$$\mathbf{B} = B^{xy} \mathbf{e}_x \wedge \mathbf{e}_y + B^{xz} \mathbf{e}_x \wedge \mathbf{e}_z + B^{yz} \mathbf{e}_y \wedge \mathbf{e}_z$$

$$\mathbf{B} = B^{xy} \mathbf{e}_x \wedge \mathbf{e}_y$$

$$+ B^{xz} \mathbf{e}_x \wedge \mathbf{e}_z$$

$$+ B^{yz} \mathbf{e}_y \wedge \mathbf{e}_z$$

$$\mathbf{B} = B^{xy} \mathbf{e}_x \wedge \mathbf{e}_y + B^{xz} \mathbf{e}_x \wedge \mathbf{e}_z + B^{yz} \mathbf{e}_y \wedge \mathbf{e}_z$$

$$\mathbf{B}^2 = -(B^{xy})^2 - (B^{xz})^2 - (B^{yz})^2$$

$$\langle \mathbf{M} \rangle_2 = M^{xy} \mathbf{e}_x \wedge \mathbf{e}_y + M^{xz} \mathbf{e}_x \wedge \mathbf{e}_z + M^{yz} \mathbf{e}_y \wedge \mathbf{e}_z$$

$$\alpha_1 \mathbf{X} / \gamma_r^3$$

$$\nabla = \mathbf{e}_x \frac{\partial}{\partial x} + \mathbf{e}_y \frac{\partial}{\partial y} + \mathbf{e}_z \frac{\partial}{\partial z}$$