



Home → Health Topics → Plastic and Cosmetic Surgery

URL of this page: <https://medlineplus.gov/plasticandcosmeticsurgery.html>

## Plastic and Cosmetic Surgery

Also called: Cosmetic surgery

Surgeons can reshape the appearance of body parts through cosmetic surgery. Some of the most common body parts people want to improve through surgery include:

- Breasts: Increase or reduce the size of breasts or reshape sagging breasts
- Ears: Reduce the size of large ears or set protruding ears back closer to the head
- Eyes: Correct drooping upper eyelids or remove puffy bags below the eyes
- Face: Remove facial wrinkles, creases or acne scars
- Hair: Fill in balding areas with one's own hair
- Nose: Change the shape of the nose
- Tummy: Flatten the abdomen

### Start Here

- Cosmetic Surgery [<https://www.mayoclinic.org/tests-procedures/cosmetic-surgery/about/pac-20385138?p=1>] (Mayo Foundation for Medical Education and Research)  
Also in Spanish [<https://www.mayoclinic.org/es/tests-procedures/cosmetic-surgery/about/pac-20385138?p=1>]

### Related Issues

- Body Contouring After Major Weight Loss [<https://www.plasticsurgery.org/cosmetic-procedures/body-contouring>] (American Society of Plastic Surgeons)
- Body Dysmorphic Disorder [<https://www.mayoclinic.org/diseases-conditions/body-dysmorphic-disorder/symptoms-causes/syc-20353938?p=1>] (Mayo Foundation for Medical Education and Research)  
Also in Spanish [<https://www.mayoclinic.org/es/diseases-conditions/body-dysmorphic-disorder/symptoms-causes/syc-20353938?p=1>]
- Breast Implants [<https://www.fda.gov/medical-devices/implants-and-prosthetics/breast-implants>] (Food and Drug Administration)
- Dermatologic Surgery Information [<https://www.asds.net/skin-experts/about-asds/dermatologic-surgery>] (American Society for Dermatologic Surgery)

### Specifics

- Abdominoplasty - series [[https://medlineplus.gov/ency/presentations/100184\\_1.htm](https://medlineplus.gov/ency/presentations/100184_1.htm)] (Medical Encyclopedia)  
Also in Spanish [[https://medlineplus.gov/spanish/ency/esp\\_presentations/100184\\_1.htm](https://medlineplus.gov/spanish/ency/esp_presentations/100184_1.htm)]
- Blepharoplasty (Eyelid Surgery) [<https://www.mayoclinic.org/tests-procedures/blepharoplasty/about/pac-20385174?p=1>] (Mayo Foundation for Medical Education and Research)
- Blepharoplasty - series [[https://medlineplus.gov/ency/presentations/100183\\_1.htm](https://medlineplus.gov/ency/presentations/100183_1.htm)] (Medical Encyclopedia)  
Also in Spanish [[https://medlineplus.gov/spanish/ency/esp\\_presentations/100183\\_1.htm](https://medlineplus.gov/spanish/ency/esp_presentations/100183_1.htm)]
- Breast augmentation - series [[https://medlineplus.gov/ency/presentations/100205\\_1.htm](https://medlineplus.gov/ency/presentations/100205_1.htm)] (Medical Encyclopedia)  
Also in Spanish [[https://medlineplus.gov/spanish/ency/esp\\_presentations/100205\\_1.htm](https://medlineplus.gov/spanish/ency/esp_presentations/100205_1.htm)]
- Breast lift (mastopexy) - series [[https://medlineplus.gov/ency/presentations/100188\\_1.htm](https://medlineplus.gov/ency/presentations/100188_1.htm)] (Medical Encyclopedia)

Also in Spanish [[https://medlineplus.gov/spanish/ency/esp\\_presentations/100188\\_1.htm](https://medlineplus.gov/spanish/ency/esp_presentations/100188_1.htm)]

