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Compulsive Gambling

Also called: Gambling addiction

Many people enjoy gambling, whether it's betting on a horse or playing poker on the Internet. Most people who gamble don't have a problem, but some lose control of their gambling. Signs of problem gambling include :

- Always thinking about gambling
- Lying about gambling
- Spending work or family time gambling
- Feeling bad after you gamble, but not quitting
- Gambling with money you need for other things

If you have concerns about your gambling, ask for help. Your health care provider can work with you to find the treatment that's best for you.

NIH: National Institutes of Health

Learn More

- Compulsive Gambling [<https://medlineplus.gov/ency/article/001520.htm>] (Medical Encyclopedia)
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/001520.htm>]
- Compulsive Gambling [<https://www.mayoclinic.org/diseases-conditions/compulsive-gambling/symptoms-causes/syc-20355178?p=1>] (Mayo Foundation for Medical Education and Research)
Also in Spanish [<https://www.mayoclinic.org/es/diseases-conditions/compulsive-gambling/symptoms-causes/syc-20355178?p=1>]
- Help for Mental Illnesses [<https://www.nimh.nih.gov/health/find-help>]  (National Institute of Mental Health)
Also in Spanish [<https://www.nimh.nih.gov/health/find-help/ayuda-para-la-salud-mental>]
- National Institute of Mental Health [<https://www.nimh.nih.gov/>] 
Also in Spanish [<https://www.nimh.nih.gov/health/topics/espanol>]
- Teen Gambling [<https://www.healthychildren.org/english/ages-stages/teen/substance-abuse/Pages/Teen-Gambling.aspx?>] (American Academy of Pediatrics)
Also in Spanish [<https://www.healthychildren.org/spanish/ages-stages/teen/substance-abuse/paginas/teen-gambling.aspx>]

Clinical Trials

- ClinicalTrials.gov: Gambling [<https://clinicaltrials.gov/search?cond=%22Gambling%22&aggFilters=status:not%20rec>]
 (National Institutes of Health)

Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)

- Article: Amygdala-Ventral Striatum Functional Connectivity Underlies Craving in Gambling Disorder: A Mediating... [<https://www.ncbi.nlm.nih.gov/pubmed/40671512>]

- Article: Effects of interventional public health laws and regulations intended to reduce...
[<https://www.ncbi.nlm.nih.gov/pubmed/40669915>]
- Article: Post-COVID gambling habits of adolescents and young adults in Aragon, Spain:....
[<https://www.ncbi.nlm.nih.gov/pubmed/40660173>]
- Compulsive Gambling -- see more articles [<https://pubmed.ncbi.nlm.nih.gov/?term=%22Gambling%22%5Bmajr%3Anoexp%5D+AND+humans%5Bmh%5D+AND+english%5Bla%5D+AND+%22last+1+Year%22+%5Bdat%5D+NOT+%28letter%5Bpt%5D+OR+case+reports%5Bpt%5D+OR+editorial%5Bpt%5D+OR+comment%5Bpt%5D%29+AND+free+full+text%5Bsb%5D+>]

Find an Expert

- FindTreatment.gov [<https://findtreatment.gov/>] (Substance Abuse and Mental Health Services Administration)
Also in Spanish [<https://findtreatment.gov/es>]



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