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## Ehlers-Danlos Syndrome

Also called: Cutis elastica, EDS

Ehlers-Danlos syndrome (EDS) is a group of inherited disorders that weaken connective tissues

[<https://medlineplus.gov/connectivetissuedisorders.html>] . Connective tissues are proteins that support skin, bones, blood vessels, and other organs.

EDS usually affects your skin, joints and blood vessel walls. Symptoms include:

- Loose joints
- Fragile, small blood vessels
- Abnormal scar formation and wound healing
- Soft, velvety, stretchy skin that bruises easily

There are several types of EDS. They can range from mild to life-threatening. About 1 in 5,000 people has EDS. There is no cure. Treatment involves managing symptoms, often with medicines and physical therapy. It also includes learning how to protect your joints and prevent injuries.

## Learn More

- Ehlers-Danlos syndrome [<https://medlineplus.gov/ency/article/001468.htm>] (Medical Encyclopedia)  
Also in Spanish [<https://medlineplus.gov/spanish/ency/article/001468.htm>]
- Ehlers-Danlos Syndrome [<https://www.mayoclinic.org/diseases-conditions/ehlers-danlos-syndrome/symptoms-causes/syc-20362125?p=1>] (Mayo Foundation for Medical Education and Research)
- Ehlers-Danlos Syndrome Hypermobility Type [<https://live-the-marfan-foundation-site.pantheonsite.io/wp-content/uploads/2021/09/EDS-Hypermobility-Type.pdf>] (Marfan Foundation) - **PDF**

## Genetics

- Ehlers-Danlos syndrome: MedlinePlus Genetics [<https://medlineplus.gov/genetics/condition/ehlers-danlos-syndrome>]  
 (National Library of Medicine)

## Clinical Trials

- ClinicalTrials.gov: Ehlers-Danlos Syndrome [<https://clinicaltrials.gov/search?cond=%22Ehlers-Danlos+Syndrome%22&aggFilters=status:not%20rec>]  
 (National Institutes of Health)

## Journal Articles

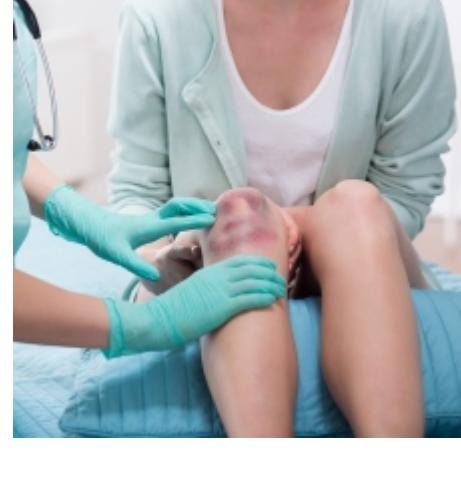
References and abstracts from MEDLINE/PubMed (National Library of Medicine)

- Article: Sleep Characteristics in Individuals with Ehlers-Danlos Syndrome. [<https://www.ncbi.nlm.nih.gov/pubmed/40700114>]

- Article: Exploring physical activity patterns in adolescents with hypermobility spectrum disorder or... [<https://www.ncbi.nlm.nih.gov/pubmed/40629345>]
- Article: Pediatric pulmonary hemorrhage observed in non-vascular and vascular Ehlers-Danlos syndrome. [<https://www.ncbi.nlm.nih.gov/pubmed/40598578>]
- Ehlers-Danlos Syndrome -- see more articles [<https://pubmed.ncbi.nlm.nih.gov/?term=%22Ehlers-Danlos+Syndrome%22%5Bmajr%3Anoexp%5D+AND+humans%5Bmh%5D+AND+english%5Bla%5D+AND+%22last+1+Year%22+%5Bdat%5D+NOT+%28letter%5Bpt%5D+OR+case+reports%5Bpt%5D+OR+editorial%5Bpt%5D+OR+comment%5Bpt%5D%29+AND+free+full+text%5Bsb%5D+>]

## Find an Expert

- Find a Genetic Counselor [<https://findgeneticcounselor.nsgc.org>] (National Society of Genetic Counselors)  
Also in Spanish [<https://sp.findgeneticcounselor.nsgc.org/>]



## National Institutes of Health

The primary NIH organization for research on *Ehlers-Danlos Syndrome* is the National Institute of Arthritis and Musculoskeletal and Skin Diseases [<http://www.niams.nih.gov/>]

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