

[Basics](#)[Prevention](#)[Treatment](#)[Managing Epilepsy](#)[Facts and Stats](#)[First Aid for Seizures](#)[Health and Safety Concerns](#)[SUDEP](#)[View All >](#)

Basics

Describes basic information about epilepsy and seizures.

[Learn More >](#)

First Aid for Seizures

Steps to take to provide seizure first aid.



Health and Safety Concerns

Common concerns: mental health, injury and death, seizure triggers, driving, and exercise.



Seizures

A description of the types of seizures.



Treatment and Management



Prevention

A description of health habits that someone can do to help prevent epilepsy.



Treatment

A description of the different treatment options for epilepsy.



Managing Epilepsy

Self-management strategies people with epilepsy can use to improve their health.

For Professionals



Guidance for Schools

Epilepsy guidance and training resources for school nurses and staff.



Managing Epilepsy Well Network

A description of the Managing Epilepsy Well Network's programs and accomplishments.



Facts and Stats

Important facts and statistics about epilepsy.

[Learn More >](#)