- Breast reduction (mammoplasty) - series [[https://medlineplus.gov/ency/presentations/100189\\_1.htm](https://medlineplus.gov/ency/presentations/100189_1.htm)] (Medical Encyclopedia)  
Also in Spanish [[https://medlineplus.gov/spanish/ency/esp\\_presentations/100189\\_1.htm](https://medlineplus.gov/spanish/ency/esp_presentations/100189_1.htm)]
- Buttock Lift [<https://www.mayoclinic.org/tests-procedures/buttock-lift/about/pac-20393277?p=1>]  
(Mayo Foundation for Medical Education and Research)  
Also in Spanish [<https://www.mayoclinic.org/es/tests-procedures/buttock-lift/about/pac-20393277?p=1>]
- Chemical Peel [<https://www.mayoclinic.org/tests-procedures/chemical-peel/about/pac-20393473?p=1>]  
(Mayo Foundation for Medical Education and Research)  
Also in Spanish [<https://www.mayoclinic.org/es/tests-procedures/chemical-peel/about/pac-20393473?p=1>]
- Chin augmentation - series [[https://medlineplus.gov/ency/presentations/100009\\_1.htm](https://medlineplus.gov/ency/presentations/100009_1.htm)] (Medical Encyclopedia)  
Also in Spanish [[https://medlineplus.gov/spanish/ency/esp\\_presentations/100009\\_1.htm](https://medlineplus.gov/spanish/ency/esp_presentations/100009_1.htm)]
- Craniofacial reconstruction - series [[https://medlineplus.gov/ency/presentations/100058\\_1.htm](https://medlineplus.gov/ency/presentations/100058_1.htm)] (Medical Encyclopedia)  
Also in Spanish [[https://medlineplus.gov/spanish/ency/esp\\_presentations/100058\\_1.htm](https://medlineplus.gov/spanish/ency/esp_presentations/100058_1.htm)]
- Facelift - series [[https://medlineplus.gov/ency/presentations/100186\\_1.htm](https://medlineplus.gov/ency/presentations/100186_1.htm)] (Medical Encyclopedia)  
Also in Spanish [[https://medlineplus.gov/spanish/ency/esp\\_presentations/100186\\_1.htm](https://medlineplus.gov/spanish/ency/esp_presentations/100186_1.htm)]
- Forehead lift - series [[https://medlineplus.gov/ency/presentations/100020\\_1.htm](https://medlineplus.gov/ency/presentations/100020_1.htm)] (Medical Encyclopedia)  
Also in Spanish [[https://medlineplus.gov/spanish/ency/esp\\_presentations/100020\\_1.htm](https://medlineplus.gov/spanish/ency/esp_presentations/100020_1.htm)]
- Hair Transplants [<https://www.asds.net/skin-experts/skin-treatments/hair-transplants>] (American Society for Dermatologic Surgery)
- Laser Hair Removal [<https://skinsight.com/skin-conditions/laser-hair-removal/?lmiw9cApl=1>] (VisualDX)
- Laser Resurfacing [<https://www.asds.net/skin-experts/skin-treatments/laser-resurfacing>]  
(American Society for Dermatologic Surgery)
- Liposuction [<https://www.asds.net/skin-experts/skin-treatments/liposuction>] (American Society for Dermatologic Surgery)
- Microneedling Devices: Getting to the Point on Benefits, Risks, and Safety [<https://www.fda.gov/consumers/consumer-updates/microneedling-devices-getting-point-benefits-risks-and-safety>]  
(Food and Drug Administration)  
Also in Spanish [<https://www.fda.gov/consumers/articulos-para-el-consumidor-en-espanol/dispositivos-de-microagujas-vamos-al-grano-sobre-sus-beneficios-riesgos-y-seguridad>]
- Nose surgery - series [[https://medlineplus.gov/ency/presentations/100070\\_1.htm](https://medlineplus.gov/ency/presentations/100070_1.htm)] (Medical Encyclopedia)  
Also in Spanish [[https://medlineplus.gov/spanish/ency/esp\\_presentations/100070\\_1.htm](https://medlineplus.gov/spanish/ency/esp_presentations/100070_1.htm)]
- Otoplasty (Cosmetic Ear Surgery) [<https://www.mayoclinic.org/tests-procedures/otoplasty/about/pac-20394822?p=1>]  
(Mayo Foundation for Medical Education and Research)
- Skin smoothing surgery - series [[https://medlineplus.gov/ency/presentations/100101\\_1.htm](https://medlineplus.gov/ency/presentations/100101_1.htm)] (Medical Encyclopedia)  
Also in Spanish [[https://medlineplus.gov/spanish/ency/esp\\_presentations/100101\\_1.htm](https://medlineplus.gov/spanish/ency/esp_presentations/100101_1.htm)]
- Vascular Lesion Treatment, Laser [<https://skinsight.com/skin-conditions/laser-vascular-lesion-treatment/?lmiw9cApl=1>]  
(VisualDX)

