

Where can I purchase the 2025 International Convention Anonymity-Protected Stadium Photograph, Convention audio recordings, and the official convention mug?

**Get the answers
here**

I Am...



Sobriety in AA: When drinking is no

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A.A. has a solution. That isn't an empty promise. A.A. has been helping alcoholics recover for more than 80 years. A.A.'s program of recovery is built on the simple foundation of one alcoholic sharing with another. If your drinking is out of control, A.A. can help.

[Learn More](#)

Not sure you have a problem?

[Take a Self-Assessment](#)

Learn More About A.A.

[WHAT IS A.A.](#)

[THE BIG BOOK](#)

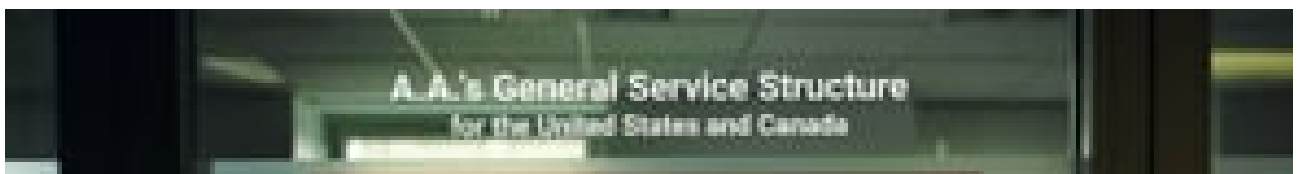
[12 STEPS & 12 TRADITIONS](#)

[FREQUENTLY ASKED QUESTIONS](#)

[Recommended Resources](#)

[HEAR MEMBERS SHARE ABOUT RECOVERY](#)

[LIVING SOBER](#)



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Your General Service Office (G.S.O.), the Grapevine and the General Service Structure

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Ready to get involved in A.A.?

A.A. members work together to help the alcoholic who still suffers. Helping each other is a key to staying sober. There are many opportunities to participate in a variety of ways. The best place to start getting involved is through an A.A. group. Participating in a group helps ensure that when a person reaches out for help, A.A. will be available.

[Learn More](#)

Dive into information on service in

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CONTRIBUTIONS AND SELF-SUPPORT

Recommended Resources

QUESTIONS & ANSWERS ON SPONSORSHIP

CIRCLES OF LOVE AND SERVICE



Sobriety in AA: Since getting sober, I have hope

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Want to talk to someone about A.A.?

CONTACT A.A. NEAR YOU

Learn More About A.A.

WHAT IS A.A.?

THE BIG BOOK

12 STEPS

Recommended Resources

IS THERE AN ALCOHOLIC IN YOUR LIFE?



A A Video for Legal and Corrections

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Professionals who work with alcoholics share a common purpose with A.A.: to help the alcoholic stop drinking. A.A. members are available to provide A.A. meetings or information about A.A. upon request.

[Learn More](#)

Connect with local A.A.s

[CONTACT A.A. NEAR YOU](#)

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[SEE ALL PROFESSIONAL RESOURCES](#)

Recommended Resources

[FOR THE HEALTH CARE PROFESSIONAL](#)

[FOR ALCOHOL & DRUG COURT PROFESSIONALS](#)

[UNDERSTANDING ANONYMITY](#)

Daily Reflections

[LISTENING DEEPLY](#)

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If I accept and act upon the advice of those who have made the program work for themselves, I have a chance to outgrow the limits of the past. Some problems will shrink to nothingness, while others may require patient, well-thought-out action. Listening deeply when others share can develop intuition in handling problems which arise unexpectedly. It is usually best for me to avoid impetuous action. Attending a meeting or calling a fellow A.A. member will usually reduce tension enough to bring relief to a desperate sufferer like me. Sharing problems at meetings with other alcoholics to whom I relate, or privately with my sponsor, can change aspects of the positions in which I find myself. Character defects are identified and I begin to see how they work against me. When I put my faith in the spiritual power of the program, when I trust others to teach me what I need to do to have a better life, I find that I can trust myself to do what is necessary.

Daily Reflections.

From the book

Daily Reflections.

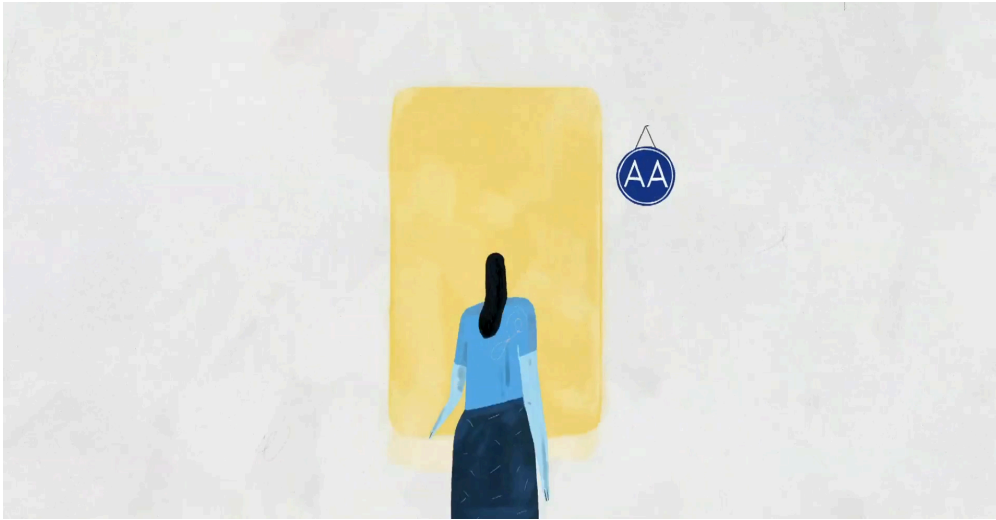
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No Reflection on this day.

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August	
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Anyone with a desire to stop drinking is welcome, regardless of race, gender, sexual orientation, religion, income or profession. And it's free. You can just sit and listen and learn more about recovery, or you can share about your situation. It's completely up to you.

Join others on the road to recovery

[Find A.A. Near You](#)

[Learn more about meetings](#)

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