

$dW = F_T ds = m \frac{dv}{dt} ds = m v dv$

Work done by gravity:  $L = \int_A^B \vec{F}_g \cdot d\vec{s} = -mg \int_A^B dy = -mg(y_B - y_A) = -mg \Delta y$

Work done by spring:  $L = \int_A^B -kx dx = -\frac{k}{2} x^2 \Big|_A^B = -\frac{k}{2} (x_B^2 - x_A^2)$

Work done by a force  $\vec{F}$  along a path  $C$  from point A to point B:

$$L = \int_A^B \vec{F} \cdot d\vec{s} = \int_A^B F \cos \theta ds$$

For a conservative force, the work is independent of the path and can be expressed as the difference in potential energy:

$$L = U(A) - U(B)$$

For a conservative force, the work done is equal to the negative change in potential energy:

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