## Videos and Tutorials

- Breast lift [<https://medlineplus.gov/ency/anatomyvideos/000017.htm>]   
(Medical Encyclopedia)  
Also in Spanish [<https://medlineplus.gov/spanish/ency/anatomyvideos/000017.htm>]
- Liposuction [<https://medlineplus.gov/ency/anatomyvideos/000081.htm>]   
(Medical Encyclopedia)  
Also in Spanish [<https://medlineplus.gov/spanish/ency/anatomyvideos/000081.htm>]

## Statistics and Research

- Plastic Surgery Statistics [<https://www.plasticsurgery.org/news/plastic-surgery-statistics>]  
(American Society of Plastic Surgeons)

## Clinical Trials

- ClinicalTrials.gov: Breast Implants [<https://clinicaltrials.gov/search?term=%22Breast+Implants%22&aggFilters=status:not%20rec>]   
(National Institutes of Health)

## Journal Articles

### References and abstracts from MEDLINE/PubMed (National Library of Medicine)

- Article: Postoperative functional training program for vascularised Iliac flap donor site in... [<https://www.ncbi.nlm.nih.gov/pubmed/40753339>]
- Article: Assessment of symmetry and parental satisfaction after use of customized nasal... [<https://www.ncbi.nlm.nih.gov/pubmed/40751267>]
- Article: Classification of diaphyseal tumors based on residual medullary cavity length for... [<https://www.ncbi.nlm.nih.gov/pubmed/40750628>]
- Plastic and Cosmetic Surgery -- see more articles [<https://pubmed.ncbi.nlm.nih.gov/?term=%22Plastic+Surgery+Procedures%22%5Bmajr%3Aneop%5D+AND+humans%5Bmh%5D+AND+english%5Bla%5D+AND%22last+2+Years%22+%5Bdat%5D+NOT+%28letter%5Bpt%5D+OR+case+reports%5Bpt%5D+OR+editorial%5Bpt%5D+OR+comment%5Bpt%5D%29+AND+free+full+text%5Bsb%5D+>]

## Find an Expert

- American Academy of Facial Plastic and Reconstructive Surgery [<https://www.aafprs.org/>]
- American Society for Dermatologic Surgery [<https://www.asds.net/>]
- Find a Dermatologic Surgeon [<https://www.asds.net/find-a-dermatologic-surgeon/advanced/true>] (American Society for Dermatologic Surgery)

## Teenagers

- Breast Reduction Surgery [<https://kidshealth.org/en/teens/breast-reduction-surgery.html>] (Nemours Foundation)  
Also in Spanish [<https://kidshealth.org/es/teens/breast-reduction-surgery.html>]

## Men

- Penis-Enlargement Products: Do They Work? [<https://www.mayoclinic.org/healthy-lifestyle/sexual-health/in-depth/penis/art-20045363?p=1>] (Mayo Foundation for Medical Education and Research)  
Also in Spanish [<https://www.mayoclinic.org/es/healthy-lifestyle/sexual-health/in-depth/penis/art-20045363?p=1>]

## Patient Handouts

- Abdominal wall surgery [<https://medlineplus.gov/ency/article/002978.htm>] (Medical Encyclopedia)  
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/002978.htm>]
- Breast augmentation surgery [<https://medlineplus.gov/ency/article/002984.htm>] (Medical Encyclopedia)  
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/002984.htm>]
- Breast lift [<https://medlineplus.gov/ency/article/007402.htm>] (Medical Encyclopedia)  
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/007402.htm>]
- Chin augmentation [<https://medlineplus.gov/ency/article/002986.htm>] (Medical Encyclopedia)  
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/002986.htm>]
- Eyelid lift [<https://medlineplus.gov/ency/article/002977.htm>] (Medical Encyclopedia)  
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/002977.htm>]
- Facelift [<https://medlineplus.gov/ency/article/002989.htm>] (Medical Encyclopedia)  
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/002989.htm>]
- Head and face reconstruction [<https://medlineplus.gov/ency/article/002980.htm>] (Medical Encyclopedia)  
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/002980.htm>]
- Liposuction [<https://medlineplus.gov/ency/article/002985.htm>] (Medical Encyclopedia)  
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/002985.htm>]

- Rhinoplasty [<https://medlineplus.gov/ency/article/002983.htm>] (Medical Encyclopedia)  
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/002983.htm>]



## MEDICAL ENCYCLOPEDIA

Abdominal wall surgery [<https://medlineplus.gov/ency/article/002978.htm>]

Abdominoplasty - series [[https://medlineplus.gov/ency/presentations/100184\\_1.htm](https://medlineplus.gov/ency/presentations/100184_1.htm)]

Blepharoplasty - series [[https://medlineplus.gov/ency/presentations/100183\\_1.htm](https://medlineplus.gov/ency/presentations/100183_1.htm)]

Breast augmentation - series [[https://medlineplus.gov/ency/presentations/100205\\_1.htm](https://medlineplus.gov/ency/presentations/100205_1.htm)]

Breast augmentation surgery [<https://medlineplus.gov/ency/article/002984.htm>]

Breast lift [<https://medlineplus.gov/ency/anatomyvideos/000017.htm>]

Breast lift [<https://medlineplus.gov/ency/article/007402.htm>]

Breast lift (mastopexy) - series [[https://medlineplus.gov/ency/presentations/100188\\_1.htm](https://medlineplus.gov/ency/presentations/100188_1.htm)]

Breast reduction [<https://medlineplus.gov/ency/article/007405.htm>]

Breast reduction (mammoplasty) - series [[https://medlineplus.gov/ency/presentations/100189\\_1.htm](https://medlineplus.gov/ency/presentations/100189_1.htm)]

Chin augmentation [<https://medlineplus.gov/ency/article/002986.htm>]

Chin augmentation - series [[https://medlineplus.gov/ency/presentations/100009\\_1.htm](https://medlineplus.gov/ency/presentations/100009_1.htm)]

Cosmetic breast surgery - discharge [<https://medlineplus.gov/ency/patientinstructions/000273.htm>]

Cosmetic ear surgery [<https://medlineplus.gov/ency/article/002988.htm>]

Craniofacial reconstruction - series [[https://medlineplus.gov/ency/presentations/100058\\_1.htm](https://medlineplus.gov/ency/presentations/100058_1.htm)]

Dermabrasion [<https://medlineplus.gov/ency/article/002987.htm>]

Ear surgery - series [[https://medlineplus.gov/ency/presentations/100016\\_1.htm](https://medlineplus.gov/ency/presentations/100016_1.htm)]

Eyelid lift [<https://medlineplus.gov/ency/article/002977.htm>]

Facelift [<https://medlineplus.gov/ency/article/002989.htm>]

Facelift - series [[https://medlineplus.gov/ency/presentations/100186\\_1.htm](https://medlineplus.gov/ency/presentations/100186_1.htm)]

Forehead lift [<https://medlineplus.gov/ency/article/002990.htm>]

Forehead lift - series [[https://medlineplus.gov/ency/presentations/100020\\_1.htm](https://medlineplus.gov/ency/presentations/100020_1.htm)]

Head and face reconstruction [<https://medlineplus.gov/ency/article/002980.htm>]

Liposuction [<https://medlineplus.gov/ency/anatomyvideos/000081.htm>]

Liposuction [<https://medlineplus.gov/ency/article/002985.htm>]

Liposuction - series [[https://medlineplus.gov/ency/presentations/100185\\_1.htm](https://medlineplus.gov/ency/presentations/100185_1.htm)]

Nose surgery - series [[https://medlineplus.gov/ency/presentations/100070\\_1.htm](https://medlineplus.gov/ency/presentations/100070_1.htm)]

Oculoplastic procedures [<https://medlineplus.gov/ency/patientinstructions/000781.htm>]

Rhinoplasty [<https://medlineplus.gov/ency/article/002983.htm>]

Skin smoothing surgery - series [[https://medlineplus.gov/ency/presentations/100101\\_1.htm](https://medlineplus.gov/ency/presentations/100101_1.htm)]

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